

PARKS & RECREATION

SOUTHFIELD

Discover summer programs and places to play!



Inside This Guide:

Summer Camps • Family Events • Fitness & Fun • 50+ Programs

Southfield
the center of it all™



Special Events

Earth Day Fun

Celebrate Earth Day with hands-on activities at Carpenter Lake Nature Preserve! Enjoy a scavenger hunt, create birdhouses, plant seeds, and explore nature with an Oakland County Naturalist.

Ages: All ages

Admission: Free

Date: Wed, Apr 22 4-6 PM

Location: Carpenter Lake Nature Preserve



Southfield Touch-a-Truck

Explore big trucks, emergency vehicles, and heavy equipment at this interactive family event! Climb inside, meet the crews who operate them, and see the machines that help keep our community safe and running. Enjoy demonstrations, food trucks, bounce houses, yard games, and more.

A sensory-sensitive hour will be held from 1-2 PM with no honking horns, flashing lights, or loud engines. A quiet room will be available throughout the event.

Ages: All ages

Admission: Free

Date: Sun, Apr 26 1-4 PM

Location: Southfield Municipal Campus

Super Saturday

Join us for themed Saturday events featuring games, entertainment, and interactive activities for kids and teens.

Magic Show with Gordon Russ

Laugh, clap, and be amazed during this interactive magic show with Gordon Russ featuring cool tricks, fun music, and audience participation.

Admission: \$5 per child, adults are free

Date: Sat, April 18

Ages: 2 - 10 12-1:30 PM

Ages: 11 - 18 2-3:30 PM

Reg Deadline: Thur, Apr 16

Location: P&R Building - Rm 115

Game Day

Play your favorite games with the *Round One Gaming Truck* plus board games, yard games, and more!

Admission: \$5 per child, adults are free

Date: Sat, May 23

Ages: 2 - 10 12-1:30 PM

Ages: 11 - 18 2-3:30 PM

Reg Deadline: Thur, May 21

Location: P&R Building - Rm 115

Certified Babysitter/CPR/First Aid and Safe Home Alone

Instructor: Live Safe Academy

Learn essential safety skills for babysitting and staying home alone, including first aid, CPR, choking response, and when to call 911. Participants receive a Babysitter/CPR/First Aid certification from *Live Safe Academy* (valid for 2 years).

Ages: 9 - 18

Fee: Res: \$60 NR: \$65

Dates:

Wed, Apr 15 5:30-8:30 PM

Wed, Aug 26 5:30-8:30 PM

Reg Deadline: Tue, Apr 14 & Tue, Aug 25

Location: P&R Building - Rm 221

Bike Safety Night

Get ready to ride safely this season! Bring your bike for a safety check and enjoy helmet fittings, a bike skills course, and guidance from local experts and the *Southfield Police Department*.

Ages: All ages

Admission: Free

Date: Wed, May 6 4-6 PM

Location: Southfield Municipal Campus

Kids to Parks Day

Celebrate National Kids to Park Day with an afternoon of outdoor fun at Civic Center Park! Enjoy bounce houses, yard games, face painting, and nature crafts as we encourage kids and families to get active and explore their parks.

KIDS TO PARKS DAY

NATIONAL PARK TRUST

Ages: All ages

Admission: Free

Date: Sat, May 16 12-2 PM

Location: Civic Center Park

Mom 2 Mom Sale: Shop & Sell

Shop and sell gently used children's clothing, toys, and books at our first-ever Mom 2 Mom Sale!

For Sellers: Tables are \$20 each, (limit of 2 tables per family). *Children's items only, please.*

Table Fee: \$20 each, (limit 2 tables per family)

Reg Deadline for Tables: Wed, June 10

For Shoppers: Browse gently used children's clothing, toys, and books.

Ages: All ages

Admission: Free

Date: Sat, June 13 10 AM-2 PM

Location: Southfield Pavilion

Park It

Enjoy a summer night of music, games, and a movie under the stars! Activities include live entertainment, bounce houses, face painting, and food vendors, followed by a family-friendly movie at dusk.

Bring lawn chairs, blankets, and bug spray for a fun night with family and friends.

Ages: All ages

Admission: Free

Times: Activities begin at 6:30 PM • Movie at 8:15 PM

Locations, Dates & Movies:

Beech Woods Park

Mon, June 22 *Lilo & Stitch* (PG)

Municipal Campus Front Lawn

Wed, July 8 *SpongeBob: Search for Squarepants*

Mon, Aug 3 *The Super Mario Galaxy Movie* (PG)

Paw-ty in the Park

Bring your pup and join us for a pawsome afternoon of fun for dogs and their humans! Enjoy interactive dog training activities, cool off at splash sprinkler pads, enter the dog trick contest, snap a photo at the Doggy & Me Photo Op, and create a keepsake at our dog paw print craft station.

Ages: 18 and up

Admission: Free

Date: Sun, July 19 2-4 PM

Location: The Dog Park at Lahser Woods

Nerf Wars: Parents Night Out!



Grab your Nerf blaster and get ready for an action-packed evening of friendly competition! Participants will play fast-paced games like Capture the Flag, Humans vs. Zombies, Hostage, and Fortnite-style challenges. While the kids battle it out, parents can enjoy some time together! *We will provide the darts and safety goggles.*

Ages: 7 - 10

Admission: Res: \$5 NR: \$7

Date: Fri, July 31 6:30-8:30 PM

Reg Deadline: Wed, July 22

Location: Civic Center Park Tennis Courts

Barnyard Buddies Bash

Bring the whole family to Inglenook Park for an afternoon of farmyard fun! Meet adorable animals at the petting zoo, jump in bounce houses, play yard games, create animal-themed crafts, and enjoy food from local trucks.

Parent/Child Event: Parents must attend with their child.

Ages: All ages

Admission: Free

Date: Wed, Aug 19 6-8 PM

Location: Inglenook Park

Special Events

Kids Safety City

Meet the everyday heroes who help keep our community safe! Participants will interact with community professionals including police officers, firefighters, paramedics, dentists, animal rescue teams, and more while learning important safety skills such as when to call 911, emergency response basics, fire safety, pet safety, and healthy habits.

Safety Sprouts

Designed for our youngest "citizens," this engaging program introduces children to community helpers and basic safety skills through fun, hands-on activities and demonstrations.

Ages: 5-7

Fee: Res: \$30 NR: \$40

Date: Tue, Aug 11 9 AM-3 PM

Reg Deadline: Tue, Aug 4

Location: P&R Building - Rm 115

Junior Citizen

This next level program helps older elementary students build confidence and responsibility while learning practical safety skills from community professionals.

Ages: 9 - 11

Fee: Res: \$30 NR: \$40

Date: Wed, Aug 12 9 AM-3 PM

Reg Deadline: Wed, Aug 5

Location: P&R Building - Rm 115

Safety Leaders

A discussion-based program designed for teens that explores real-world safety topics, decision-making, and community awareness while preparing youth to navigate complex situations responsibly.

Ages: 13 - 16

Fee: Res: \$30 NR: \$40

Date: Thur, Aug 13 9 AM-3 PM

Reg Deadline: Thur, Aug 6

Location: P&R Building - Rm 115



Summer in the City

Free outdoor concerts on the Municipal Campus lawn • 7-9 PM • Food trucks on site

Fri, June 26 Chris Canas Band
Detroit's Prince of the Blues

Fri, July 10 Sound Proof Band
Motown • R&B • Disco • 70s-90s Hits

Fri, July 31 Your Generation in Concert
Pop • Rock • Dance Hits

Gazebo Concerts

Free outdoor concerts at Burgh Historical Park • Tuesdays • 7-8:30 PM

Tue, July 7 313 Live Experience
Old/New School R&B • Hip Hop • Pop

Tue, July 14 Kathleen Murray Band
Blues • R&B • Soul • Rock

Tue, July 21 JHiTS Band
R&B • Funk • 70s/80s Hits • Jazz



JUNETEENTH CONCERT

THURSDAY, JUNE 18 7 - 9 PM
SOUTHFIELD MUNICIPAL CAMPUS FRONT LAWN,
26000 Evergreen Rd.

Summer Day Camps

Camp Registration (In Person Only)

Bring:

- Child's birth certificate
- Medical/insurance info + emergency contacts
- Payment (cash or credit card)

Parent/guardian must be present to complete registration.

	Camp Tadpole	Camp Wildwood	Camp Evergreen	Southfield Basketball Camp
Age	5 - 7	8 - 9	10 - 13	7 - 17
June 15 - 18	Res: \$152 NR: \$168	Res: \$152 NR: \$168	Res: \$152 NR: \$168	
June 22 - 26	Res: \$190 NR: \$210	Res: \$190 NR: \$210	Res: \$190 NR: \$210	Res: \$140 NR: \$160
July 6 - 10	Res: \$190 NR: \$210	Res: \$190 NR: \$210	Res: \$190 NR: \$210	Res: \$140 NR: \$160
July 13 - 17	Res: \$190 NR: \$210	Res: \$190 NR: \$210	Res: \$190 NR: \$210	
July 20 - 24	Res: \$190 NR: \$210	Res: \$190 NR: \$210	Res: \$190 NR: \$210	Res: \$140 NR: \$160
July 27 - 31	Res: \$190 NR: \$210	Res: \$190 NR: \$210	Res: \$190 NR: \$210	Res: \$140 NR: \$160
Aug 3 - 7	Res: \$190 NR: \$210	Res: \$190 NR: \$210	Res: \$190 NR: \$210	Res: \$140 NR: \$160
Early Drop Off Option	YES!	YES!	YES!	

Camps Tadpole, Wildwood & Evergreen

Spend the summer playing games, creating art, exploring nature, and making new friends. Campers will enjoy supervised outdoor play, sports, crafts, themed weeks, and special activities throughout the day.

Ages, Fees and Dates: listed above

Times: 9 AM - 4 PM

Location: Southfield Sports Arena

Summer Camp Morning Latchkey

Latchkey is available from 8–9 AM for campers in Tadpole, Wildwood, and Evergreen. Campers must arrive by 8:30 AM.

Times: 8 - 9 AM

Sessions & Fees:

Session 1 Res: \$40 NR: \$48

Sessions 2 - 7 Res: \$50/session NR: \$60/session

Location: Southfield Sports Arena



Southfield Basketball Camp

Build skills and confidence on the court at the Reggie McKenzie Foundation "Commitment to Character" Basketball Camp. Campers will practice ball handling, passing, creating shots off the dribble, and other key fundamentals. Sessions also emphasize leadership, sportsmanship, and a positive mental approach to the game, with 5-on-5 games included.

Ages, Fees and Dates: listed above

Times: 9 AM - 3 PM

Location: Beech Woods Recreation Center

Art

Clay Animals

Instructor: M. Taffe

Bring your favorite animal, real or mythical to life with clay. Please note that these pieces will be fired in a kiln and will have to be picked up at a later date. *All supplies included.*

Ages: 6 - 11

Fee: Res: \$35 NR: \$40

Dates: Fri, May 22 6-7:30 PM

Location: Burgh Historical Park - Pottery Rm

Zines

Instructor: C. Nelson

Turn your thoughts, art, stories and more into a self-published mini magazine. Instructor will guide you through planning, designing, printing and creating your own zines. The session will end with a trade allowing everyone to go home with a small collection of zines.

Ages: 12 and up

Fee: Res: \$13 NR: \$16

Res 50+: \$11.70 NR 50+: \$14.40

Dates: Mon, June 15 6-8 PM

Location: P&R Building - Room 221

Teens

Painting and Pop

Instructor: C. Shoemaker

Get ready for an evening of painting while trying out a variety of pops with our Dirty Soda Bar. Dirty Soda Bars utilize syrups and half & half to add a fun twist to your favorite pop. The painting will be guided and all skill levels are welcome.

Ages: 11 - 18

Fee: Res: \$25 NR: \$30

Date: Thur, July 23 6-8 PM

Location: P&R Building - Rm 221

Ceramic Mug Glazing

Instructor: M. Taffe

Teens will utilize underglazes to paint on patterns, nature, favorite shows, or anything that they can imagine on two ceramic mugs. Mugs will be kiln-fired and ready for pickup at a later date; finished pieces are dishwasher and microwave safe.

Ages: 11 - 18

Fee: Res: \$25 NR: \$30

Dates: Fri, July 31 6-7:30 PM

Location: Burgh Historical Park - Pottery Rm

All Ages

Art Walks

Each guided walk features a different art activity inspired by the park. *Spots are limited and pre-registration is required. Participants age 15 and under must attend with a guardian.*

Ages: 4 and up

Fee: FREE

Dates & Locations:

Civic Center Park

Tue, May 12 6-7 PM

Sun, Aug 2 3-4 PM

Inglenook Park

Sat, June 27 12:30-1:30 PM

Carpenter Lake Nature Preserve

Tue, April 28 6-7 PM

Tue, July 21 6-7 PM



Cyanotype T-shirts

Instructor: H. Parsons

Create art in the park using cyanotype ink that reacts to sunlight. Participants will use natural elements to design and customize their own shirt. *Each person must bring a white T-shirt to dye. Those under age 15 must attend with a guardian.*

Ages: 8 and up

Fee: Res: \$18 NR: \$23

Res 50+: \$16.20 NR 50+: \$20.70

Dates: Sun, Jun 28 12-1:30 PM

Location: Beech Woods Park

Cyanotype Tote Bags

Instructor: H. Parsons

Create art in the park using sunlight and nature. Use cyanotype ink and natural materials like leaves to design and customize your own tote bag. *All supplies included. Those under age 15 must attend with a guardian.*

Ages: 8 and up

Fee: Res: \$18 NR: \$23

Res 50+: \$16.20 NR 50+: \$20.70

Dates: Sun, May 17 2-3:30 PM

Location: Carpenter Lake Nature Preserve

The Giving Stitch: Knitting Club

This group of crafters makes handmade hats, blankets, and comfort items for hospital patients in need of a little extra warmth. No instructor present. New patterns will be introduced weekly.

Ages: 12 and up

Fee: FREE - *No registration required*

Date: Tue, May 5-Aug 18 5-7 PM

Location: P&R Building - Rm 223/Civic Center Park

iPhone Photography

Instructor: N. Jendrusina

Learn how to get the most out of your phone's camera while exploring composition, lighting, exposure, and built-in camera modes. *Participants must bring a fully charged iPhone. Those under age 15 must attend with a guardian.*

Ages: 8 and up

Fee: Res: \$12 NR: \$15

Res 50+: \$10.80 NR 50+: \$13.80

Dates & Locations:

Carpenter Lake Nature Preserve

Sun, May 3 10-11:30 AM

Civic Center Park

Sun, June 28 10-11:30 AM

Lego Brick Printmaking

Instructor: Paint Creek Center for the Arts

Use a favorite childhood toy to create designs and patterns, then print with them to make unique artwork. *Participants age 15 and under must attend with a guardian.*

Ages: 4 and up

Fee: Res: \$27 NR: \$32

Res 50+: \$24.30 NR 50+: \$28

Dates:

Sat, May 30 11 AM-12:30 PM

Sat, May 30 1-2:30 PM

Location: Burgh Historical Park - Pottery Rm

Adult

Ceramics

Instructor: K. Robichaud

Learn hand-building techniques like slab and coil to create decorative pieces with texture, shape, and personality. *\$50 materials fee, paid to instructor.*

Ages: 16 and up

Fee: Res: \$165 NR: \$185

Res 50+: \$148.50 NR 50+: \$166.50

Dates: Wed, May 6-July 8 7-10 PM

Location: Burgh Historical Park - Pottery Rm



Hand-built Ceramic Mugs

Instructor: M. Taffe

Learn hand-building techniques to shape clay into a cup or mug. Mugs will be kiln-fired and ready for pickup at a later date; finished pieces are dishwasher and microwave safe. *All supplies included.*

Ages: 18 and up

Fee: Res: \$35 NR: \$45

Res 50+: \$31.50 NR 50+: \$36.50

Dates: Fri, June 5 6-9 PM

Location: Burgh Historical Park - Pottery Rm

Landscape Watercolor Painting

Instructor: C. Shoemaker

Instructor will demonstrate different techniques and processes in creating a landscape painting. *All supplies included.*

Ages: 19 and up

Fee: Res: \$35 NR: \$40

Res 50+: \$31.50 NR 50+: \$36

Date: Fri, June 26 1-4 PM

Location: P&R Building - Rm 221

LGBTQ+ Art Club

Instructor: C. Shoemaker

Build community through these LGBTQ+ art workshops focused on creativity and connection. *All supplies included.*

Monthly Meetings:

Shrinky Dinks – Mon, Apr 27

Mixed Media Mushrooms – Mon, May 18

Cyanotype – Mon, June 29

Watercolor – Mon, July 20

Felted Creatures – Fri, Aug 31

Ages: 16 and up

Fee: Res: \$13 NR: \$16

Times: 6:30-8:30 PM

Location: P&R Building

Paint Like... Acrylic Workshop Series

Instructor: C. Shoemaker

Recreate iconic works while learning techniques inspired by famous artists. *All supplies included.*

Choose Your Artist:

Frida Kahlo – Fri, Apr 24 • 1-4 PM

Van Gogh – Fri, May 22 • 1-4 PM

Monet – Fri, July 17 • 1-4 PM

Ages: 18 and up

Fee: Res: \$35 NR: \$40

Res 50+: \$31.50 NR 50+: \$36

Location: P&R Building - Rm 115

Athletics

Free Sports Day

Try out soccer, flag football, and baseball/softball in this free, hands-on sports day! Meet our instructors, learn basic skills, and see what youth sports programs are coming this season.



Youth Baseball - T-Ball

Instructor: C. Bell

Introduce your child to the game of baseball in this fun recreational T-Ball league where players build skills, make friends, and enjoy the game. All Southfield participants will receive a jersey and hat. *Parents are required to volunteer for at least one practice or game.*

Ages: 4 - 6

Fee: Res: \$90 NR: \$105

Dates: Sun, Apr 19-May 31 2-3 PM

Location: Miller Park - Diamond #2

Youth Baseball Clinic

Instructor: C. Bell

Build a strong baseball foundation while practicing essential skills like hitting, fielding, throwing, and base running in a fun, supportive environment.

Ages: 7 - 12

Fee: Res: \$90 NR: \$105

Dates: Wed, Apr 19-May 31 3:30-4:30 PM

Location: Miller Park - Diamond #2

Parent & Me Soccer Clinic

Instructor: D. Finegan

Kick off the fun in this interactive clinic designed for kids and their grown-ups! Parents join in on the field to help build basic soccer skills, teamwork, and confidence through playful drills and activities.

Ages: 4 - 5

Fee: Res: \$55 NR: \$65

Dates:

Su, June 7-July 12 2-3 PM

Su, July 19-Aug 16 2-3 PM

Location: Civic Center Park - Soccer Field

Youth Soccer Clinic

Instructor: D. Finegan

This fast-paced clinic focuses on footwork, ball control, passing and shooting.

Ages: 4 - 14

Fee: Res: \$55 NR: \$65

Dates:

Su, June 7-July 12 3-4 PM

Su, July 19-Aug 16 3-4 PM

Location: Civic Center Park - Soccer Field

Flag Football Skills Training

Instructor: M. Greatness

Hit the field with confidence! Build athletic skills through fundamentals, teamwork, leadership, and goal setting. Includes team T-shirt/jersey. *Optional personalized jersey available for \$20.*

Ages: 5 - 10

Fee: Res: \$120 NR: \$135

Dates:

Mon & Wed, June 8-Aug 12 4:30-5:30 PM

Location: Bedford Park

Ages: 11 - 16

Fee: Res: \$150 NR: \$165

Dates:

Mon & Wed, June 8-Aug 12 5-6:30 PM

Location: Bedford Park



All Ages

Basketball Skills & Drills

Instructor: T. Marshall

Level up your game! This class uses structured drills in shooting, defense, and ball handling to prepare players for league play and help them improve core skills with confidence.

Ages: 7 - 11

Fee: Res: \$50 NR: \$65

Dates:

Mon, Apr 20-May 18 6-6:50 PM

Location: BW Rec Center - Gym

Youth Open Gym

This is your chance to shoot hoops, build skills, and play pickup with friends. All participants must register for the season, with their parent/guardian, at their first visit.

Ages: 9 -18*

Fee: Res: \$3 NR: \$5

Dates: Mon-Fri, Apr 6- Aug 28 3:30-5:30 PM

Location: BW Rec Center - Gym

**kids ages 9-13 must be signed in by an adult*

Tennis Free For All

Try tennis in this free beginner-friendly clinic and learn the basics in a fun, supportive environment.

A promotional graphic for a tennis clinic. It features a large green tennis ball on the right side. The text is arranged in a clean, modern layout. At the top left is the Southfield Parks & Recreation logo. The main text reads 'SATURDAY, MAY 2' in blue, 'TENNIS FREE FOR ALL' in large blue and green letters, and '12 - 1:30 PM' in blue. Below that is the location: 'CIVIC CENTER PARK TENNIS COURTS, 26000 EVERGREEN RD'. At the bottom, there are three icons: a tennis ball with a dashed line showing its path, a tennis racket, and a silhouette of a person hitting a tennis ball. Each icon has a corresponding text box: 'FREE 90-minute Beginners clinic with instructors Reggie Hughes and Robert Hall, Jr.', 'Bring your racquet!', and 'Learn all about basic strokes, forehand, backhand, serve and volley'.

Athletics

Tennis Lessons

Instructors: R. Hall, Jr. & R. Hughes

Quick Start, Beginner, and Family Tennis lessons are offered for a variety of ages and skill levels.

Fees: Res: \$55 NR: \$70 Res 50+: \$49.50 NR 50+: \$63

Location: Civic Center Park - Courts 3 & 4

Quick Start Tennis

Perfect for young beginners! Kids learn the basics of tennis through fun activities and games while practicing racquet handling, tracking the ball, and judging flight and direction.

Family Beginner Tennis

Learn the game together! Parents and children take a beginner tennis lesson side by side while learning basic skills and enjoying the game as a family. Each participant must register individually.

Beginner Tennis

Learn tennis fundamentals including grip, footwork, forehand, backhand, serve, volley, and scoring. Players will also learn basic rules and court etiquette to help them feel confident and ready to rally.

	Instructor	Age	Spring Session	Summer Session 1	Summer Session 2
Quick Start	R. Hughes	4 - 6	Sat, May 9-Jun 13 9-9:50 AM	Sat, Jun 20-Jul 18 9-9:50 AM	Sat, Jul 25-Aug 22 9-9:50 AM
Quick Start	R. Hughes	7 - 10	Sat, May 9-Jun 13 10-10:50 AM	Sat, Jun 20-Jul 18 10-10:50 AM	Sat, Jul 25-Aug 22 10-10:50 AM
Quick Start	R. Hughes	11 - 16	Sat, May 9-Jun 13 11-11:50 AM	Sat, Jun 20-Jul 18 11-11:50 AM	Sat, Jul 25-Aug 22 11-11:50 AM
Youth Beginner	R. Hughes	7 - 17	Tu, May 5-Jun 2 6-6:50 PM	Tu, Jun 9-Jul 7 6-6:50 PM	Tu, Jul 14-Aug 11 6-6:50 PM
Teen Beginner	R. Hall, Jr	13 - 17	Wed, May 6-Jun 3 6-6:50 PM	Wed, Jun 10-Jul 8 6-6:50 PM	Wed, Jul 15-Aug 12 6-6:50 PM
Adult Beginner	R. Hall, Jr	18 and up	Mon, May 4-Jun 8 6-6:50 PM	Mon, Jun 15-Jul 13 6-6:50 PM	Mon, Jul 20-Aug 17 6-6:50 PM
	R. Hall, Jr	18 and up	Tu, May 5-Jun 2 7-7:50 PM	Tu, Jun 9-Jul 7 7-7:50 PM	Tu, Jul 14-Aug 11 7-7:50 PM
	R. Hall, Jr	18 and up	Wed, May 6-Jun 3 6-6:50 PM	Wed, Jun 10-Jul 8 6-6:50 PM	Wed, Jul 15-Aug 12 6-6:50 PM
Youth Intermediate	R. Hughes	11 - 17	Thu, May 7-Jun 4 1:30-2:20 PM	Thu, Jun 11-Jul 9 1:30-2:20 PM	Thu, Jul 16-Aug 13 1:30-2:20 PM
Intermediate	R. Hall, Jr	13 & up	Mon, May 4-Jun 8 7-7:50 PM	Mon, Jun 15-Jul 13 7-7:50 PM	Mon, Jul 20-Aug 17 7-7:50 PM
Family Beginner	R. Hughes	7 and up	Thu, May 7-Jun 4 6-6:50 PM	Thu, Jun 11-Jul 9 6-6:50 PM	Thu, Jul 16-Aug 13 6-6:50 PM

Karate Classes

Instructors: G. Mundy & M. Bray

Karate classes are offered for a variety of ages and skill levels, from introductory Pre-Karate to advanced training for experienced practitioners.

Fees:

One Day Class: Res: \$30 NR: \$40 Res 50+: \$27 NR 50+: \$36

Two Day Class: Res: \$50 NR: \$65 Res 50+: \$45 NR 50+: \$58.50

Location: BW Rec Center - Multipurpose Rm

Pre-Karate

A fun introduction to martial arts for younger students. Participants build focus, balance, and confidence while learning basic moves, drills, and stances along with lessons in respect and following directions.

Beginner Karate

Perfect for white belts and first-time students. Learn the fundamentals of martial arts including stances, drills, forms, and etiquette while building focus, balance, and endurance. Students may advance toward a colored belt.

Intermediate Karate

For students with colored belts. Build on foundational skills with more advanced drills, forms, and self-defense techniques. Sparring is introduced as students continue progressing toward Black Belt.

Advanced Karate

For red and black belt practitioners with instructor approval. Training focuses on mastering advanced techniques, sparring skills, and discipline through rigorous practice and testing.

	Instructor	Age	Spring Session	Summer Session
Pre-Karate	G. Mundy	5 - 7	Sat, May 2-Jun 27 9:30-10 AM	Sat, Jul 11-Aug 29 9:30-10 AM
Beginner (White Belt)	G. Mundy	7 & up	Tue, May 5-Jun 23 6-6:50 PM	Tue, Jun 30-Sept 1 6-6:50 PM
			Thu, May 7-Jun 25 6-6:50 PM	Thu, Jul 2-Sept 3 6-6:50 PM
		7 & up	Tue & Thu, May 5-Jun 25 6-6:50 PM	Tue & Thu, Jun 30-Sept 3 6-6:50 PM
Beginner (White Belt)	M. Bray	7 & up	Sat, May 2-Jun 27 10:15-11:15 AM	Sat, Jul 11-Aug 29 10:15-11:15 AM
Intermediate (Colored Belts)	G. Mundy	7 & up	Tue & Thu, May 5-Jun 25 7-7:50 PM	Tue & Thu, Jun 30-Sept 3 7-7:50 PM
			M. Bray	7 & up
Advanced (Red/Black Belts)	G. Mundy	7 & up	Tue & Thu, May 5-Jun 25 8-8:50 PM	Tue & Thu, Jun 30-Sept 3 8-8:50 PM
			Sat, May 2-Jun 27 12:15-1:05 PM	
	M. Bray	7 & up		Sat, Jul 11-Jun 25 12:15-1:05 PM

Athletics

Adult

Adult Softball Leagues

Join our adult softball leagues for a fun and competitive season! Teams play a 12-game schedule with playoffs for the top four teams in each league.

Ages: 18 and up

Team Fee: \$500 per league

Individual Players: Individual players welcome, contact Angelica at amickens@cityofsouthfield.com for placement.

League Details:

- 12-game season + playoffs
- Game balls, rule book, and scorebook provided
- Awards for league and playoff winners
- Umpire fee: \$20 per game (paid by teams)

Location: Inglenook Park



	Description	Spring Season	Summer Season
Men's E League	Beginner / recreational	Mon, Apr 27-June 29 6:20-8:50 PM	Mon, July 13-Aug 31 6:20-8:50 PM
Men's D League	Intermediate	Thur, Apr 30-June 25 6:20-8:50 PM	Thur, July 16-Sept 3 6:20-8:50 PM
Men's C League	Intermediate to advanced/more competitive	Tue Apr 28-June 23 6:20-8:50 PM	Tue, July 14-Sept 1 6:20-8:50 PM
Co-Rec	Mixed men & women, recreational to intermediate	Thur, Apr 30-June 25 6:20-8:50 PM	Thur, July 16-Sept 3 6:20-8:50 PM



NEW! Adult Flag Football League

6-game season + championship game. Open to all skill levels with officiated, non-contact games.

Ages: 18+

Team Fee: \$450

Dates: Sun, June 28-Aug 16 1 PM

Location: Municipal Campus Front Lawn

Beech Woods Wellness Center

A friendly, community-focused fitness center with cardio and strength equipment. Our supportive staff and updated facility make it easy to stay active and feel your best.

Ages: 18 and up

Call (248) 796-4676 for fee details.

Dates:

Mon-Fri, April 1- Aug 31* 9 AM-7 PM

Location: BW Rec Center

12 *Closed May 25, June 19 and July 3.

Adult Open Gym

Whether you're looking to break a sweat, practice your shot, or just enjoy some pickup basketball, Open Gym is a great way to stay active. All participants must register for the season at their first visit.

Ages: 18 and up

Daily Fee: Res: \$4 NR: \$6

Dates:

Mon-Tue, Apr 6- May 28 12:30-2:30 PM

Thu-Fri, Apr 2-May 24 12:30-2:30 PM

Location: BW Rec Center - Gym

Dance & Gymnastics

Kids

Dance Classes with Impulse Dance Academy

Instructor: Impulse Dance Academy

Move, groove, and build confidence through a variety of fun youth dance classes. Dancers will learn age-appropriate techniques while improving coordination, rhythm, and self-expression in a supportive environment. Classes are offered in a variety of styles including ballet, jazz, and hip hop.

Fee: Res: \$120 NR: \$135

Location: Arts & Activities Bldg - Dance Rm



IMPULSE
DANCE ACADEMY

	Age	Dates	Dress Code
Mini Ballet	3 - 5	Wed, July 8-Aug 12 5:30-6:15 PM	Black leotard, pink tights, pink ballet slippers, hair secured in a bun (No tutus/skirts).
Mini Ballet	3 - 5	Tue, July 7-Aug 11 5:45-6:30 PM	Black leotard, pink tights, pink ballet slippers, hair secured in a bun (No tutus/skirts).
Mini Hip Hop	5 - 6	Thu, July 9-Aug 13 6:30-7:15 PM	Comfortable, loose-fitting clothing. Dance shoes/sneakers (no street shoes or jeans)
Jr Ballet	6 - 10	Tue, July 7-Aug 11 7:30-8:15 PM	Black leotard, pink tights, pink ballet slippers, hair secured in a bun (no tutus/skirts)
All Boys Hip Hop	5 - 10	Thu, July 9-Aug 13 5:30-6:15 PM	Comfortable, loose-fitting clothing. Dance shoes/sneakers (no street shoes or jeans).
Jr Jazz	6 - 10	Tue, July 7-Aug 11 6:30-7:15 PM	Black leotard, black tights, black jazz shoes, hair secured in bun/ponytail
Jr Hip Hop	6 - 10	Thur, July 9-Aug 13 5:30-6:15 PM	Comfortable, loose-fitting clothing. Dance shoes/sneakers (no street shoes or jeans)
Teen Ballet	11 - 17	Wed, July 8-Aug 12 7:30-8:15 PM	Black leotard, pink tights, pink ballet slippers, hair secured in a bun (no tutus/skirts).
Teen Hip Hop	11 - 17	Thu, July 9-Aug 13 6:30-7:15 PM	Comfortable, loose-fitting clothing. Dance shoes/sneakers (no street shoes or jeans)

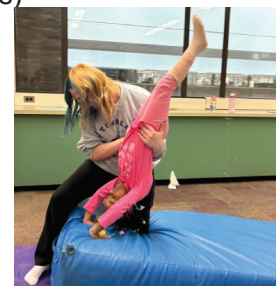
Tumble Bunnies Gymnastics

Instructor: Tumble Bunnies, Inc

Hop, bounce, and tumble through beginner gymnastics activities for young movers. Participants will explore equipment while building confidence, coordination, and body awareness. *Comfortable clothing and a water bottle are recommended.*

Fee: Res: \$95 NR: \$120

Location: P&R Building - Rm 223



Itty Bitty Bunnies

Ages: 1½ - 3

Dates:

Wed, Apr 29-June 3 5:30-6 PM

Wed, June 24-Aug 12 5:30-6 PM

Reg Deadlines:

Tue, Apr 28 & June 23

Bizzy Bunnies

Ages: 3 - 4

Dates:

Wed, Apr 29-June 3 6:05-6:35 PM

Wed, June 24-Aug 12 6:05-6:35 PM

Reg Deadlines:

Tue, Apr 28 & June 23

Happy Hoppers

Ages: 5 - 7

Dates:

Wed, Apr 29-June 3 6:40-7:10 PM

Wed, June 24-Aug 12 6:40-7:10 PM

Reg Deadlines:

Tue, Apr 28 & June 23

Dance & Gymnastics

Adult

African Dance

Instructor: M. Shani

Celebrate culture through movement! Learn traditional dances from Guinea, Mali, Senegal, and Sierra Leone while exploring rhythm, grace, and energy. All levels welcome, just bring your spirit and love for dance.

Ages: 16 and up

Fee: Res: \$60 NR: \$70
Res 50+: \$54 NR 50+: \$63

Dates:

Mon, May 4-June 15 6-7:30 PM

Mon, July 6-Aug 10 6-7:30 PM

Location: Arts & Activities Bldg - Dance Rm

Popular Hustles

Instructor: K. Johnson

Get moving with today's most popular line dances! This upbeat class covers partner-free hustle routines set to fun and familiar music. Perfect for beginners or seasoned dancers looking to stay active and have fun.

Ages: 18 and up

Fee: Res: \$30 NR: \$40
Res 50+: \$27 NR 50+: \$36

Dates:

Tue, May 12-June 9 6:30-7:30 PM

Wed, May 13-June 10 6:30-7:30 PM

Location: P&R Building - Lower Level

Outdoor Programs & Experiences

Take your programs outside this season! Explore nature, get active, and try something new in Southfield parks and outdoor spaces.

Art Walks

Create art inspired by the park during guided outdoor sessions. Discover the whole schedule on page 6.

Yoga in the Park

Relax and recharge with outdoor yoga for all abilities. Check out page 14 for dates and times.

iPhone Photography

Capture nature while learning photography basics in the park. Ages 8 and up are welcome in this workshop. Find all the details on page 7.

NEW! Dog Park at Lahser Woods

Southfield's first dog park is now open! Let your pup run, play, and socialize in a safe, fenced space.

Location: Lahser Woods Park

Scan for membership details.



From Seed to Table - Garden Class

Instructor: E. Blondin

Learn about crop rotation, amending the soil, companion planting and much more! Whether you have raised beds, pots or ground, you will find all the information helpful.

Ages: 16 and up

Fee: Res: \$60 NR: \$65
Res 50+: \$54 NR 50+: \$58.50

Dates: Thu, Apr 23-May 14 6-7:30 PM

Location: Mary Thompson Farm

Adults



Fat-2-Lean - Teaches Zumba

Instructor: P. Latimer

We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie burning dance fitness party. All fitness levels welcome!

Ages: 18 and up

Fee: Res: \$64 NR: \$74

Res 50+: \$57.60 NR 50+: \$66.60

Dates: (6 week Session)

Mon, Apr 27-June 8 6-6:45 PM

Fee: Res: \$74 NR: \$84

Res 50+: \$66.60 NR 50+: \$75.60

Dates: (7 week Session)

Mon, June 22-Aug 3 6-6:45 PM

Thu, Apr 30-June 11 6-6:45 PM

Thu, June 25-Aug 6 6-6:45 PM

Location: P&R Building - Rm 115

Stretch and Tone with a Touch of Pilates

Instructor: C. Baugh

Strengthen, stretch, and refresh your body from head to toe. Build strength, improve flexibility, and increase body awareness through a full-body workout that blends gentle stretching with Pilates-inspired movements.

Fee: Res: \$45 NR: \$55

Res 50+: \$40.50 NR 50+: \$49.50

Dates:

Wed, Apr 15-May 20 5:15-6 PM

Wed, June 3-July 8 5:15-6 PM

Wed, July 22-Aug 26 5:15-6 PM

Location: BW Rec Center - Multipurpose Rm

Yoga in the Park

Instructor: L. Lerman

Yoga for all abilities outdoors! Explore foundational poses, alignment, breath and movement. *Participants need to bring their own mats.*

Ages: 18 and up

Fee: Res: \$10 NR: \$12.50

Res 50+: \$9 NR 50+: \$11.50

Dates:

Municipal Campus Front Lawn

Wed, May 27 7-8 PM

Inglennook Park

Sat, June 27 11 AM-12 PM

Beech Woods Park

Wed, Aug 12 10-11 AM

5-Point-0 Fusion Dance

Instructor: H. Patton

Low-impact and fun! This dance-based movement class helps improve coordination and cognitive skills, especially for seniors! Enjoy a blend of cultural dance styles and music genres. No experience needed; just wear comfy clothes and shoes.

Ages: 16 and up

Fee: Res: \$42 NR: \$52

Res 50+: \$37.80 NR 50+: \$46.80

Dates:

Tue, Apr 14-May 19 11:45 AM-12:30 PM

Tue, June 2-July 7 11:45 AM-12:30 PM

Tue, July 21-Aug 25 11:45 AM-12:30 PM

Thu, Apr 16-May 21 11:45 AM-12:30 PM

Thu, June 4-July 9 11:45 AM-12:30 PM

Thu, July 23-Aug 27 11:45 AM-12:30 PM

Location: Arts & Activities Bldg - Dance Rm

Fat-2-Lean Low Impact Aerobics

Instructor: P. Latimer

Get moving with 30 minutes of easy-to-follow cardio, then build strength, balance, and coordination using light equipment like weights, balls, and chairs. Perfect for all fitness levels!

Ages: 16 and up

Fee: Res: \$74 NR: \$84

Res 50+: \$66.60 NR 50+: \$75.60

Dates:

Tue, Apr 28-June 9 10-10:45 AM

Tue, June 23-Aug 4 10-10:45 AM

Thu, Apr 30-June 11 10-10:45 AM

Thu, June 25-Aug 6 10-10:45 AM

Location: P&R Building - Rm 115

Golf

Beech Woods Driving Range

22202 Beech Rd (248) 796-4655

Opens for the season on May 1, 2026

Driving Range Hours

Open daily, weather permitting:

Mon-Wed, & Fri: 9 AM - 9 PM
 Thu: 11AM - 9 PM
 Sat & Sun: 8 AM - 9 PM

Last small bucket of balls sold at 8:20 PM.

Bucket Size	Res/50+	Non-Res
Small	\$7	\$9
Medium	\$9	\$11
Large	\$11	\$13

Youth Golf Programs

Youth Beginner Clinic

Instructor: T. Ryan

Young golfers learn how to hold and swing a club while practicing basic rules and etiquette of the game. Please bring a 7-iron or similar club if you have one.

Ages: 6 - 17

Fee: Res: \$15 NR: \$20

Date:

Sat, May 9 11 AM-12 PM
 Sat, Jun 6 11 AM-12 PM
 Sat, Jul 18 11 AM-12 PM
 Sat, Aug 15 11 AM-12 PM

Location: BW Driving Range

Golf Lessons (Ages 16+)

Golf Lessons

Improve your game with instruction from PGA Teaching Pro Terri Ryan. Classes are available for beginners and advancing players focusing on swing fundamentals, short game, and course strategy.

Instructor: T. Ryan

Ages: 16 and up

Fee*: Res: \$55 NR: \$70 Res 50+: \$49.50 NR 50+: \$63

**Range balls are not included in the lesson fee.*

Location: BW Driving Range



Level 1 - Fundamentals

Learn grip, stance, and swing basics while building toward a full swing and short-game skills. *Bring a 7 or 8 iron to class.*

Level 2 - Developing Skills

Build on Level 1 with irons, hybrids, woods, driver, and putting techniques.

Course Management

Learn how to think strategically on the course, warm up properly, and improve scores through better shot decisions.

	Level 1 - Fundamentals	Level 2 - Developing Skills	Course Management
Mon/Wed	May 4-13 6-6:50 PM June 1-10 11-11:50 AM June 1-10 6-6:50 PM July 13-22 6-6:50 PM Aug 10-19 6-6:50 PM	May 4-13 12-12:50 PM June 15-24 6-6:50 PM July 27-Aug 5 7-7:50 PM	June 15-24 1-2 PM Aug 10-19 12-1 PM
Tue/Thu	May 5-14 12-12:50 PM June 2-11 6-6:50 PM July 28-Aug 6 6-6:50 PM	May 26-June 4 6-6:50 PM June 16-25 7-7:50 PM July 14-23 7-7:50 PM Aug 11-20 7-7:50 PM	

Evergreen Hills Golf Course

26000 Evergreen Rd. (248) 796-4666

2026 Golf Fees

Proof of residency required for Resident rates.

Rates are for 9 holes.	Res	NR
Mon - Fri		
Open - 3 PM	\$15	\$16
3 PM - Close	\$16	\$17
Sat & Sun		
Open - 12 PM	\$16	\$17
12 - 4 PM	\$15	\$16
4 PM - Close	\$14	\$15
Holidays		
Open - 12 PM	\$16	\$17
12 - 4 PM	\$15	\$16
4 PM - Close	\$14	\$15

Senior (55+) & Youth* (17 & under): Save \$2
M-F before 3 PM, Sa and Su after 12 PM. Except holidays.
*\$3 for 9 holes with Youth on Course membership.

Leagues

Parent & Junior Golf League

Hit the course together in this fun and friendly 9-hole league for parents and juniors! Teams will play every other Sunday, with special scramble-style competitions in weeks 3 and 6.

Ages: 7 and up

Fee: \$150/pair

Date: Sun, Jun 7-Aug 23 3 PM

Location: Evergreen Hills GC

Senior Golf League

Ages 50+

Enjoy weekly tee times while meeting new people and staying active all season long. Come solo or as part of a foursome—everyone's welcome!

Informational Meeting

Date: Tue, Apr 21 10 AM

Location: Southfield Pavilion

Sign up and swing into fun! For details, call Angie in Senior Services at (248) 796-4654.



Instruction & Clinics

Adult Golf Camp

Instructor: T. Ryan

Improve your game with this 3-day camp led by PGA Teaching Pro Terri Ryan! Each day focuses on a different part of the game, from full swing to short game to on-course play.

Ages: 19 and up

Fee: Res: \$150 NR: \$170

Res 50+: \$135 NR 50+: \$153

Dates (Fri-Sun):

May 8-10 • Jun 19-21 • Jul 17-19 • Aug 14-16

Schedule:

Day 1 – Swing Focus

Swing analysis, irons, hybrids & woods.

5–7 PM • BW Driving Range

Day 2 – Short Game & Strategy

Putting, chipping, pitching, bunker shots & strategy.

8–11 AM • BW Driving Range

Day 3 – On-Course Instruction

9-hole scramble with coaching throughout.

8–11 AM • Evergreen Hills GC

Putting Clinic

Instructor: T. Ryan

PGA teaching Pro Terri Ryan will show you tips and tricks on the practice putting green at the Evergreen Hills Golf Course.

Ages: 16 and up

Fee: Res: \$15 NR: \$15

Date:

Thu, Apr 23 12-1 PM

Wed, May 27 12-1 PM

Thu, Jun 25 12-1 PM

Wed, Jul 15 12-1 PM

Thu, Aug 13 12-1 PM

Location: Evergreen Hills GC

Senior Services

TOSS: Transportation for Southfield Seniors

Need a ride? TOSS helps Southfield seniors stay independent, active, and connected with transportation to appointments, shopping, and more.

- Weekdays • 8:30 AM–3:30 PM
- Residents age 60+ in Southfield & Lathrup Village
- Service Area: 8 Mile–14 Mile; Coolidge–Middlebelt
- \$5 round trip (cash) or \$4 prepaid tickets
- Reservations required – no same/next-day rides

Schedule a ride:
(248) 796-4658

Ticket info:
(248) 796-4650

Supported by the
City of Southfield,
SMART, and
Corewell Health.



Ongoing 50+ Programs

Stay informed and connected with these free programs for our 50+ community:

50+ Speaker Series

Wed • 9 AM • Sfld Pavilion

Conversations with Angie

Chat with our 50+ Coordinator about programs:
May 13, June 17, July 15, Aug 19 • 8:30–9 AM • Sfld Pavilion

Foot Doctor Visits with Dr. Taylor*

May 21, June 18, July 16 • 2–3 PM • P&R Building
*Charges apply No Aug Date

Eye Doctor Visits with Dr. Zacks*

May 21, June 18, July 16 • 2–3 PM • P&R Building
*Charges apply No Aug Date

All programs are free unless otherwise noted, and held in welcoming community spaces!

For more details, call the Senior Services office at
(248) 796-4650.

Special Events

Senior Appreciation Night

Free evening of entertainment, dinner, and community connection for adults 50+.

SENIOR 50+ APPRECIATION NIGHT

LIVE ENTERTAINMENT
BOXED DINNER
COMMUNITY VENDORS
AND IT'S ALL FREE!

Thursday, August 20 6 - 8 pm
Municipal Campus Front Lawn,
26000 Evergreen Road

City of Southfield HUMAN SERVICES
Southfield the center of it all
CITY OF SOUTHFIELD PARKS & RECREATION

An Evening of Elegance

Enjoy a special evening of music, dining, and celebration. Guests will enjoy a catered meal served in a beautifully decorated setting while *The Rhythm Method* provides live music perfect for dancing or simply enjoying the atmosphere.

New this year: Attendee Fashion Show! If you would like to participate, contact the Senior Services office at (248) 796-4650.

Fee: Res 50+: \$45 NR 50+: \$50

Date: Sat, May 16 5-8 PM

Reg Deadline: Fri, May 8 or until full. No ticket sales the day of the event.

Location: P&R Building



Gospel Explosion Luncheon

Join us for a joyful afternoon filled with good food, good fellowship, and great gospel music. Some of our own talented seniors, along with special guests from the community, will take the stage to share songs that will make your spirit soar.

Fee: Res 50+: \$25 NR 50+: \$30

Date: Sat, June 13 11:30 AM-1:30 PM

Location: P&R Building - Rm 115

Juneteenth Luncheon

Celebrate freedom, history, and community at our annual Juneteenth Luncheon. Enjoy a shared meal featuring catfish, ribs, and side dishes, music by *Florella Strings*, and the opportunity to shop select vendors as we reflect on the significance of Juneteenth.

Ages: 50 and up

Fee: Res: \$25 NR: \$30

Date: Thur, June 18 11:30 AM-1 PM

Reg Deadline: Fri, June 12 or until full

Location: P&R Building - Rm 115



Art



Quilting for Beginners

Instructor: K. Garrett

Discover the joy of creating your first beautiful quilt. Inspiring beginner quilters will explore the joy that comes from creating something beautiful. Pattern, fabric and supply list will be available at the time of registration.

Ages: 50 and up

Fee: Res 50+: \$60 NR 50+: \$65

Dates: Thu, Jul 16-Aug 6 12:30-3:30 PM

Location: P&R Building - Rm 221

Seasoned Quilters

Instructor: K. Garrett

Elevate your quilting with creative modern and traditional techniques. This class is for the seasoned quilter, the focus is on guiding quilters through a journey of traditional and creative modern quilting. Pattern, fabric and supply list will be available at the time of registration.

Ages: 50 and up

Fee: Res 50+: \$60 NR 50+: \$65

Date: Wed, Jul 15-Aug 5 12:30-3:30 PM

Location: P&R Building - Rm 221

Stay connected with *The Southfield Scribe!*

Our quarterly senior newsletter highlights programs, trips, and activities.

Call (248) 796-4650 to receive it by mail
or view it on-line at
www.cityofsouthfield.com/departments/parks-recreation/senior-activities

Senior Services

Dance & Fitness

Chair Exercise

Instructor: K. Walton

Stay active with a seated workout using resistance bands, hand weights, and fitness balls to build strength and flexibility. Bring your equipment and a water bottle.

Daily Fee: Res 50+: \$5 NR 50+: \$6

Dates:

Mon, Apr 27-Sept 28 11 AM-12 PM

Wed, Apr 29-Sept 30 11 AM-12 PM

Fri, May 1-Sept 25 11 AM-12 PM

Location: P&R Building - Rm 115

Cornhole League

Grab a partner and join our Cornhole League for a fun and competitive season! Teams of two will compete in weekly games, leading up to a championship tournament with prizes and awards for top finishers.

Team Fee: \$60/team of 2

Dates: Mon, June 8-July 27 7-9 PM

Registration Deadline: Mon, June 1

Location: Municipal Campus Front Lawn

Hustles for Seniors

Instructor: K. Johnson

Move to the music with Motown-inspired hustle routines made just for seniors! This class is designed with seniors in mind—no partner needed, just your love of music and movement.

Fee: Res 50+: \$30 NR 50+: \$40

Dates: Thu, May 14-June 11 12-1 PM

Location: P&R Building - Lower Level

Moderate Yoga

Instructor: L. Lerman

A gentle, balanced yoga class for all levels. Includes warm-ups, poses, and breathing exercises to improve strength and flexibility. Bring a mat and non-slip socks.

Fee: Res 50+: \$60 NR 50+: \$65

Dates: Mon, April 13-May 18 12:15-1:15 PM

Fee: Res 50+: \$70 NR 50+: \$75

Dates:

Mon, June 1-July 13 12:15-1:15 PM

Mon, July 20-Aug 31 12:15-1:15 PM

Location: P&R Building - Rm 223

Pickleball Lessons

Instructor: E. Starks

Learn the basics of Pickleball, including rules, scoring, and fundamental techniques to get you started on the court.

Fee: Res 50+: \$25 NR 50+: \$30

Dates:

Tue, Apr 7-May 5 9:30-10:30 AM

Tue, Apr 7-May 5 10:45-11:45 AM

Location: BW Rec Center - Gym

Beginning Tai Chi with Jay

Instructor: J. Little

Learn the slow, gentle movements of the Tai Chi form.

Fee: Res: \$30 NR: \$35

Res 50+: \$27 NR 50+: \$31.50

Dates:

Evening Class @ Parks & Recreation Building

Mon, Apr 27-June 8 6-7 PM

Mon, June 22-July 27 6-7 PM

Location: P&R Building - Lower level

Morning Class @ Beech Woods Recreation Center

Thu, Apr 16-May 21 9:30-10:30 AM

Thu, June 4-July 9 9:30-10:30 AM

Location: BW Rec Center - Multipurpose Rm

Tai Chi Form

Instructor: J. Little

This class is a continuing Tai Chi class for those who know and understand the basics. Instructor approval needed to take this class.

Fee: Res: \$30 NR: \$35

Res 50+: \$27 NR 50+: \$31.50

Dates:

Evening Class @ Parks & Recreation Building

Mon, Apr 27-Jun 8 6:30-7:30 PM

Mon, June 22-July 27 6:30-7:30 PM

Location: P&R Building - Lower level

Morning Class @ Beech Woods Recreation Center

Thu, Apr 16-May 21 10:45-11:45 AM

Thu, June 4-July 9 10:45-11:45 AM

Location: BW Rec Center - Multipurpose Rm

Enrichment Programs

Chair Massage

Instructor: L. Lerman

Take 15 minutes to relax, recharge, and feel your best. Enjoy a therapeutic massage from a licensed professional to help reduce stress, ease muscle tension, and boost overall well-being.

Pre-registration is required. You'll select a 15-minute time slot within the available session hours.

Fee: Res 50+: \$20 NR 50+: \$25

Dates:

Mon, May 4 1:30-4:10 PM

Mon, Jun 1 1:30-4:10 PM

Location: P&R Building



CPR and AED Training

Instructor: M. Medici

Learn life-saving CPR and AED skills in this American Heart Association course. Includes a two-year certification upon successful completion.

Fee: Res 50+: \$55 NR 50+: \$65

Dates:

Wed, May 20 10 AM-12 PM

Wed, June 17 10 AM-12 PM

Wed, July 15 10 AM-12 PM

Wed, Aug 12 10 AM-12 PM

Location: P&R Building - Rm 221

Computer Training for Older Adults

Instructor: M. Wilson

Learn essential computer skills like using Windows 11, email, copy/paste, and printing. Includes a large-print, step-by-step workbook to take home.

Bring your laptop if you'd like. *This is a 4 hour class with a 45 minute lunch break.*

Fee: Res 50+: \$75 NR 50+: \$80

Date: Mon, Apr 27 10 AM-3 PM

Reg Deadline: Fri, Apr 24

Location: P&R Building - Rm 221

Learn to Play Chess

Instructor: S. Mayberry

Learn the basics of chess in a fun, relaxed setting with no pressure, just friendly games and simple tips. You'll learn the rules, board setup, and basic strategies to build your skills and confidence. *Once you're comfortable, you're invited to join our Chess Club, held every Tuesday and Thursday, for casual play and more chances to sharpen your game!*

Fee: Res 50+: \$10 NR 50+: \$15

Dates: Thu, May 21-June 18 3:30-6:30 PM

Location: P&R Building

Music History Series

Instructor: S. Johnson

These presentations, include your favorite songs along with informational slides and handouts.

Fee: Res 50+: \$5/day NR 50+: \$6.50/day

Dates:

Fri, May 22 1-2:15 PM *Great American Songbook 1*

Fri, Jun 26 1-2:15 PM *Great American Songbook 2*

Fri, Jul 24 1-2:15 PM *Great American Songbook 3*

Fri, Aug 28 1-2:15 PM *Great American Songbook 4*

Location: P&R Building - Rm 223



Thrive & Shine: Fitness Demo Days

Stay active, feel great, and connect with others at this energizing fitness demo day designed for older adults! Try a mix of Yoga, Zumba, Chair Exercise, and more with our Parks & Recreation instructors.

Activities vary by date, keep an eye on our social media and website for details.

Fee: Res 50+: \$5 NR 50+: \$6.50

Dates:

Sat, Aug 15 10 AM-12:30 PM

Sat, Sept 12 10 AM-12:30 PM

Location: Municipal Campus Front Lawn

Plan Your Park Adventure

With over 20 parks to explore, there's a perfect spot for every kind of day. Use this guide to find the best park for your mood!

Park Name	Services	Location
Bauervic Woods Park	Playlot Trails Picnic Area Family-Friendly Park	20545 W Nine Mile Rd
Bedford Woods Park	Playlot Walking Path Soccer Field Softball/Little League field Family-Friendly Park	Webster, W of Pierce
Beech Woods Park	50-tee, lighted driving range Tennis Courts 2 Playlots Heated restroom open year-round 2 Picnic Shelters Sand Volleyball Court Public Parking Family-Friendly Park Active Rec Spot	22200 Beech Rd
Berberian Woods Nature Preserve	Nature Trail Nature & Quiet Trails	end of Streamwood Ln, S of Twelve Mile Rd.
Burgh Historical Park	Flower Gardens Historic Site Nature & Quiet Trails	26080 Berg Rd
Carpenter Lake Nature Preserve	Boulder Garden Nature trails Lake fishing access Restrooms Small shelter Nature & Quiet Trails	27225 W Ten Mile Rd
Civic Center Park	Sand Volleyball Soccer field Tennis courts (lighted) Racket/Handball courts (lighted) Ballfields (1 lighted) Restrooms (<i>opens May 1</i>) Playlot 2 Picnic Shelters Nature trails Family-Friendly Park Active Rec Spot	26000 Evergreen Rd
Freeway Park	Playlot Walking Paths Tot-Lot & Family-Friendly Park	Eastbound Lincoln, W of Greenfield Rd
Inglenook Park	4 Softball fields Accessible play lot Fitness trail Restrooms (<i>opens May 1</i>) Family-Friendly Park Active Rec Spot	20901 W 12 Mile Rd
Lahser Woods Park	Paved walking path	27577 Lahser Rd
The Dog Park at Lahser Woods	Separate areas for Large Dogs (25+ lbs.) and Small Dogs (under 25 lbs.), with secure access. Dog-Friendly Park	27577 Lahser Rd
Mary Thompson House & Farm	Southfield Community Gardens Historic Site Nature & Quiet Trails	25630 Evergreen Rd
Miller Park	Playlot Ball field Walking Path Pickleball and basketball courts Active Rec Spots	18401 Webster
Pebble Creek Park	Playlot Picnic Shelter Soccer field Walking/fitness trail Restrooms (<i>opens May 1</i>) Active Rec Spots	26355 American Dr
Seminole Park	Playlot Family-Friendly Park	Seminole St., north of Shiawassee
Simms Park	Playlot Small shelter Ball field Walking Path Tennis & basketball courts Active Rec Spots	28501 Pierce St.
Stratford Woods Commons	Play Area Picnic Area (no shelter) Family-Friendly Park	Pierce, S of 10 Mile Rd.
Valley Woods Nature Preserve	Nature Trail Fishing Nature & Quiet Trails	Civic Center Drive, E of Telegraph

Register & Connect

Register for programs, find contact information, and plan your next visit.

Register for Programs

Online: bit.ly/SfldParksAndRecOnline



In Person:

- Parks & Recreation Building (26000 Evergreen Rd)
- Beech Woods Recreation Center (22200 Beech Rd)

Phone:

(248) 796-4620 - Parks & Recreation
(248) 796-4670 - Beech Woods Recreation Center

Helpful Information

• Summer camp registration must be completed in person, please see page 5 for details on what to bring.

• Picnic shelter reservations began in March. Scan the QR code for details on the 5 shelters available.



• Some programs fill quickly, early registration is recommended

Main Locations

Parks & Recreation Building & Pavilion

26000 Evergreen Rd • (248) 796-4620
Mon-Fri • 8 AM-6 PM

Beech Woods Recreation Center

22200 Beech Rd • (248) 796-4670
Mon-Fri • 8 AM-6 PM

Southfield Sports Arena

26000 Evergreen Rd • (248) 796-4640
Mon-Fri • 8:30 AM-5 PM

Evergreen Hills Golf Course

26000 Evergreen Rd • (248) 796-4666
Mon-Sun • hours Vary by Season

Beech Woods Driving Range

22202 Beech Rd • (248) 796-4655
Mon-Wed, & Fri • 9 AM-9 PM
Thur • 11 AM-9 PM
Sat & Sun • 8 AM-9 PM

Additional Facilities

Senior Services

(248) 796-4650
Mon-Thurs • 9 AM-4 PM • Fri • 9 AM-2 PM

Beech Woods Wellness Center

(248) 796-4676

Arts & Activities Building

(248) 796-4620

Park Services

(248) 796-4630
Mon-Fri • 7:30 AM-3:30 PM

Burgh Historical Park

26060 Berg Rd

Southfield Parks & Recreation Department
26000 Evergreen Road
Southfield, MI 48076

PRSRT STD
U.S. POSTAGE
PAID
SOUTHFIELD, MI
PERMIT NO. 30
ECRWSS

ECRWSS
Local
Residential Customer

Recognized by mParks for Excellence in Park Design  **Parks**[™]
Carpenter Lake Nature Preserve

Michigan Recreation
& Park Association



City Leadership

Kenson J. Siver, Mayor



City Council

- Charles Hicks, Council President
- Coretta Houge, Pro-tem
- Nancy L.M. Banks
- Ashanti Bland
- Daniel Brightwell
- Yolanda C. Haynes
- Michael "Ari" Mandelbaum

- Gabi Grossbard, City Clerk
- Irv M. Lowenberg, Treasurer
- Frederick E. Zorn, CEcD City Administrator

Parks & Recreation Board

- Brandon Gray, Chairperson
- Rosemerry Allen
- Fallon Levin
- Kathleen A. McNelis
- Simon Rivers



Parks & Recreation Department

- Terry Fields, Director
- Kiam Jones, Recreation Superintendent
- Steve Griffith, Parks Superintendent