

PARKS & RECREATION SOUTHFIELD

Southfield
the center of it all™



A season of new beginnings!



The Dog Park at Lahser Woods

27577 Lahser Road • Opened October 17, 2025



- Large & Small Dog Areas
- Solar-lit Walking Paths
- Expanded Parking Lot
- EV Charging Coming Soon

Beech Woods Park, Southfield Oaks

22200 Beech Road • Opened October 24, 2025



- Heated Restrooms
- Scenic Picnic Shelter
- Accessible Pathways
- Nature-themed Playground for All Abilities
- New Park Maintenance Building

Seasonal Spotlight

Mom 2 Mom Sale

Get ready for some spring cleaning, and sell those gently used items at our first ever Mom 2 Mom sale! Tables are \$20 each, you may purchase up to 2 tables per family. Participants will be looking for gently used children's clothing, toys and books. Only children's items, please.

Ages: 3 and up

Table Fee: \$20 each, may purchase up to 2 tables/family

Reg Deadline for Tables: Fri, Jan 16

Admission Fee: \$5 at the door

Date:

Sat, Jan 24 10 AM - 2 PM

Location: Southfield Pavilion



Galentine's Day

Celebrate friendship in style! Grab your favorite gal pals for a night of dancing, snacking, creativity, and memory-making. This is your night to laugh, connect, and make something beautiful—together.

Ages: 18 and up

Fee: \$20/1 ticket or \$30/2 tickets

Date: Fri, Feb 13 7-9 PM

Reg Deadline: Fri, Feb 6

Location: P&R Building - Rm 115

Breakfast with the Bunny

Get ready for a morning of springtime fun for the whole family!

Enjoy a delicious pancake breakfast, get creative with hands-on crafts, snap a photo with the Bunny, and follow the clues in a festive scavenger hunt.

Ages: 2 and up

Fee: Res: \$20 NR \$25 *Each person that enters the event must be registered in advance*

Date: Sat, Mar 28 10 AM-12 PM

Reg Deadline: Mon, Mar 23 @ 5 PM

Location: P&R Building - Rm 115



Winter Fest

Bring your family out for some fun! Ice Skating, Rock Wall, High Ropes Course, Carriage Rides, and more.

Ages: All Ages - *Children age 3 and under are free*

Fee: Res: \$4 NR: \$5

Date: Sun, Feb 1 2-4 PM

Location: Southfield Sports Arena

Daddy Daughter Dance

Make memories that will last a lifetime! Young ladies and their favorite guy—dad, grandpa, uncle, or family friend—are invited to a magical evening of dancing, laughter, and special moments. Dress your best and come ready to dance the night away.



Registration is required for each person attending, children and adults alike. No tickets will be sold at the door.

Ages: 2 and up

Fee: Res: \$20 NR: \$25 *Each person that enters the dance must be registered in advance*

Date: Sat, Mar 21 4-6 PM

Reg Deadline: Wed, Mar 18

Location: Southfield Pavilion

Family Dance 2026

You're invited to our very first Family Dance!

Celebrate an afternoon of fun, music, and memory-making with the whole crew—parents, grandparents, siblings, and more. Enjoy dancing, light refreshments, and lots of photo-worthy moments in the festive Southfield Pavilion. Dress to impress and come ready to hit the dance floor.

Registration is required for each person attending, children and adults alike. No tickets will be sold at the door.

Ages: 2 and up

Fee: Res: \$10 NR \$15 *Each person that enters the dance must be registered in advance*

Date: Sun, Mar 22 2-4 PM

Reg Deadline: Thu, Mar 19

Location: Southfield Pavilion

Train & Play

Barkology: Puppy Training

Start your pup off on the right paw!

Learn the foundations of good behavior to raise a happy, healthy, and well-mannered dog. This class covers crate training, potty routines, socialization, and more—so you can enjoy life with a pup who doesn't chew your shoes or jump on guests.

One adult must accompany each puppy (up to two additional guests welcome). Kids are welcome with an adult.

Ages: 18 and up

Fee: Res: \$275 NR: \$300
Res 50+: \$247.50 NR 50+: \$270

Dates:

Tue, Jan 15-Feb 27 6-7 PM

Reg Deadline: Mon, Jan 8

Location: P&R Building - Lower Level

Barkology: Adult Manners

Help your dog become the best-behaved member of the family!

Whether your dog pulls on the leash, barks at the door, or ignores your commands, this class focuses on building better boundaries, routines, and reliable manners for daily life—so you can enjoy a calmer, more peaceful home.

Ages: 18 and up

Fee: Res: \$275 NR: \$300
Res 50+: \$247.50 NR 50+: \$270

Dates:

Tue, Jan 15-Feb 27 7-8 PM

Reg Deadline: Mon, Jan 8

Location: P&R Building - Lower Level



Dog & Cat First Aid and CPR

Instructor: L. Jankowski

Be ready when your furry friend needs you most. Learn how to respond in an emergency with hands-on training in pet CPR, first aid, and urgent care techniques. This two-hour class includes a practice lab using pet mannequins, plus take-home materials and a certificate of completion.

Ages: 16 and up

Fee: Res: \$50 NR: \$55
Res 50+: \$45 NR 50+: \$49.50

Dates:

Sa, Jan 24 10 AM-12 PM

Sa, Mar 7 10 AM-12 PM

Reg Deadline: Thu, Jan 22 & Mar 5

Location: P&R Building



UNLEASH THE FUN AT

The Dog Park

AT LAHSER WOODS

- Separate large & small dog areas
- Secure, fenced environment
- Solar-lit walking paths
- Expanded parking lot with EV charging (coming soon!)



This project was made possible by a Community Park & Trail Capital Grant from Oakland County Parks.

Lahser Woods Park,
27577 Lahser Road

Apply online today at



Hit the Ice

Winter 2026 Open Skate Schedule

The Southfield Sports Arena will be closed on January 1, April 3 and April 5. Call (248) 796-4640 for more details on our Open Skate and Sticks & Pucks programs.

Weekday Lunch Skate

Take a break and hit the ice during your lunch hour!

Daily Fee: Res: \$4 NR: \$4

Dates:

Mon, Jan 5-Apr 20 12-1:20 PM

Wed, Jan 7-Apr 22 12-1:20 PM

Fri, Jan 2-Apr 17 12-1:20 PM

Weekend Open Skate

Fun for the whole family on Saturday evenings and Sunday afternoons.

Daily Fee: Res: \$4 NR: \$5

Dates:

Sat, Jan 3- Apr 18 6:30-7:50 PM

Sun, Jan 4-Apr 19 3-4:20 PM

Bonus Open Skate Dates

We've added extra Open Skates during holiday breaks and special days!

Daily Fee: Res: \$4 NR: \$5

Dates:

Tue, Jan 20 1:30-2:50 PM

Thu, Jan 29 7:30-8:50 PM

Wed, Feb 18 6-7:20 PM

Wed, Mar 30 7:30-8:50 PM

Resident Rates & Rentals

Anyone wishing to receive the resident rate must show a Southfield Resident Leisure Card, Southfield driver's license, or Business Leisure Card.

Skate rental is available on a first-come, first-served basis for \$3 per person.



Special Ice Events

Mark your calendar for these fun events coming to the Southfield Sports Arena!

Winter Fest –

Sun, Feb 1 • All Ages • See page 2 for details.

Southfield Police vs Southfield Fire Charity Hockey Game –

Sun, Apr 19 •

Tickets Available through Southfield Police



Sticks & Pucks

Sharpen your skills or just get in some ice time at this casual, non-competitive drop-in session.

- **Ages:** All Ages
- **Adults (18 and up):** Must wear a hockey helmet, hockey gloves and hockey skates.
- **Ages 17 and under:** Must wear full hockey equipment, including a helmet with face mask, and be accompanied by a parent or guardian.
- **Note:** space is limited to the first 20 players to sign in at each session

Daily Fee: \$8/person

Dates:

Mon, Jan 5-Apr 20 10:30-11:50 AM

Wed, Jan 7-Apr 22 10:30-11:50 AM

Fri, Jan 2-Apr 17 10:30-11:50 AM

Sun, Jan 4-Apr 19 12-1:20 PM

Location: Southfield Sports Arena - Ice Rink

Get Creative

Get Creative - Just for Kids

Ceramic Pinch Pot Animals

Instructor: M. Taffe

Bring your favorite animal, real or mythical to life!

Participants will use the pinch pot technique with clay to make their creations. Please note that these pieces will be fired in a kiln and will have to be picked up at a later date. *All supplies included.*

Ages: 6 - 11

Fee: Res: \$35 NR: \$40

Date: Fri, Feb 20 6-7:30 PM

Location: Burgh Historical Park - Pottery Rm



Make Your Own Stuffed Animals

Instructor: G. Francis

Use your imagination to create the stuffed animal of your dreams! Attendees will begin by drawing a pattern, transferring that to felt, and then learn how to sew all the pieces together. *All materials provided—just bring your imagination!*

Ages: 8 - 12

Fee: Res: \$25 NR: \$30

Date: Mon, Feb 9 5-6:30 PM

Location: P&R Building - Rm 221

Get Creative - All Ages Friendly

Cupcake Decorating

Instructor: Allison, T Berry Bakery

Whether you're a sweet tooth fanatic or looking to learn something new, this class is designed for everyone. We'll be decorating vanilla and chocolate cupcakes with buttercream. Those under the age of 12 will need to be accompanied by an adult. *All supplies included.*

Ages: 8 and up

Fee: Res: \$35 NR: \$40

Res 50+: \$31.50 NR 50+: \$36.50

Date: Fri, Feb 1 1:30-3 PM

Location: P&R Building - Rm 111

Get Creative - 18+ Crowd

Alcohol Ink Tiles

Instructor: Paint Creek Center for the Arts

You will start by learning the basics of alcohol ink before moving on to techniques and best practices as you explore this playful and abstract medium. *All supplies provided, no experience necessary.*

Ages: 18 and up

Fee: Res: \$30 NR: \$35

Res 50+: \$27 NR 50+: \$31.50

Date: Thu, Mar 19 6:30-8 PM

Location: P&R Building - Rm 115

Basket Weaving

Instructor: Michigan's Basket Mak'r

Students will be weaving a square market basket with a handle which will be 8"x8"x8". This class is perfect for both beginners and those who need a refresher on weaving. *All supplies are included.*

Ages: 18 ½ and up

Fee: Res: \$65 NR: \$75

Res 50+: \$61.75 NR 50+: \$71.25

Dates: Tue, Jan 27 12-4 PM

Location: P&R Building - Rm 221

Cake Decorating

Instructor: Allison, T Berry Bakery

Learn vintage piping techniques to layer, fill, and frost like a pro. Perfect for beginners or those looking to sharpen their skills.

Ages: 18 and up

Fee: Res: \$70 NR: \$80

Res 50+: \$63 NR 50+: \$72

Dates: Mon, Jan 26-Feb 9 6:30-9 PM

Location: P&R Building - Rm 111

Ceramics

Instructor: K. Robichaud

Get your hands in the clay and bring your ideas to life!

Learn hand-building techniques like slab and coil to create decorative pieces with texture, shape, and personality. *\$50 materials fee, paid to instructor.*

Ages: 16 and up

Fee: Res: \$165 NR: \$185

Res 50+: \$148.50 NR 50+: \$166.50

Dates: Wed, Feb 18-Apr 22 7-10 PM

Location: Burgh Historical Park - Pottery Rm

Get Creative

Felted Florals

Instructor: J. Teper

Learn to create 3D felted florals using colorful wool roving as if it were paint and a felting needle to secure it. *No prior experience needed, and all supplies are included.*

Ages: 18 and up

Fee: Res: \$30 NR: \$35
Res 50+: \$27 NR 50+: \$31.50

Date: Thu, Mar 12 6-8 PM

Location: P&R Building - Rm 221



Joy of Poetry

Instructor: H. Parsons

Find your voice and confidence through poetry. Explore poetic structure, guided writing prompts, and supportive group sharing in a welcoming environment. This class invites you to express yourself and connect with others through words. *All supplies included.*

Ages: 16 and up

Fee: Res: \$15 NR: \$18
Res 50+: \$13.50 NR 50+: \$16.50

Date: Mon, Feb 2 6:30-9 PM

Location: P&R Building - Rm 221

LGBTQ+ Art Club

Instructor: C. Nelson

A group dedicated to building community through art. Each month the LGBTQ+ Art Club meets and has a workshop focused on a different subject. *All supplies are included. Please note that this workshop is taught by and intended exclusively for the LGBTQ+ community.*

Ages: 16 and up

Monthly Fee: Res: \$13 NR: \$16
Location: P&R Building - Rm 221

Alcohol Ink

Date: Mon, Jan 26 6:30-8:30 PM

Collaged Postcards

Date: Mon, Feb 23 6:30-8:30 PM

Intro to Printmaking

Date: Mon, Mar 30 6:30-8:30 PM

Mastering Your Narrative

Instructor: H. Parsons

Writing About the Personal Through Poetry. This workshop focuses specifically on narrative style of poetry and concepts of telling story through poetry. We will start our session with a brief lecture before jumping into our free writing time and then will finish with a sharing component. *All supplies included.*

Ages: 16 and up

Fee: Res: \$15 NR: \$18
Res 50+: \$13.50 NR 50+: \$16.50

Date: Mon, Mar 9 6:30-9 PM

Location: P&R Building - Rm 221

Paint Like Monet

Instructor: C. Shoemaker

Paint like Monet—soft edges, glowing color, and light-filled landscapes. Recreate one of Monet's iconic paintings in acrylic paint while learning the techniques that he utilized. *All supplies included.*

Ages: 18 ½ and up

Fee: Res: \$35 NR: \$40
Res 50+: \$31.50 NR 50+: \$36

Date: Fri, Jan 23 1-4 PM

Location: P&R Building - Rm 115

Paint Like Van Gogh

Instructor: C. Shoemaker

Explore expressive brushwork and bold color like Van Gogh. Recreate one of Van Gogh's iconic paintings in acrylic paint while learning the techniques that he utilized. *All supplies included.*

Ages: 18 ½ and up

Fee: Res: \$35 NR: \$40
Res 50+: \$31.50 NR 50+: \$36

Date: Fri, Mar 20 1-4 PM

Location: P&R Building - Rm 115



Inspired by Zentangle®

Instructor: D. Prescott

The Zentangle® method is an easy-to-learn, relaxing, meditative drawing form. You don't even have to know how to draw to use it! By structuring patterns that rely on simple shapes, beautiful artwork quickly emerges. Students will be making a collection of zentangles utilizing pens and markers. *All supplies included.*

Ages: 18 ½ and up

Fee: Res: \$25 NR: \$30
Res 50+: \$22.50 NR 50+: \$27

Date: Tue, Mar 17 6-8 PM

Location: P&R Building - Rm 221

Want more details? Full class descriptions are available at www.bit.ly/SfldParksAndRecOnline or call (248) 796-4620.



Picnic Shelter Reservation Opening Day is moving to a SATURDAY

Planning a family reunion, graduation party, or picnic in the park?
Shelter reservations open Saturday, March 14 at 8 AM.
Come early—first-come, first-served!

BE THE FIRST TO KNOW—UPDATES COMING SOON ONLINE!

Southfield PARKS & RECREATION

Get Creative - 18+ Crowd

Stamp Carving & Block Printing

Instructor: J. Teper

Learn to create a reusable stamp out of linoleum and print with it. Students will create a design of their choosing and then will practice printing on paper. These stamps can be utilized again and again in all of your artmaking mediums.

Ages: 18 and up

Fee: Res: \$30 NR: \$35
Res 50+: \$27 NR 50+: \$31.50

Date: Thu, Apr 9 6-8 PM

Location: P&R Building - Rm 221

Watercolor Painting

Instructor: C. Shoemaker

Follow step-by-step demonstrations or add your own creative flair in this guided workshop.
All supplies included—just dress for a mess!

Ages: 18 ½ and up

Fee: Res: \$35 NR: \$40
Res 50+: \$31.50 NR 50+: \$36

Date: Fri, Feb 20 1-4 PM

Location: P&R Building - Rm 115

Get Creative - Senior Favorites

Quilting for Beginners

Instructor: K. Garrett

Discover the joy of creating your first beautiful quilt. Inspiring beginner quilters will explore the joy that comes from creating something beautiful. Pattern, fabric and supply list will be available at the time of registration.

Ages: 50 and up

Fee: Res 50+: \$60 NR 50+: \$65

Date: Thu, Mar 5-Apr 9 12:30-3:30 PM

Location: P&R Building - Rm 221

Seasoned Quilters

Instructor: K. Garrett

Elevate your quilting with creative modern and traditional techniques. This class is for the seasoned quilter, the focus is on guiding quilters through a journey of traditional and creative modern quilting. Pattern, fabric and supply list will be available at the time of registration.

Ages: 50 and up

Fee: Res 50+: \$60 NR 50+: \$65

Date: Wed, Mar 4-Apr 8 12:30-3:30 PM

Location: P&R Building - Rm 221

Teen Picks



The Bounce Back: Y2K Dance

Throw it back to the early 2000s with hip hop, R&B, and dance tracks that defined the era! Rock your best Y2K fit—baggy jeans, metallics, and chunky sneakers welcome.

Ages: 11 - 14

Fee: \$5/person

Date: Fri, Feb 20 7-9 PM

Reg Deadline: Wed, Feb 18

Location: Southfield Pavilion



The Giving Stitch: Knitting Club

Knit, purl, and give back! Join a cozy group of crafters making handmade hats, blankets, and comfort items for hospital patients in need of a little extra warmth. *No experience needed, just bring your heart and your yarn.*

Ages: 15 and up

Fee: FREE - No registration required

Date: Tue, Jan 13-Apr 28 4-6 PM

Location: P&R Building - Rm 223

Teen Volunteer Club

Want to make a difference in your community? Need hours for graduation? Come meet with us. We will share opportunities to volunteer and brainstorm other ways to give back.

Ages: 10 - 18

Fee: FREE

Date: Thu, Jan 8-29 6-7 PM

Location: P&R Building - Rm 221



Ceramic Trinket Dish

Instructor: M. Taffe

Dive into the world of hand building with clay! Create a one-of-a-kind dish using hand-building techniques with stamps and rollers. The first half of class focuses on shaping; the second on glazing and decorating. Finished pieces will be kiln-fired and picked up later. *All supplies included.*

Ages: 16 and up

Fee: Res: \$35 NR: \$40

Date: Fri, Mar 20 6-9 PM

Location: Burgh Historical Park - Pottery Rm

Teen Ballet/Jazz

Instructor: Impulse Dance Academy

A fusion of classical ballet and modern jazz set to popular music. In this session, the focus shifts to ballet. Dancers will work toward a performance piece throughout the year.

Dress Code: (Jan-June) Black leotard, pink tights, pink ballet slippers, hair in bun, no tutus/skirts.

Ages: 11 - 18

MONTHLY Fee:

Res: \$62 NR: \$72

Dates:

Sat, Jan 3-Jun 13 1:30-2:30 PM

Location: Arts & Activities Bldg - Dance Rm

Teen Hip Hop

Instructor: Impulse Dance Academy

A high-energy class that explores hip-hop style, movement, and self-expression through age-appropriate choreography.

Dress Code: Loose, comfortable clothing and clean dance sneakers. No street shoes or jeans allowed.

Ages: 11 - 18

MONTHLY Fee:

Res: \$48 NR: \$58

Dates:

Sat, Jan 3-Jun 13 12:30-1:15 PM

Location: Arts & Activities Bldg - Dance Rm

Fitness & Fun

Impulse Youth Dance Classes

A performance-based dance program for youth dancers. Dance classes began in September but registration is being taken through March 1. Tuition is billed monthly until June 1 or paid in full at registration. First month's payment is due at sign-up and is non-refundable.

Payment Options:

- Monthly: 6 equal installments (Jan–June), auto-billed on the 1st
- Winter/Spring Session: One-time payment at registration
- Credit card required unless paying in full
- \$20 late fee applies if payment issues aren't resolved within 5 days



	Age	Dates	Monthly Fee	Location
Mini Ballet	3 - 5	Thu, Jan 8-Jun 18 5:30 PM-6:15 PM	Res: \$48 NR: \$58	Arts & Activities Bldg - Dance Rm
Mini Ballet	3 - 5	Sat, Jan 3-Jun 13 11:30 AM-12:15 PM	Res: \$48 NR: \$58	Arts & Activities Bldg - Dance Rm
Taps & Tutus	4 - 6	Wed, Jan 7-Jun 17 4:45-5:30 PM	Res: \$48 NR: \$58	Arts & Activities Bldg - Dance Rm
Taps & Tutus	4 - 6	Sat, Jan 3-Jun 13 10:30-11:15 AM	Res: \$48 NR: \$58	Arts & Activities Bldg - Dance Rm
Jr Ballet/Jazz	6 - 10	Sat, Jan 3-Jun 13 12:30-1:30 PM	Res: \$62 NR: \$72	Arts & Activities Bldg - Dance Rm
All Boys Hip Hop	5 - 10	Thu, Jan 8-Jun 18 5:30-6:15 PM	Res: \$48 NR: \$58	Arts & Activities Bldg - Dance Rm
Mini Hip Hop	5 - 6	Sat, Jan 3-Jun 13 10:30-11:15 AM	Res: \$48 NR: \$58	Arts & Activities Bldg - Dance Rm
Mini/Jr Hip Hop	6 - 10	Thu, Jan 8-Jun 18 6:30-7:15 PM	Res: \$48 NR: \$58	Arts & Activities Bldg - Dance Rm
Jr Hip Hop	7 - 10	Sat, Jan 3-Jun 13 11:30 AM-12:15 PM	Res: \$48 NR: \$58	Arts & Activities Bldg - Dance Rm

Mini Ballet

Introduction to classical ballet technique and terminology. Dancers progress throughout the year. Children must be potty trained and independent.

Dress Code: Black leotard; pink tights; pink ballet slippers; hair secured in a bun. No tutus/skirts.

Taps & Tutus

An imaginative introduction to rhythm, song, and movement. Dancers build coordination and confidence in a fun, creative space. Children must be potty trained and independent. This session is ballet focused.

Dress Code: (Jan-June) Black leotard, pink tights, pink ballet slippers.

Jr Ballet/Jazz

A fusion of classical ballet and modern jazz set to popular music. In this session, the focus shifts to ballet. Dancers will work toward a performance piece throughout the year.

Dress Code: (Jan-June) Black leotard, pink tights, pink ballet slippers, hair in bun, no tutus/skirts.

Hip Hop

A high-energy class introducing hip-hop style, movement, and self-expression.

Dress Code: Loose, comfortable clothing and clean dance sneakers. No street shoes or jeans allowed.

Fitness & Fun

Fitness & Fun - Just for Kids

Grasshopper Basketball

Instructor: G. Hawthorne

Perfect for beginners! This playful intro class teaches kids the basics of positioning, dribbling, and teamwork through fun games and easy-to-follow drills.

Ages: 4 - 6

Fee: Res: \$50 NR: \$65

Dates:

Sat, Jan 24-Feb 28 9-9:50 AM

Sat, Mar 7-Apr 11 9-9:50 AM

Location: BW Rec Center - Gym

Youth Basketball Clinic

Instructor: G. Teasley

Boost confidence on and off the court! This clinic focuses on offense, defense, sportsmanship, and real game strategies to help young players build skills and game IQ.

Ages: 7 - 10

Fee: Res: \$50 NR: \$65

Dates:

Sat, Jan 24-Feb 28 10-10:50 AM

Sat, Mar 7-Apr 11 10-10:50 AM

Location: BW Rec Center - Gym

Winter Basketball League

Players will practice on Fridays and compete in a 8-game Saturday schedule at Beech Woods Rec Center. All participants must attend the mandatory **Drills & Draft**.

Interested in coaching or have questions? Contact Angelica Mickens at amickens@cityofsouthfield.com

League	Game Days/Times	Fee	Drills & Draft
2-3 Grade	Sat, Mar 7-May 9 9-10 AM	Res: \$100; NR: \$120	Sat, Mar 7 9 AM
4-5 Grade	Sat, Mar 14-May 16 10-11 AM	Res: \$100; NR: \$140	Sat, Mar 14 10 AM
6-8 Grade	Sat, Mar 14-May 16 11 AM-1 PM	Res: \$100; NR: \$140	Sat, Mar 14 11:30 AM

Youth Sports Programs – Coming Soon!

We're gearing up for a fun-filled spring and summer with youth T-ball, baseball, soccer, and flag football!

Full details in the Spring/Summer Activities Guide (out in April).

Questions? Call Angelica at (248) 796-4681.



Basketball Skills & Drills

Instructor: T. Marshall

Level up your game! This class uses structured drills in shooting, defense, and ball handling to prepare players for league play and help them improve core skills with confidence.

Ages: 7 - 11

Fee: Res: \$50 NR: \$65

Dates:

Mon, Jan 26-Mar 2 6-6:50 PM

Mon, Mar 9-Apr 6 6-6:50 PM

Location: BW Rec Center - Gym

Youth Open Gym

Bring your game and hit the court! This is your chance to shoot hoops, build skills, and play pickup with friends after school. All participants must register for the season, with their parent/guardian, at their first visit.

Ages: 9 -13

Fee: Res: \$3 NR: \$5

Dates: Mon-Fri, Jan 5-Apr 30 3:30-5:30 PM

Location: BW Rec Center - Gym

Want more details? Full class descriptions are available at www.bit.ly/SfldParksAndRecOnline or call (248) 796-4620.

Itty Bitty Bunnies Gymnastics

Instructor: *Tumble Bunnies, Inc*
Hop, bounce, and tumble with your little one in this energetic parent-child class! Grown-ups join their itty bitty bunnies as they explore fun gymnastics equipment like trampolines, wedge mats, bars, and more. Kids will build confidence and coordination along the way.

Ages: 1½ - 3

Fee: Res: \$95 NR: \$120

Dates:

W, Jan 21-Feb 25 5:30-6 PM

W, Mar 11-Apr 15 5:30-6 PM

Reg Deadline: Tu, Jan 20 & Mar 10

Location: P&R Building - Rm 221

Bizzy Bunnies Gymnastics

Instructor: *Tumble Bunnies, Inc*
Your bizzy bunny will tumble, bounce, and balance their way through beginner gymnastics! This high-energy class introduces equipment like balance beams, bars, trampolines, vaults, and wedge mats, in a fun and encouraging environment. *Comfortable clothing and a water bottle recommended.*

Ages: 3 - 4

Fee: Res: \$95 NR: \$120

Dates:

W, Jan 21-Feb 25 6-6:35 PM

W, Mar 11-Apr 15 6-6:35 PM

Reg Deadline: Tu, Jan 20 & Mar 10

Location: P&R Building - Rm 221

Happy Hoppers Gymnastics

Instructor: *Tumble Bunnies, Inc*
Watch your happy hopper grow in confidence and coordination! Kids will explore beginner gymnastics skills using fun equipment like trampolines, bars, beams, and more, with a big focus on smiles and fun. *Comfortable clothing and a water bottle recommended.*

Ages: 5 - 7

Fee: Res: \$95 NR: \$120

Dates:

W, Jan 21-Feb 25 6:40-7:10 PM

W, Mar 11-Apr 15 6:40-7:10 PM

Reg Deadline: Tu, Jan 20 & Mar 10

Location: P&R Building - Rm 222

Fitness & Fun - All Ages Friendly

Quick Start Tennis Lessons

Perfect for young beginners! This class introduces kids to the game of tennis with fun activities and games. Players will learn basic racquet handling, tracking the ball, and judging flight and direction.

Family Beginner Tennis Lessons

Learn the game together! This class is designed for parents and children to take a beginner lesson side by side. Everyone must register individually.

Beginner Tennis Lessons

Learn the fundamentals of tennis, including grip, footwork, forehand, backhand, serve, volley, and scoring. This class also covers basic rules and court etiquette to help players feel confident and ready to rally.

	Instructor	Age	Dates	Fee	Location
Quick Start	R. Hughes	4 - 6	Sat, Jan 24-Feb 21 Sat, Feb 28-Mar 28 11:30 AM-12:20 PM	Res: \$55 NR: \$70	BW Rec Center - Court 3
Quick Start	R. Hughes	7 - 10	Sat, Jan 24-Feb 21 Sat, Feb 28-Mar 28 12:30-1:20 PM	Res: \$55 NR: \$70	BW Rec Center - Court 3
Youth Beginner	R. Hughes	8 and up	Thu, Jan 22-Feb 19 Thu, Feb 26-Mar 26 6-6:50 PM	Res: \$55 NR: \$70	BW Rec Center - Court 3
Teen Beginner	R. Hughes	11 - 17	Sat, Jan 24-Feb 21 Sat, Feb 28-Mar 28 1:30-2:20 PM	Res: \$55 NR: \$70	BW Rec Center - Court 3
Family Beginner	R. Hughes	7 and up	Thu, Jan 22-Feb 19 Thu, Feb 26-Mar 26 7-7:50 PM	Res: \$55 NR: \$70 R 50+: \$49.50 NR 50+: \$63	BW Rec Center - Court 3

Fitness & Fun

Pre-Karate

A fun introduction to martial arts! Little ones will build focus, balance, and confidence while learning basic moves, drills, and stances, plus important lessons in respect and following directions, all at a pace just right for their age.

Karate - Beginner

Perfect for white belts and first-timers! Learn the basics of martial arts including stances, drills, forms, and etiquette. Build focus, endurance, and balance through exercises, stretches, and board breaking. Students can advance to a colored belt.

Karate - Intermediate

For students with colored belts. Build on foundational skills with more advanced drills, forms, and self-defense techniques. Sparring is introduced, and advancement continues toward Black Belt.

Karate - Advanced

This class is designed for higher ranked practitioners of red and black belts with instructor's permission. Focuses on mastery of advanced techniques, sparring skills, and self-discipline with rigorous training and testing.

	Instructor	Age	Dates	Fee	Location
Pre-Karate	M. Bray	5 - 7	Sat, Jan 10-Feb 28 Sat, Mar 7-Apr 25 9:30-10 AM	Res: \$30 NR: \$40	BW Rec Center - Multipurpose Rm
Beginner	G. Mundy	7 & up	Tue, Jan 6-Feb 24 Tue, Mar 3-Apr 21 6-6:50 PM Thu, Jan 8-Feb 26 Thu, Mar 5-Apr 23 6-6:50 PM	Res: \$30 NR: \$40 R 50+: \$27 NR 50+: \$36	BW Rec Center - Multipurpose Rm
		7 & up	Tue & Thu, Jan 6-Feb 26 Tue & Thu, Mar 3-Apr 23 6-6:50 PM	Res: \$50 NR: \$65 R 50+: \$45 NR 50+: \$58.50	BW Rec Center - Multipurpose Rm
Beginner	M. Bray	7 & up	Sat, Jan 10-Feb 28 10:15-11:15 AM	Res: \$30 NR: \$40 R 50+: \$27 NR 50+: \$36	BW Rec Center - Multipurpose Rm
	G. Mundy	7 & up	Sat, Mar 7-Apr 25 10:15-11:15 AM	Res: \$50 NR: \$65 R 50+: \$45 NR 50+: \$58.50	BW Rec Center - Multipurpose Rm
Intermediate	G. Mundy	7 & up	Tue & Thu, Jan 6-Feb 26 Tue & Thu, Mar 3-Apr 23 7-7:50 PM	Res: \$50 NR: \$65 R 50+: \$45 NR 50+: \$58.50	BW Rec Center - Multipurpose Rm
	M. Bray	7 & up	Sat, Jan 10-Feb 28 Sat, Mar 7-Apr 25 11 AM - 12 PM	Res: \$30 NR: \$40 R 50+: \$27 NR 50+: \$36	BW Rec Center - Multipurpose Rm
Advanced	G. Mundy	7 & up	Tue & Thu, Jan 6-Feb 26 Tue & Thu, Mar 3-Apr 23 8-8:50 PM Sat, Mar 7-Apr 25 12:15-1:05 PM	Res: \$50 NR: \$65 R 50+: \$45 NR 50+: \$58.50	BW Rec Center - Multipurpose Rm
	M. Bray	7 & up	Sat, Jan 10-Feb 28 12:15-1:05 PM	Res: \$30 NR: \$45 R 50+: \$27 NR 50+: \$40.50	BW Rec Center - Multipurpose Rm

Fitness & Fun - 18+ Crowd

5-Point-0 Fusion Dance

Instructor: H. Patton

Low-impact and fun! This dance-based movement class helps improve coordination and cognitive skills, especially for seniors! Enjoy a blend of cultural dance styles and music genres. No experience needed; just wear comfy clothes and shoes.

Ages: 16 and up

Fee: Res: \$42 NR: \$52

Res 50+: \$37.80 NR 50+: \$46.80

Dates:

Tue, Jan 6-Feb 10 11:45 AM-12:30 PM

Tue, Feb 24-Mar 31 11:45 AM-12:30 PM

Tue, Apr 14-May 19 11:45 AM-12:30 PM

Thu, Jan 8-Feb 12 11:45 AM-12:30 PM

Thu, Feb 26-Apr 2 11:45 AM-12:30 PM

Thu, Apr 16-May 21 11:45 AM-12:30 PM

Location: Arts & Activities Bldg - Dance Rm

Adult Hip Hop

Instructor: Impulse Dance Academy

Introduction to the vocabulary, style and self-expression of hip-hop movement. This high energy class is taught to students with a passion to move!

Dress Code: Loose, comfortable clothing and clean dance sneakers. No street shoes or jeans allowed.

Ages: 16 and up

Monthly Fee: Res: \$48 NR: \$58

Dates:

Thu, Jan 8-Jun 18 7:30-8:15 PM

Location: Arts & Activities Bldg - Dance Rm

Adult Open Gym

Start your day with a little full-court action! Whether you're looking to break a sweat, practice your shot, or just enjoy some pickup basketball, Open Gym is a great way to stay active. All participants must register for the season at their first visit.

Ages: 18 and up

Daily Fee: Res: \$4 NR: \$6

Dates:

Mon-Tue, Jan 5-Apr 28 12:30-2:30 PM

Thu-Fri, Jan 8-Apr 30 12:30-2:30 PM

Location: BW Rec Center - Gym

Beech Woods Wellness Center

A friendly, community-focused fitness center offering cardio and strength training equipment, in a friendly, supportive environment. Whether you're just starting out or keeping your routine going strong, our supportive staff and updated facility make it easy to stay active and feel your best.

Winter Special \$15/month

January - April

Mon-Fri 9 AM-7 PM

Closed Jan 19, Feb 16 and Apr 3.

African Dance

Instructor: M. Shani

Celebrate culture through movement! Learn traditional dances from Guinea, Mali, Senegal, and Sierra Leone while exploring rhythm, grace, and energy. All levels welcome—just bring your spirit and love for dance.

Ages: 16 and up

Fee: Res: \$60 NR: \$70

Res 50+: \$54 NR 50+: \$63

Dates:

Mon, Jan 12-Mar 2 5:30-7 PM

Mon, Mar 16-Apr 20 5:30-7 PM

Location: Arts & Activities Bldg - Dance Rm

Popular Hustles

Instructor: K. Johnson

Get moving with today's most popular line dances!

This upbeat class covers partner-free hustle routines set to fun and familiar music. Perfect for beginners or seasoned dancers looking to stay active and have fun.

Ages: 18 and up

Fee: Res: \$30 NR: \$40

Res 50+: \$27 NR 50+: \$36

Dates:

Tue, Jan 6-Feb 3 6:30-7:30 PM

Tue, Feb 17-Mar 17 6:30-7:30 PM

Tue, Mar 31-Apr 28 6:30-7:30 PM

Wed, Jan 7-Feb 4 6:30-7:30 PM

Wed, Feb 18-Mar 18 6:30-7:30 PM

Wed, Apr 1-29 6:30-7:30 PM

Location: P&R Building - Lower Level

Fitness & Fun



Summer 2026 Adult Sand Volleyball & Softball Leagues

Warm-weather leagues are on the way—with team and solo player options available!

Full details coming in the Spring/Summer Guide.
For early info, contact Angelica at (248) 796-4681



Fat-2-Lean - Teaches Zumba

Instructor: P. Latimer

Ditch the workout—join the party!

We take the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie burning dance fitness party. All fitness levels welcome!

Ages: 18 and up

Fee: Res: \$64 NR: \$74

Res 50+: \$57.60 NR 50+: \$66.60

Dates:

Mon, Jan 5-Feb 23 6-6:45 PM

Mon, Mar 2-Apr 13 6-6:45 PM

Thu, Jan 8-Feb 19 6-6:45 PM

Thu, Mar 5-Apr 16 6-6:45 PM

Location: P&R Building - Rm 115

Fat-2-Lean Low Impact Aerobics

Instructor: P. Latimer

Fun, full-body fitness for everyone!

Get moving with 30 minutes of easy-to-follow cardio, then build strength, balance, and coordination using light equipment like weights, balls, and chairs. Perfect for all fitness levels!

Ages: 16 and up

Fee: Res: \$74 NR: \$84

Res 50+: \$66.60 NR 50+: \$75.60

Dates:

Tue, Jan 6-Feb 17 10-10:45 AM

Tue, Mar 3-Apr 14 10-10:45 AM

Thu, Jan 8-Feb 19 10-10:45 AM

Thu, Mar 5-Apr 16 10-10:45 AM

Location: P&R Building - Rm 115

Stretch and Tone with a Touch of Pilates

Instructor: C. Baugh

Strengthen, stretch, and refresh your body from head to toe. Build strength, improve flexibility, and increase body awareness through a full-body workout that blends gentle stretching with Pilates-inspired movements.

Fee: Res: \$45 NR: \$55

Res 50+: \$40.50 NR 50+: \$49.50

Dates:

Wed, Jan 7-Feb 11 5:15-6 PM

Wed, Feb 25-Apr 1 5:15-6 PM

Wed, Apr 15-May 20 5:15-6 PM

Location: BW Rec Center - Multipurpose Rm

Fitness & Fun - Senior Favorites

Chair Exercise

Instructor: K. Walton

Stay active with a seated workout

using resistance bands, hand weights, and fitness balls to build strength and flexibility. Bring your equipment and a water bottle.

Daily Fee: Res 50+: \$5 NR 50+: \$6

Dates:

Mon, Jan 5-Apr 27 11 AM-12 PM

Wed, Jan 7-Apr 29 11 AM-12 PM

Fri, Jan 9-May 1 11 AM-12 PM

Location: P&R Building - Rm 115



Hustles for Seniors

Instructor: K. Johnson

Move to the music with Motown-inspired hustle

routines made just for seniors! This class is designed with seniors in mind—no partner needed, just your love of music and movement.

Ages: 50 and up

Fee: Res 50+: \$30 NR 50+: \$40

Dates:

Thu, Jan 8-Feb 5 12-1 PM

Thu, Feb 19-Mar 19 12-1 PM

Thu, Apr 2-30 12-1 PM

Location: P&R Building - Lower Level

Moderate Yoga

Instructor: L. Lerman

A gentle, balanced yoga class for all levels. Includes warm-ups, poses, and breathing exercises to improve strength and flexibility. Bring a mat and non-slip socks.

Ages: 50 and up

Fee: Res 50+: \$60 NR 50+: \$65

Dates:

Mon, Jan 5-Feb 23 12:15-1:15 PM

Mon, Mar 2-Apr 6 12:15-1:15 PM

Location: P&R Building - Rm 223

Pickleball Lessons

Instructor: E. Starks

Learn the basics of Pickleball, including rules, scoring, and fundamental techniques to get you started on the court.

Ages: 50 and up

Fee: Res 50+: \$25 NR 50+: \$30

Dates:

Tue, Jan 13-Feb 10 10-11 AM

Tue, Feb 24-Mar 24 10-11 AM

Tue, Jan 13-Feb 10 11:15 AM-12:15 PM

Tue, Feb 24-Mar 24 11:15 AM-12:15 PM

Location: BW Rec Center - Gym

Beginning Tai Chi with Jay

Instructor: J. Little

Learn the slow, gentle movements of the Tai Chi form.

Ages: 50 and up

Fee: Res: \$30 NR: \$35

Res 50+: \$27 NR 50+: \$31.50

Dates:

Evening Class @ Parks & Recreation Building

Mon, Jan 5-Feb 23 6-7 PM

Mon, Mar 9-Apr 13 6-7 PM

Mon, Apr 27-Jun 8 6-7 PM

Location: P&R Building - Lower level

Morning Class @ Beech Woods Recreation Center

Thu, Jan 8-Feb 12 9:30-10:30 AM

Thu, Feb 26-Apr 2 9:30-10:30 AM

Location: BW Rec Center - Multipurpose Rm



Tai Chi Form

Instructor: J. Little

This class is a continuing Tai Chi class for those who know and understand the basics. Instructor approval needed to take this class.

Ages: 50 and up

Fee: Res: \$30 NR: \$35

Res 50+: \$27 NR 50+: \$31.50

Dates:

Evening Class @ Parks & Recreation Building

Mon, Jan 5-Feb 23 6:30-7:30 PM

Mon, Mar 9-Apr 13 6:30-7:30 PM

Mon, Apr 27-Jun 8 6:30-7:30 PM

Location: P&R Building - Lower level

Morning Class @ Beech Woods Recreation Center

Thu, Jan 8-Feb 12 10:45-11:45 AM

Thu, Feb 26-Apr 2 10:45-11:45 AM

Location: BW Rec Center - Multipurpose Rm

Scan for details & registration!



**View full class descriptions
and sign up online.**

Questions?

Call (248) 796-4620.

Try Something New

All Ages Friendly

Robots and Coding 1

Instructor: W. Hill, *ckingknowledge Institute*

Build robots and learn to code them. The robots are driven by a video game controller, which the student can code, too. No prior experience required.

Ages: 9 - 99

Fee: Res: \$150 NR: \$170

Dates:

Mon, Jan 12-Mar 2 4:30-6 PM

Mon, Jan 12-Mar 2 6-7:30 PM

Location: P&R Building - Rm 222 & 223

Robots and Coding 2

Instructor: W. Hill, *ckingknowledge Institute*

Must have completed Robots and Coding 1.

In this course you will continue to build on top of the Basebot, adding a robot arm and claw, and writing software code to accomplish a variety of missions.

Ages: 9 - 99

Fee: Res: \$150 NR: \$170

Dates:

Mon, Mar 9-Apr 27 4:30-6 PM

Mon, Mar 9-Apr 27 6-7:30 PM

Location: P&R Building - Rms 222 & 223

18+ Crowd

Introduction to Aromatherapy

Instructor: D. Nelson

Learn the basics of essential oils and how to use them safely and effectively. This class blends education and mindfulness to support your personal wellness journey.

Ages: 18 and up

Fee: Res: \$45 NR: \$50

Res 50+: \$40.50 NR 50+: \$45

Date: Mon, Jan 12 6-7:15 PM

Reg Deadline: Fri, Jan 9

Location: P&R Building - Rm 221

Caring Together: Safety, Savings, Scents

Instructor: D. Nelson

Explore simple self-care techniques in this hands-on workshop for caregivers and older adults. Create your own lavender hand massage oil while learning safe and affordable wellness practices.

Ages: 18 and up

Fee: Res: \$45 NR: \$50

Res 50+: \$40.50 NR 50+: \$45

Date: Mon, Feb 9 6-7:15 PM

Reg Deadline: Fri, Feb 6

Location: P&R Building - Rm 221

Aromabuds and Blossoms

Instructor: D. Nelson

Discover how aromatherapy and holistic self-care can support your daily routine. Each session includes guided activities, group discussion, and personal reflection.

Ages: 18 and up

Fee: Res: \$185 NR: \$195

Res 50+: \$166.50 NR 50+: \$175.50

Dates: Mon, Mar 9-Apr 6 6-7 PM

Reg Deadline: Fri, Mar 6

Location: P&R Building - Rm 221

Personal Finance You Didn't Get in School

Instructor: K. Middleton, MBA

This class will teach how money works. The concepts and strategies in the following areas of personal finance will be discussed: *The Power of Compound Interest*, *the Rule of 72*, *The Importance of Life Insurance*, *Understanding the Debt Trap* and *Budgeting 101*.

Ages: 18 and up

Fee: Res: \$20 NR: \$25

Res 50+: \$18 NR 50+: \$22.50

Dates:

Wed, Jan 7 7-8:30 PM

Reg Deadline: Jan 6

Wed, Feb 4 7-8:30 PM

Reg Deadline: Feb 3

Wed, Mar 4 7-8:30 PM

Reg Deadline: Mar 4

Wed, Apr 1 7-8:30 PM

Reg Deadline: Mar 31

Location: P&R Building - Rm 221

Want more details? Full class descriptions are available at www.bit.ly/SfldParksAndRecOnline or call (248) 796-4620.

Tee It Up

Beech Woods Heated Tees

22202 Beech Rd (947) 216-4653

Open daily, weather permitting:

Nov-Feb Mon-Sun 11 AM - 7 PM

March & April Mon-Sun 9 AM - 8 PM

The Heated Tees will close if temps drop below 20°F.

Bucket Fees

Small	Med	Large
\$10	\$12	\$14

Evergreen Hills Golf Course

(248) 796-4666

The course is currently closed for the season and will reopen on or around April 1, weather permitting.

Opening hours will vary as sunrise and temperatures change.

Follow us on Facebook for the latest updates on the 2026 Opening Day!

Golf Lessons

Instructor: T. Ryan

Ages: 16 and up

Fee: Res: \$50 NR: \$65

Res 50+: \$45 NR 50+: \$58.50

The price of range balls (\$6/bucket) is not included.

Level 1

Build your golf foundation with lessons on grip, stance, swing mechanics, short game, and putting.

Sessions:

- Grip, stance, ½ swing
- Irons and full swing
- Chipping & pitching
- Putting

Dates:

Tue/Thu, Apr 7-16 5:30-6:20 PM

Mon/Wed, Apr 20-29 5:30-6:20 PM

Location: BW Driving Range

Level 2

For returning players ready to go deeper—focus on full swing refinement, hybrids, woods, driver, and short game.

Sessions:

- Review and full swing
- Hybrids & fairway woods
- Driver
- Short game

Dates:

Tue/Thu, Apr 21-30 5:30-6:20 PM

Location: BW Driving Range

Adult Golf Camp

Instructor: T. Ryan

Sharpen your game with this 3-day camp led by PGA Teaching Pro Terri Ryan! Each day focuses on a different aspect of golf—from full swing to short game to on-course play.

Ages: 19 and up

Fee: Res: \$150 NR: \$170

Res 50+: \$135 NR 50+: \$153

Schedule:

Day 1 – Swing Focus

Swing analysis, irons, hybrids & woods.

Date: Fri, Apr 24 5–7 PM

Location: BW Driving Range

Day 2 – Short Game & Strategy

Putting, chipping, pitching, bunker shots, course management.

Date: Sat, Apr 25 8–11 AM

Location: BW Driving Range

Day 3 – On-Course Instruction

9-hole scramble with tips and coaching throughout.

Date: Sun, Apr 26 8–11 AM

Location: Evergreen Hills GC



Senior Favorites

Tee Time for Seniors – Senior Golf League

Ages 50+

Love golf and want to hit the greens regularly this summer? Whether you're looking to meet new people or enjoy weekly tee times with friends, the Senior Golf League is a great way to stay active and social all season long.

Come solo or as part of a four-some—everyone's welcome!

League perks include:

- Reserved weekly tee times
- Exclusive golfer giveaway
- Fun contests and prizes throughout the season

Informational Meeting

Date: Tue, Apr 21 10 AM

Location: Southfield Pavilion

Don't miss your shot—sign up and swing into fun!

For details, call Angie in Senior Services at (248) 796-4654.

Spotlight on 50+

SENIOR VENDOR FAIR



FRIDAY,
MARCH 6

Meet with local senior resource vendors and get information on services and goods available in Southfield.

FREE ADMISSION

10 AM
-
12 PM



SOUTHFIELD
PAVILION

Call Senior Services at (248) 796-4650 for more information.



Ongoing 50+ Programs

Stay informed, entertained, and connected with these free programs designed just for our 50+ community:

50+ Speaker Series

Wed • 9 AM • Sfld Pavilion

Midmorning Movies

2nd Wed of each month • 10:30 AM • Sfld Pavilion

Conversations with Angie

Chat with our 50+ Coordinator about programs:
Jan 21, Feb 18, Mar 18 • 8:30–9 AM • Sfld Pavilion

Foot Doctor Visits with Dr. Taylor

Jan 15, Feb 19, Mar 19 • 2–3 PM • P&R Building

All programs are free unless otherwise noted, and held in welcoming community spaces!

For more details, call the Senior Services office at (248) 796-4650.

Want to stay up-to-date on all things for Seniors 50+?

Request a mailed copy of our *Southfield Scribe* quarterly newsletter!
Call (248) 796-4650 and request to be added to the mailing list.

Senior Drop-In Membership

Enjoy a variety of weekly activities with a Senior Drop-in Membership. Just **\$10/year (residents)** or **\$15/year (non-residents)**. Register once (in person, by phone, or online) and you're set for the calendar year.

Drop-In Sports

Beech Woods Recreation Center, 22200 Beech Rd.

- **Bounce Volleyball Open Practice**
Mon & Wed • Jan 5–May 13 • 10 AM–12 PM
- **Pickleball**
Tue • Jan 6–May 12 • 10 AM–12 PM
- **Tennis**
Thur & Fri • Jan 8–May 15 • 10 AM–12 PM

Drop-In Games

Parks & Recreation Building, 26000 Evergreen Rd.

- **Bingo** – \$0.25/card
Tue • 10–11:30 AM
- **Sky-Jo**
Tue • 12:30–3:30 PM
- **Bid Whist**
Tue & Thur • 12–3:30 PM
- **Bridge & Mahjong**
Wed • 12:30–3:30 PM
- **Chess Club - NEW!!**
Tue & Thur • 3:30–6:30 PM

Jukebox Bingo

Come out and play bingo with a Valentine's flare! Love with a beat. Jukebox bingo is played like regular bingo, except with music. Games are themed, such as music from the 70's, 80's, Motown, and love.

Fee: Res 50+: \$5 NR 50+: \$6.50

Date: Fri, Feb 6 1-2:30 PM

Location: P&R Building - Rm 115

Fantastic Voyage

Set sail for a cruise-themed evening of food, music, dancing, and games, no passport required! Enjoy lively entertainment, light refreshments, and casino-style fun (no real money exchanged).

Fee: Res 50+: \$30 NR 50+: \$35

Date: Sat, Mar 14 4-7 PM **Reg Deadline:** Fri, Mar 6

Location: P&R Building - Rm 115

Hats & High Tea

Join us for an afternoon of charm and conversation featuring tea service with finger sandwiches, scones, and sweets. Wear your best hat for the parade and contest, and enjoy photo ops and a touch of sophistication.

Ages: 50 and up

Fee: Res: \$20 NR: \$25

Date: Fri, Apr 10 11:30 AM-1 PM **Reg Deadline:** Thu, Apr 2

Location: P&R Building - Rm 115

Solve a Murder Mystery!

Team up with fellow detectives to crack clues, break codes, and solve a different whodunit each month.

Think fast—the killer's still on the loose!

Ages: 50 and up

Fee: Res 50+: \$5 NR 50+: \$6

Date:

Thu, Jan 8 10 AM-12 PM

Thu, Feb 12 10 AM-12 PM

Thu, Mar 12 10 AM-12 PM

Thu, Apr 9 10 AM-12 PM

Location: P&R Building - Rm 223

Computer Training for Older Adults

Instructor: M. Wilson

Learn essential computer skills like using Windows 11, email, copy/paste, and printing. Includes a large-print, step-by-step workbook to take home. Bring your laptop if you'd like. *This is a 4 hour class with a 45 minute lunch break.*

Fee: Res 50+: \$75 NR 50+: \$80

Date: Mon, Jan 12 10 AM-3 PM **Reg Deadline:** Fri, Jan 9

Location: P&R Building - Rm 221

Chair Massage

Take 15 minutes to relax, recharge, and feel your best.

Enjoy a therapeutic massage from a licensed professional to help reduce stress, ease muscle tension, and boost overall well-being.

Pre-registration is required. You'll select a 15-minute time slot within the available session hours.

Fee: Res 50+: \$20 NR 50+: \$25

Dates:

Mon, Jan 5 1:30-4:10 PM

Mon, Feb 2 1:30-4:10 PM

Mon, Mar 2 1:30-4:10 PM

Location: P&R Building - Rm 223

CPR and AED Training

Instructor: M. Medici

Learn life-saving CPR and AED skills in this American Heart Association course. Includes a two-year certification upon successful completion.

Fee: Res 50+: \$55 NR 50+: \$65

Dates:

Wed, Jan 21 10 AM-12 PM

Wed, Feb 18 10 AM-12 PM

Wed, Mar 25 10 AM-12 PM

Location: P&R Building - Rm 221

Learn to Play Chess

Learn to play chess! Learn the basics of chess in a fun, relaxed setting with no pressure, just friendly games and simple tips. You'll learn the rules, board setup, and basic strategies to build your skills and confidence. *Once you're comfortable, you're invited to join our Chess Club, held every Tuesday and Thursday, for casual play and more chances to sharpen your game!*

Fee: Res 50+: \$10 NR 50+: \$15

Dates:

Thu, Jan 15-Feb 12 3:30-6:30 PM

Thu, Feb 26-Mar 26 3:30-6:30 PM

Thu, Apr 9-May 7 3:30-6:30 PM

Location: P&R Building

Music History Series

These presentations, led by passionate music enthusiast, Stu Johnson, include your favorite songs along with informational slides and handouts.

Fee: Res 50+: \$5/day NR 50+: \$6.50/day

Dates:

Fri, Jan 23 1-2:15 PM *A Travelogue in Jazz – Cities*

Fri, Feb 27 1-2:15 PM *The Roaring 20's*

Fri, Mar 27 1-2:15 PM *Transitional Music of the 30's*

Fri, Apr 24 1-2:15 PM *Girl Singers of the Big Band Era*

Location: P&R Building - Rm 223



Southfield Parks & Recreation Department
26000 Evergreen Road
Southfield, MI 48076

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Coretta Houge, *Pro-tem*

Nancy L.M. Banks

Ashanti Bland

Daniel Brightwell

Yolanda C. Haynes

Michael "Ari" Mandelbaum

Gabi Grossbard , *City Clerk*

Irv M. Lowenberg, *Treasurer*

Frederick E. Zorn, *CEcD City Administrator*



Parks & Recreation Board

Kathleen A. McNelis, *Chairperson*

Rosemerry Allen

Brandon Gray

Fallon Levin

Simon Rivers

Parks & Recreation Department

Terry Fields, *Director*

Kiam Jones, *Recreation Superintendent*

Steve Griffith, *Parks Superintendent*



*This fall, we celebrated two major park openings,
made possible in part by grants from*



***From our new dog park to our
expanded playgrounds,
Southfield's newest spaces are
open and ready for you.***

