

# The Southfield Scribe



## SENIOR APPRECIATION NIGHT - THANK YOU

We appreciate our wonderful participants for coming out and making our event so special with your smiles, laughter, and energy! A heartfelt thank you also goes to our amazing vendors and generous sponsors—your support and contributions help us create memorable experiences for our community. Together, we make every gathering something to celebrate!



**Congratulations**  
to our  
*Award Winners*

**THE THANK YOU CHAMPION**  
William Mandt (not pictured)

**HELPING HANDS AWARD**  
Diane Brookins (above left)

**HELPING HANDS AWARD**  
Cheryl Harvey (above center)

**CHEERLEADER AWARD**  
Cynthia Mitchell (above right)

**TEACHING TRAILBLAZER AWARD**  
Loretta Danforth (below left)



Big thanks to *Motor City Soul* for another amazing show, all our wonderful vendors on hand & to our elected officials for celebrating with us.

Find more pictures from all this year's Senior Appreciation Night on page 5.

See you next year!!

# Traveling with Senior Services - All the Info You Need to Know

Please call Senior Services at (248) 796-4650 if you have any questions about the information below.

## Payments

We accept cash or credit cards (Visa, Master Card, Discover, American Express) for payment.

## Transportation - Pick Up/Return

At this time all trips will depart from the Southfield Parks & Recreation Building at 26000 Evergreen Road.

## Travel & ID Policy

Receipt must be shown as proof of purchase on the day of the trip. Please note that while on the trip you must follow the group leader's guidelines.

Please be sure to bring your picture ID with you on all trips. Accepted forms of picture ID include government-issued photo identification card, or a driver's license. Please read trip descriptions closely to verify what you need to bring along on the trip.

## Cancellations

The City of Southfield cannot be held responsible for cancellations due to the vendor or circumstances beyond our control. On all *Shop Till You Drop*, *Lunch Outs* and *Monthly Casino Trips*, there are no refunds and no transfers.

## Trip Refund Policy

- Full refunds are given only if the trip is canceled by Senior Services.
- If you cancel, a refund will be given only IF Senior Services is able to fill your space.
- A \$5 Processing Fee will be deducted from all customer requested refunds. (Fee is waived if you decide to apply refund as a credit on your account.)
- No refunds on \$5 trips (*Shop Till You Drop*, *Lunch Outs*, *Monthly Casino Trips*, etc.)
- Please allow four (4) weeks for refunds.



## Wrapping up another great season of our Senior Golf League!

Congratulations to our *Most Consistent Golfer* award winners, Layla Cole and Steve McReynolds—and to all our golfers for a fantastic season.

Thank you for making this year so enjoyable. We look forward to seeing everyone back on the greens next year!



## Shop Till You Drop

A group shopping trip to the mall is a fantastic way to combine retail therapy and social interaction, making it a memorable and enjoyable day for all involved.

Lunch and shopping are on your own.

October 21 **The Village of Rochester Hills -**  
Rochester Hills

December 9 **Great Lakes Crossing Outlets -**  
Auburn Hills

9:30 am - 3:00 pm \$5 per person to ride bus

**Space is limited on the bus.  
Don't wait to register or you  
could miss out!**

## Lunch Out

Please remember food and tip, are on your own.  
(Tipping should be about 20%.)

Thur, November 6 **Cheesecake Factory-**  
Novi

11:00 am-2:30 pm \$5 per person to ride bus

**Please call the office at (248) 796-4650, at  
least 24 hours in advance if you are unable to  
attend.**



## FireKeepers Casino, Battle Creek, MI

Join us as we travel to Battle Creek to visit one of our favorite casinos, *FireKeepers Casino*. There are over 2,900 slots, 63 table games and Keno. Breathe easy in their 100% smoke free environment. There are numerous food options as well. Space is limited, sign up early. You must have photo ID and give your date of birth to receive incentives from the casino. All packages are subject to change.

Wednesday, November 5 8:30 am - 6:30 pm

Southfield Resident Rate: \$40 per person

Non-resident Rate: \$45

## Frankenmuth and Birch Run Shopping Adventure

Get ready for a full day of retail therapy! We'll start the morning exploring the unbeatable deals at Birch

Run's outlet stores, then head to the charming town of Frankenmuth for more shopping and browsing through its

unique boutiques and specialty shops. Along the way, you'll have time to enjoy one of Frankenmuth's famous meals (on your own). Space is limited—reserve your spot today! And don't forget your most comfortable walking shoes for this fun-filled day.

Wednesday, November 19 9:00 am - 8:00 pm

Southfield Resident Rate: \$40 per person

Non-resident Rate: \$45



# Fall Picnic

Ready for a picnic adventure? Gather your friends and let's go explore the Mary Thompson House & Farm. There will be hamburgers, picnic salads and treats. The Mary Thompson House will be open for tours and you can walk around the beautiful gardens as well!

**FRIDAY, OCTOBER 3**

**11:30 AM - 1:00 PM**

**MARY THOMPSON HOUSE & FARM,  
25630 EVERGREEN ROAD**

**\$22/RESIDENT  
\$28/NON-RESIDENT**

**Call (248) 796-4650 for tickets.**



# Holiday Luncheon

**11:30 AM - 1 PM**

**FRIDAY, DECEMBER 12**

**PARKS & RECREATION  
BUILDING,  
26000 EVERGREEN RD**

**\$25/SOUTHFIELD RESIDENT  
\$30/NON-RESIDENT**

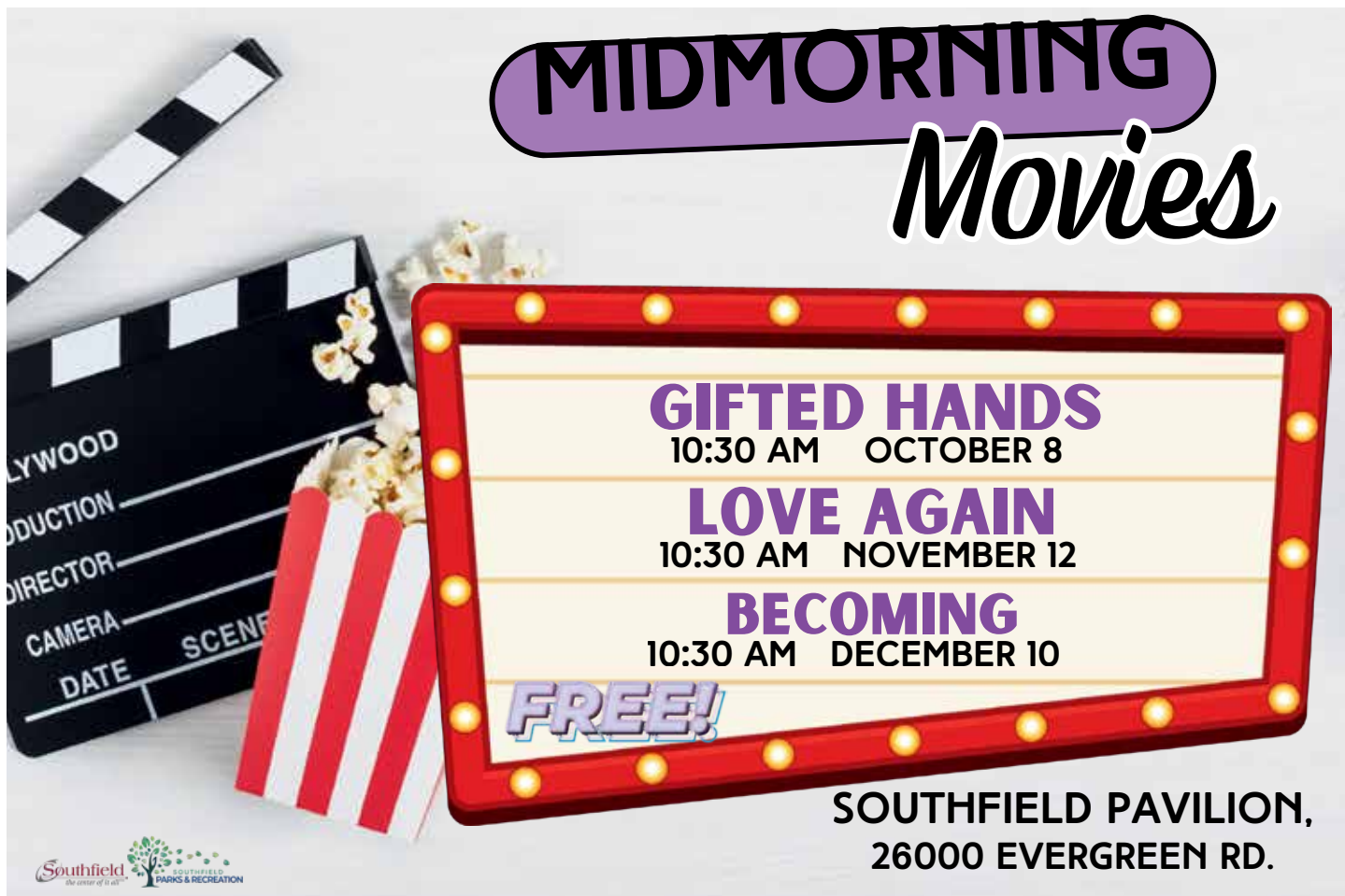
**Call Senior Services at (248) 796-4650  
to get your ticket today!**











**MIDMORNING**  
*Movies*


**GIFTED HANDS**  
10:30 AM OCTOBER 8

**LOVE AGAIN**  
10:30 AM NOVEMBER 12

**BECOMING**  
10:30 AM DECEMBER 10

**FREE!**

**SOUTHFIELD PAVILION,  
26000 EVERGREEN RD.**

Southfield  
the center of it all  SOUTHFIELD  
PARKS & RECREATION

## Senior Drop-In Membership

Stay active and social with a variety of weekly activities for just **\$10/year (residents)** or **\$15/year (non-residents)**! Register once—in person, by phone, or online—and enjoy a full year (Jan-Dec) of fun and connection.

Call (248) 796-4650 to signup today!

### Drop-In Sports

*Beech Woods Recreation Center, 22200 Beech Rd.*

- **Bounce Volleyball Open Practice**

Mon & Wed • Oct 6–Dec 17 • 10 AM–12 PM

- **Pickleball**

Tue • Oct 7–Dec 16 • 10 AM–12 PM

- **Tennis**

Thur & Fri • Oct 9–Dec 19 • 10 AM–12 PM

### Drop-In Games

*Parks & Recreation Building, 26000 Evergreen Rd.*

- **Bingo** – \$0.25/card

Tue • 10–11:30 AM

- **Sky-Jo**

Tue • 12:30–3:30 PM

- **Bid Whist**

Tue & Thur • 12–3:30 PM

- **Bridge & Mahjong**

Wed • 12:30–3:30 PM

# Foot Doctor Visits

Dr. Taylor, a Foot and Ankle Specialist, is available for monthly visits at the Parks & Recreation Building. She offers diabetic foot care, treatment for callouses, corns, and toenails, plus general evaluations for seniors aged 50 and older.

Interested in setting an appointment? Please call Dr. Taylor's office at (248) 621-4800. They will help check insurance coverage and schedule your appointment. Be sure to mention City of Southfield Senior Services and that you want to meet at the Parks & Recreation Building.

Thursdays,

October 16, November 20 & December 18

2:00 - 3:00 pm

Parks & Recreation Bldg.

# Conversations with the Coordinator

Join us for "Conversations with the Coordinator" to connect with Senior Facility Coordinator Angie.

This casual gathering allows you to learn about upcoming programs, share ideas, and suggest new classes or events while enjoying coffee and engaging discussions.

Help shape our community offerings!

Wednesday, October 8

Wednesday, November 19

8:30 - 9:00 am

Southfield Pavilion

**OCTOBER**

- Oct 2 Lincoln Woods/Freeway Park
- Oct 9 Art Walk/Red Pole Park
- Oct 16 Civic Center Park
- Oct 23 Carpenter Lake Nature Preserve
- Oct 30 Berg Historical Park/Southfield Cemetery

**NOVEMBER**

- Nov 5 Full Moon Walk (5:15 pm) @ Civic Center Park
- Nov 6 Bauervic Woods Park
- Nov 13 Freeway Park/Lincoln Woods
- Nov 20 Art Walk/Red Pole Park

**DECEMBER**

- Dec 4 Full Moon Walk (4:45 pm) @ Civic Center Park
- Dec 11 Carpenter Lake Nature Preserve
- Dec 18 Berberian Woods Nature Preserve

**Park Adventures**

Meet the group in parking lot of the park at 9 AM unless otherwise noted.





# TOSS

## Transportation of Southfield Seniors

Helping Southfield seniors stay independent, active, and connected! In just one month, TOSS provided nearly 400 rides to medical appointments, grocery stores, and more.

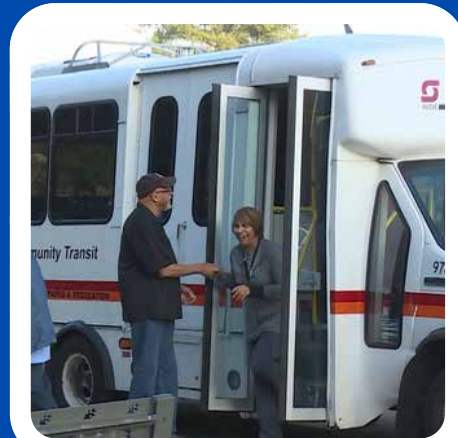
- **Weekdays • 8:30 AM–3:30 PM**
- **Residents age 60+ in Southfield & Lathrup Village**
- **Service Area: 8 Mile–14 Mile; Coolidge–Middlebelt**
- **\$5 roundtrip (cash) or \$4 prepaid tickets**
- **Advance reservations required — no same/next-day rides**



**Schedule a ride: (248) 796-4658**



**Ticket Info: (248) 796-4650**



Supported by the City of Southfield, SMART, Corewell Health, and Ascension SE Michigan Mission Fund.





# CHRISTMAS WREATH



# WORKSHOP

Get into the holiday spirit!  
Create a festive, one-of-a-kind  
wreath using seasonal greenery,  
ribbons, and ornaments.  
All supplies included—just bring  
your creativity and cheer!

**10 AM - 12 PM**  
**Wednesday, December 3**

**\$20/Southfield Resident**  
**\$22/Non-resident**

**Parks & Recreation Building,**  
26000 Evergreen Rd

Call Senior Services at (248) 796-4650  
to get your ticket today!



READY, SET...DECORATE!  
JOIN US FOR A SWEET AND SPIRITED GINGERBREAD HOUSE  
WORKSHOP WITH A TWIST—IT'S ALSO A FRIENDLY CONTEST!

## GINGERBREAD HOUSE WORKSHOP & CONTEST

**WEDNESDAY, DECEMBER 17 10:30 AM - 12 PM**

**PARKS & RECREATION BUILDING**

**\$15/RESIDENT \$20/NON-RESIDENT**

**CALL (248) 796-4650 TO REGISTER TODAY!**



# Classes with Parks & Recreation

## Fitness

### Chair Exercise

Instructor: K. Walton

Stay active with a seated workout using resistance bands, hand weights, and fitness balls to build strength and flexibility. Bring your equipment and a water bottle.

1 hour **Resident: \$5 Non-resident: \$6**

Mon, Wed, Fri Sept 8-Dec 22\*

11:00 am-12:00 pm

Parks & Recreation Bldg. - Room 115

### Skate for a Cause

Skate for a good cause! Bring a non-perishable food donation and enjoy free admission and skate rental. All donations will support local families in need. Registration takes place in person at the event.

**Free with Donation of Canned Food**

Mon, Nov 24 5:00-6:50 pm

Tue, Dec 23 5:00-6:50 pm

Southfield Sports Arena - Ice Rink

### Pickleball Lessons

Instructor: E. Starks

Learn the basics of Pickleball, including rules, scoring, and fundamental techniques to get you started on the court.

5 weeks **Resident: \$25 Non-resident: \$30**

Tue, Oct 7-Nov 4 10:00-11:00 am

Tue, Nov 18-Dec 16 10:00-11:00 am

Tu, Oct 7-Nov 4 11:15 am-12:15 pm

Tu, Nov 18-Dec 16 11:15 am-12:15 pm

BW Rec Center - Gym

## Mastering Menopause

Join us for an evening to discuss the ups and downs of menopause, covering everything from physical changes to emotional shifts, and offering practical tips for making the transition feel a little smoother and more manageable.

1 hour **Resident: \$20 Non-resident: \$25**

Wed, Nov 19

6:30-7:30 pm

Parks & Recreation Bldg. - Room 223

## Music History Series

These presentations, led by passionate music enthusiast, Stu Johnson, include your favorite songs along with informational slides and handouts.

### The Nifty 50's from Pop to Rock and Roll

The 1950's is often remembered for the post-World War II economic boom, rise of suburbs, the beginning of a new Civil Rights Movement, the birth of the Baby Boomer generation, and Rock and Roll. From *Mona Lisa* to *Rock Around the Clock*, we'll have a good time.

1 day **Resident: \$5 Non-resident: \$6.50**

Fri, Oct 24 1:00-2:15 pm

Parks & Recreation Bldg. - Room 223

### Road Songs Inspired by Route 66

Songs such as *On the Road Again*, *I've Been Everywhere*, *Country Roads*, and *I'm a Truck Drivin' Man*. We'll listen to and watch videos of *Maybelline*, *Born to be Wild*, and *Ventura Highway*. And look for a few surprises!

1 Day **Resident: \$5 Non-resident: \$6.50**

Fri, Nov 21 1:00-2:15 pm

Parks & Recreation Bldg. - Room 223



# Classes with Parks & Recreation

## Art

Feeling crafty? Join one of these new art programs!

### Quilting

Instructor: K. Garrett

Elevate your quilting with creative modern and traditional techniques. This class is for the seasoned quilter, the focus is on guiding quilters through a journey of traditional and creative modern quilting. Pattern, fabric and supply list will be available at the time of registration.

6 weeks      **Resident: \$60      Non-resident: \$65**

W, Sept 10-Oct 15      12:30-3:30 pm

W, Oct 29-Dec 10      12:30-3:30 pm

Parks & Recreation Bldg. - Rm 221

### Felted Landscapes

Instructor: J. Teper

Paint with wool! Learn to layer colorful fibers and use felting tools to create art with texture. No prior experience needed, and all supplies are included.

1 Day      **Resident: \$27      Non-resident: \$31.50**

Thur, Oct 9      6:00-8:00 pm

Parks & Recreation Bldg. - Rm 221

### Joys of Poetry

Instructor: H. Parsons

Find your voice and confidence through poetry. Explore poetic structure, guided writing prompts, and supportive group sharing in a welcoming environment. This class invites you to express yourself and connect with others through words. *All supplies included.*

1 Day      **Resident: \$13.50      Non-resident: \$18.50**

Mon, Oct 27      6:30-8:30 pm

Parks & Recreation Bldg. - Rm 221

### Cake Decorating

Instructor: Allison, *TBerry Bakery*

Learn vintage piping techniques to layer, fill, and frost like a pro. Perfect for beginners or those looking to sharpen their skills.

3 weeks      **Resident: \$63      Non-resident: \$72**

Mon, Oct 20-Nov 3      6:30-9:00 pm

P&R Building - Rm 111

### Resin Pressed Flower Bookmark or Page Holder

Instructor: *Wild Daisy Creative*

Create a floral keepsake with resin, petals, and torn pages. You'll create and take home a finished bookmark OR page holder.

1 Day      **Resident: \$20.70      Non-resident: \$25.70**

Th, Nov 6      12:00-2:00 pm

Parks & Recreation Bldg. - Rm 223

### Georgia O'Keeffe Florals

Instructor: C. Shoemaker

Channel your inner O'Keeffe as you recreate one of her iconic florals. Recreate one of Georgia O'Keeffe's famous paintings in acrylic paint while learning the techniques she used. *All supplies included.*

1 Day      **Resident: \$31.50      Non-resident: \$36**

Fri, Nov 14      1:00-4:00 pm

Parks & Recreation Bldg. - Rm 115

### Screen Printed Aprons

Instructor: J. Teper

Design and print your own apron using screen printing techniques. Perfect for gifting or to keep for yourself.

1 Day      **Resident: \$31.50      Non-resident: \$36**

Th, Dec 11      6:00-8:00 pm

Parks & Recreation Bldg. - Rm 115

# Commission on Senior Adults (COSA): The Information Resource for Southfield Seniors

*Southfield residents, you spoke and the City listened: a year-round aquatic center with a pool is on the way!*

After hearing comments from residents at City Council meetings and in conversations throughout the community, the City of Southfield is moving forward with plans for a new municipal aquatic center featuring a swimming pool. The facility will be open year-round.



The road to this exciting project began in May 2025, when Mayor Kenson Siver and the City Council outlined possible features for the new center — such as a lazy river and splash pad. Soon after, the Mayor’s 2025–2026 city budget included a commitment of more than \$20 million toward the design and construction of the aquatic center and pool.

That budget, later approved by City Council, officially set the project in motion. In June, the City’s Purchasing Department issued a request for proposals from architectural firms. Fifteen firms responded, and by mid-August the field was narrowed to three finalists. Each of these firms is being interviewed before a final recommendation is made to City Council in September.

Once a proposal is approved, the selected firm will prepare detailed designs for the aquatic center, provide construction cost estimates, and project how much it will cost to staff and operate the facility. Depending on costs and recommendations, the new pool may be built as an addition to the existing Southfield Sports Arena or as a stand-alone facility just to the north of the ice arena.

Stay tuned for updates on this exciting addition to Southfield’s recreational opportunities!

## Project At A Glance

Southfield’s new aquatic center is moving forward!

- Year-round swimming pool
- Family-friendly features
- \$20M+ budgeted by City Council
- Final design decision coming soon!

Stay tuned for updates!



# The Chore Program

The Chore Program is for all Southfield homeowners who are senior citizens, 62 or older, OR certified handicapped living alone AND whose annual income meets HUD Federal income guidelines: for a family of ONE the income must be \$33,600 or less and for a family of TWO the income must be \$38,400 or less.



Chore services include yard work (lawn care, shrub and tree trimming and leaf pick-up), snow removal, window and gutter cleaning, minor plumbing, furnace cleaning and minor repair, minor electrical repair, minor painting and carpentry. Each qualified homeowner is allowed \$600 per year for the labor involved, while the client is responsible for materials used. By helping with home and yard maintenance, the Chore Program enables homeowners to continue to stay in their homes.

If you have any questions about *The Chore Program*, please call Len Krichko, at (248) 796-4180.



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## Southfield Human Services

For more information on any of the programs listed below, please call the Southfield Human Services Department at (248) 796-4540.

### Focus Hope

Focus Hope provides individuals 60 years of age and older with one (1) box of non-perishable food. Please call Southfield Human Services for income eligibility details and distribution dates.

### Legal Aid

*Legal Aid and Defender* offers veterans a chance to speak with an attorney free of charge, in person. Call Human Services for information on dates and times available.

### Department of Health and Human Services' Social Worker

The Social Worker will be available to help residents apply for food, Medicaid, cash and emergency assistance, as well as answer case questions and refer to other agencies. Please go to [www.michigan.gov/mibridges](http://www.michigan.gov/mibridges) or call (248) 262-6400 for details.

*Lakeshore Legal Aid* offers residents a chance to speak with an attorney free of charge. Please call Human Services for more details.



Southfield Senior Services  
26000 Evergreen Road  
Southfield, MI 48076

PRESORTED STANDARD  
US POSTAGE PAID  
SOUTHFIELD, MI  
PERMIT NO. 30

#### City Officials

Kenson J. Siver, *Mayor*



#### City Council

Michael "Ari" Mandelbaum, *Council President*

Charles Hicks, *Pro Tem*

Nancy L.M. Banks

Daniel Brightwell

Dr. Lloyd C. Crews

Yolanda C. Haynes

Coretta Houge

Janet Jackson, *City Clerk*

Irv M. Lowenberg, *Treasurer*

Frederick E. Zorn, *CEcD City Administrator*

#### Parks & Recreation Board

Kathleen A. McNelis, *Chairperson*

Rosemerry D. Allen

Chana Baumol

Brandon B. Gray

Simon Rivers

Micaela Beckford, *Student Representative*

#### Parks & Recreation Department

Terry Fields, *Director*

Kiam Jones, *Recreation Superintendent*

Steve Griffith, *Parks Superintendent*

#### Senior Services

Angela Verges, *Senior Coordinator*

Cathy Fresia, *Recreation Programmer*

*Clerical Staff*

Erica Copeland

Betty Simmons

Chrys Wright



#### Registering for Programs

The Southfield Senior Services office is open Monday-Thursday from 9 am - 4 pm and Friday from 9 am - 2 pm to answer your calls at (248) 796-4650. If we miss you, please leave a message and we will call you back.

Registration can easily be done in person, over the phone or on-line.

- In-person Monday-Friday from 8 am - 6 pm at the Parks & Recreation Information Window inside the Southfield Pavilion (26000 Evergreen Road)
- By phone at (248) 796-4620, Mon-Fri from 8 am - 6 pm
- On-line at <https://bit.ly/SfldParksAndRecOnline>

*The Southfield Scribe* can be mailed to your residence.

If you would like to receive the *Scribe* by mail, please call us at (248) 796-4650.

*The Southfield Scribe* is also available on-line at [www.cityofsouthfield.com/departments/parks-recreation/senior-activities](http://www.cityofsouthfield.com/departments/parks-recreation/senior-activities)



Individuals with special needs who plan to attend any of the included programs should contact Senior Services at 248-796-4650 if auxiliary aids or services are needed. Reasonable advanced notice is required.