

# The Southfield Scribe



## WELCOME TO SUMMER!

As the warm days of July roll in and we head toward the golden glow of September, we're thrilled to bring you a season full of laughter, movement, and connection. Whether you're looking to beat the heat with indoor fun or soak up the sunshine outdoors, we've got something for everyone in this issue. From creative workshops and energizing fitness classes to festive events and cozy movie afternoons, summer in Southfield is all about staying active, social, and inspired.

One highlight we're especially excited about is *Senior Appreciation Night 2025*—an uplifting evening dedicated to you! Join us for live entertainment, games, vendors, and a light meal as we celebrate with music, laughter, and heartfelt gratitude. Don't forget your lawn chair or sunhat—everything you need to feel the love is right on page 6.



And of course, no summer would be complete without live music under the stars. Our *Gazebo Concert Series* returns this July with relaxing evenings of rhythm, fresh air, and community spirit. Come tap your toes, sway to the beat, and enjoy the simple joy of gathering together. Concert details can be found on page 9.

So grab your calendar—this summer is yours to enjoy!

*Call Senior Services at (248) 796-4650 to learn more about these programs and the many others listed here!*



# Traveling with Senior Services - All the Info You Need to Know

Please call Senior Services at (248) 796-4650 if you have any questions about the information below.

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## Payments

We accept cash or credit cards (Visa, Master Card, Discover, American Express) for payment.

## Transportation - Pick Up/Return

At this time all trips will depart from the Southfield Parks & Recreation Building at 26000 Evergreen Road.

## Travel & ID Policy

Receipt must be shown as proof of purchase on the day of the trip. Please note that while on the trip you must follow the group leader's guidelines.

Please be sure to bring your picture ID with you on all trips. Accepted forms of picture ID include government-issued photo identification card, or a driver's license. Please read trip descriptions closely to verify what you need to bring along on the trip.

## Cancellations

The City of Southfield cannot be held responsible for cancellations due to the vendor or circumstances beyond our control. On all *Shop Till You Drop*, *Lunch Outs* and *Monthly Casino Trips*, there are no refunds and no transfers.

## Trip Refund Policy

- Full refunds are given only if the trip is canceled by Senior Services.
- If you cancel, a refund will be given only IF Senior Services is able to fill your space.
- A \$5 Processing Fee will be deducted from all customer requested refunds. (Fee is waived if you decide to apply refund as a credit on your account.)
- No refunds on \$5 trips (*Shop Till You Drop*, *Lunch Outs*, *Monthly Casino Trips*, etc.)
- Please allow four (4) weeks for refunds.

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## \$Shop Till You Drop

A group shopping trip to the mall is a fantastic way to combine retail therapy and social interaction, making it a memorable and enjoyable day for all involved.

Lunch and shopping are on your own.

July 15      **The Village of Rochester Hills -**  
Rochester Hills

August 12    **Great Lakes Crossing Outlets -**  
Auburn Hills

September 9 **Somerset Collection Mall -**  
Troy

9:30 am - 3:00 pm    \$5 per person to ride bus

## Dinner Out

Please remember food and tip, are on your own. (Tipping should be about 20%.)

Thur, July 10    **Detroit Shipping Company -**  
Detroit

Thur, Aug 28    **Bahama Breeze - Novi**

3:30 - 7:00 pm    \$5 per person to ride bus

**Please call the office (248-796-4650) 24 hours in advance if you are unable to attend.**

## Explore the Detroit River Walk

Stroll with us along the Detroit River as we join the *Detroit Riverwalkers*. The Riverwalkers is a walking program presented by the *Detroit Riverfront Conservancy* and sponsored by *Henry Ford Health*. Older adults 50+, are invited to participate in their free program that encourages wellness through walking on the Detroit Riverwalk, fitness classes, resource tables and more!

Let's get out and walk for the health of it.

Tuesday, August 5                      7:30 am - 11:30 am

Southfield Resident Rate: \$5 per person

Non-resident Rate: \$5



## DETROIT PRINCESS - MOTOWN REVIEW CRUISE

Get ready to rock the river and groove with the Motown sound.

Enjoy a fabulous buffet lunch on *The Detroit Princess*.

Lunch consists of tender beef tips with gravy, baked chicken, mashed potatoes, marinated portobello mushrooms with sides of cheese tortellini, fresh steamed vegetables, and salad with add-ons. The Chef's Choice of Dessert is also included. After lunch, chill out or burn off those calories by dancing to a dynamic Motown Revue by *The Prolifics*.



Thursday, Aug 7                      10:30 am - 2:30 pm

Southfield Resident Rate: \$85 per person

Non-resident Rate: \$95

## Saugatuck - River Cruise, Shopping & More!

Begin your day in Saugatuck with shopping, sightseeing, and lunch on your own. Enjoy the waterfront, view some antiques, art galleries or whatever you want to do. In the afternoon we will cruise along the Kalamazoo River on the *Star of Saugatuck II* with a narrated tour. If time allows, you can even take the inter urban bus to beautiful *Oval Beach*. Just be back by 5:30 pm to get on the bus and head back home to Southfield.

Wednesday, Aug 27                      7:30 am - 9:00 pm

Southfield Resident Rate: \$90 per person      Non-resident Rate: \$100





## Hitsville USA

Join us for a musical montage as we tour the famous *Motown Museum*. Experience where the signature Motown Sound originated! See the actual apartment where Berry Gordy lived. Check out the early studio recording equipment and Motown memorabilia. Afterwards, enjoy lunch at a local restaurant. Lunch and tipping are on your own.



Wednesday, September 3 9:30 am - 3:00 pm  
Southfield Resident Rate: \$30  
Non-resident Rate: \$35

## SENIOR DAY AT THE DETROIT ZOO

Feel like a kid again as you spend the day exploring the Detroit Zoo! Enjoy special keeper talks and senior activities planned by the zoo's staff. Relax in the beautiful gardens or enjoy a snack at the concession stand (food is on your own). Sign up today because space is limited for this fun trip!



Wednesday, Sept 10 9:30 am - 2:30 pm  
\$5 per person Resident & Non-resident

**Space is limited on the bus.  
Don't wait to register or you  
could miss out!**



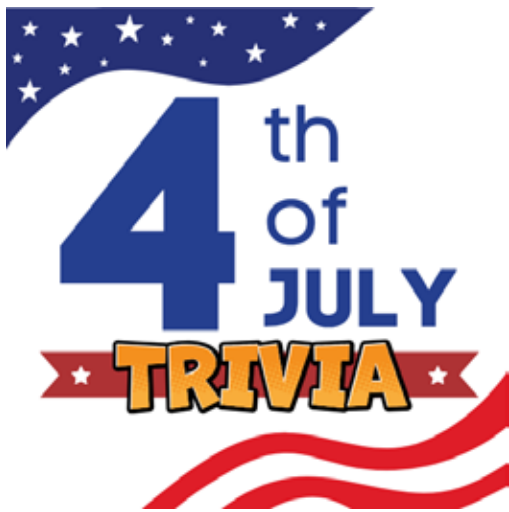
**MIDMORNING Movies**

Movie Title	Time	Date
SEARCHING FOR SUGAR MAN	10:30 AM	JULY 9
THE SIX TRIPLE EIGHT	10:30 AM	AUGUST 13
TEA WITH DAMES	10:30 AM	SEPTEMBER 17

**FREE!**

**SOUTHFIELD PAVILION,  
26000 EVERGREEN RD.**

# FRESH FUN & FRIENDLY FACES



Think you know your Founding Fathers from your firecrackers? Join us for a red, white, and woo-hoo! trivia event where history gets a hilarious twist! We'll test your knowledge of Independence Day facts, American icons, and patriotic pop culture. Perfect for those who love a good laugh, and a fun challenge. We will create teams at the event.

Light meal will be served.

Wednesday, July 2      6:30 - 8:30 pm

Southfield Resident Rate: \$10      Non-resident Rate: \$15

Get ready for laughter, friendly competition, and a whole lot of fun in “*Survey Says!*”—our interactive game show experience inspired by the classic TV favorite, Family Feud. Teams face off to guess the most popular answers to hilarious and thought-provoking survey questions.

Let the games begin...survey says: FUN! Light refreshments will be served.

Friday, August 8      1:00 - 2:30 pm

Southfield Resident Rate: \$5      Non-resident Rate: \$6.50



This upbeat social will feature non-alcoholic cocktails and a playlist of Motown classics. Groove to the beat as you sip a *Berry Gordy Fizz* or a *Diana Ross Delight*. You don't want to miss this event! Say *I'll Be There* and reserve your spot today.

This event is in collaboration with the Southfield Library and will be held in their Community Room. Refreshments will be served.

Thursday, September 18      6:00 - 7:30 pm

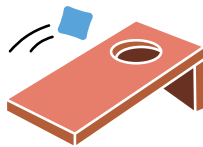
FREE Please call Senior Services to reserve your spot (248) 796-4650.

*This event is generously sponsored by the Friends of the Southfield Public Library.*

# SENIOR 50+ APPRECIATION NIGHT

Thursday, August 21  
6 – 8 PM

MUSIC WITH MOTOR CITY SOUL



OUTDOOR GAMES

HUSTLE DEMONSTRATION  
(INCLUDING BOOTS ON THE GROUND)



BOXED DINNER

COMMUNITY VENDORS



FOR AGES 50+!

Southfield Municipal Campus,  
26000 Evergreen Road  
(248) 796-4650





# Jukebox Bingo is Back!!

Don't wait to long to register, this is an extremely popular program and will fill up quickly!!

# JUKEBOX

**FRIDAY,  
SEPTEMBER 12**



**1 PM -  
2:30 PM**

# BINGO

**Ages 50+**

**\$5/Resident**



**\$6.50/Non-res**

**CALL (248) 796-4650 TO GET  
YOUR TICKET TODAY!!**



**PARKS & RECREATION BUILDING, ROOM 115,  
26000 EVERGREEN RD.**



*Take a step toward better foot health!*

## Foot Doctor Visits

*with Dr. Tameka Parham Taylor*

Dr. Taylor, is a Foot and Ankle Specialist offering:

- Diabetic foot care
- Treatment for calluses
- Care for corns
- Toenail treatments
- General evaluations for seniors 50+

**1 - 2 PM**  
**Thursdays,**  
**July 17, August 21,**  
**September 18**

To check insurance or schedule your appointment, call Dr. Taylor's office at (248) 621-4800, and mention City of Southfield Senior Services.



**Parks & Recreation Building,  
26000 Evergreen Rd.**

## Foot Doctor Visits

Dr. Taylor, a Foot and Ankle Specialist, is available for monthly visits at the Parks & Recreation Building. She offers diabetic foot care, treatment for calluses, corns, and toenails, plus general evaluations for seniors aged 50 and older.

Interested in setting an appointment? Please call Dr. Taylor's office at (248) 621-4800. They will help check insurance coverage and schedule your appointment. Be sure to mention City of Southfield Senior Services and that you want to meet at the Parks & Recreation Building.

**Thursdays, July 17, August 21 or Sept 18**

**1:00 - 2:00 pm**

**Parks & Recreation Bldg.**



# MICHIGAN SECRETARY OF STATE **MOBILE OFFICE** **IS COMING TO YOU**

The Secretary of State Mobile Office will be visiting our area to provide services to our Seniors without the need to visit a branch office.

**Book a visit to complete your Secretary of State transactions, including:**



**First-time  
Michigan ID**



**Renew driver's  
license or ID**



**Transfer title**



**Apply for/renew  
disability placard**

For more information or to schedule your visit during this Mobile Office event, contact the Senior Services office at (248) 796-4650. Once your appointment has been scheduled through the Senior Services office you will receive an email confirmation identifying what you need to bring to your visit.

**Wednesday, July 16 & Wednesday, September 24**

**10:00 am - 3:00 pm**

**Southfield Pavilion, 26000 Evergreen Road**

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## **TOSS**

### ***Transportation of Southfield Seniors***

*Transportation of Southfield Seniors* - TOSS is currently providing transportation to medical appointments, grocery shopping, pharmacies, retail stores and banks between the hours of 8:30 am-3:30 pm, Monday-Friday. The dispatcher is available to take your reservation Monday through Friday from 8:30 am - 1:30 pm. Appointments must be confirmed with the dispatcher. No same day or next day rides available. Masks are recommended.

Bus service is provided to Southfield residents in the geographical area of 8 Mile to 14 Mile and Coolidge to Middlebelt. If you have any questions, or would like to schedule a reservation, please call the TOSS office at (248) 796-4658.

If you need service outside of TOSS hours, or are not a Southfield or Lathrup Village resident, please call the SMART Connector at (866) 962-5515.

This service is funded and operated by the joint efforts of the City of Southfield, SMART funds, Corewell Health (formerly Beaumont Health) and Ascension SE Michigan Mission Fund.



Ascension





# GAZEBO CONCERTS

FREE OUTDOOR CONCERTS

JULY 8<sup>TH</sup>



RHYTHM METHOD

JULY 15<sup>TH</sup>



YAMINAH BROOK  
AND JAZZY SOUL

JULY 29<sup>TH</sup>



KATHLEEN MURRAY  
BAND

BURGH HISTORICAL PARK

26060 BERG ROAD  
7:00-8:30PM

## What to Bring



Lawn Chair



Fan



Sun Glasses  
or a Hat



Water  
and  
Snacks

## Grab your Friends



and join us  
this summer!



## SUMMER IN THE CITY

JUNE 27<sup>TH</sup>



DENISE DAVIS AND THE MOTOR  
CITY SENSATIONS

JULY 11<sup>TH</sup>



ALISE KING

JULY 18<sup>TH</sup>



AGUANKO

JULY 25<sup>TH</sup>



DREY SKONIE AND THE KLOUDS

FREE  
OUTDOOR  
CONCERTS

FOOD TRUCKS  
SELLING  
DELICIOUS EATS

SOUTHFIELD MUNICIPAL CAMPUS  
26000 EVERGREEN ROAD  
FRONT LAWN : 7 PM - 9 PM

# Classes with Parks & Recreation

## Fitness

### Chair Exercise

Instructor: K. Walton

Join us for a fun and supportive chair exercise class for seniors aged 50 and up, suitable for all fitness levels. Using resistance bands, hand weights, and fitness balls, we'll work on strengthening and toning your body. Please bring your fitness bands, hand weights, and a water bottle.

1 hour **Resident: \$5 Non-resident: \$6**

Mon, Wed, Fri Apr 2-Aug 29\*

11:00 am-12:00 pm

*\*No class July 4*

Parks & Recreation Bldg. - Room 115

### Laughter Yoga

Instructor: L. Lerman

Laugh, breathe, and move in this uplifting class designed for adults 50+. Enjoy playful laughter exercises, deep breathing, and gentle movements to boost mood, reduce stress, and enhance well-being. No experience needed—just bring a yoga mat, water bottle, and a willingness to have fun! Wear comfortable clothing.

4 weeks **Resident: \$40 Non-resident: \$45**

Thur Sept 4 - Oct 2\* 10:00-11:00 am

*\*No class Sept 18*

Parks & Recreation Bldg. - Room 223



## Music History Series

These presentations, led by passionate music enthusiast, Stu Johnson, include your favorite songs along with informational slides and handouts.



### The Timeless Music of Cole Porter

An instrumental presentation of the Big Bands that were the most influential, the most important, or the most popular.

1 day **Resident: \$5 Non-resident: \$6.50**

Fri, July 25 1:00-2:15 pm

Parks & Recreation Bldg. - Room 223

### A Travelogue in Jazz- Around the World in 60 Minutes

As musical revolutions and styles have come and gone, vocal groups have never lost their popularity. Join us as we take the *Last Train to Clarksville*, *Wake Up Little Susie*, and get *Sherry* to come out.

1 Day **Resident: \$5 Non-resident: \$6.50**

Fri, Aug 22 1:00-2:15 pm

Parks & Recreation Bldg. - Room 223

### Music of the 40's

With this presentation we're going to hear a combination of both Big Band and Swing, like *Glenn Miller*, *Lionel Hampton*, and *Harry James*, and vocalists like *Sarah Vaughan*, *The Andrews Sisters*, and *The Mills Brothers*, with a special treat, *The International Sweethearts of Rhythm*.

1 Day **Resident: \$5 Non-resident: \$6.50**

Fri, Sept 26 1:00-2:15 pm

Parks & Recreation Bldg. - Room 223



# Thrive & Shine



GET READY FOR A LIVELY MORNING OF FITNESS, FRIENDS & FUN!

**Saturday, August 16**  
**10 AM - 12 PM**

**\$5/Resident**  
**\$6.50/Non-resident**

This fitness demo day invites you to explore different classes designed just for seniors. Meet new friends, move your body, and enjoy light refreshments while discovering new ways to stay healthy and happy.

**Saturday, August 23**  
**10 AM - 12 PM**

**\$5/Resident**  
**\$6.50/Non-resident**



MUNICIPAL CAMPUS FRONT LAWN, 26000 EVERGREEN RD.



## JULY

July 3 Carpenter Lake Nature Preserve  
July 10 Berberian Woods Nature Preserve  
July 17 Inglenook Park  
July 24 Freeway Park/Lincoln Woods  
July 31 Art Walk/Red Pole Park

## AUGUST

Aug 7 Civic Center Park  
Aug 14 Carpenter Lake Nature Preserve  
Aug 21 Berberian Woods Nature Preserve  
Aug 28 Inglenook Park

# Park Adventures

Meet the group in parking lot of the park at 9 AM unless otherwise noted.

## SEPTEMBER

Sept 4 Carpenter Lake Nature Preserve  
Sept 11 Berberian Woods Nature Preserve  
Sept 18 Bauervic Woods Park  
Sept 25 Inglenook Park

## OCTOBER

Oct 2 Lincoln Woods/Freeway Park  
Oct 9 Art Walk/Red Pole Park  
Oct 16 Civic Center Park  
Oct 23 Carpenter Lake Nature Preserve  
Oct 30 Berg Historical Park/Southfield Cemetery







# The Chore Program



The Chore Program is for all Southfield homeowners who are senior citizens, 62 or older, OR certified handicapped living alone AND whose annual income meets HUD Federal income guidelines: for a family of ONE the income must be \$33,600 or less and for a family of TWO the income must be \$38,400 or less.

Chore services include yard work (lawn care, shrub and tree trimming and leaf pick-up), snow removal, window and gutter cleaning, minor plumbing, furnace cleaning and minor repair, minor electrical repair, minor painting

and carpentry. Each qualified homeowner is allowed \$600 per year for the labor involved, while the client is responsible for materials used. By helping with home and yard maintenance, the Chore Program enables homeowners to continue to stay in their homes.

If you have any questions about *The Chore Program*, please call Nina Greenstein, at (248) 796-5119.

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## Southfield Human Services

For more information on any of the programs listed below, please call the Southfield Human Services Department at (248) 796-4540.



### Focus Hope

Focus Hope provides individuals 60 years of age and older with one (1) box of non-perishable food. Please call Southfield Human Services for income eligibility details and distribution dates.

### Legal Aid

*Legal Aid and Defender* offers veterans a chance to speak with an attorney free of charge, in person. Call Human Services for information on dates and times available.

### Department of Health and Human Services' Social Worker

The Social Worker will be available to help residents: apply for food, Medicaid, cash and emergency assistance, as well as answer case questions and refer to other agencies. Please go to [www.michigan.gov/mibridges](http://www.michigan.gov/mibridges) or call (248) 262-6400 for details.

*Lakeshore Legal Aid* offers residents a chance to speak with an attorney free of charge. Please call Human Services for more details.

Southfield Senior Services  
26000 Evergreen Road  
Southfield, MI 48076

PRESORTED STANDARD  
US POSTAGE PAID  
SOUTHFIELD, MI  
PERMIT NO. 30

#### City Officials

Kenon J. Siver, *Mayor*



#### City Council

Michael "Ari" Mandelbaum, *Council President*

Charles Hicks, *Pro Tem*

Nancy L.M. Banks

Daniel Brightwell

Dr. Lloyd C. Crews

Yolanda C. Haynes

Coretta Houge

Janet Jackson, *City Clerk*

Irv M. Lowenberg, *Treasurer*

Frederick E. Zorn, *CEcD City Administrator*

#### Parks & Recreation Board

Kathleen A. McNelis, *Chairperson*

Rosemerry D. Allen

Chana Baumol

Brandon B. Gray

Simon Rivers

Micaela Beckford, *Student Representative*

#### Parks & Recreation Department

Terry Fields, *Director*

#### Senior Services

Angela Verges, *Senior Coordinator*

Cathy Fresia, *Recreation Programmer*

Clerical Staff

Erica Copeland

Betty Simmons

Chrys Wright



#### Registering for Programs

The Southfield Senior Services office is open Monday-Thursday from 9 am - 4 pm and Friday from 9 am - 2 pm to answer your calls at (248) 796-4650. If we miss you, please leave a message and we will call you back.

Registration can easily be done in person, over the phone or on-line.

- In-person Monday-Friday from 8 am - 5 pm at the Parks & Recreation Information Window inside the Southfield Pavilion (26000 Evergreen Road)
- By phone at (248) 796-4620, Mon-Fri from 8 am - 5 pm
- On-line at <https://bit.ly/SfldParksAndRecOnline>

*The Southfield Scribe* can be mailed to your residence.

If you would like to receive the *Scribe* by mail, please call us at (248) 796-4650.

*The Southfield Scribe* is also available on-line at [www.cityofsouthfield.com/departments/parks-recreation/senior-activities](http://www.cityofsouthfield.com/departments/parks-recreation/senior-activities)



Individuals with special needs who plan to attend any of the included programs should contact Senior Services at 248-796-4650 if auxiliary aids or services are needed. Reasonable advanced notice is required.