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On the Cover:
Southfield Celebrates Black History Month
Capture the vibrant spirit of Legacy Dance Studio, as they dazzle the stage with a live performance of African dance and drumming at our Black History Kick-Off Event. Find details on all our 2024 Black History Month programs on pages 22-23.

Parks & Recreation Building
26000 Evergreen Road .................. (248) 796-4620
M-F ........................................ 9:00 am-5:00 pm

Senior Services
26000 Evergreen Road .................. (248) 796-4650
M-Th .................................. 9:00 am-4:00 pm
F ......................................... 9:00 am-2:00 pm

Arts & Activities Building
26000 Evergreen Road .................. (248) 796-4620

Beech Woods Recreation Center (BWRC)
22200 Beech Road .................. (248) 796-4670
M-F .................................. 9:00 am-5:00 pm
Sa/Su ................................ Closed

Beech Woods Wellness Center (inside BWRC)
22200 Beech Road .................. (248) 796-4676
January - April
M-F .................................. 9:00 am-4:00 pm
Sa/Su ................................ Closed

Beech Woods Heated Tees
22202 Beech Road .................. (947) 216-4653
Open daily, unless temperatures drop below 20°, as follows:

November - February
M-F .................................. 11:00 am-7:00 pm
Sa & Su ................................ 10:00 am-7:00 pm
March - April
M-Su .................................. 9:00 am-8:00 pm

Burgh Historical Park
Northeast corner of Civic Center Drive & Berg Road
26060 Berg Road .................. (248) 796-4644

Evergreen Hills Golf Course
Closed until Spring 2024
26000 Evergreen Road .................. (248) 796-4666

Park Services
26000 Evergreen Road ................. (248) 796-4630
M-F .................................. 7:30 am-3:30 pm

Southfield Sports Arena
26000 Evergreen Road .................. (248) 796-4640

Southfield Pavilion
26000 Evergreen Road .................. (248) 796-4620
SUCCESS STORIES AT YOUR SOUTHFIELD PARKS

The Parks & Recreation Department has been busy this summer with numerous park improvement projects nearing completion. With over $2.5 million invested in various city parks, we are thrilled to unveil the updates in the following pages.

CIVIC CENTER PARK

TENNIS COURT RENOVATION

The courts closed to the public on May 15, 2023 and work began to address the cracks that had occurred on the courts. The existing lighting at the complex was repaired and updated during this time. On May 25 all seven courts were resurfaced. On July 7 the court lines were painted and nets installed. Playing lines for pickleball were added to Court #7 at this time. The courts reopened to the public on July 8. Resealing and painting of the existing parking lot was completed on September 29, 2023

Final Investment: $448,017.18

BAUERVIC WOODS PARK

Bauervic Woods Park received a face lift of sorts with the removal of brush and trees in front of the park as well as in the playlot area. In June, the park was the site of the Eaton Corporation’s “Annual Days of Caring” volunteer event with Rebuilding Together Southeast Michigan. Volunteers assisted in trail maintenance and the spreading of mulch throughout the play area. Severe storms in July targeted the southern portion of the park and led to emergency closure of the park to remove several trees from the trail area. In August, our Park Services crew installed two grills and additional picnic tables at the park to accommodate small family gatherings.
SUCCESS STORIES AT YOUR SOUTHFIELD PARKS: NEW PLAY STRUCTURES

Playgrounds at Civic Center Park, along with Freeway and Bedford Woods parks were replaced beginning in December 2022. These three parks represent the first stage in the department’s plan to replace all 12 playgrounds throughout our city.

**CIVIC CENTER PARK**
Zipkrooz Track-style zip line
Friendship Swing, Infant/Toddler and Bucket Seat Swings
Spinners
Slides
Swiggleknots Bridge
Sunbeam Climber
Cozy Dome
Final Investment: $333,195.67

**BEDFORD WOODS PARK**
Zipkrooz Track-style zip line
Friendship Swing, Infant/Toddler and Bucket Seat Swings
Spinners
Log Balance Beam and Steppers
Slides
Swiggleknots Bridge
Sunbeam Climber
Cozy Dome
Final Investment: $185,647.63

**FREEWAY PARK**
Final Investment: $231,156.34

**Tot Lot (ages 2-5)**
Mobius Climber
Bouncers
Infant/Toddler Swings

**Billows Playscape (ages 5-12)**
Friendship Swing, Infant/Toddler and Bucket Seat Swings
Spinners
Slides
Swiggleknots Bridge
Sunbeam Climber
4-person Seesaw
**SUCCESS STORIES AT YOUR SOUTHFIELD PARKS: PARK RENOVATIONS**

**SIMMS PARK RENOVATION**

Work began on May 10, 2022 at Simms Park with the demolition of the existing tennis and basketball courts. The new walking path was laid out and cut with paving beginning on the courts and path on May 25. New landscaping and trees were added to the park on June 1. On June 22 the courts were sealed and the 30-day curing period began. In August the courts were painted and nets and backboards were installed.

**Final Investment: $125,934.59**

**New Features**
- A paved walking path
- ADA accessibility to the park and its features
- Two half-courts for basketball
- A tennis court with playing lines for pickleball
- 13 new trees and updated landscaping.

**MILLER PARK RENOVATION**

Work began at Miller Park in May 2022 in conjunction with the Simms Park project. Like Simms Park, the existing tennis courts were demolished, and a paved walking path through the park was added. Miller Park closed again to the public on April 12, 2023, as work began to bring the court area up to regulation size and add space for safer play. Step 1 of the paving process of the new court area was completed on May 5, 2023. Fifteen new trees were planted at the park in August, and a small number of trees that posed a safety issue due to their proximity to the courts were removed. Miller Park re-opened to the public on August 30, 2023.

**Final Investment: $997,209.99**

**New Features**
- Paved walking path
- Three half-courts for basketball, which can also be combined into a full-court for larger games
- Four pickleball courts
- ADA accessibility to the park and its features
- New landscaping, which includes 15 new trees this year with more to come in the spring of 2024
Calling all little munchkins aged 3-5 and their trusty sidekicks! Our Preschool Fun events are a monthly jam-packed jamboree of games, crafts, and yummy treats. *The fine print: The fee covers one child only, and every mini superhero needs an adult partner (unless you have multiple kiddos in the same household). Remember, these programs exclusively for little ones aged 3-5 who are registered.

**Preschool Fun**

1 Day  
**Resident:** $10*  
**NR:** $15*  
11:30 am-1:00 pm  
P/R - Room 115

**Winter Wonderland Party**  
F  
Jan 19  
Activity Number: 9605

**Happy Hearts Party**  
F  
Feb 16  
Activity Number: 9619

**Spring Into Fun Party**  
F  
Mar 22  
Activity Number: 9641

**Princess & Superhero Party**  
Dress up as your favorite princess or superhero!  
F  
Apr 12  
Activity Number: 9645

**Teddy Bear Picnic**  
Bring your favorite Teddy Bear to enjoy the fun with you!  
F  
May 10  
Activity Number: 9646
Daddy-Daughter Dance

SOUTHFIELD RESIDENT:
$20

NON-RESIDENT:
$25

REGISTRATION APPLIES TO BOTH CHILDREN AND CHAPERONES. EVERY PERSON MUST HAVE A TICKET TO ENTER. THERE ARE NO TICKET SALES AT THE DOOR.

SOUTHFIELD PAVILION,
26000 EVERGREEN ROAD

SATURDAY, MARCH 23
4 - 6 PM

YOUNG LADIES AGES 2-14 AND THEIR FAVORITE GUY ARE INVITED TO JOIN US FOR DANCING AND REFRESHMENTS. EACH GIRL WILL RECEIVE A SPECIAL GIFT. DON’T FORGET YOUR CAMERA TO CATCH ALL THE FUN AND SPECIAL MOMENTS.
Fun for Kids

Athletics/Sports

Open Gym

- All participants must register for the season at their first visit; participants must be accompanied by a parent or guardian at registration.
- Anyone age 9-13 must be signed in by a parent or guardian EVERY VISIT.
- Open Gym is limited to 45 participants each day.
- Parents/adults are not allowed on the courts during Youth Open Gym.
- There is a $1 fee to replace a lost Open Gym Membership Card.

Ages: 9 - 13
1 Day  Resident: $3  N/R: $5
3:30-5:30 pm  BWRC - BBall Courts 1-3
M-Th  Jan 8-May 23*
*No Open Gym Jan 15 & Feb 19

Grasshopper Basketball
Instructor: G. Hawthorne
This program is designed to provide a dynamic and engaging experience for your child. Each day, your child will learn new skills through stations, lectures, drills, and even live play! Our focus will be on four key skills - passing, shooting, defense, and dribbling. We aim to have your child come out with a smile and a love for the game of basketball.

Ages: 4 - 6
6 weeks  Resident: $50  N/R: $65
9:00-9:50 am  BWRC - Court 3
Sa  Jan 13-Feb 17  Activity Number: 9597
Sa  Feb 24-Mar 30  Activity Number: 9598

Youth Basketball Clinic
Instructor: G. Teasley
Your young sports star will team up with a seasoned coach at our clinics. Each dribble and dunk will be packed with top-notch tactics that'll hone their basketball game.

Ages: 7 - 10
6 weeks  Resident: $50  N/R: $65
10:00-10:50 am  BWRC - Court 3
Sa  Jan 13-Feb 17  Activity Number: 9599
Sa  Feb 24-Mar 30  Activity Number: 9600

Basketball Skills & Drills
Instructor: T. Marshall
This class is designed to teach your child the skills they need both on and off the court, to be a better athlete. Over the course of five weeks, your child will learn fundamental strategies and skills necessary to play in a team format.

Ages: 7 - 11
6 weeks  Resident: $50  N/R: $65
6:00-6:50 pm  BWRC - Court 3
M  Jan 22-Feb 26  Activity Number: 9601
M  Mar 4-Apr 8  Activity Number: 9602

BWRC  Beech Woods Recreation Center  22200 Beech Road (South of Nine Mile Rd)
Questions?  (248) 796-4620  www.cityofsouthfield.com
**FUN FOR KIDS**

**Hobbies/Interests**

**Robots and Coding 1**
Instructor: W. Hill
Build robots and learn to code them. The robots are driven by a video game controller, which the student can code, too. No prior experience required. Students will use the engineering process while learning mechanics, materials, software and hardware. The class is taught by an Engineering Teacher provided by *kingknowledge Institute*. Bring your own computer so you can keep your code on it.

Ages: 9 - 15
6 weeks  
4:30-6:00 pm  
P/R - Room 223  
M Jan 8-Feb 26*  
Activity Number: 9603

*No class Jan 15 or Feb 19

**Robots and Coding 2**
Instructor: W. Hill
Must have completed the prerequisite, *Robots and Coding 1*. In Robots and Coding 2 you will continue to build on top of the Basebot. This time you will add a robot arm and claw, and then write software code to accomplish a variety of missions. Your skills will go to the next level by using the engineering process and practicing as a team. You will also learn physics while working to make a robot which can fetch your items.

Ages: 9 - 15
6 weeks  
4:30-6:00 pm  
P/R - Room 223  
M Mar 4-Apr 15*  
Activity Number: 9604

*No class Mar 25

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**Winter Basketball League**
Looking for a fun and competitive winter basketball league for your child? Our league is open to boys and girls in grades 2 through 8 (based on current school grade). Enjoy an 8-game schedule (Grade 2-3 League is 6 weeks of games) on Saturdays at Beech Woods Recreation Center. Friday practices at Beech Woods will be held in preparation for the games. Each participant will receive a team T-shirt and participation award. All participants must attend the mandatory Drills and Draft. Please contact Angelica at amickens@cityofsouthfield.com if you would like to coach.

**Grades 2-3**  
Ages: 6 - 7  
Drills and Draft  
Sa, Feb 24  9:00 am  
9 weeks  
Resident: $80  
NR: $95  
10:00-11:00 am  
BWRC - Court 2  
Sa  Feb 24-Apr 20*  
Activity Number: 9603

**Grades 4-5**  
Ages: 8 - 10  
Drills and Draft  
Sa, Feb 17  9:00 am  
11 weeks  
Resident: $90  
NR: $105  
10:00-11:00 am  
BWRC - Court 2  
Sa  Feb 17-Apr 27*  
Activity Number: 9604

**Grades 6 - 8**  
Ages: 11 - 14  
Drills and Draft  
Sa, Feb 17  11:00 am  
11 weeks  
Resident: $90  
NR: $105  
11:00 am-12:00 pm  
BWRC - Court 1  
Sa  Feb 17-Apr 27*  
Activity Number: 9604  

*No practice or games Mar 29-30.*

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**BWRC**  
Beech Woods Recreation Center  
22200 Beech Road (South of Nine Mile Rd)

**P/R**  
Parks & Recreation Building  
26000 Evergreen Road
2024 Season

BASEBALL & SOFTBALL

T-BALL
AGES 5 - 6
MON & WED, JUNE 3 - 28  6 - 7 PM
MILLER PARK
$80/RESIDENT  $95/NR

COACH PITCH/PEEWEE
AGES 7 - 8
MON & WED, JUNE 17 - JULY 24  6 - 8 PM
MILLER PARK & CIVIC CENTER PARK
$80/RESIDENT  $95/NR

MINOR/MAJOR DIVISION
AGES 9 - 12
TUE & THUR, JUNE 18 - JULY 25  6 - 8 PM
MILLER PARK
$80/RESIDENT  $95/NR

GIRLS FAST PITCH
AGES 10 - 12
TUE & THUR, JUNE 18 - AUG 8  6 - 8 PM
SOUTHFIELD A&T HIGH SCHOOL
$70/RESIDENT  $85/NR

Volunteer coaches are needed for the T-Ball, Coach Pitch/PeeWee and Minor/Major Divisions. Coaches are subject to a background check by Southfield Parks & Recreation. Coaches who volunteer will also be provided with one comp player registration. Maximum of two coaches per team.
Winter Fest 2024

Sunday, March 3
2 - 4:30 pm
$4/Resident
$5/Non-resident

Southfield Sports Arena, 26000 Evergreen Road

Southfield Parks and Recreation
southfieldparksrecreation
Special Interest

The Art of Makeup and Etiquette
Instructor: R. Robinson
Discover the art of enhancing your natural beauty through expert makeup techniques while mastering the social skills and etiquette that will empower you to shine in any setting. Elevate your confidence and charm with this transformative class.

Parents/guardians are welcome to register with their teen for this course.

Ages: 13 and up
6 weeks  Resident: $180  NR: $195
Senior:  Resident: $162  NR: $175.50
5:00-7:00 pm  P/R - Room 223
Tu Jan 23-Feb 27  Activity Number: 9613
Tu Mar 5-Apr 9  Activity Number: 9614

Dance Classes with Impulse Dance Academy

Second Half of Season

<table>
<thead>
<tr>
<th>Type</th>
<th>Resident Price</th>
<th>NR Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>45-minute class</td>
<td>$42/month</td>
<td>$52/month</td>
</tr>
<tr>
<td>60-minute class</td>
<td>$56/month</td>
<td>$66/month</td>
</tr>
</tbody>
</table>

*All transactions must be done via credit card. Monthly payments, starting with the first installment due at registration, continue on the 1st of each month from Feb 1-June 1, 2024. The first payment is non-refundable and will be automatically billed to the credit card on file. Any declined payments not resolved within 5 days of the first attempt to withdraw will incur a $20 late fee.

Registration & Tuition Policies:
• No tuition proration, refunds, or credits for missed classes.
• Mid-season enrollment adjusts tuition based on start date.
• Tuition independent of monthly class count or attendance.
• Holidays and closures factored into 5 payments.
• Classes exceed 22 weeks, allowing for unforeseen disruptions.
• Make-ups scheduled if the session falls below 22 weeks.
• Tuition excludes recital fee, dance attire, and additional fees.
• Parks and Recreation collects tuition; overdue payments result in class prohibition.
• Non-responsive for 30 days leads to class removal; re-registration required.

Note: Dancers can register for multiple classes with rates applicable to the number of classes.

Cancellation Policy:
• Monthly tuition continues until written cancellation request received.
• Submit cancellations 15 business days prior to first of month to sjenkins1@cityofsouthfield.com.
• Cancel anytime; if 15 business days before the month starts, no next-month charge.
• For more info, call Samantha at (248) 796-4667 or email impulsedancestudio@yahoo.com.

Register Online

Questions? (248) 796-4620 www.cityofsouthfield.com
**Mini Ballet**
Introduction of classical ballet technique and terminology. Based on a combination of the French, Vaganova and Cecchetti methods as students progress.

Dress Code: black leotard; pink ballet tights; pink ballet slippers; hair secured in a bun, no tutus/skirts.

Ages: 3 - 5
22 weeks  Resident: $42/month  NR: $52/month
5:30-6:15 pm  AAB - Dance Room
Th Jan 11-Jun 13*  Activity Number: 9438
*No class Mar 28

**Jr/Teen Ballet Jazz**
Class combines techniques of classical ballet and modern jazz with current forms of popular music. Training emphasizes balance, isolations, flexibility, coordination, timing, strength and creative expression. Dancers alternate between the two styles during the program, and will work on a performance piece.

Dress Code: black leotard; pink tights; pink ballet slippers, hair in bun/ponytail, no tutus/skirts.

Ages: 9 - 12
22 weeks  Resident: $56/month  NR: $66/month
12:30-1:30 pm  AAB - Dance Room
Sa Jan 6-Jun 15*  Activity Number: 9434
*No class Mar 30 & May 25

**Mini Hip Hop**  Ages: 5 - 7
22 weeks  Resident: $42/month  NR: $52/month
5:30-6:15 pm  AAB - Dance Room
Th Jan 11-Jun 13*  Activity Number: 9438
*No class Mar 28

**Hip Hop**
Introduction to the vocabulary, style and self-expression of hip-hop movement. This high energy class is taught to students with a passion to move!

Dress Code: Loose fitting clothing that allows ease of movement. Dance sneakers or gym shoes. No jeans or crop/midriff tops.

Ages: 5 - 10
22 weeks  Resident: $42/month  NR: $52/month
1:30 am-2:15 pm  AAB - Dance Room
Sa Jan 6-Jun 15*  Activity Number: 9432
*No class Mar 30 & May 25

**Mini/Jr Hip Hop**  Ages: 5 - 10
22 weeks  Resident: $42/month  NR: $52/month
11:30 am-12:15 pm  AAB - Dance Room
Sa Jan 6-Jun 15*  Activity Number: 9432
*No class Mar 30 & May 25

**All Boys Hip Hop**  Ages: 5 - 8
22 weeks  Resident: $336  NR: $416
5:30-6:15 pm  AAB - Dance Room
Th Jan 11-Jun 13*  Activity Number: 9531
*No class Mar 28

**Annual Recital**
Saturday, June 15
Seaholm High School

**Fun for Kids**
AAB Arts & Activities Building  26000 Evergreen Road
(Near the tennis courts)
Come explore the night sky in Oakland County Parks’ inflatable indoor planetarium

**STARLAB**

**Saturday, April 6**

Times Slots Available:
1:30 - 2:30 pm
2:30 - 3:30 pm

$5/Resident; ($6/Non-resident)

Southfield Parks & Recreation Building,
26000 Evergreen Road

Register today by calling (248) 796-4620

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**FAMILY NIGHT**

FRIDAY, JANUARY 26
FRIDAY, APRIL 19
6 - 8 PM
SOUTHFIELD PAVILION

**TICKETS:**
$5/RESIDENT
$10/NON-RESIDENT
CHILDREN 2 AND UNDER ARE FREE
Department of Public Works

Southfield Touch-a-Truck

Sunday, April 21
1* - 4 pm

Get up close with
Big Trucks
Little Trucks
Emergency Vehicles
Drones
Demonstrations
Food Trucks
and more!

*Sensory Sensitive Hour
1 - 2 pm
Reduced lighting and sound, and quiet zones away from the action.

At the Southfield Municipal Campus,
26000 Evergreen Rd.
Full Moon Walk

Civic Center Park Nature Trail

Saturday, February 24  6 pm

Questions?  (248) 796-4620  www.cityofsouthfield.com
Earth Day Fun!
Crafts  Scavenger Hunt  Games and more!

Monday, April 22
4 - 6 pm
Civic Center Park Shelter #1
$5/Resident  $6/Non-resident

Monday, April 22
4 - 6 pm
Civic Center Park Shelter #1
$5/Resident  $6/Non-resident
Get ready to become a Karate star! Every class will have you covered on the essentials: technique, movements, drills, stances, respect, etiquette, mottos, concentration, endurance, and balance.

**Classes with Instructor Master Bray**

**Karate - L'il Tots**
Ages: 5 - 6
8 weeks
Resident: $30  NR: $40
Senior:  Resident: $27  NR: $36
9:30-10:00 am  BWRC - Multipurpose Rm
Sa  Jan 13-Mar 2  Activity Number: 9700
Sa  Mar 9-Apr 27*  Activity Number: 9708
*No class Mar 30

**Karate - Young Tots**
Ages: 6 -7
8 weeks
Resident: $30  NR: $40
Senior:  Resident: $27  NR: $36
10:15-10:45 am  BWRC - Multipurpose Rm
Sa  Jan 13-Mar 2  Activity Number: 9701
Sa  Mar 9-Apr 27*  Activity Number: 9709
*No class Mar 30

**Beginner**
This class is for white belts AND anyone who has never participated in a martial arts class. Techniques will be combined into patterns (Forms/Hyung/Kata). More practice drills will be learned. Exercises and stretches will be introduced and practiced. Technique focus will be practiced via board breaking. Advancement to colored belt is provided.

Ages: 8 and up
8 weeks  Resident: $30  NR: $40
Senior:  Resident: $27  NR: $36
11:00 am-12:00 pm  BWRC - Multipurpose Rm
Sa  Jan 13-Mar 2  Activity Number: 9702
Sa  Mar 9-Apr 27*  Activity Number: 9710
*No class Mar 30

**Intermediate**
This class is for green and red colored belts from any style of martial arts classes. We will build on the concepts, forms, techniques, and drills from the Beginner class. Self-defense skills will be practiced more rigorously. Sparring will be added to class drills. Advancement up to Black Belt level is provided.

Ages: 8 and up
8 weeks  Resident: $50  NR: $65
Senior:  Resident: $45  NR: $58.50
12:15-1:15 pm  BWRC - Multipurpose Rm
Sa  Jan 13-Mar 2  Activity Number: 9703
Sa  Mar 9-Apr 27*  Activity Number: 9711
*No class Mar 30
Classes with Instructor Grand Master Mundy

Beginner
This class is for white belts AND anyone who has never participated in a martial arts class. Techniques will be combined into patterns (Forms/Hyung/Kata). More practice drills will be learned. Exercises and stretches will be introduced and practiced. Technique focus will be practiced via board breaking. Advancement to colored belt is provided.

Ages: 8 and up
8 weeks  Resident: $30  NR: $40
Senior:  Resident: $27  NR: $36

Tuesday Classes
6:00-6:50 pm  BWRC - Multipurpose Rm
Tu  Jan 9-Feb 27  Activity Number: 9696
Tu  Mar 5-Apr 23  Activity Number: 9704

Thursday Classes
6:00-6:50 pm  BWRC - Multipurpose Rm
Th  Jan 11-Feb 29  Activity Number: 9699
Th  Mar 7-Apr 25  Activity Number: 9707

Intermediate
This class is for purple and green colored belts from any style of martial arts classes. We will build on the concepts, forms, techniques, and drills from the Beginner class. Self-defense skills will be practiced more rigorously. Sparring will be added to class drills. Advancement up to Black Belt level is provided.

Ages: 8 and up
8 weeks  Resident: $50  NR: $65
Senior:  Resident: $45  NR: $58.50
7:00-7:50 pm  BWRC - Multipurpose Rm
Tu,Th  Jan 9-Feb 29  Activity Number: 9697
Tu,Th  Mar 5-Apr 25  Activity Number: 9705

Advanced
This class is for red and black colored belts from any style of martial arts classes. We will build on the concepts, forms, techniques, and drills from the Beginner and Intermediate classes. Self-defense skills will be practiced more rigorously. Sparring will be added to class drills. Advancement through Master Black Belt levels is provided.

Ages: 8 and up
8 weeks  Resident: $50  NR: $65
Senior:  Resident: $45  NR: $58.50
8:00-8:50 pm  BWRC - Multipurpose Rm
Tu,Th  Jan 9-Feb 29  Activity Number: 9698
Tu,Th  Mar 5-Apr 25  Activity Number: 9706

 BWRC  Beech Woods Recreation Center  22200 Beech Road (South of Nine Mile Rd)
Indoor Quick Start Tennis Lessons
Instructor: R. Hughes
This program is designed to teach young children the game of tennis. They will be taught how to use their racquets, and judging the flight and direction of the ball. Fun activities and games will be played using low compression and foam balls. Please bring your own racquet.

Ages: 4 - 6
5 weeks  Resident: $55   NR: $70
11:30 am-12:20 pm  BWRC - Court 3
Sa  Jan 13-Feb 10  Activity Number: 9656
Sa  Feb 17-Mar 16  Activity Number: 9662

Indoor Beginner Tennis Lessons - Youth
Instructor: R. Hughes
For those who have never played, or have just started playing the game. Discussion of rules and the basic fundamentals; grip, footwork, forehand, backhand, serve, volley and scoring.

Ages: 8 and up
5 weeks  Resident: $55   NR: $70
6:00-6:50 pm  BWRC - Court 3
Th  Jan 11-Feb 8  Activity Number: 9654
Th  Feb 15-Mar 14  Activity Number: 9659

Indoor Beginner Tennis Lessons - Family
Instructor: R. Hughes
This class is designed for parents and children who want to take a beginner tennis lesson at the same time and location. Parent and child(ren) must each register for this class.

Ages: 7 and up
5 weeks  Resident: $55   NR: $70
Senior:  Resident: $49.50   NR: $63
7:00-7:50 pm  BWRC - Court 3
Th  Jan 11-Feb 8  Activity Number: 9655
Th  Feb 15-Mar 14  Activity Number: 9660

Indoor Beginner Tennis Lessons - Family
Instructor: R. Hughes
This class is designed for parents and children who want to take a beginner tennis lesson at the same time and location. Parent and child(ren) must each register for this class.

Ages: 7 and up
5 weeks  Resident: $55   NR: $70
Senior:  Resident: $49.50   NR: $63
7:00-7:50 pm  BWRC - Court 3
Th  Jan 11-Feb 8  Activity Number: 9655
Th  Feb 15-Mar 14  Activity Number: 9660
Job Opportunities Available for Seasonal and Part-Time Workers 18 Years and Older

There are a variety of positions available, such as Day Camp Staff, Park Maintenance, Golf, Community Gardens, Mobile Recreation, Senior Services, and Facilities.

CALL US FOR MORE DETAILS
(248) 796-4620
Southfield Celebrates Black History Month

Kick-off Event

Black History 101 Mobile Museum & Dr. Khalid el-Hakim
Impulse Dance Academy
Head Wrap Demonstration by Love Rose
B Intentional Black-owned Business Marketplace
DJ DeezyD and more!!

Saturday, February 3 4 - 8 pm
Southfield Pavilion

Free Admission
Suitable for ages 12 years and older

$20 - $22 each
Call (248) 796-4620 or come into the Parks & Recreation Information Desk beginning February 1 to get yours.

Southfield Celebrates Black History Month

CONVERSATIONS & COCKTAILS

Saturday, February 10
7 - 10 PM
Southfield Pavilion
$15/Person

SPOKEN WORD HOSTED BY JOEL FLUENT GREENE
MUSICAL PERFORMANCE BY ALEX GOSS AND DETROIT SOUL RHYTHM

Ages 18 and older only
Cash Bar and Food for Purchase

Southfield Celebrates Black History Month

WALK THROUGH HISTORY

FEBRUARY 1 - 29

KNOW THE PAST, SHAPE THE FUTURE
EXPLORE THE IMPACTFUL LIVES OF INFLUENTIAL AFRICAN AMERICANS WITH US. WALK THROUGH THEIR STORIES, ACHIEVEMENTS, AND LEGACIES IN A UNIQUE DISPLAY BRINGING HISTORY TO LIFE.

INSIDE THE SOUTHFIELD PAVILION

Questions? (248) 796-4620 www.cityofsouthfield.com
Southfield Celebrates Black History Month

MOVIE NIGHT
Is That Black Enough for You?!?
FRIDAY, FEBRUARY 16 7 PM
ROOM 115, PARKS & RECREATION BUILDING

Call (248) 796-4620 to order yours.

BLACK HISTORY MONTH

SENIOR LUNCHEON
Thursday, February 15
11:30 am - 1 pm
$25/Resident; $30/NR
Parks & Recreation Building

Call Senior Services at (248) 796-4650 for details or to register.

THE SECRET SOCIETY OF TWISTED STORYTELLERS

Friday, February 23
6 - 9 pm
Southfield Pavilion
26000 Evergreen Rd
Tickets: $15

Delve into the colorful world of Black History with Activity Bags for kids aged 5 to 12. Each bag holds a treasure trove of crafts and activities to discover and learn more about significant people and events.

$5 each
Call (248) 796-4620 to order yours.
**Southfield Sports Arena Ice Rink**

The Southfield Sports Arena will be closed on:
Christmas Eve, Christmas Day, New Year’s Eve, New Year’s Day and Easter.

The Arena’s last day of ice activities is April 25, 2024

For more information call (248) 796-4640

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**Open Skate**
Lace up your skates, or rent a pair of ours, and join us out on the ice for Open Skate! Please note that anyone aged 2 years and older who wishes skate at the Resident Rate must show a Southfield Resident Leisure Card, Southfield driver's license or Business Leisure Card.

Skate Rental available on a first come, first serve basis for $3/person.

**Weekday Lunch Skate**
$4/person  
M, W, F  Jan 3-Apr 23  12:00-1:20 pm

**Weekend Open Skate**
$4/Resident  $5/NR  
Sa  Jan 6-Apr 20  12:00-1:20 pm  
Su  Jan 7-Apr 21  3:00-4:20 pm

**Sticks & Pucks**
Practice your hockey techniques, such as skating, puck handling, shooting, and passing, at Sticks & Pucks. All Sticks & Pucks participants must be 18 years or older and must bring and wear a helmet, gloves and your own skates.

Sicks & Pucks is limited to the first 20 people to sign in each session.

$8/person  
M, W, F  Jan 3-Apr 23  10:30-11:50 am  
Su  Jan 7-Apr 21  12:00-1:20 pm

**Learn to Skate Lessons**
Instructor: J. Brook
Students of all levels from ages 4 to adult can come in for 50 minutes each Sunday to build on or develop the basics of Ice Skating. Each time slot is limited to 12 students maximum. All students will be evaluated at the first class and will be placed with the appropriate instructor for their level of skating ability. All classes will be 25 minutes of instruction and 25 minutes of practice.

Ages: 4 and up  
Rental skates are available for an additional $3 per pair, per class.

**January Session**
*Last day to register is Fri, Jan 5 by 12:00 pm*  
4 weeks  
Resident: $60  NR: $65  
2:00-3:00 pm  
SSA Ice Rink  
Su  Jan 7-Jan 28  Activity Number: 9594

**February Session**
*Last day to register is Fri, Feb 2 by 12:00 pm*  
4 weeks  
Resident: $60  NR: $65  
2:00-3:00 pm  
SSA Ice Rink  
Su  Feb 4-Feb 25  Activity Number: 9595

**March/April Session**
*Last day to register is Fri, Mar 1 by 12:00 pm*  
5 weeks  
Resident: $75  NR: $80  
2:00-3:00 pm  
SSA Ice Rink  
Su  Mar 10-Apr 21  Activity Number: 9596

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**SSA - Ice Rink**
Southfield Sports Arena  
26000 Evergreen Road

Questions? (248) 796-4620  
www.cityofsouthfield.com
Adult Open Gym
- All participants must register for the season upon their first visit; current, state-issued picture ID required to participate.
- Open Gym is limited to the first 40 participants to check in each day.

Ages: 18 and up
Per Day  Resident: $4       NR: $6
12:30-2:30 pm  BWRC - BBall Courts 1 & 2 M, Tu & Th  Jan 8-May 23*
*No Open Gym Jan 15 & Feb 19

Beech Woods Wellness Center
The Beech Woods Wellness Center is an all-inclusive fitness facility that aims to not only get you moving now, but to keep you active for years to come. Our comfortable atmosphere and friendly service cater to both fitness enthusiasts and novices alike.

Stop by the Wellness Center, located inside the Beech Woods Recreation Center (22200 Beech Road) today to tour the facility, view the equipment available and talk about membership with staff.

Jan-May  M-F  9:00 am-4:00 pm  BWWC closed Jan 1, Jan 15 & Feb 19

Winter Special
$15/month*
*automatically renewed until cancellation received with office.

Beech Woods Wellness Center
Beech Woods Recreation Center
22200 Beech Road (South of Nine Mile Rd)

Burgh Historical Park
26060 Berg Road (Civic Center & Berg Rd)

Parks & Recreation Building
26000 Evergreen Road

Arts/Entertainment

Acrylic Painting
Instructor: W. Fournier
Acrylic paint is a desired medium for many artists. In this class, we will explore techniques and materials to develop your painting skills. A supply list will be available upon registration.

Ages: 18 and up
6 weeks  Resident: $180       NR: $195
Senior:  Resident: $162       NR: $175.50
10:00 am-1:00 pm  P/R - Room 221 M  Jan 22-Mar 4* Activity Number: 9608
M  Mar 11-Apr 15 Activity Number: 9610
*No class Feb 19

Ceramics
Instructor: K. Robichaud
Unleash your creativity and learn how to create stunning clay forms through hand-building projects. This course offers a variety of decorative techniques, and provides insight into the firing process. You’ll also have access to a wheel, and the opportunity to participate in outdoor sawdust and raku firing.

$50 Material Fee paid directly to instructor in class.

Ages: 16 and up
10 weeks  Resident: $165       NR: $185
Senior:  Resident: $148.50       NR: $166.50
7:00-10:00 pm  BHP - Art Room Tu  Jan 23-Feb 27 Activity Number: 9609
Tu  Mar 5-Apr 9 Activity Number: 9611

BWRC  Beech Woods Recreation Center  22200 Beech Road (South of Nine Mile Rd)
BHP  Burgh Historical Park  26060 Berg Road (Civic Center & Berg Rd)
P/R  Parks & Recreation Building  26000 Evergreen Road

Winter Special
$15/month*
*automatically renewed until cancellation received with office.
ADULT SOFTBALL LEAGUES

Registration opens February 1!!

MEN’S E LEAGUE
MONDAY NIGHTS
TEAM FEE $600*

MEN’S C LEAGUE
TUESDAY NIGHTS
TEAM FEE $600*

MEN’S D LEAGUE
THURSDAY NIGHTS
TEAM FEE $600*

CO-REC E LEAGUE
TEAM FEE $600*

MEN’S & WOMEN’S 40+ LEAGUE
TEAM FEE $400*

*$20 Umpire Fee/game

Are you ready for a 14-game season and playoffs for the top 4 teams per league? Anyone can register to play, so gather your team and gear up for the ultimate showdown on the field!

Email amickens@cityofsouthfield.com for more information.
**Drawing Camp**
Instructor: S. Gamburd
This drawing class is a crash course for the inspired student excited about drawing and developing their drawing skills. No prior course work required. The supply list will be available before class starts.

*10 Model Fee paid to directly to instructor in class.*

Ages: 18 and up
6 weeks  Resident: $150  NR: $160
Senior:  Resident: $135  NR: $144
7:00-9:00 pm  P/R - Room 221
Th Jan 11-Feb 15  Activity Number: 9617
Th Mar 7-Apr 11  Activity Number: 9618

**Watercolor Magic**
Instructor: S. Gamburd
Watercolor Magic is an introductory course for students that appreciate the beauty of watercolor transparencies and want to learn the techniques of the watercolor medium. Supply list will be available before class starts.

*10 Model Fee paid to directly to instructor in class.*

Ages: 18 and up
6 weeks  Resident: $150  NR: $160
Senior:  Resident: $135  NR: $144
7:00-9:00 pm  P/R - Room 221
M Jan 22-Mar 4*  Activity Number: 9620
M Mar 11-Apr 15  Activity Number: 9621
*No class Feb 19

**Dance/Music**

**African Dance**
Instructor: M. Shani
Come Dance for Life! Embody your energy and graceful beauty by learning traditional African dances from Guinea, Mali, Senegal and Sierre Leone. Dance to express, not to impress!

Ages: 16 and up
6 weeks  Resident: $60  NR: $70
Senior:  Resident: $54  NR: $63
5:30-7:00 pm  P/R - Lower Level Dance Studio
Th Jan 11-Feb 15  Activity Number: 9615
Th Mar 7-Apr 11  Activity Number: 9616

**Popular Hustles**
Instructor: K. Johnson
This is a dance class that features popular line dances without a partner.

Ages: 18 and up
5 weeks  Resident: $30  NR: $40
Senior:  Resident: $27  NR: $36

**Tuesday Classes**
6:30-7:30 pm  P/R - Lower Level Dance Studio
Tu Jan 2-Jan 30  Activity Number: 9540
Tu Feb 13-Mar 12  Activity Number: 9543
Tu Mar 26-Apr 23  Activity Number: 9544

**Wednesday Classes**
6:30-7:30 pm  P/R - Lower Level Dance Studio
W Jan 3-Jan 31  Activity Number: 9541
W Feb 14-Mar 13  Activity Number: 9545
W Mar 27-Apr 24  Activity Number: 9547
7:30-8:30 pm  P/R - Lower Level Dance Studio
W Jan 3-Jan 31  Activity Number: 9542
W Feb 14-Mar 13  Activity Number: 9546
W Mar 27-Apr 24  Activity Number: 9548

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**P/R**  Parks & Recreation Building  26000 Evergreen Road

SouthfieldParksandRecreation  southfieldparksrecreation
Fitness

Balance and Pilates
Instructor: D. Leapheart
This program is great for beginners as it will introduce you to the core principles of Pilates. Pilates is a great full-body workout that focuses on improving strength, flexibility, and core stability. You will walk away from this journey with a better awareness of how Pilates can help you move efficiently, and specific skills to help you improve your balance.

Ages: 18 and up
5 weeks  Resident: $50  NR: $60
5:00-5:50 pm  BWRC - Multipurpose Rm
M, Th  Jan 22-Feb 22  Activity Number: 9738
M, Th  Mar 4-Apr 4  Activity Number: 9739

Fat-2-Lean Low Impact Aerobics
Instructor: P. Latimer
This workout combines 30 minutes of easy-to-follow cardio aerobics sequences that elevate your heart rate and keep you in motion. We wrap things up with 15 to 20 minutes of strength training. We’ll use a combination of weights, balls and chairs to help you focus on balance, strength, and functional movements that mimic daily life activities. Regardless of your fitness goals, this class guarantees a great workout and leaves you feeling accomplished with a smile on your face!

Ages: 16 and up
Tuesday Classes
7 weeks  Resident: $74  NR: $84
Senior:  Resident: $66.60  NR: $75.60
10:00-10:45 am  P/R - Room 115
Tu  Jan 9-Feb 20  Activity Number: 9558
Tu  Mar 5-Apr 16  Activity Number: 9560
Tu  Apr 30-Jun 11  Activity Number: 9561

Thursday Classes
6 weeks  Resident: $63  NR: $73
Senior:  Resident: $56.70  NR: $65.70
10:00-10:45 am  P/R - Room 115
Th  Jan 11-Feb 22*  Activity Number: 9564
*No class Feb 15

7 weeks  Resident: $74  NR: $84
Senior:  Resident: $66.60  NR: $75.60
10:00-10:45 am  P/R - Room 115
Th  Mar 7-Apr 18  Activity Number: 9563
Th  May 2-Jun 13  Activity Number: 9562
Stretch and Tone with a Touch of Pilates
Instructor: C. Baugh
In this class you will learn proper form when weight training. You will strengthen and stretch each muscle group in the body from head to toe. Pilates helps to increase strength in the abdominal muscles and back, as well as improve posture and balance. Please bring your own mat and a towel.

Ages: 16 and up
6 weeks Resident: $45 NR: $55
Senior: Resident: $40.50 NR: $49.50
5:15-6:00 pm BWRC - Multipurpose Rm
W Jan 10-Feb 14 Activity Number: 9636
W Feb 28-Apr 3 Activity Number: 9637
W Apr 17-May 22 Activity Number: 9638

Yoga for the Back
Instructor: C. Baugh
Yoga for the Back is a contemporary approach to classic yoga, targeting strength training and stretching of the back and abdomen. Poses are introduced step-by-step, in a seated or lying down position and emphasize the quality of movement, proper breathing, flexibility, and deep relaxation. Bringing your own mat and towel is highly recommended.

Ages: 16 and up
7 weeks Resident: $60 NR: $75
Senior: Resident: $54 NR: $67.50
4:00-5:00 pm BWRC - Multipurpose Rm
M Jan 8-Feb 26 Activity Number: 9552
M Mar 4-Apr 15 Activity Number: 9553
M Apr 29-Jun 17* Activity Number: 9554
*No class May 27

Thursday Classes
7 weeks Resident: $74 NR: $84
Senior: Resident: $66.60 NR: $75.60
6:00-6:45 pm P/R - Room 115
Th Jan 11-Feb 22 Activity Number: 9555
Th Mar 7-Apr 18 Activity Number: 9556
Th May 2-Jun 13 Activity Number: 9557
*No class May 27

Fat-2-Lean - Teaches Zumba
Instructor: P. Latimer
Come join a class where there’s always a party! You don’t have to know how to dance, just move and groove your body to the beat of Latin, Hip Hop and Reggae music to name a few. It’s the best thing going to help get into shape.

Ages: 18 and up
Monday Classes
6 weeks Resident: $63 NR: $73
Senior: Resident: $56.70 NR: $65.70
6:00-6:45 pm P/R - Room 115
M Jan 8-Feb 26* Activity Number: 9552
*No class Jan 15, Feb 19

Thursday Classes
7 weeks Resident: $74 NR: $84
Senior: Resident: $66.60 NR: $75.60
6:00-6:45 pm P/R - Room 115
Th Jan 11-Feb 22 Activity Number: 9555
Th Mar 7-Apr 18 Activity Number: 9556
Th May 2-Jun 13 Activity Number: 9557
ADULT PROGRAMS

Beginning Tai Chi with Jay
Instructor: J. Little
Learn the slow, gentle movements of the Tai Chi form that has been practiced for hundreds of years to nourish and strengthen the whole body, mind, and spirit.

Ages: 16 and up

Monday Class at Parks & Recreation Bldg
6 weeks    Resident: $30    NR: $35
Senior:    Resident: $27    NR: $31.50
6:00-7:00 pm    P/R - Lower Level Dance Studio
M    Jan 8-Feb 26* Activity Number: 9639
M    Mar 11-Apr 15 Activity Number: 9640
*No class Jan 15 & Feb 19

Thursday Class at Beech Woods Rec. Center
6 weeks    Resident: $25    NR: $35
Senior:    Resident: $22.50    NR: $31.50
9:30-10:30 am    BWRC - Multipurpose Rm
Th    Jan 11-Feb 15 Activity Number: 9642
Th    Feb 29-Apr 4 Activity Number: 9643
Th    Apr 18-May 23 Activity Number: 9644

Tai Chi Form
Instructor: J. Little
This class is a continuing Tai Chi class for those who know and understand the basics. Focus is on the Tai Chi Form. Instructor approval needed to take class.

Ages: 16 and up

6 weeks    Resident: $30    NR: $35
Senior:    Resident: $27    NR: $31.50
10:45-11:45 am    BWRC - Multipurpose Rm
Th    Jan 11-Feb 15 Activity Number: 9651
Th    Feb 29-Apr 4 Activity Number: 9652
Th    Apr 18-May 23 Activity Number: 9653

BWRC  Beech Woods Recreation Center  22200 Beech Road (South of Nine Mile Rd)
P/R  Parks & Recreation Building  26000 Evergreen Road

Questions?  (248) 796-4620  www.cityofsouthfield.com
**Special Interest**

**The Art of Makeup and Etiquette**
*Instructor: R. Robinson*
Elevate your confidence and charm with this transformative class. A delightful blend of beauty and grace taught by a highly experienced and licensed makeup artist. Discover the art of enhancing your natural beauty through expert makeup techniques while mastering the social skills and etiquette that will empower you to shine in any setting.

Ages: 18 and up
6 weeks  
**Resident: $180**  **NR: $195**
**Senior:**  
**Resident: $162**  **NR: $175.50**
7:00-9:00 pm  
P/R - Room 223
Tu Jan 23-Feb 27  
Activity Number: 9730
Tu Mar 5-Apr 9  
Activity Number: 9731

**CPR and AED Training**
*Instructor: M. Medici*
American Heart Association CPR and AED Training. CPR (cardiopulmonary resuscitation) can help save a life if a person's breathing or heart stops. It's not just for healthcare workers and emergency responders. In fact, CPR can double or triple the chance of survival when bystanders take action! Certification card is good for 2 years.

Ages: 18 and up
1 day  
**Resident: $55**  **NR: $65**
**Senior:**  
**Resident: $45.50**  **NR: $58.50**
10:00 am-1:00 pm  
P/R - Room 221
Tu Jan 16  
Activity Number: 9684
Tu Mar 19  
Activity Number: 9685

**Feed Me!**
*Instructor: R. Obudzinski*
Are calories king? What does counting macros even mean? Come join us for a one-time workshop as we discuss calories, macros, tracking, and nutrition labels. This class is taught by a certified nutritionist.

Ages: 18 and up
1 Hour  
**Resident: $25**  **NR: $30**
**Senior:**  
**Resident: $22.50**  **NR: $27.00**
6:00-7:00 pm  
P/R - Room 115
Tu Jan 23  
Activity Number: 9688

**Jump Start Your Health**
*Instructor: R. Obudzinski*
Overwhelmed and tired of the endless cycle of starting and stopping diets? This 4-week course, taught by a certified nutritionist, will propel you to start making lasting changes with weekly actionable steps.

Ages: 18 and up
**Wednesday Evening Class**
4 weeks  
**Resident: $99**  **NR: $109**
**Senior:**  
**Resident: $89.10**  **NR: $98.10**
6:00-7:00 pm  
P/R - Room 223
W Mar 6-Mar 27  
Activity Number: 9686

**Monday Morning Class**
4 weeks  
**Resident: $99**  **NR: $109**
**Senior:**  
**Resident: $89.10**  **NR: $98.10**
10:00-11:00 am  
P/R - Room 115
M Mar 11-Apr 1  
Activity Number: 9687
**SENIOR DROP-IN FUN & GAMES**

**Monday**
- **Chair Exercise***
  - 11 am - 12 pm
- **Games**
  - Dominoes, Chess, Backgammon
- **Cards**
  - Euchre, Spades, Hand and Foot
  - 12:30 - 3:30 pm

**Tuesday**
- **Bingo**
  - 10 - 11:30 am
- **Bid Whist**
  - 12:30 - 3:30 pm

**Wednesday**
- **Chair Exercise***
  - 11 am - 12 pm
- **Bridge**
  - 12:30 - 3:30 pm
- **Mahjong**
  - 12:30 - 3:30 pm

**Thursday**
- **Bid Whist**
  - 12:30 - 3:30 pm
- **Games**
  - Dominoes, Chess, Backgammon
- **Cards**
  - Euchre, Spades, Hand and Foot
  - 12:30 - 3:30 pm

**Senior Drop-in Packages**, good for 10 visits, allow you to participate in a variety of drop-in programs at the Parks & Recreation Building.

- **$20 Southfield Resident**
- **$30 Non-Resident**

**Note:** *Chair Exercise* is not part of the Senior Drop-in Package but it is a drop-in class, the daily drop-in fee for this program is $5/Resident $6/Non-resident.

**SENIOR SPORTS DROP-IN**

**at Beech Woods Recreation Center,**
22200 Beech Road

10 AM - 12 PM JAN 8 - MAY 17

**Monday**
- **BOUNCE VOLLEYBALL**

**Tuesday**
- **Pickleball**
  - Matches set up each week. Rackets and balls available.

**Wednesday**
- **BOUNCE VOLLEYBALL LEAGUE PLAY**
  - Through March 13

**Thursday**
- **INDOOR TENNIS**
  - All levels welcome, partners determined daily.

**Friday**
- **INDOOR TENNIS**
  - All levels welcome, partners determined daily.

$2/SOUTHFIELD RESIDENT PER DAY
$3/NON-RESIDENT PER DAY
Dance/Music

Hustles for Seniors
Instructor: K. Johnson
Seniors will learn basic hustle steps and help create their own hustles to popular Motown music. No partner required.

Ages: 50 and up
5 weeks Resident: $30 NR: $40
12:00-1:00 pm P/R - Lower Level Dance Studio
Th Jan 4-Feb 1 Activity Number: 9549
Th Feb 15-Mar 14 Activity Number: 9550
Th Mar 28-Apr 25 Activity Number: 9551

Fitness

5-Point-0 Fusion Dance
Instructor: H. Patton
In this low-impact, fusion class, you will experience a blend of exercises from different cultures and genres of music. Each 45-minute class will include a cognitive-focused workout to promote body, heart, mind, soul, and spirit enrichment. No experience necessary. Dress comfortably.

Ages: 16 and up

Tuesday Class
6 weeks Resident: $42 NR: $52
Senior: Resident: $37.80 NR: $46.80
11:45 am-12:30 pm AAB - Dance Room
Tu Jan 9-Feb 13 Activity Number: 9622
Tu Feb 27-Apr 2 Activity Number: 9623
Tu Apr 16-May 21 Activity Number: 9624

Thursday Class
6 weeks Resident: $42 NR: $52
Senior: Resident: $37.80 NR: $46.80
11:45 am-12:30 pm AAB - Dance Room
Th Jan 11-Feb 15 Activity Number: 9625
Th Feb 29-Apr 4 Activity Number: 9626
Th Apr 18-May 23 Activity Number: 9627
Special Interest

Cooking for One
Instructor: I. Finley
Always cooked for a crowd? Learn how to cook for one or maybe two people. Hands-on food prep and cooking.

Ages: 50 and up
6 weeks Resident: $30 NR: $35
9:00-10:30 am P/R - Room 115
W Jan 17-Feb 21 Activity Number: 9612

Dine-In Dinner
Join us for dining and games at Southfield Parks and Recreation. This is a casual affair; enjoy conversation, laughs, and games such as cards, Cornhole, and more. Each month our dine-in meal will feature a different local restaurant.

Ages: 50 and up
1 Day Resident: $20 NR: $25
4:00-5:30 pm P/R - Room 115
Th Jan 18 Activity Number: 9628
Th Mar 14 Activity Number: 9666

Solve a Murder Mystery!
Do you have what it takes to catch a killer? We are looking for crime sleuths. You and a specially selected team of detectives will crack codes, analyze clues and work together to solve the mystery and find the murderer. Each month features a different mystery to solve.

Ages: 50 and up
1 Day Resident: $5 NR: $6
10:00-11:30 am P/R - Room 223
Th Jan 25 Activity Number: 9680
Th Feb 22 Activity Number: 9681
Th Mar 28 Activity Number: 9682

Nordic Pole Exercise Class
Instructor: K. Walton
Looking for a workout that’s easy on the joints and can be tailored to suit your individual fitness level? Look no further than Nordic Pole exercise classes! These classes are designed for people of all fitness levels and can be adjusted to meet your specific needs and goals. During class, you’ll walk with poles while performing various exercises, including lunges, squats, and twists. The poles provide resistance, which helps to strengthen the upper body and improve balance and stability. Remember to bring your own poles to class!

Ages: 50 and up
7 weeks Resident: $35 NR: $42
11:00 am-12:00 pm P/R - Room 222-223
M Jan 12-Feb 23 Activity Number: 9606

Special Interest

Moderate Yoga
Instructor: L. Lerman
Moderate Yoga class offers a balanced and accessible approach to yoga, suitable for practitioners of all abilities. In this class, participants can expect a combination of gentle warm-up exercises, a variety of yoga poses and controlled breathing. Emphasis is on building strength, flexibility, and mindfulness in a supportive and encouraging environment. Bring your yoga mat and non-slip socks.

Ages: 50 and up
6 weeks Resident: $60 NR: $70
12:15-1:15 pm P/R - Room 222/223
M Jan 22-Mar 4* Activity Number: 9745
M Mar 11-Apr 15 Activity Number: 9746
*No class Feb 19

Senior (50+) Adult

Senior (50+) Adult

P/R Parks & Recreation Building 26000 Evergreen Road
34 Questions? (248) 796-4620 www.cityofsouthfield.com
Music History Series

Over The Rainbow: The Music of Harold Arlen
A review of Arlen's career, a short introduction about a particular song, and then slides of the vocal artist who is performing that song, such as Between the Devil and the Deep Blue Sea (Ella Fitzgerald), Blues in The Night (Cab Calloway), Black Magic (Billy Eckstine), and of course, Over the Rainbow (Judy Garland).

Ages: 50 and up
1 Day  Resident: $5  NR: $6.50
1:00-2:15 pm  P/R - Room 223
F  Jan 26  Activity Number: 9629

Harry Warren, The Great Unknown Composer
With as many songs on the Great American Songbook list as Irving Berlin and George Gershwin combined, Warren is frequently overlooked when the great composers of popular music are mentioned. Included will be song titles like Chattanooga Choo-Choo, America's first gold record; September in the Rain, Serenade in Blue, and An Affair to Remember.

Ages: 50 and up
1 Day  Resident: $5  NR: $6.50
1:00-2:15 pm  P/R - Room 223
F  Feb 23  Activity Number: 9630

Irving Berlin: Dean of American Songwriters
As with Harold Arlen and the others, this is a review of Berlin's life, an introduction to some of his songs and slides of the performer as the song is being played, such as Always by Patsy Cline, and White Christmas by Bing Crosby.

Ages: 50 and up
1 Day  Resident: $5  NR: $6.50
1:00-2:15 pm  P/R - Room 223
F  Mar 22  Activity Number: 9631

Rhapsody in Blue: The Music of George Gershwin
Like the other composers in this Music History Series, the presenter will introduce a song written by Gershwin, then play a recording of it over slides of the performer. A handout will be used as the presenter briefly talks about Gershwin's life rather than telling it. All of Gershwin's great songs are included.

Ages: 50 and up
1 Day  Resident: $5  NR: $6.50
1:00-2:15 pm  P/R - Room 223
F  Apr 26  Activity Number: 9632
DO YOU HAVE A PASSION FOR GARDENING AND ENJOY THE OUTDOORS?

Join us at the Community Garden!

Mary Thompson Farm Community Garden

Season fee for plots (400 sq. ft.) are $70 for Southfield residents and $85 for non-residents.

New gardeners can reserve a plot on a first-come first-serve basis starting Monday, February 12, 2024 for the 2024 season.

To register or for more information please call the Parks & Recreation Information Desk Monday – Friday from 9:00 am – 5:00 pm at (248) 796-4620.
SUMMER 2024 PICNIC SHELTER RESERVATIONS

CIVIC CENTER PARK SHELTER #1
$200
Maximum occupancy 100 people (15 tables)

BEECH WOODS PARK
$150
Maximum occupancy 65 people (10 tables)

CIVIC CENTER PARK SHELTER #2
$100
Maximum occupancy 50 people (10 tables)
This shelter is available for rental only on the weekends.

PEBBLE CREEK PARK
$275
Maximum occupancy 150 people (18 tables)
Note: no vehicles are allowed past the gate at Pebble Creek Park. No exceptions.

BEGINS AT 9 AM
FRIDAY, MARCH 1, 2024

- Reservations are on a first-come, first-served basis and must be made by a Southfield resident or Business Leisure Card holder.
- Payment in full is required at time of booking. We do not accept personal checks as payment.
- There are no refunds on shelter permits.

SOUTHFIELD PARKS & RECREATION BUILDING
26000 EVERGREEN ROAD
CALL FOR DETAILS
(248) 796-4620
Evergreen Hills Golf Course
(248) 796-4666
The course will open for play this spring once weather permits. Opening hours will vary as the sunrise and temperatures change.

Follow our Facebook page to stay up-to-date on our 2024 Opening Day.

2024 Golf Leagues and Outing
Interested in starting a golf league or reserving an outing at Evergreen Hills Golf Course? Please contact Terri Ryan at (248) 796-4666 or tryan@cityofsouthfield.com for all the details.

Senior Golf League
Ages 50+
Get ready to swing into action! Planning has begun for our annual Senior Golf League. Mark your calendars for the Informational Meeting:
   Tue, April 23 at 10:00 am
in the Southfield Pavilion
For more information contact Angie in Senior Services at (248) 796-4654.

Beech Woods Heated Tees
Open daily, unless temperatures drop below 20°:
   Nov-Feb
   M-F.......11:00 am-7:00 pm
   Sa & Su.....10:00 am-7:00 pm
   Mar-Apr
   M-Su.......9:00 am-8:00 pm
Call the Beech Woods Heated Tees at (947) 216-4653 with any questions.

Adult Golf Camp
Instructor: T. Ryan
Want to improve your golf game before the season gets into full swing? Join PGA Teaching Pro Terri Ryan's 3-day camp and take your skills to the next level. Don't forget to bring your set of clubs!

Day 1: Swing analysis and working at the driving range with irons, hybrids and woods
Day 2: Short game; putting, chipping, pitching, bunker shots and course management.
Day 3: 9-hole scramble at Evergreen Hills Golf Course. Tips and instruction from Terri.

Ages: 19 and up
3 Days   Resident: $150   NR: $170
Senior: Resident: $135   NR: $153
F-Su Apr 26-Apr 28 Activity Number: 9689
F  5:00-7:00 pm   BW Driving Range
Sa 8:00-11:00 am   BW Driving Range
Su 8:00-11:00 am   Evergreen Hills GC

Putting Clinic
Instructor: T. Ryan
Swap your lunch bag for a golf bag and join us for some putting practice at the Evergreen Hills Golf Course! PGA Teaching Pro Terri Ryan will be your guide, sharing nifty tricks and hacks for perfecting your putting game in just 50 minutes.

Ages: 16 and up
1 Hour   Resident: $15   NR: $15
12:00-12:50 pm   Evergreen Hills GC
Th Apr 25 Activity Number: 9690
Golf Lessons
Instructor: T. Ryan
Come out and learn to play the game of golf from PGA Teaching Pro Terri Ryan. Each of the 4 sessions will cover a different aspect of the game.

Ages: 16 and up
2 Weeks  Resident: $50    NR: $65
Senior:    Resident: $45    NR: $58.50
The price of range balls ($6/bucket) is not included.

Level 1
Session 1: Grip, stance, Half-swing
Session 2: Half-swing
Session 3: Full swing
Session 4: Full swing and balance

Tuesday/Thursday Class
5:30-6:20 pm    BW Driving Range
Tu,Th Mar 19-Mar 28 Activity Number: 9693

Monday/Wednesday Class
5:30-6:20 pm    BW Driving Range
M,W Mar 25-Apr 3 Activity Number: 9692
M,W Apr 8-Apr 17 Activity Number: 9691

Level 2
Session 1: Review and work on full swing
Session 2: Hybrids and fairway woods
Session 3: Short Game
Session 4: Putting

5:30-6:20 pm    BW Driving Range
Tu,Th Apr 2-Apr 11 Activity Number: 9695

BW Driving Range  Beech Woods Driving Range  22202 Beech Road
(enter at Beech Woods Recreation Center entrance sign)
Please Note: Special Use permits are required for any large groups, tents, inflatable play structures and amplified music at parks not provided by Southfield Parks & Recreation.
<table>
<thead>
<tr>
<th>Park Name</th>
<th>Location</th>
<th>Services</th>
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<tbody>
<tr>
<td>1. Bauervic Woods Park</td>
<td>9 Mile Road, W of Evergreen</td>
<td>Playlot, Trails, Picnic Area</td>
</tr>
<tr>
<td>2. Bedford Woods Park</td>
<td>Webster, W of Pierce</td>
<td>Playlot, Walking Path, Softball/Little League Field, Soccer Field</td>
</tr>
<tr>
<td>3. Beech Woods Park</td>
<td>22200 Beech Road</td>
<td>50-tee, lighted driving range, Tennis courts, Playlot, Picnic Shelter</td>
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<tr>
<td>5. Burgh Historical Park</td>
<td>NE corner of Civic Center Drive &amp; Berg Rd</td>
<td>Flower Gardens, Historic Site</td>
</tr>
<tr>
<td>6. Carpenter Lake Nature</td>
<td>10 Mile Road, E of Inkster</td>
<td>Interpretive nature trails, Lake fishing access</td>
</tr>
<tr>
<td>7. Civic Center Park</td>
<td>26000 Evergreen Road</td>
<td>Sand Volleyball, Soccer field, Tennis courts (lighted), Racket/Handball courts (lighted), Ballfields (1 lighted), Restrooms, Playlot, 2 Picnic Shelters, Nature trails</td>
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<tr>
<td>8. Freeway Park</td>
<td>Eastbound Lincoln, W of Greenfield Road</td>
<td>Playlot, Walking Paths</td>
</tr>
<tr>
<td>9. Inglenook Park</td>
<td>12 Mile Road between Lahser &amp; Evergreen</td>
<td>4 Softball fields, Accessible play lot, Restrooms, 1 Kilometer long fitness trail</td>
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<tr>
<td>10. Miller Park</td>
<td>Webster, W of Southfield Road</td>
<td>Playlot, Ballfield, Walking Path, Pickleball and Basketball courts</td>
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<tr>
<td>11. Lahser Woods Park</td>
<td>Lahser, N of 11 Mile Road</td>
<td>Picnic Area (no shelter)</td>
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<tr>
<td>12. Lincoln Woods</td>
<td>Enter through Freeway Park</td>
<td>Nature Trails, Wetlands</td>
</tr>
<tr>
<td>13. Mary Thompson House &amp; Farm</td>
<td>Evergreen Road, S of Civic Center</td>
<td>Southfield Community Gardens, Historic Site</td>
</tr>
<tr>
<td>14. Pebble Creek Park</td>
<td>American Drive, W of Franklin</td>
<td>Playlot, Picnic Shelter, Soccer field, Restrooms, Walking/fitness trail</td>
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<tr>
<td>15. Seminole Park</td>
<td>Seminole St., north of Shiawassee</td>
<td>Playlot</td>
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<tr>
<td>16. Stratford Woods Commons</td>
<td>Pierce, S of 10 Mile Rd.</td>
<td>Play Area, Picnic Area (no shelter)</td>
</tr>
<tr>
<td>17. Valley Woods Nature</td>
<td>Civic Center Drive, E of Telegraph</td>
<td>Nature Trail, Fishing</td>
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Outdoor restrooms and water access at Beech Woods Park, Civic Center Park (near the Miracle Field), Inglenook Park, Pebble Creek Park and the Mary Thompson House and Farm are closed/off through May 1.
Refund Policy

A full refund/transfer is given if your class or activity is canceled by Southfield Parks & Recreation, or if we cannot register you because the program is full.

• Refund requests must be made in person, with your original receipt.
• No refunds after the second meeting of the class.
• Requests for refunds received BEFORE the class/activity begins are subject to a $5 Service Fee. Refund requests received AFTER the class/activity has begun are subject to a $5 Service Fee PLUS cost of classes already held (the date on which you make your request determines the amount of your refund).
• Please allow four (4) weeks for refunds.
• If you miss any portion of a class or event due to vacation, schedule conflict or other non-emergency situation, you are ineligible to receive a pro-rated refund.

Walk-In or Phone-In
Cash, money orders and VISA, American Express, Master Card or Discover are accepted.

Parks & Recreation Information Desk Window - inside Southfield Pavilion
(248) 796-4620
Monday-Friday 9 am-5 pm

Beech Woods Recreation Center
(248) 796-4670
Monday-Friday 9 am-5 pm

Online

Register Online

Mail
Registration
Southfield Parks & Recreation Dept.
26000 Evergreen Road, P.O. Box 2055
Southfield, MI 48037-2055

Fax (248) 796-4605

Please use the Registration Form on the following page for Mail or Fax registrations. Payment in full must accompany the form.
Winter 2024 Program Registration Form
This form is not valid for athletic league or camp program registrations.

Family Last Name ____________________________________________________________

Address __________________________________________________________________

City ___________________________ Zip __________________

Phone (Home) ___________________________ Cell ____________________________

Emergency Contact (Name & Phone) ____________________________________________

E-Mail Address ___________________________ Birth date ________________

<table>
<thead>
<tr>
<th>Participant Name</th>
<th>Birth date (mm/dd/yr)</th>
<th>Gender</th>
<th>Activity Name</th>
<th>Activity #</th>
<th>Time</th>
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Southfield Parks & Recreation does not accept personal checks as payment for any class, program, special event, membership or room/site rental.

Payment Method:
Credit Card Visa, Master Card, Discover, American Express

# ___________________________ Exp. Date ____________

CSC/CVV # ___________________________ (3-digit code on the back of Visa, MC or Discover cards, 4-digit code on front of AmEx)

Card holder Signature __________________________________________________________

By registering for Parks & Recreation classes and programs, the registrant realizes and understands the inherent risks involved in the programs and appreciates the nature of the risks. The applicant holds the City of Southfield, and the Parks & Recreation Department harmless for any damages caused by participation in these programs. Participants registering for activities of a strenuous nature are encouraged to seek a physician’s approval.

Signature __________________________________ Date ________________