

The Southfield Scribe



We Want to Hear From You!

Great news! The City of Southfield has been awarded an *Oakland Together Senior Initiatives Centers Matching Grant* in the amount of \$250,000. The funds are allotted to assist senior service organizations with capital improvements, technology, infrastructure, equipment improvements, and professional development. Our funds will be used to update facilities, provide welcoming gathering spaces, create flexibility within the Southfield Pavilion for new programs, and expand the footprint of available space for our Southfield Senior Services.



Many of you have been to the Southfield Pavilion for *Senior Appreciation Night*, *Senior Vendor Fair*, a concert, special event, or even come to enhance your wellness by walking laps throughout the week. This project will make the Southfield Pavilion a much more inviting, versatile space with upgrades to the carpeting, retractable walls, electrical fixtures, and furniture.



We have some exciting programs and events planned for this reinvigorated space, and we'd also love to hear from you! Please take a few moments to answer a few questions and help us and our community create the programs and events that are most important to you!

If you have any questions about this project, please call *Senior Adult Facility Coordinator*, Angela Verges at (248) 796-4650
Thank you so much!

**SHARE YOUR THOUGHTS
WITH US!**



Use Your Voice, We Are Listening!!

Please let us know the programs and events that are important to you.

1. If you could choose an area of recreation that you would like to explore, it would be (circle all that apply)



Nature Education



Fitness



Gardening



Financial Planning



Mindfulness & Wellness



Outdoor Education



Nutrition

Your Suggestions _____

2. What programs do you leave Southfield to attend?

3. What types of Special Events (i.e. concert, holiday celebration, etc.) would you like to see Parks & Recreation offer?

Thank You for your help.

Please return completed survey to:

- **Drop Box** – located in Southfield Pavilion near the Parks & Recreation Information Desk window
- **US Mail** – Southfield Parks & Recreation Department, Attn: Senior Services, 26000 Evergreen Road, Southfield, MI 48076
- **Email** – Angela Verges averges@cityofsouthfield.com

Day Trips - All the Info You Need to Know

Please call Senior Services at 248-796-4650 for more details.



Payments

We accept cash or credit cards (Visa, Master Card, Discover, American Express) for payment.



Transportation - Pick Up/Return

At this time all trips will depart from the Southfield Parks & Recreation Building at 26000 Evergreen Road.



Travel & ID Policy

Receipt must be shown as proof of purchase on the day of the trip. Please note that while on the trip you must follow the group leader's guidelines.

Please be sure to bring your picture ID with you on all trips. Accepted forms of picture ID include government-issued photo identification card, or a driver's license. Please read trip descriptions closely to verify what you need to bring along on the trip.



Cancellations

The City of Southfield cannot be held responsible for cancellations due to the vendor or circumstances beyond our control. On all *Shop Till You Drop*, *Lunch Outs* and *Monthly Casino Trips*, there are no refunds and no transfers.



Trip Refund Policy

- Full refunds are given only if the trip is cancelled by Senior Services.
- If you cancel, a refund will be given only IF Senior Services is able to fill your space.
- A \$5 Processing Fee will be deducted from all customer requested refunds. (Fee is waived if you decide to apply refund as a credit on your account.)
- No refunds on \$5 trips (*Shop Till You Drop*, *Lunch Outs*, *Monthly Casino Trips*, etc.)
- Please allow four (4) weeks for refunds.

We ask that individuals traveling with us on any day trips please park toward the back of the parking lot.
Your consideration is appreciated.

We ask that individuals traveling with us on any day trips please park toward the back of the parking lot. Your consideration is appreciated.
The bus leaves from the Parks & Recreation Building at 26000 Evergreen Road for all Senior Services trips. Please call us at 248-796-4650 for more details.

Senior Lunch Out

Please remember food and tip, are on your own. (Tipping should be about 20%.)

Apr 6 Lily's Seafood Grill - Royal Oak

May 4 First Watch - Royal Oak

June 8 Bahama Breeze - Livonia

11:30 am - 2:30 pm \$5 per person to ride bus



Shop Till You Drop

Enjoy a leisurely morning shopping and exploring a different mall each month. Lunch and shopping are on your own.

Apr 18 Great Lakes Crossing - Auburn Hills

May 16 The Mall at Partridge Creek - Clinton Township

June 20 The Village Of Rochester Hills - Rochester Hills

9:30 am - 2:30 pm \$5 per person to ride bus

Transportation may be requested to pick up off-site for trips. Anyone who wishes to be picked up must be signed up for the trip at least two weeks prior to the date of the trip.
This service is also based on the availability of drivers.
Offsite pick-ups are not available when we travel by motorcoach.

MOTOR CITY CASINO

Try your luck at one of Detroit's local casinos. We will provide round trip bus transportation. Gaming and food are on your own. Limited space available so register early.

Wednesday, Apr 12 9:30 am - 2:30 pm

Southfield Resident Rate: \$5 per person
Non-resident Rate: \$5



Art Gallery Treasure Hunt

Journey with us as we discover art in many different mediums, styles, and unusual places. We will explore a gallery in the morning, before heading off to lunch at *HopCat*. After lunch we are off to discover another gallery. Lunch and tip are on your own.



Wednesday, Apr 26 9:30 am - 3:30 pm

Southfield Resident Rate: \$15 per person
Non-resident Rate: \$20

Ann Arbor Adventure

Experience a guided behind-the-scenes tour of the *Ann Arbor Farmers Market*. Tour includes a cooking demonstration with tasting! Afterwards, there will be time to browse the market, buy fresh produce or baked goods; then head over to one of several nearby restaurants for lunch. Lunch and tip are on your own. Following lunch, we will visit the *Matthaei Botanical Gardens* for a tour of their unique and beautiful garden spaces. Be a part of this springtime adventure!

Wednesday, May 10 9:30 am - 6:30 pm

Southfield Resident Rate: \$60 per person
Non-resident Rate: \$65



GLITZ & GLAMOUR MUSICAL SHOW



Join us for a dazzling musical variety show and lunch at the *Older Persons Commission* in Rochester. The show features dancers, singers, comedians and performers all over the age of 50. Trip includes bus transportation, lunch, dessert and show tickets.

Wednesday, May 17 10:30 am - 4:00 pm

Southfield Resident Rate: \$35 per person
Non-resident Rate: \$40

SHIPSHEWANA, INDIANA

Come experience the Midwest's largest outdoor flea market with hundreds of vendors selling clothing, crafts, jewelry, books, music, Amish baked goods and more! Be sure to wear comfortable walking shoes. Scooters are available to rent. Please contact venue directly, should you wish to rent one. We will relax with an Amish buggy or horse drawn wagon ride through the beautiful countryside. Then it is back on the bus to Middlebury, for a delicious early buffet dinner with a vegetarian option.



Wednesday, May 31 7:00 am - 9:30 pm

Southfield Resident Rate: \$105 per person
Non-resident Rate: \$115

Senior Day at The Detroit Zoo



Feel like a kid again as you spend the day exploring the *Detroit Zoo*! Enjoy special keeper talks and senior activities planned by the zoo's staff. Relax in the beautiful gardens or enjoy a snack at the concession stand (food is on your own). Roam through the *Polk Penguin Conservation Center* or leisurely explore the 125 acres of award-winning attractions.

Wednesday, June 7 9:30 am - 3:00 pm
\$5 per person Resident & Non-resident

Greenfield Village

Stroll through 300 years of American history. See famous buildings such as *The Wright Brothers* bicycle shop, Thomas Edison's *Menlo Park* laboratory, Henry Ford's boyhood home and more. Watch craft demonstrations such as glassblowing, pottery making, weaving, and cooking in a 19th century farmhouse. Relax by the river at Suwanee Landing as you enjoy a snack or light lunch. Food is on your own. Wear comfortable walking shoes. Scooters are available for rent on a first come basis for \$20.



Wednesday, June 14 9:30 am - 2:30 pm
Southfield Resident Rate: \$45 per person
Non-resident Rate: \$50

GUN LAKE CASINO

Enjoy summer fun at *Gun Lake Casino*! There are over 2,000 gaming machines to play, with wagers from a penny and up. Try your hand at one of the many table games, some with a unique spin on the classics, like *Three Card Poker* or *Progressive Mississippi Stud*. Each participant will receive \$10 in Slot Play and a \$10 food coupon. Please note incentive packages are subject to change.

Thursday, June 29 8:00 am - 7:00 pm
Southfield Resident Rate: \$40 per person
Non-resident Rate: \$45



**Space is limited on the bus.
Don't wait to register or you
could miss out!**

An Evening of Elegance

Dinner, Dancing and Comedy

For the Mature Crowd - 50+ After 5 Attire

Saturday, May 20

6 - 9 pm

Southfield Pavilion

Tickets: \$35/Resident \$45/Non-resident
Cash Bar

Contact Senior Services at (248) 796-4650, for registration details.

Drop in at the Parks & Recreation Building

Drop-in fees are \$2/Resident: \$3/NR (unless otherwise noted) payable at the door.

Bingo

Tu, 10 - 11:30 am Apr 4 - Aug 29

Bridge

W, 12:30 - 3:30 pm Apr 5 - Aug 30

Mahjong

W, 12:30 - 3:30 pm Apr 5 - Aug 30

Bid Whist

Tu, 12 - 3:30 pm Apr 4 - Aug 29

Th, 12 - 3:30 pm May 4-Aug 31

Chair Exercise

M, 11 am - 12 pm Apr 3 - Jun 26

W, 11 am - 12 pm Apr 5-Jun 28

Daily Fee \$5/R \$6/NR



Senior Golf League

Like to golf and want to golf weekly? Want to meet new people or get together with friends? Want to have FUN? Join our Senior Golf League at Evergreen Hills Golf Course this summer. Individuals and foursomes are welcome. Reserved tee time, registered golfer giveaway, and contest opportunities included. For more information or to reserve your tee time spot, please contact Angie at (248) 796-4654.

There will be an informational Golf League Meeting on Tue, April 25 at 10 am in the Southfield Pavilion.

Registration Deadline: Fri, Apr 28

Regular League Ages: 50 and up

Price does not include golf cart fee of \$9/person, per week.

16 weeks **Resident: \$170 NR: \$190**

Tu May 9-Aug 22 7:10-10:30 am Evergreen Hills GC

Activity Number: 9228

Rotating League Ages: 50 and up

Times and partners rotate each week.

Price does not include golf cart fee of \$9/person, per week.

15 weeks **Resident: \$170 NR: \$190**

Th May 11-Aug 24 8:30-10:50 am Evergreen Hills GC

Activity Number: 9229



Senior Sports Open Play

at Beech Woods Recreation Center

Drop-in fees are \$2/Resident: \$3/NR payable at the office.

Pickleball

Tuesdays 10 am - 12 pm

April 25 - May 30

Indoor Tennis

Thursdays, Fridays

10 am - 12 pm

April 27 - May 5

Bounce Volleyball

Mondays, Wednesdays 9 - 11 am

April 24 - May 22



Spring Tea

Thursday, April 20
12 - 1:30 pm

\$20/Resident
\$30/Non-resident

Room 115,
Parks &
Recreation
Building



May Brunch

Thursday, May 18
11 am - 12:30 pm

\$20/Resident
\$25/Non-resident

Room 115,
Parks & Recreation Building



You must register in advance for all Senior Special Events.

JUNETEENTH LUNCHEON



JUNETEENTH FREEDOM DAY

\$20/Southfield resident
\$25/Non-resident

Thursday, June 15
12 - 1:30 pm

Parks & Recreation Building,
Room 115

ICE CREAM SOCIAL

Thursday, July 20
12 - 1:30 pm

\$20/Resident

\$25/Non-resident



Mary Thompson Farm

TOSS (*Transportation of Southfield Seniors*)

Are you familiar with our TOSS Pass? It is the new, easy, and convenient way to use our Transportation of Southfield Seniors service, no need to carry cash. You will need a TOSS pass each time you ride with us.



Transportation of Southfield Seniors - TOSS is currently providing transportation to medical appointments, grocery shopping, pharmacies, some retail stores and banks between the hours of 8:30 am-3:30 pm, Monday - Friday. The dispatcher is available to take your reservation Monday, through Friday from 8:30 am -1:30 pm. Appointments must be confirmed with the dispatcher. No same day or next day rides available.

Masks are required for all riders and drivers. The number of riders on each bus is limited, all touch points are being wiped after each rider and buses are being cleaned daily.

Bus service is provided to Southfield residents in the geographical area of 8 Mile to 14 Mile and Coolidge to Middlebelt. If you have any questions, or would like to schedule a reservation, please call the TOSS office at 248-796-4658 and leave a message with your name, phone number and someone will return your call as soon as possible.

If you need service outside of TOSS hours, or are not a Southfield or Lathrup Village resident, please call the SMART Connector at 866-962-5515.

This service is funded and operated by the joint efforts of the City of Southfield, SMART funds, Corewell Health (formerly Beaumont Health) and Ascension SE Michigan Mission Fund.



Ascension



New Classes with Parks & Recreation

Nordic Pole Exercise Class

Walk with hiking poles while performing a variety of exercises like lunges, squats and twists. The poles add resistance to the workout, which can help strengthen the upper body and improve balance and stability. Please bring your own poles.



7 weeks **Resident: \$35** **NR: \$42**
11:00 am-12:00 pm P/R - Room 115
F Apr 14-May 26 Activity Number: 9273

6 weeks **Resident: \$30** **NR: \$36**
11:00 am-12:00 pm P/R - Room 115
F Jun 9-Jul 14 Activity Number: 9274

Acting Out

Instructor: Black and Brown Theatre

This class helps participants discover their acting potential through memorizing and performing a short scene. Learn how to develop a believable character and authentically communicate on stage. The final week of class will feature a showcase for family and friends.



4 weeks **Resident: \$40** **NR: \$50**
1:00-2:30 pm P/R - Room 115
Th Jun 15-Jul 6 Activity Number: 9249

Improv

Instructor: Black and Brown Theatre

This class helps participants learn how to spontaneously create engaging scenes through theatre games and exercises. If you enjoy shows such as *Wild-N-Out*, *Saturday Night Live*, and *Whose Line Is It Anyway*, you will enjoy this class.

4 weeks **Resident: \$40** **NR: \$50**
1:00-2:30 pm P/R - Room 115
Th May 11-Jun 1 Activity Number: 9251

Music History Series

Join us each month and travel back in time and take a peek at the history of music with Stu Johnson.

All *Music History Presentations* take place from 1:00-2:15 pm in P/R Building- Room 223

A Travelogue in Jazz - The States

This month we highlight songs that have city names in the title. A short history of each city is included as songs such as *Chicago*, *Kalamazoo*, *It Happened in Monterey*, and *New York, New York*, play over slides of the city's features.



1 day **Resident: \$5** **NR: \$6.50**
F Apr 28 Activity Number: 9236

Music of the War Years

Hear songs that are closely associated with the war, like *I'll Be Seeing You*, *It's Been a Long, Long Time*, and *Sentimental Journey*. We'll look at stars like the Andrews Sisters, Margaret Whiting, and Peggy Lee, and end with a Salute to the Armed Forces, and *God Bless America* with Kate Smith.

1 Day **Resident: \$5** **NR: \$6.50**
F May 26 Activity Number: 9237

Swingin' Sounds of Cole Porter

Learn about the life of Cole Porter through an introduction to some of his songs including: *Night and Day*, *Begin the Beguine*, *All of You*, and *Anything Goes*.

1 Day **Resident: \$5** **NR: \$6.50**
F Jun 23 Activity Number: 9238

Commission on Senior Adults (COSA): The Information Resource for Southfield Seniors

A Space to Call Their Own

As you may or may not be aware, the City of Southfield has recently announced that it has been awarded a \$250k matching grant! The proceeds from the grant can be used to make capital improvements or improve technology, infrastructure, equipment improvements, and personal development. The program is part of the Oakland County Board of Commissioners' \$8.5 million for the *Oakland Together Seniors Initiative* which was created to distribute *American Rescue Plan Act* dollars. Along with the funds provided by the grant, Southfield City Council has agreed to put forth a matching amount of money from the City's General Fund. The City plans to use the grant to make improvements/repairs to the Southfield Pavilion including repairing the 30-foot retractable walls, replacing worn carpet (which has become a trip-hazard), replace failing electrical outlets in the floor and adding new furniture to make the space more inviting. On behalf of Southfield's Senior population, COSA would like to extend its sincerest thanks to City Council, the Oakland County Board of Commissioners, and the staff of the Southfield Parks and Recreation Department who were crucial in the application process for obtaining the grant.

As a recommendation body, COSA's primary role is to serve as a conduit for relaying the voice of Southfield residents to the City as it pertains to senior-citizens. COSA plans to remain engaged with the City through the process of planning and implementing the improvements that will be targeted with the grant funds. We encourage the community to do the same through participation in upcoming Council meetings, the City's forthcoming surveys/requests for feedback, and COSA meetings to ensure you can provide your input.

"We don't have a stand-alone senior center" stated Russell Malburg of Parks and Recreation during an interview with the *Southfield Sun*. "Ours is within our Parks and Recreation building. It used to be in our office areas, and then a common room. Well, the common room got completely re-imagined to help spread our staff out and keep them safe. So now our seniors don't have one particular room to go to for registering for trips, classes and programs. Because of this, we really needed to expand our footprint for our seniors, because Southfield has a large population of seniors."

COSA is thrilled about the opportunity that this grant funding presents. Through COSA's *AARP Age Friendly Community* project and community conversations, COSA also recognizes that there is both a strong need and desire within the Community for a dedicated stand-alone Senior Center like that of some of our peer communities. We hope by continuing to share this desire with City Council and the Mayor that Southfield can begin to work toward evaluating the viability of a standalone Senior Center in our community as well as to look opportunistically for potential sources of funding.

COSA is now meeting in-person and we welcome YOU to attend our meetings, held on the 3rd Thursday of each month. Members of the public have the option to join the meeting via telephone. For more information, please call Rhonda Terry at the City of Southfield, Human Services Department, at (248) 796-4540 or email rterry@cityofsouthfield.com. A COSA member will call you back.

Southfield Human Services

For more information on any of the programs listed below, please call the Southfield Human Services Department at 248-796-4540.



The Emergency Food Assistance Program (TEFAP)

This program is open to any Oakland County resident, and allows participants to pick up one (1) bag of nonperishable food. Please contact Human Services for program eligibility.



Focus Hope

Focus Hope provides individuals 60 years of age and older with one (1) box of non-perishable food. Please call Southfield Human Services for income eligibility details and distribution dates.

Department of Health and Human Services' Mobile Social Worker

The Mobile Social Worker will be available to help residents: apply for food, Medicaid, cash and emergency assistance, as well as answer case questions and refer to other agencies. Please go to www.michigan.gov/mibridges or call 248-262-6400 for details.

Lakeshore Legal Aid

Lakeshore Legal Aid offers residents a chance to speak with an attorney free of charge. Please call 888-783-8190 for more details.

Michigan Prescription Discount Cards

Michigan Prescription Card is a free statewide prescription assistance program available to Michigan residents. There are no restrictions or eligibility requirements—anyone can use the card regardless of age, income or preexisting conditions.

The Chore Program

The Chore Program is for all Southfield homeowners who are senior citizens, 62 or older, living alone, OR Certified handicapped living alone and whose annual income meets Federal guidelines: for a family of ONE the income must be \$27,500 or less and for a family of TWO the income must be \$31,400 or less.

Chore services include yard work (lawn care, shrub and tree trimming and leaf pick-up), snow removal, window and gutter cleaning, minor plumbing, minor furnace repair, minor electrical repair, minor painting and carpentry. Each qualified homeowner is allowed \$500 per year for the labor involved, while the client is responsible for material used. By helping with home and yard maintenance, the Chore Program enables homeowners to stay in their homes.



If you have any questions about The Chore Program, please call Denise Glinz, Chore Coordinator, at 248-796-4180.

Southfield Senior Services
26000 Evergreen Road
Southfield, MI 48076

PRESORTED STANDARD
US POSTAGE PAID
SOUTHFIELD, MI
PERMIT NO. 30

City Officials

Kenson J. Siver, *Mayor*

City Council

Michael "Ari" Mandelbaum, *Council President*

Linnie Taylor, *Pro Tem*

Nancy L.M. Banks

Daniel Brightwell

Lloyd Crews

Myron Frasier

Coretta Houge

Allyson Bettis, *City Clerk*

Irv M. Lowenberg, *Treasurer*

Frederick E. Zorn, *CEcD City Administrator*

Parks & Recreation Board

Jeannine D. Reese, *Chairperson*

Rosemerry D. Allen

Chana Baumol

Brandon B. Gray

Kathleen A. McNelis

Timothy Forrest, *Student Representative*

Parks & Recreation Department

Terry Fields, *Director*

Senior Services

Angela Verges, *Senior Coordinator*

Cathy Fresia, *Recreation Programmer*

Clerical Staff

Erica Copeland

Betty Simmons

Ruth Williams



Registering for Programs

The Southfield Senior Services office remains closed to the public until further notice.

Program sizes are limited and all programs require pre-registration. Registration can be done safely from your home:

- In-person Monday-Friday from 9 am-5 pm at the Parks & Recreation Information Window inside the Southfield Pavilion (26000 Evergreen Road)
- By phone at (248) 796-4620, Monday-Friday from 9 am - 5 pm
- Online at <https://apm.activecommunities.com/southfieldparks>

The Southfield Scribe can be mailed to your residence.

If you would like to receive the *Scribe* by mail, please call us at 248-796-4650.

The Southfield Scribe is also available online at

www.cityofsouthfield.com/departments/parks-recreation/senior-activities



Individuals with special needs who plan to attend any of the included programs should contact Senior Services at 248-796-4650 if auxiliary aids or services are needed. Reasonable advanced notice is required.