



# SOUTHFIELD PARKS & RECREATION

Spring/Summer 2023

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## Parks & Recreation Building

26000 Evergreen Road ..... (248) 796-4620  
M-F ..... 9:00 am-5:00 pm

**Senior Services** (former Adult Recreation Center 50+)  
26000 Evergreen Road ..... (248) 796-4650  
M-Th..... 9:00 am-4:00 pm  
F ..... 9:00 am-2:00 pm

## Arts & Activities Building

26000 Evergreen Road ..... (248) 796-4620

## Beech Woods Recreation Center

22200 Beech Road ..... (248) 796-4670  
**Office Hours Apr 10-Aug 31**  
M-F..... 9:00 am-5:00 pm

## Beech Woods Wellness Center..... (248) 796-4676

**April 1 - June 30**  
M-F..... 9:00 am-5:00 pm

**July 1 - August 31**  
M-F..... 9:00 am-4:00 pm

## Beech Woods Driving Range

**Opens May 1, 2023**  
22202 Beech Road..... (248) 796-4655  
M-W, F ..... 9:00 am-8:00 pm  
Th..... 11:00 am-8:00 pm  
Sa & Su..... 8:00 am-8:00 pm

## Burgh Historical Park

Northeast corner of Civic Center Drive & Berg Road  
26060 Berg Road ..... (248) 796-4644

## Evergreen Hills Golf Course

**Opens April 1, 2023** (weather permitting)  
26000 Evergreen Road ..... (248) 796-4666

## Park Services

26000 Evergreen Road ..... (248) 796-4630  
M-F ..... 7:30 am-3:30 pm

## Southfield Sports Arena

26000 Evergreen Road ..... (248) 796-4640

## Southfield Pavilion

26000 Evergreen Road ..... (248) 796-4620

## Vollbrecht Planetarium

19100 Filmore Road..... (248) 796-4630  
Use the Planetarium entrance at the east end of  
Adler Elementary School.

### On the Cover:

Look at those smiles!  
They must have championship right?  
They went 0-12. But they had a great  
time! Come experience our Adult Softball  
Leagues. See page 26 for details.

*On occasion, Parks & Recreation staff will take pictures of individuals using our parks and facilities or participating in our special events, programs or classes. Please be aware that these photos are for Parks & Recreation Department use only and may be used in future promotional pieces such as social media posts or printed materials such as flyers or activity brochures.*

# Park Projects Update

1

## New Play Equipment



2

## Civic Center Park Tennis Court Renovations



### *Scheduled Spring 2023*

Existing courts will be resurfaced and new light poles and foundations will be installed.

Anticipated completion July 2023

3

## Carpenter Lake Nature Preserve



### *Scheduled Spring 2023*

Expanding and repairing parking lot  
Adding small classroom shelter  
Adding year-round restrooms

# Summer Day Camps

## Attention Parents - Resident Registration Begins April 17

Registration will be conducted at the Southfield Parks & Recreation Information Desk beginning April 17. Non-resident (NR) registration begins Monday, April 24.

No online, mail-in or faxed registrations will be accepted for any summer camp program. Registration must be done in person. Parents or guardians are asked to please be prepared with the following items at registration:

- Show child's Birth Certificate
- Fill out and sign medical/liability/COVID-19 protocol forms. (Signature must be parent or guardian and must be witnessed.)
- Provide medical and insurance information and emergency phone numbers.
- Payment for all camp fees must be made at time of registration by cash or credit card only.

We will be following current protocols from the State of Michigan, the City of Southfield and the Oakland County Health Division to keep your children safe and healthy. We will provide all parents with a written copy of our safety protocols. You must sign off on these protocols in order for your child to attend camp.

There are maximum enrollments established for each program. Sessions are filled on a first-come, first-served basis. If space is not available for the camp you want to register your child for, you can elect to be placed on a waiting list. If a spot opens up and we call you from the waiting list you have 24 hours from the time of our call to respond before we call the next person in line.



## Session Fees

Fees are listed under camp descriptions. Participants will need to bring a lunch, snack and drinks every day. Field trips are included in session fees.

## Refunds

To receive a full refund on camp programs, notify the appropriate office in person no later than the WEDNESDAY prior to the first day of the program and present your original receipt (\$5 is withheld as an administrative charge).

# Summer Day Camps

## Camp Tadpole

Specially designed for little ones, this camp features arts & crafts, story time, games, songs, outdoor playtime and fun field trips. Each day child will need a sack lunch, snack, and at least two drinks.

Ages: 5 - 7 as of Jun 20 (must have completed Kindergarten and be toilet-trained)

4 Days      **Resident: \$120**      **NR: \$136**  
 9:00 am-4:00 pm      SSA  
 Tu-F    Jun 20-Jun 23      Activity Number: 9030

1 week      **Resident: \$150**      **NR: \$170**  
 9:00 am-4:00 pm      SSA  
 M-F    Jun 26-Jun 30      Activity Number: 9031  
 M-F    Jul 10-Jul 14      Activity Number: 9032  
 M-F    Jul 17-Jul 21      Activity Number: 9033  
 M-F    Jul 24-Jul 28      Activity Number: 9034  
 M-F    Jul 31-Aug 4      Activity Number: 9035  
 M-F    Aug 7-Aug 11      Activity Number: 9036

## Camp Wildwood

Camp Wildwood offers kids a summer of fun making friends outdoors at the Civic Center Park. Small groups will spend their days playing organized games, doing arts & crafts and playing sports. Each week features a new theme such as Camp Olympics as well as a field trip. Each day child will need a sack lunch, snack, and at least two drinks.

Ages: 8 - 9 as of Jun 20  
 4 Days      **Resident: \$120**      **NR: \$136**  
 9:00 am-4:00 pm      SSA  
 Tu-F    Jun 20-Jun 23      Activity Number: 9037

1 week      **Resident: \$150**      **NR: \$170**  
 9:00am-4:00 pm      SSA  
 M-F    Jun 26-Jun 30      Activity Number: 9038  
 M-F    Jul 10-Jul 14      Activity Number: 9039  
 M-F    Jul 17-Jul 21      Activity Number: 9040  
 M-F    Jul 24-Jul 28      Activity Number: 9041  
 M-F    Jul 31-Aug 4      Activity Number: 9042  
 M-F    Aug 7-Aug 11      Activity Number: 9043



## Camp Evergreen

Camp Evergreen lets boys and girls spend their summer with their friends playing camp games, participating in special events and arts & crafts. Each weekly session brings a new theme and field trip destination. Each day child will need a sack lunch, snack, and at least two drinks. Activities are planned for children ages 10-12, but we will accept 13 year olds in the program.

Ages: 10 - 13 as of Jun 20  
 4 Days      **Resident: \$120**      **NR: \$136**  
 9:00 am-4:00 pm      SSA  
 Tu-F    Jun 20-Jun 23      Activity Number: 9023

1 week      **Resident: \$150**      **NR: \$170**  
 9:00 am-4:00 pm      SSA  
 M-F    Jun 26-Jun 30      Activity Number: 9024  
 M-F    Jul 10-Jul 14      Activity Number: 9025  
 M-F    Jul 17-Jul 21      Activity Number: 9026  
 M-F    Jul 24-Jul 28      Activity Number: 9027  
 M-F    Jul 31-Aug 4      Activity Number: 9028  
 M-F    Aug 7-Aug 11      Activity Number: 9029

## Camp Scholarships

If your child wishes to attend camp, but you don't have the funds available, call Southfield Youth Assistance at (248) 746-7658. The volunteers at Southfield Youth Assistance raise money to provide scholarships for young people who are in need of an enriching summer experience.

Southfield Youth Assistance is the only form of scholarship that we accept.

SSA

Southfield Sports Arena

26000 Evergreen Road

# Summer Day Camps

## Junior Golf Camp

Instructor: T. Ryan

Children that want to learn the game of golf will receive expert instruction from PGA professional Terri Ryan and members of her staff. Instruction will be a mix of drills and fundamentals as well as some games that teach necessary skills to become a better player. Students will be able to compare their swing at beginning and end with our swing analyzer. Please bring a snack and a water bottle.

Ages: 8 - 15

4 Days      **Resident: \$130**      **NR: \$150**  
 9:00 am-12:00 pm      BW Driving Range  
 M-Th Jun 26-Jun 29      Activity Number: 9115  
 M-Th Aug 7-Aug 10      Activity Number: 9122



## Love's Summer Indoor Volleyball Camp

Instructor: Coach Alisha Love

Coach Love and staff will combine having fun with learning how to pass, serve, spike and set in a healthy and safe manner. Learn drills, show your skills and have thrills! Competitions will be held on the last day.

Ages: 8 - 18

1 week      **Resident: \$160**      **NR: \$180**  
 9:00 am-12:00 pm      BWRC - Court D  
 M-F Jul 10-Jul 14      Activity Number: 9133  
 M-F Jul 24-Jul 28      Activity Number: 9134  
 M-F Aug 14-Aug 18      Activity Number: 9136  
 M-F Aug 21-Aug 25      Activity Number: 9137



## Southfield Basketball Camps

Instructor: G. Blackwell

The Reggie McKenzie Foundation "Commitment to Character" basketball camp, will put campers through drills each day focusing on ball-handling, creating your own shot off the dribble, passing, and other aspects of the game. The RMF camp will also focus on the mental approach to the game as well as teaching campers the importance of leadership and sportsmanship while participating in sports. Lastly, 5-on-5 games will also be played. The camp coordinators are Glynn Blackwell, Chico Hamilton and Alexis Williams.

Ages: 7 - 17

1 week      **Resident: \$140**      **NR: \$160**  
 9:00 am-3:00 pm      BWRC - Court 2  
 Tu-F Jun 20-Jun 23      Activity Number: 9077

1 week      **Resident: \$170**      **NR: \$190**  
 9:00 am-3:00 pm      BWRC - Court 2  
 M-F Jun 26-Jun 30      Activity Number: 9078  
 M-F Jul 17-Jul 21      Activity Number: 9079  
 M-F Jul 24-Jul 28      Activity Number: 9080  
 M-F Jul 31-Aug 4      Activity Number: 9081  
 M-F Aug 14-Aug 18      Activity Number: 9082

**BWRC**

**Beech Woods Recreation Center**

**22200 Beech Road  
 (South of Nine Mile Rd)**

# BIKE SAFETY NIGHT

WEDNESDAY, MAY 3

5 - 7 PM

Southfield Municipal Campus front lawn

Free bike safety checks with  
**Trek Bicycle of Royal Oak**

Bike Helmet Giveaway to the  
first 400 visitors courtesy of



**June 28 6 - 9 pm**  
Outdoor Movie Begins at 8:20 pm  
**Puss in Boots: The Last Wish**

**August 16 6 - 9 pm**  
Outdoor Movie Begins at 8:20 pm  
**DC League of Super Pets**

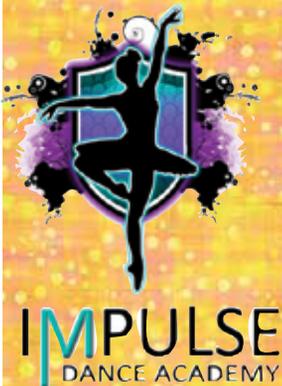
**Free Admission**

**Southfield Municipal Campus front lawn,  
26000 Evergreen Road**



Questions? (248) 796-4620

[www.Facebook.com/SouthfieldParksandRecreation](http://www.Facebook.com/SouthfieldParksandRecreation)



# ***IMPULSE DANCE SUMMER SHOWCASE*** **Saturday, August 19**

# ***IMPULSE DANCE OPEN HOUSE*** **Saturday, August 26**

## **Dance/Music**

### **Mini Ballet**

Instructor: R. McMorris

Introduction of classical ballet technique and terminology. Based on a combination of the French, Vaganova and Cecchetti methods as students progress.

Dress Code: black leotard; pink tights; pink ballet slippers; hair secured in a bun (No tutus/skirts).  
Registration includes a T-shirt.

Ages: 3 - 5

6 weeks      **Resident: \$85**      **NR: \$100**  
5:00-5:45 pm      AAB - Dance Room  
Tu      Jul 11-Aug 15      Activity Number: 9094

5:00-5:45 pm      AAB - Dance Room  
Th      Jul 13-Aug 17      Activity Number: 9095

### **Mini Hip Hop**

Instructor: R. McMorris

Introduction to the vocabulary, style and self-expression of hip-hop movement. This high energy class is taught to students with a passion to move!

Dress Code: comfortable, loose-fitting clothing that will allow ease of movement; dance shoes/sneakers (no street shoes, jeans, or midriff tops) Registration includes a T-shirt.

Ages: 5 - 7

6 weeks      **Resident: \$85**      **NR: \$100**  
6:00-6:45 pm      AAB - Dance Room  
Th      Jul 13-Aug 17      Activity Number: 9096

### **All Boys Hip Hop**

Instructor: R. McMorris

All boys introduction to the vocabulary, style and self-expression of hip-hop movement. This high energy class is taught to students with a passion to move!

Dress Code: comfortable, loose-fitting clothing that will allow ease of movement; dance shoes/sneakers; (no street shoes, jeans) Registration includes a T-shirt.

Ages: 5 - 7

6 weeks      **Resident: \$85**      **NR: \$100**  
5:00-5:45 pm      AAB - Dance Room  
Th      Jul 13-Aug 17      Activity Number: 9258

### **Junior Jazz**

Instructor: R. McMorris

Combines technique of classical ballet and modern dance with current forms of popular dance. Emphasizes balance, isolations, flexibility, coordination, timing, strength and creative expression. Each level of jazz is a continuation of the previous level and increases in difficulty.

Dress Code: any color leotard; black Jazz pants/shorts; black tights; black jazz shoes; hair in bun/ponytail (No midriff shirts). Registration includes a T-shirt.

Ages: 6 - 10

6 weeks      **Resident: \$85**      **NR: \$100**  
6:00-6:45 pm      AAB - Dance Room  
Tu      Jul 11-Aug 15      Activity Number: 9093

**AAB**

**Arts & Activities Building**

**26000 Evergreen Road  
(Near the tennis courts)**

# Fun for Kids

## Jr/Teen Ballet

Instructor: R. McMorris

Introduction of classical ballet technique and terminology. Class includes barre exercises, center work and across the floor combinations. Based on a combination of the French, Vaganova and Cecchetti methods as students progress.

Dress Code: black leotard; pink tights; pink ballet slippers; hair secured in a bun (No tutus/skirts)

Registration includes a T-shirt.

Ages: 6 - 14

6 weeks      Resident: \$85      NR: \$100  
7:00-7:45 pm      AAB - Dance Room  
Tu      Jul 11-Aug 15      Activity Number: 9091

## Jr/Teen Hip Hop

Instructor: R. McMorris

Introduction to the vocabulary, style and self-expression of hip-hop movement. This high energy class is taught to students with a passion to move!

Dress Code: comfortable, loose-fitting clothing that will allow ease of movement; dance shoes/sneakers; (no street shoes, jeans, midriff shirts).

Registration includes a T-shirt.

Ages: 8 - 14

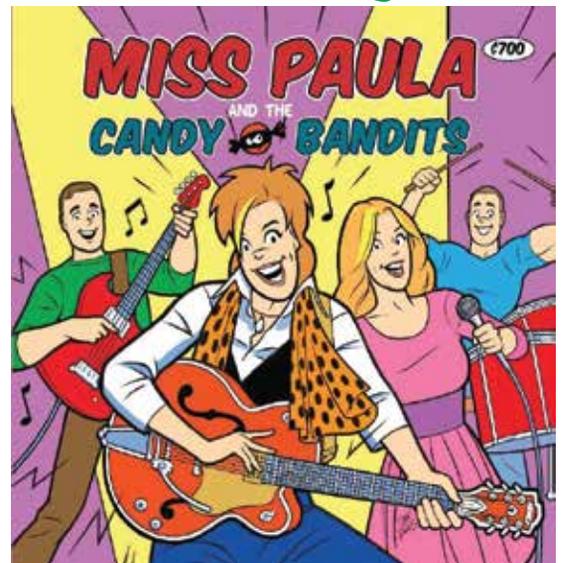
6 weeks      Resident: \$85      NR: \$100  
7:00-7:45 pm      AAB - Dance Room  
Th      Jul 13-Aug 17      Activity Number: 9092



featuring

**Wednesday, July 19**  
**12 - 12:45 pm**

**Southfield Municipal**  
**Campus front lawn,**  
**26000 Evergreen Road**



# Fun for Kids

## Free Sports Day - April 29

Join the Southfield Parks & Recreation Department for a Free Sports Day on Saturday, April 29. This program gives parents the opportunity to see what sports we offer and players a chance to try it for FREE!!

Stop by Civic Center Park beginning at 10 am to give all 3 sports a try!! There will be a chance for parents to ask questions of the coaches and recreation staff on hand after the trials at 11:30 am.



## Soccer

with Pierre Lamarre

Ages: 3 - 14

10:00-10:25 am

## Flag Football

w/Made 4 Greatness

Ages: 6 - 16

10:30-10:45 am



## T-ball/ Baseball

with Corey Bell

Ages: 4 - 14

10:55-11:25 am



## Parent Q&A

11:30 am

## Athletics/Sports

### Basketball Skills & Drills

Instructor: T. Marshall

During this clinic we will teach your child the skills they need for both on and off the court to be a better athlete. Over the span of classes your child will learn the fundamentals and strategies of the game while developing the basic skills that are needed to play in a league format.

Ages: 7 - 11

4 weeks

Resident: \$50

NR: \$65

6:00-6:50 pm

BWRC - BBall Court 1

M Apr 10-May 1

Activity Number: 9241

### Open Gym

- All participants must register for the 2023 season upon their first visit; Participants must be accompanied by a parent or guardian at registration.
- Anyone age 9-13 must be signed in by a parent or guardian EVERY VISIT.
- Open Gym is limited to 45 participants each day.
- Parents/adults are not allowed on the courts during Youth Open Gym.
- There is a \$1 fee to replace a lost Open Gym Membership Card.

Ages: 9 - 13

1 Day

Resident: \$3

N/R: \$5

3:30-5:30 pm

BWRC - BBall Courts 1-3

M-Th Apr 10-Aug 30

\*No Open Gym May 29, Jun 19 & Jul 4

BWRC

Beech Woods Recreation Center

22200 Beech Road  
(South of Nine Mile Rd)

CC Park

Civic Center Park

26000 Evergreen Road

# Fun for Kids

## Baseball & Softball Leagues

Instructor: C. Bell

These recreational leagues will focus on fun and skill development. Teams will practice on local fields and play games throughout the Southfield, Detroit, SE Oakland County areas. All participants receive a jersey. All participants receive two complimentary tickets to a TBD 2023 *Detroit Tigers* game.

### T-Ball

Teams play games in Southfield only. Parents are required to volunteer at at least one practice or game.

Ages: 5 - 6

4 weeks      **Resident: \$80**      **NR: \$95**

4:30-5:30 pm      Inglenook - Diamond 2

S      Jun 4-Jun 25      Activity Number:9073



### Coach/PeeWee Division

Teams will play games in Southfield and/or SE Oakland County League.

Ages: 7 - 8

6 weeks      **Resident: \$75**      **NR: \$90**

5:00-6:30 pm      CC Park - Diamond 1

M      Jun 19-Jul 24      Activity Number: 9146

### Pony Division

Teams will play games in Southfield and/or SE Oakland County League.

Ages: 9 - 10

5 weeks      **Resident: \$75**      **NR: \$90**

5:00-6:30 pm      CC Park - Diamond 1

M      Jun 26-Jul 24      Activity Number: 9147

### Minor Division

Teams will play games in Southfield and/or SE Oakland County League.

Ages: 11 - 12

4 weeks      **Resident: \$75**      **NR: \$90**

5:00-6:30 pm      CC Park - Diamond 1

M      Jun 26-Jul 17      Activity Number: 9148

### Girl's Fast Pitch Softball

Team will play games in Detroit PAL league and in Southfield area.

Ages: 10 - 24

5 weeks      **Resident: \$65**      **NR: \$80**

4:00-5:00 pm      Location Varies

Su      Jun 18-Jul 23      Activity Number:9145



# Fun for Kids

## Flag Football Skills Training

Instructor: Made 4 Greatness

This training will teach the skills needed to be a better athlete. We will incorporate fundamentals, teamwork, leadership and accountability. Self improvement and goal setting activities will also be integrated. Participants will be provided with team T-shirts/jerseys. Optional: Personalized jersey with players name and number for an additional cost of \$20.

Ages: 7 - 10

6 weeks      **Resident: \$100**      **NR: \$115**  
4:30-5:30 pm      Bedford  
Tu,Th    May 2-Jun 8      Activity Number: 9061  
Tu,Th    Jun 13-Jul 27\*      Activity Number: 9062  
Tu,Th    Aug 1-Sep 7      Activity Number: 9063  
*\*No class Jul 4 & Jul 6*

Ages: 11 - 16

6 weeks      **Resident: \$100**      **NR: \$115**  
5:30-7:00 pm      Bedford  
Tu,Th    May 2-Jun 8      Activity Number: 9066  
Tu,Th    Jun 13-Jul 27\*      Activity Number: 9068  
Tu,Th    Aug 1-Sep 7      Activity Number: 9070  
*\*No class Jul 4 & Jul 6*

## Youth Soccer Clinic

Instructor: P. Lamarre

This clinic will consist of drills working on technical work, dribbling, passing, shooting, and fitness for kids of all skill levels. Each session will have different topics of focus.

Ages: 7 - 14

5 weeks      **Resident: \$55**      **NR: \$65**  
3:00-4:00 pm      CC Park - Soccer Field  
Sa    May 6-Jun 10\*      Activity Number: 9139  
Sa    Jun 17-Jul 22      Activity Number: 9140  
Sa    Jul 29-Aug 26      Activity Number: 9141  
*\*No class May 27*



## Hobbie & Interests

### Robots and Coding

Instructor: W. Hill

Build robots and learn to code them. The robots are driven by a video game controller, which the student can code, too. No prior experience required. Students will use the engineering process while learning mechanics, materials, software and hardware. The class is taught by an Engineering Coach provided by *ckingnowledge Institute*. Bring your own computer so you can keep your code on it. If you do not have your own computer, there will be a limited amount of loaner computers available for use during class.



Ages: 8 - 15

6 weeks      **Resident: \$150**      **NR: \$170**  
4:30-6:00 pm      P/R - Room 223  
M    Apr 10-May 15      Activity Number: 9090

Bedford	Bedford Woods Park End of Lathrup Drive, north of Twelve Mile
CC Park	Civic Center Park 26000 Evergreen Road
P/R	Parks & Recreation Building 26000 Evergreen Road



## Tuesdays 4 - 6 pm

June 20	Civic Center Front Lawn
June 27	Simms Park
July 11	Freeway Park
July 18	Simms Park
July 25	Bedford Woods Park
August 1	Bauervic Woods Park
August 8	Inglenook Park
August 15	Beech Woods Park
August 22	Bedford Woods Park



We bring activities, games and fun to the park that are suitable for ages 5 - 13. Come join in!!

Storytime  
with  
at  
4 pm.  SOUTHFIELD  
Public Library

## Thursdays 4 - 6 pm

June 22	Stratford Woods Park
June 29	Bauervic Woods Park
July 6	Inglenook Park
July 13	Beech Woods Park
July 20	Bauervic Woods Park
July 27	Freeway Park
August 3	Simms Park
August 10	Bedford Woods Park
August 17	Freeway Park
August 24	Simms Park



# Tennis Free For All

**Saturday, May 6  
10 - 11:30 am**

**Beech Woods Park tennis courts**

## Quick Start Tennis Lessons

Instructor: R. Hughes

This program is designed to teach young children the game of tennis. They will be taught how to use their racquets, and judging the flight and direction of the ball. Fun activities and games will be played using low compression and foam balls. Please bring your own racquet.

### Ages: 4 - 6

5 weeks Resident: \$55 NR: \$70  
9:00-9:50 am BW Park - Court #1  
Sa May 20-Jun 17 Activity Number: 9179

9:00-9:50 am CC Park - Courts 3 and 4  
Sa Jul 8-Aug 5 Activity Number: 9188  
Sa Aug 12-Sep 9 Activity Number: 9199

### Ages: 7 - 10

5 weeks Resident: \$55 NR: \$70  
10:00-10:50 am BW Park - Court #1  
Sa May 20-Jun 24 Activity Number: 9180

10:00-10:50 am CC Park - Courts 3 and 4  
Sa Jul 8-Aug 5 Activity Number: 9189  
Sa Aug 12-Sep 9 Activity Number: 9200

### Ages: 11 - 16

5 weeks Resident: \$55 NR: \$70  
11:00-11:50 am BW Park - Court #1  
Sa May 20-Jun 24 Activity Number: 9181

11:00-11:50 am CC Park- Courts 3 and 4  
Sa Jul 8-Aug 5 Activity Number: 9190  
Sa Aug 12-Sep 9 Activity Number: 9201

## Intermediate Tennis Lessons

Designed for those who have played before, but are looking to improve their game. Instruction of drills for control consistency, strategies and game play. Introduction of lob, overhead and half-volleys. Continued work on serve, forehand and backhand. Competitive drills and games will be played.

### Ages: 13 and up

Instructor: R. Hall Jr.

5 weeks Resident: \$55 NR: \$70  
Senior: Resident: \$49.50 NR: \$63  
7:00-7:50 pm BW Park - Court #1  
M Apr 24-May 22 Activity Number: 9243

4 weeks Resident: \$55 NR: \$70  
Senior: Resident: \$49.50 NR: \$63  
7:15-8:20 pm BW Park - Court #1  
M Jun 12-Jul 3 Activity Number: 9185

5 weeks Resident: \$55 NR: \$70  
Senior: Resident: \$49.50 NR: \$63  
7:00-7:50 pm CC Park - Courts 3 and 4  
M Jul 31-Aug 28 Activity Number: 9196

### Ages: 7- 17

Instructor: R. Hughes

5 weeks Resident: \$55 NR: \$70  
7:00-7:50 pm BW Park - Court #1  
Th May 4-Jun 1 Activity Number: 9178  
Th Jun 8-Jul 6 Activity Number: 9183

7:00-7:50 pm CC Park - Courts 3 and 4  
Th Jul 13-Aug 10 Activity Number: 9194  
Th Aug 10-Sep 7 Activity Number: 9205

BW Park

Beech Woods Park - Tennis Courts

22200 Beech Road  
(South of Nine Mile Rd)

# All Ages - Tennis

## Beginner Tennis Lessons

For those who have never played, or have just started playing the game. Discussion of rules and the basic fundamentals; grip, footwork, forehand, backhand, serve, volley and scoring.

### Ages: 7 -17

Instructor: R. Hughes

5 weeks Resident: \$55 NR: \$70  
6:00-6:50 pm BW Park - Court #1  
Tu Apr 25-May 23 Activity Number: 9244  
Tu May 2-May 30 Activity Number: 9175  
  
6:00-6:50 pm CC Park - Courts 3 and 4  
Tu Jul 11-Aug 8 Activity Number: 9191  
Tu Aug 8-Sep 5 Activity Number: 9202

### Ages: 18 and up

Instructor: R. Hughes

5 weeks Resident: \$55 NR: \$70  
Senior: Resident: \$49.50 NR: \$63  
7:00-7:50 pm BW Park - Court #1  
Tu Apr 25-May 23 Activity Number: 9245  
  
7:00-7:50 pm CC Park - Courts 3 and 4  
Tu Jul 11-Aug 8 Activity Number: 9192  
Tu Aug 8-Sep 5 Activity Number: 9203

## Family Beginner Lessons

Instructor: R. Hughes

This class is designed for parents and children who want to take a beginner tennis lesson at the same time and location. Parent and child(ren) must each register for this class. Please bring your own racket.

### Ages: 7 and up

5 weeks Resident: \$55 NR: \$70  
Senior: Resident: \$49.50 NR: \$63  
6:00-6:50 pm BW Park - Court #1  
Th Jun 8-Jul 6 Activity Number: 9182  
  
6:00-6:50 pm CC Park - Courts 3 and 4  
Th Jul 13-Aug 10 Activity Number: 9193  
Th Aug 17-Sep 14 Activity Number: 9204

### Ages: 13 - 17

Instructor: R. Hall Jr.

5 weeks Resident: \$55 NR: \$70  
6:00-6:50 pm BW Park - Court #1  
W Jun 14-Jul 12 Activity Number: 9186  
  
6:00-6:50 pm CC Park - Courts 3 and 4  
W Aug 2-Aug 30 Activity Number: 9197

### Ages: 18 and up

Instructor: R. Hall Jr.

5 weeks Resident: \$55 NR: \$70  
Senior: Resident: \$49.50 NR: \$63  
6:00-6:50 pm BW Park - Court #1  
M Apr 24-May 22 Activity Number: 9242  
  
6:00-6:50 pm BW Park - Court #1  
M Jun 12-Jul 10 Activity Number: 9184  
  
6:00-6:50 pm CC Park - Courts 3 and 4  
M Jul 31-Aug 28 Activity Number: 9195  
  
7:00-7:50 pm BW Park - Court #1  
W Apr 26-May 24 Activity Number: 9246  
W Jun 14-Jul 12 Activity Number: 9187  
  
7:00-7:50 pm CC Park - Courts 3 and 4  
W Aug 2-Aug 30 Activity Number: 9198

## Big News

***Renovation to the Civic Center Park tennis courts will begin in the Spring.***

Existing courts will be resurfaced and new light poles and foundations will be installed. The tennis complex will be closed to the public during this time for visitor and worker safety.

This project is anticipated to be completed by July, weather permitting.

CC Park

Civic Center Park - Tennis Courts

26000 Evergreen Road  
(north end of complex)

Questions? (248) 796-4620

[www.Facebook.com/SouthfieldParksandRecreation](http://www.Facebook.com/SouthfieldParksandRecreation)

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# All Ages - Karate

## Karate

Karate classes cover: Basic Technique, Movements, Basic Drills, Stances, Respect, Class Etiquette, Mottos, Concentration, Endurance, and Balance.

*There will be no class for all Karate courses on May 27 & Aug 1-10*

Single Day Class fees:

6 weeks	Resident: \$30	NR: \$40	Senior: Resident: \$27	NR: \$36
7 weeks	Resident: \$35	NR: \$45	Senior: Resident: \$31.50	NR: \$40.50
8 weeks	Resident: \$40	NR: \$50	Senior: Resident: \$36	NR: \$45

## L'il Tots **Ages: 5 - 6** Instructor: Master Bray

Sa 9:30-10:00 am BWRC - Multipurpose Rm  
6 wks May 13-Jun 24 Activity Number: 9161  
8 wks Jul 8-Aug 26 Activity Number: 9169

## Young Tots **Ages: 6 - 7** Instructor: Master Bray

Sa 10:15-10:45 am BWRC - Multipurpose Rm  
6 wks May 13-Jun 24 Activity Number: 9162  
8 wks Jul 8-Aug 26 Activity Number: 9170

## Beginner

This class is for white belts and anyone who has never participated in a martial arts class.

## **Ages: 7 and up** Instructor: Grand Master Mundy

Tu 6:00-6:50 pm BWRC - Multipurpose Rm  
7 wks May 9-Jun 20 Activity Number: 9157  
6 wks Jul 11-Aug 29 Activity Number: 9165

## **Ages: 8 and up**

Th 6:00-6:50 pm BWRC - Multipurpose Rm  
7 wks May 11-Jun 22 Activity Number: 9160  
6 wks Jul 13-Aug 31 Activity Number: 9168

## **Ages: 8 and up** Instructor: Master Bray

Sa 11:00 am-12:00 pm BWRC - Multipurpose Rm  
6 wks May 13-Jun 24 Activity Number: 9163  
8 wks Jul 8-Aug 26 Activity Number: 9171

## Intermediate

This class is for purple and green colored belts from any style of martial arts.

## **Ages: 8 and up** Instructor: Grand Master Mundy

Resident: \$50 NR: \$65  
Senior: Resident: \$45 NR: \$58.50  
Tu, Th 7:00-7:50 pm BWRC - Multipurpose Rm  
7 wks May 9-Jun 22 Activity Number: 9158  
6 wks Jul 11-Aug 31 Activity Number: 9166

## **Ages: 8 and up**

Instructor: Master Bray  
Sa 12:15-1:15 pm BWRC - Multipurpose Rm  
6 wks May 13-Jun 24 Activity Number: 9164  
8 wks Jul 8-Aug 26 Activity Number: 9172

## Advanced

Instructor: Grand Master Mundy  
This class is for red and black colored belts from any style of martial arts.

## **Ages: 8 and up**

Resident: \$50 NR: \$65  
Senior: Resident: \$45 NR: \$58.50  
Tu, Th 8:00-8:50 pm BWRC - Multipurpose Rm  
7 wks May 9-Jun 22 Activity Number: 9159  
6 wks Jul 11-Aug 31 Activity Number: 9167

BWRC

Beech Woods Recreation Center

22200 Beech Road



# Southfield Touch-a-Truck

April 23 1\* - 4 pm

Southfield Municipal Campus,  
26000 Evergreen Rd

- Big Trucks*
- Little Trucks*
- Emergency Vehicles*
- Demonstrations*
- Drones and so much more!!*

**\*Sensory Sensitive**  
**Hour 1-2 pm**  
Reduced lighting and sound, and quiet zones away from the action.



Department of  
Public Works



Questions? (248) 796-4620

[www.Facebook.com/SouthfieldParksandRecreation](http://www.Facebook.com/SouthfieldParksandRecreation)

# All Ages - Planetarium

## Vollbrecht Planetarium Series

Instructor: C. Jones

Join us under the stars!! The Vollbrecht Planetarium projects the 7,000 night sky stars (along with the planets, Sun, Moon and Milky Way) that are visible to the unaided eye onto its 30 foot star dome. Each show is designed for novice star gazers as well as advanced amateur astronomers and offers a lecture, star show, a Q&A period, handouts and door prizes.

*Pre-registration is required for all planetarium shows.*  
Participants are asked to use the Planetarium entrance at the east end of Adler Elementary School.

### Our 13 Planet Solar System - Part 1

We'll explore the planets: Mercury, Venus, Earth, Mars and Dwarf Planet, Ceres and how Earth's moon formed. We'll also tour tonight's sky.

1 week      Resident: \$5      NR: \$7  
7:00-8:00 pm      Vollbrecht Planetarium  
W    Apr 26      Activity Number: 9230

### Our 13 Planet Solar System - Part 2

We'll visit Jupiter, Saturn, Uranus, Neptune and visit their unique moons. As well as the dwarf planets: Pluto, Haumea, Makemake, and Eris, in the Kuiper Belt and end with a tour of tonight's sky.

1 week      Resident: \$5      NR: \$7  
7:00-8:00 pm      Vollbrecht Planetarium  
W    May 10      Activity Number: 9231

### Telescopes and Binoculars

Telescopes and Binoculars: How they work, how to use them. What's the right scope for you? We'll discuss cost, how to set up and use them. We'll point out on our dome the objects that can be seen with a small telescope or binoculars. Need help setting up a scope? Bring it along, we may be able to help.

1 week      Resident: \$5      NR: \$7  
7:00-8:00 pm      Vollbrecht Planetarium  
W    May 24      Activity Number: 9232

### Sky Tellers: Myths, Magic and Mysteries

We'll listen to Native American stories and stories from other countries, about the night sky. Have a story to tell? Bring it along. We'll also tour tonight's sky.

1 week      Resident: \$5      NR: \$7  
7:00-8:00 pm      Vollbrecht Planetarium  
W    Jun 7      Activity Number: 9233

### Black Holes, Dark Matter, Dark Energy

Gravity Waves and other Deep Space Wonders. We'll explore little understood wonders of the universe, and their effects on the cosmos and we will tour tonight's sky.

1 week      Resident: \$5      NR: \$7  
7:00-8:00 pm      Vollbrecht Planetarium  
W    Jun 21      Activity Number: 9234

### Alien Worlds

Exoplanets (Planets Around Other Stars). UFO's (Unidentified Flying Objects). Are WE Alone? We'll travel to other worlds via NASA'S EYES program and check out the James Webb telescope finds. We will finish with a tour of tonight's sky.

1 week      Resident: \$5      NR: \$7  
7:00-8:00 pm      Vollbrecht Planetarium  
W    Jul 5      Activity Number: 9235

Vollbrecht Planetarium

19100 Filmore Road  
(inside Adler Elem. School)



# **SUMMER** in the City

**Fridays, 7 - 9 pm**  
**Southfield Municipal Campus**  
**front lawn**



**June 23**  
**Larry Lee &**  
**The Back in**  
**the Day Band**



**July 7**  
**Detroit RSVP**  
**All Stars**



**July 21**  
**Straight**  
**Ahead**



**July 28**  
**The Circle**  
**of Sound**  
**Band**

# **Summer** **Wine** **Down**



**Friday, August 18**  
**7 - 9 pm**

*Free outdoor concert with*  
**Alex Goss &**  
**Detroit Soul Rhythm Band**



**Food Trucks**

**Cash Bar**

**Local**  
**Vendors**

**Southfield Municipal Campus**  
**Front Lawn**

# Gazebo Concert Series

July 11 - 25 7 - 8:30 pm

Burgh Historical Park,  
26060 Berg Rd.

July 11

**Notorious**

*R&B, Soul*



July 19

**Angela Davis**

*R&B, Soul*



July 25

**Yaminah Brock**

*R&B, Soul*



**EAT TO THE BEAT!**  
LUNCHTIME CONCERT SERIES

Southfield Municipal  
Campus front lawn  
11:30 am - 2 pm

June 8 Sound Proof • July 13 Detroit Social Club  
August 10 Motor City Sensations • September 14 The Will C Experience

Southfield City Centre logo in the top left corner.

# Juneteenth Jubilee

**FREE Admission**  
**Spoken Word    Impulse Dancers**  
**Food Trucks    DJ    Hustle**  
**Black Vendor Marketplace    Cash Bar**

**Outdoor Concert  
begins at 7 pm**

**WEEBONG  
ENTERTAINMENT**

**Saturday, June 17    4-9 pm**  
**Municipal Campus front lawn**

*Southfield Celebrates*

**JUNETEENTH**

*Southfield*

Check out  
[www.cityofsouthfield.com/  
residents/juneteenth](http://www.cityofsouthfield.com/residents/juneteenth)  
for more details about  
Juneteenth events in Southfield.

## **SENIOR SERVICES JUNETEENTH LUNCHEON**

**\$20/Southfield resident**  
**\$25/Non-resident**

**Thursday, June 15**

**12 - 1:30 pm**

**Parks & Recreation Building,  
Room 115**



**JUNETEENTH FREEDOM DAY**

Questions? (248) 796-4620

[www.Facebook.com/SouthfieldParksandRecreation](http://www.Facebook.com/SouthfieldParksandRecreation)

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# Evergreen Hills Golf Course

26000 Evergreen Road (248) 796-4666

Open for play, weather permitting, 8 am - Dusk, M-F  
and 7 am - Dusk on weekends.

## 2023 Golf Fees

Proof of residency is required for Resident rates.

Rates listed are for 9 holes.

M-F

Resident: \$12 N/R: \$13 Open - 3 pm  
Resident: \$15 N/R: \$16 3 pm - Close

Sa, Su & Holidays

Resident: \$16 N/R: \$17 Open - 12 pm  
Resident: \$14 N/R: \$15 12 - 4 pm  
Resident: \$13 N/R: \$14 4 pm - Close

Senior (55+) and Youth\*\* (17 & under): Save \$1

M-F before 3 pm, Sa and Su after 12 pm. Except holidays.

\*\*Only \$3 for 9 holes with Youth on Course membership.

## Rentals

Fees are per-person for 9 holes of play.

Power Cart \$10/rider

Senior Cart \$9/rider M-F before 3 pm, Sa & Su after 12 pm

Pull Carts \$3

Save time, book your tee times online!

Go to

[www.cityofsouthfield.com/departments/parks-recreation/golf](http://www.cityofsouthfield.com/departments/parks-recreation/golf)

and click the Book Your Tee Time button.

## Golf Association of Michigan

The *Golf Association of Michigan* is the governing body for amateur golf in the state. Members that join through Evergreen Hills Golf Course will receive \$1 off all regular rates and \$1 off/bucket of balls at the Beech Woods Driving Range in addition to all the other GAM benefits.

Go to [www.gam.org](http://www.gam.org) for more information or to join. Be sure to use Evergreen Hills Golf Course in Southfield when joining!

**Adult Membership** Ages: 19 years and up \$39

## Youth on Course (Junior GAM Membership)

All members play a round for only \$3 per 9 holes! There are 100 courses in Michigan that participate. Ages: 6 - 18 years \$15/calendar year

## GAM Foundation

The GAM Foundation supports access to affordable golf for youth — an investment in the future of the game. Our simple goal is to help more kids play more golf for \$5 or less through *Youth on Course*. We are making golf more affordable and accessible at a local level — an effort which requires help from generous individuals like you.

If you are able, please consider donating to the GAM Foundation, visit [www.GAM.org/Foundation](http://www.GAM.org/Foundation) for details.

# Evergreen Hills Golf Course

## Senior Golf League (Ages 50+)

Like to golf and want to golf weekly? Want to meet new people or get together with friends? Want to have FUN? Join our Senior Golf League at Evergreen Hills Golf Course this summer. Individuals and foursomes are welcome. Reserved tee time, registered golfer giveaway, and contest opportunities included. For more information or to reserve your tee time spot, please contact Angie at (248) 796-4654.

There will be an informational golf league meeting on Tue, April 25 at 10 am in the Southfield Pavilion.

Registration Deadline: F, Apr 30

**Regular League** Ages: 50 and up  
*Price does not include golf cart fee of \$9/person, per week.*

16 weeks      **Resident: \$170**      **NR: \$190**  
 7:10-10:30 am      Evergreen Hills GC  
 Tu      May 9-Aug 22      Activity Number: 9228

**Rotating League** Ages: 50 and up  
 Times and partners rotate each week.  
*Price does not include golf cart fee of \$9/person, per week.*

15 weeks      **Resident: \$170**      **NR: \$190**  
 8:30-10:50 am      Evergreen Hills GC  
 Th      May 11-Aug 24      Activity Number: 9229



## Golf Lessons - Course Management

Instructor: T. Ryan  
 Come out and refine your game with course management tips and instruction from PGA teaching pro Terri Ryan. Each of the 4 weekly sessions will cover a different aspect of the game.

- Week 1: Warm-up and Mental Preparation
- Week 2: What to do and think about walking to the tee
- Week 3: Play a hole or two
- Week 4: How to improve your score via tracking and analysis of your results

Ages: 16 and up  
 4 weeks      **Resident: \$50**      **NR: \$65**  
**Senior:**      **Resident: \$45**      **NR: \$58.50**  
 12:00-1:00 pm      Evergreen Hills GC  
 Tu      May 23-Jun 13      Activity Number: 9106



## Putting Clinic Golf

Instructor: T. Ryan  
 Spend your lunch hour working on your putting game! PGA teaching pro Terri Ryan will show you tips and tricks on the practice putting green at the Evergreen Hills Golf Course.

Ages: 16 and up  
 1 hour      **Resident: \$15**      **NR: \$15**  
 12:00-12:50 pm      Evergreen Hills GC  
 Th      Jun 8      Activity Number: 9109  
 Th      Jul 13      Activity Number: 9119  
 Th      Aug 17      Activity Number: 9126

Evergreen Hills GC

Evergreen Hills Golf Course

26000 Evergreen Road  
 (South entrance near Police Station)

Questions? (248) 796-4620

[www.Facebook.com/SouthfieldParksandRecreation](http://www.Facebook.com/SouthfieldParksandRecreation)



# Beech Woods Driving Range

Open May 1 - October 31 (weather permitting)

22202 Beech Road (248) 796-4655

May 1-Aug 31 M-W, & F 9 am-8 pm Th 11 am - 8 pm  
Sa & Su 8 am-8 pm

## 2023 Bucket Fees

Last small bucket of balls sold 30 minutes before closing.

Bucket Size	Small	Medium	Large
Resident & Senior	\$6	\$8	\$10
NR	\$8	\$10	\$12

Call (248) 796-4655 for times as weather can affect hours of operation.

## Youth Beginner Golf Clinic

Instructor: T. Ryan

This one-hour clinic will introduce your child to the game of golf in a fun environment. PGA teaching pro Terri Ryan will teach students how to hold and swing a club, as well as the rules and etiquette of the game.

Please bring a 7 iron or similar club if you have one.

Ages: 6 - 17

1 hour	Resident: \$15	NR: \$20
11:00 am-12:00 pm	BW Driving Range	
Sa May 6	Activity Number: 9101	
Sa Jun 17	Activity Number: 9114	
Sa Jul 15	Activity Number: 9121	
Sa Aug 5	Activity Number: 9124	

## Adult Golf Camp

Instructor: T. Ryan

Are you ready to work on your game before the season gets in full-swing? This 3-day camp taught by PGA teaching pro Terri Ryan will make you a better player in no time!

Day 1: Swing analysis and working at the driving range with irons, hybrids and woods

Day 2: Short game; putting, chipping, pitching, bunker shots and course management.

Day 3: 9-hole scramble at Evergreen Hills Golf Course. Tips and instruction from Terri.

Ages: 19 and up

3 Days	Resident: \$150	NR: \$170
<b>Senior:</b>	<b>Resident: \$135</b>	<b>NR: \$153</b>
F 5:00-7:00 pm		BW Driving Range
Sa 8:00 am - 12:00 pm		BW Driving Range
Su 8:00 - 11:00 am		Evergreen Hills GC

F-Su Apr 28-Apr 30	Activity Number: 8920
F-Su May 12-May 14	Activity Number: 9102
F-Su Jun 9-Jun 11	Activity Number: 9110
F-Su Jul 28-Jul 30	Activity Number: 9120
F-Su Aug 18-Aug 20	Activity Number: 9127

# Golf Lessons

## Golf Lessons

Instructor: T. Ryan

Come out and learn to play the game of golf from PGA teaching pro Terri Ryan. Each of the 4 sessions will cover a different aspect of the game.

2 weeks      **Resident: \$50**      **NR: \$65**  
**Senior:**      **Resident: \$45**      **NR: \$58.50**  
*The price of range balls (\$6/bucket) is not included.*

### Level 1

Session 1: Grip, stance, ½ swing  
Session 2: Irons and full swing  
Session 3: Short game; chipping/pitching  
Session 4: Putting

**Youth**      Ages: 7 -17  
4:00-4:50 pm      BW Driving Range  
M,W    May 15-May 24      Activity Number: 9103

5:00-5:50 pm      BW Driving Range  
M,W    Jun 12-Jun 21      Activity Number: 9112

**Adult**      Ages: 16 and up  
11:00-11:50 am      BW Driving Range  
M,W    May 1-May 10      Activity Number: 9098

6:00-6:50 pm      BW Driving Range  
M,W    May 15-May 24      Activity Number: 9104  
M,W    Aug 14-Aug 23      Activity Number: 9128

5:00-5:50 pm      BW Driving Range  
Tu,Th    Jul 11-Jul 20      Activity Number: 9118

7:00-7:50 pm      BW Driving Range  
Tu,Th    May 2-May 11      Activity Number: 9100  
Tu,Th    May 16-May 25      Activity Number: 9105  
Tu,Th    Jun 13-Jun 22      Activity Number: 9113  
Tu,Th    Jul 25-Aug 3      Activity Number: 9123

7:00-7:50 pm      BW Driving Range  
M,W    Jul 10-Jul 19      Activity Number: 9117

### Level 2

Ages: 16 and up

Session 1: Review and work on full swing  
Session 2: Hybrids and fairway woods  
Session 3: Driver  
Session 4: Short game

2 weeks      **Resident: \$50**      **NR: \$65**  
**Senior:**      **Resident: \$45**      **NR: \$58.50**  
*The price of range balls (\$6/bucket) is not included.*

11:00-11:50 am      BW Driving Range  
M,W    Jul 10-Jul 19      Activity Number: 9116  
M,W    Jul 24-Aug 2      Activity Number: 9125  
M,W    Aug 14-Aug 23      Activity Number: 9130

12:00-12:50 pm      BW Driving Range  
M,W    Jun 12-Jun 21      Activity Number: 9111

7:00-7:50 pm      BW Driving Range  
M,W    May 1-May 10      Activity Number: 9099

7:00-7:50 pm      BW Driving Range  
Tu,Th    May 30-Jun 8      Activity Number: 9107  
Tu,Th    Aug 15-Aug 24      Activity Number: 9129



**BW Driving Range**

**Beech Woods Driving Range**

**22202 Beech Road (enter at Pro Shop)**

Questions? (248) 796-4620

[www.Facebook.com/SouthfieldParksandRecreation](http://www.Facebook.com/SouthfieldParksandRecreation)

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# Adult Softball Leagues

Leagues feature a 14-game season  
with 12 games guaranteed.  
Playoffs for top 4 teams/league/night  
Team Fee: \$400 +\$20 Umpire fee/game

**Men's  
E League**

**Mondays  
May 15 - July 24**

**Co-Rec  
D League**

**Wednesdays  
May 17 - July 26**

**Women's  
50+ League**

**Tuesdays  
May 16 - Aug 22**

**Men's  
D League**

**Thursdays  
May 18 - July 27**

**Co-Rec  
E League**

**Thursdays  
May 18 - July 27**

**Email [amickens@cityofsouthfield.com](mailto:amickens@cityofsouthfield.com)  
for more information.**

# Adult Programs

## Arts/Entertainment

### Ceramics

Instructor: K. Robichaud

Create decorative clay forms through hand-building projects using slab and coil techniques. Learn several decorative techniques and develop an understanding of the firing process. The wheel will be available and there will be some outdoor sawdust and raku firing.

**\$50 Material Fee paid directly to instructor.**

Ages: 16 and up

10 weeks     **Resident: \$165**     **NR: \$185**  
**Senior:     Resident: \$148.50**     **NR: \$166.50**  
7:00-10:00 pm     BHP - Art Room  
W     May 10-Jul 12     Activity Number: 8994

## Athletics/Sports

### Adult Open Gym

- All participants must register for the 2023 season upon their first visit; current, state-issued picture ID required to participate.
- Open Gym is limited to the first 40 participants to check in each day.
- There is a \$1 fee to replace a lost Open Gym Membership Card.

Ages: 18 and up

1 Day     **Resident: \$4**     **N/R: \$6**  
12:30-2:30 pm     BWRC - Courts 1 & 2  
M, Tu & Th     Apr 10-Jun 8\*

*\*No Open Gym May 29*

### Beech Woods Wellness Center

The Beech Woods Wellness Center is a complete workout facility designed not only to get you active now, but to keep you active for many years to come.

Apr 1 – Jun 30     M-F     9:00 am - 5:00 pm

Jul 1 – Aug 31     M-F     9:00 am - 4:00 pm

*BWWC closed Apr 7, May 29, Jun 19, Jul 4*

## Dance/Music

### Popular Hustles

Instructor: K. Johnson

This is a dance class that features popular line dances without a partner.

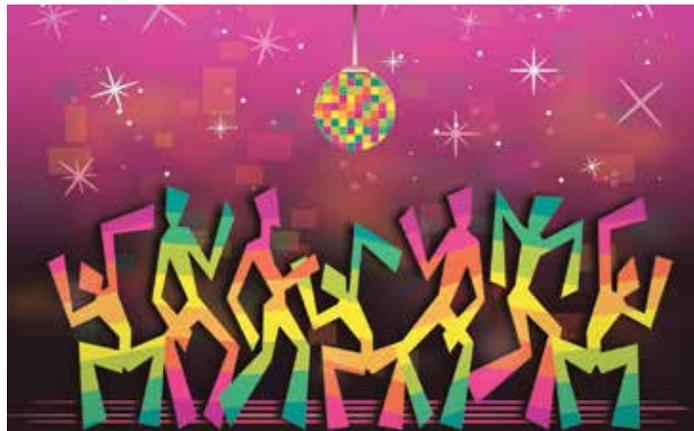
Ages: 18 and up

5 weeks     **Resident: \$30**     **NR: \$40**  
**Senior:     Resident: \$27**     **NR: \$36**

6:30-7:30 pm     P/R - Lower Level Dance Studio  
Tu     May 16-Jun 13     Activity Number: 8989

6:30-7:30 pm     P/R - Lower Level Dance Studio  
W     May 17-Jun 14     Activity Number: 8990

7:30-8:30 pm     P/R - Lower Level Dance Studio  
W     May 17-Jun 14     Activity Number: 8991



BHP

Burgh Historical Park

26060 Berg Road

BWRC

Beech Woods Recreation Center

22200 Beech Road (South of Nine Mile Rd)

P/R

Parks & Recreation Building

26000 Evergreen Road

Questions? (248) 796-4620

[www.Facebook.com/SouthfieldParksandRecreation](http://www.Facebook.com/SouthfieldParksandRecreation)

# Adult Programs

## Fitness

### Fat-2-Lean - Teaches Zumba

Instructor: P. Latimer  
Come join a class where there's always a party! You don't have to know how to dance, just move and groove your body to the beat of Latin, Hip Hop and Reggae music. It's easy and a lot of fun! It's the best thing going to help get into shape.



Ages: 18 and up

6 weeks      **Resident: \$63**      **NR: \$73**  
**Senior:      Resident: \$56.70**      **NR: \$65.70**  
 6:00-6:45 pm      P/R - Room 115  
 M      Jun 5-Jul 17      Activity Number: 8997

6:00-6:45 pm      P/R - Room 115  
 Th      Jun 8-Jul 13      Activity Number: 8999

7 weeks      **Resident: \$74**      **NR: \$84**  
**Senior:      Resident: \$66.60**      **NR: \$75.60**  
 6:00-6:45 pm      P/R - Room 115  
 M      Jul 24-Sep 11\*      Activity Number: 8998  
*\*No class Sept 4*

6:00-6:45 pm      P/R - Room 115  
 Th      Aug 3-Sep 14      Activity Number: 9000

### Stretch and Tone with a Touch of Pilates

Instructor: C. Baugh  
In this class you will learn proper form when weight training. You will strengthen and stretch each muscle group in the body from head to toe. Pilates helps to increase strength in the abdominal muscles and back, as well as improve posture and balance.

Ages: 16 and up

6 weeks      **Resident: \$45**      **NR: \$55**  
**Senior:      Resident: \$40.50**      **NR: \$49.50**  
 5:15-6:00 pm      BWRC - Multipurpose Rm  
 W      Apr 19-May 24      Activity Number: 9222  
 W      Jun 7-Jul 12      Activity Number: 9223  
 W      Jul 26-Aug 30      Activity Number: 9224

### Yoga for the Back

Instructor: C. Baugh  
Yoga for the Back is a contemporary approach to classic yoga, targeting strength training and stretching of the back and abdomen. Poses are introduced step-by-step, in a seated or lying down position and emphasize the quality of movement, proper breathing, flexibility and deep relaxation. Bringing your own mat and towel is highly recommended.

Ages: 16 and up

6 weeks      **Resident: \$60**      **NR: \$75**  
**Senior:      Resident: \$54**      **NR: \$67.50**  
 4:00-5:00 pm      BWRC - Multipurpose Rm  
 W      Apr 19-May 24      Activity Number: 9225  
 W      Jun 7-Jul 12      Activity Number: 9226  
 W      Jul 26-Aug 30      Activity Number: 9227

BWRC

Beech Woods Recreation Center

22200 Beech Road  
(South of Nine Mile Rd)

P/R

Parks & Recreation Building

26000 Evergreen Road

# Adult Programs

## Special Interest

### Acrylic Painting

Instructor: W. Fournier

Acrylic paint is a desired medium for many artists. In this class, we will explore techniques and materials to develop painting skills. A supply list will be available upon registration.

Ages: 18 and up

6 weeks      **Resident: \$180**      **NR: \$195**  
**Senior:      Resident: \$162**      **NR: \$175.50**

10:00 am-1:00 pm      P/R Bldg  
M      Apr 17-May 22      Activity Number: 9132  
M      Jul 3-Aug 7      Activity Number: 9142

6:00-9:00 pm      P/R Bldg  
Tu      Apr 18-May 23      Activity Number: 9143  
Tu      Jul 11-Aug 15      Activity Number: 9144

### Acting Out

Instructor: Black and Brown Theatre

This 4-week class will help participants discover their acting potential through memorizing and performing a short scene. Participants will learn how to develop a believable character and authentically communicate on stage. The final week of class will feature a showcase where participants can invite their families and friends to attend.

Ages: 18 and up

4 weeks      **Resident: \$40**      **NR: \$50**  
7:00-8:30 pm      P/R - Room 115  
Th      Jun 15-Jul 6      Activity Number: 9250

Ages: 50 and up

4 weeks      **Resident: \$40**      **NR: \$50**  
1:00-2:30 pm      P/R - Room 115  
Th      Jun 15-Jul 6      Activity Number: 9249

### Improv

Instructor: Black and Brown Theatre

This 4-week class will help participants learn how to spontaneously create engaging scenes through structured theatre games and exercises.

Participants who enjoy television shows such as *Wild-N-Out*, *Saturday Night Live*, and *Whose Line Is It Anyway*, will enjoy this class and the opportunity to connect with others through improvised stories.

Ages: 18 and up

4 weeks      **Resident: \$55**      **NR: \$65**  
7:00-8:30 pm      P/R - Room 115  
Th      May 11-Jun 1      Activity Number: 9252

Ages: 50 and up

4 weeks      **Resident: \$40**      **NR: \$50**  
1:00-2:30 pm      P/R - Room 115  
Th      May 11-Jun 1      Activity Number: 9251



### CPR and AED Training

Instructor: M. Medici

American Heart Association CPR and AED Training program that provides participants with the knowledge and skills to respond to emergency situations. Upon completion of the class, participants will receive a certification card in AED and CPR that is good for 2 years.

Ages: 18 and up

1 Day      **Resident: \$55**      **NR: \$65**  
9:00 am-12:00 pm      P/R - Room 222  
Th      Apr 13      Activity Number: 9087

P/R

Parks & Recreation Building

26000 Evergreen Road

Questions? (248) 796-4620

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# Adult Programs

## Garden Design Workshop

Instructor: E. Blondin

A beginner workshop focusing on the six principles of design: Balance, Focalization, Simplicity, Rhythm/Line, Proportion and Unity. Using a "Mixed Garden" philosophy and the same design process professionals use, you will leave with a rough sketch of your intended space that will have character in all four seasons. Included: graph paper, instructional handouts and resource materials.

Ages: 18 and up

1 Day            Resident: \$65            NR: \$75  
Senior:        Resident: \$58.50        NR: \$67.50  
6:00-8:00 pm            P/R - Room 223  
Tu     Apr 25            Activity Number: 9064



## Garden Orientation

Instructor: E. Blondin

So, you have committed to a garden. Now what? Ed will offer tips and tricks and sustainable gardening practices that will ensure a great fall harvest and gorgeous blooms. Come with your questions, plants, photos and we will organize a game plan that will get you started. For veteran gardeners, Ed will be available to come to your garden to answer questions.

Ages: 18 and up

1 Day            Resident: \$40            NR: \$50  
Senior:        Resident: \$36            NR: \$45  
6:00-7:30 pm            MT Farm  
Tu     May 2            Activity Number: 9206

## Hypertufa Workshop

Instructor: E. Blondin

The term "hypertufa" refers to a type of artificial stone. Made of peat, perlite and cement, these durable containers can withstand winters but are light enough to move around. Perfect for alpine and fairy gardens. Included: Hypertufa forming mix, assorted size molds.

Ages: 18 and up

1 Day            Resident: \$55            NR: \$65  
Senior:        Resident: \$49.50        NR: \$58.50  
11:00 am-1:00 pm        MT Farm  
Sa     May 6            Activity Number: 9065

## Edible Flowers

Instructor: E. Blondin

Bean blossoms have a sweet flavor, nasturtiums have a wonderful peppery flavor, borage, a cucumber flavor and violets, roses and lavender flowers lend a sweet flavor to salads and desserts. This is just the beginning! We will sample "flower salads", cool our iced tea with 'fleurs glacees' and create your own bottle of flower vinegar.

Ages: 18 and up

1 Day            Resident: \$40            NR: \$50  
Senior:        Resident: \$36            NR: \$45  
6:00-7:30 pm            MT Farm  
Tu     May 9            Activity Number: 9208

## Thrill, Spill and Fill Container Garden

Instructor: E. Blondin

Learn how to make a professional looking *Thrill, Fill and Spill* container garden on your budget. Included: Resin container, potting soil, 4-5 annual plants and resource materials.

Ages: 18 and up

1 Day            Resident: \$40            NR: \$50  
Senior:        Resident: \$36            NR: \$45  
6:00-7:30 pm            MT Farm  
Tu     May 16            Activity Number: 9067

MT Farm

Mary Thompson Farm

25630 Evergreen Road

# Adult Programs

## Fairy Garden Class

Instructor: E. Blondin

Create a unique living space for your special fairy picked from a historical list of small imps.

Included: resin container, potting soil, 4 miniature plants, resource materials and 3 garden accessories.

Ages: All

1 Day            **Resident: \$55**            **NR: \$65**  
**Senior:        Resident: \$49.50**    **NR: \$58.50**  
6:00-7:30 pm                    MT Farm  
Tu    May 23                    Activity Number: 9069

## Veggie Container Garden

Instructor: E. Blondin

Create a great looking container garden with some of your favorite vegetables! Learn what veggies do best in containers and what companion plants to grow together. Included: Resin container, potting soil, 2-3 themed plants and resource materials.

Ages: 18 and up

1 Day            **Resident: \$40**            **NR: \$50**  
**Senior:        Resident: \$36**            **NR: \$45**  
6:00-7:30 pm                    MT Farm  
Tu    May 30                    Activity Number: 9071

## Native Garden Class

Instructor: E. Blondin

We will explore the benefit of native plantings. Learn what plants encourage biodiversity and which plants to avoid. You will leave with a container filled with pollinator friendly plants that will give you color this year and seed/plug mixes that you can sow at home.

Ages: 18 and up

1 Day            **Resident: \$40**            **NR: \$50**  
**Senior:        Resident: \$36**            **NR: \$45**  
6:00-7:30 pm                    MT Farm  
Tu    Jun 6                        Activity Number: 9076

## Herb Container Garden

Instructor: E. Blondin

There is nothing better than stepping outside and gathering your fresh herbs for flavoring your favorite meals. Included: resin container, potting soil, 4-5 themed plants and resource materials.

Ages: 18 and up

1 Day            **Resident: \$40**            **NR: \$50**  
**Senior:        Resident: \$36**            **NR: \$45**  
6:00-7:30 pm                    MT Farm  
Tu    Jun 13                        Activity Number: 9072

## What's Going on in My Garden

Instructor: E. Blondin

You are half way through the growing season. Your tomatoes have bugs, your greens look half eaten and your cucumbers have hole in them! What is going on? Ed will answer questions about your garden issues. Bring plants, pictures or the bugs.

Ages: 18 and up

1 Day            **Resident: \$40**            **NR: \$50**  
**Senior:        Resident: \$36**            **NR: \$45**  
6:00-7:30 pm                    MT Farm  
Tu    Jul 11                        Activity Number: 9212

## Succulent Container Garden

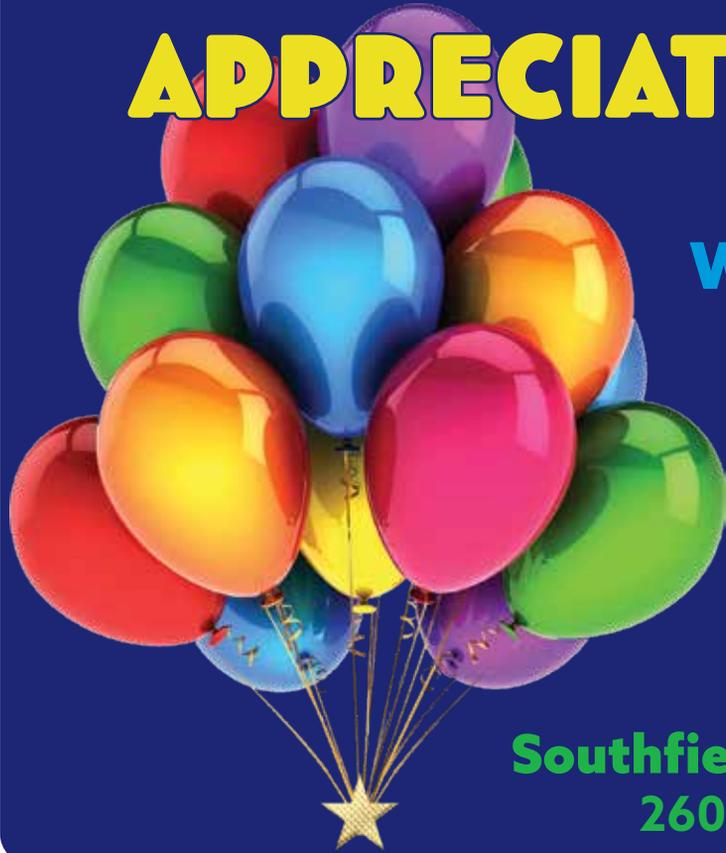
Instructor: E. Blondin

In this class we will explore the pairing of plants and their care needs. You will leave with a customized living arrangement and learn how to keep it thriving. Included: resin container, potting soil, 4 succulent plants, resource materials.

Ages: 18 and up

1 Day            **Resident: \$40**            **NR: \$50**  
**Senior:        Resident: \$36**            **NR: \$45**  
6:00-7:30 pm                    MT Farm  
Tu    Aug 8                        Activity Number: 9074

# SENIOR (50+) APPRECIATION NIGHT



6 - 8 pm

Wednesday, August 23

Live Entertainment

Boxed Dinner

Community Vendors

And it's all FREE!

Southfield Municipal Campus,  
26000 Evergreen Road

## Michigan's First Adaptive Baseball Field for Children with Special Needs is Registering for Our 2023 Summer Season!

easterseals | MORC

**Southfield**  
the center of it all™

**THE MIRACLE LEAGUE**  
of Michigan

All Games Played at Miracle Field  
Southfield Municipal Complex

Visit [MichiganMiracle.org](http://MichiganMiracle.org) to Learn More  
Follow Us On Facebook at: [Facebook.com/MichiganMiracle](https://www.facebook.com/MichiganMiracle)

# Senior (50+) Programs

## Dance/Music

### Hustles for Seniors

Instructor: K. Johnson  
Seniors will learn basic hustle steps and help create their own hustles to popular Motown music. No partner required. Physical distancing from others must be maintained.

Ages: 50 and up  
5 weeks      **Resident: \$30**      **NR: \$40**  
12:00-1:00 pm      P/R - Lower Level Dance Studio  
Th      May 18-Jun 15      Activity Number: 8992

## Fitness

### Chair Exercise

Instructor: K. Walton  
Exercise in a caring and safe environment. Class is for all levels of fitness. We use bands, hand weights and balls to work your body. Please bring fitness bands, hand weights and water to class. Nordic (hiking) poles are a plus.

Ages: 50 and up  
11 weeks      **Resident: \$55**      **NR: \$66**  
11:00 am-12:00 pm      P/R - Room 115  
M      Apr 3-Jun 26\*      Activity Number: 9054  
*\*No class May 29 & Jun 19*

13 weeks      **Resident: \$65**      **NR: \$78**  
11:00 am-12:00 pm      P/R - Room 115  
W      Apr 5-Jun 28      Activity Number: 9056

9 weeks      **Resident: \$45**      **NR: \$54**  
11:00 am-12:00 pm      P/R - Room 115  
M      Jul 3-Aug 28      Activity Number: 9055  
W      Jul 5-Aug 30      Activity Number: 9057

### 5-Point-0 Fusion Dance

Instructor: Herma Patton  
This low-impact, fun dance movement class is designed for seniors to improve cognitive skills. As a fusion class, you will experience a blend of exercises from different cultures and genres of music. Each 45-minute class will include a cognitive-focused workout to promote body, heart, mind, soul and spirit enrichment. No experience necessary. Wear comfortable clothing and shoes.

Ages: 16 and up  
6 weeks      **Resident: \$42**      **NR: \$52**  
**Senior:      Resident: \$37.80      NR: \$46.80**  
11:45 am-12:30 pm P/R - Lower Level Dance Studio  
Tu      Apr 11-May 16      Activity Number: 9216  
Tu      May 30-Jul 11\*      Activity Number: 9217  
Tu      Jul 25-Aug 29      Activity Number: 9218  
*\*No class Jul 4*

6 weeks      **Resident: \$42**      **NR: \$52**  
**Senior:      Resident: \$37.80      NR: \$46.80**  
10:30-11:15 am      P/R - Lower Level Dance Studio  
Th      Apr 13-May 18      Activity Number: 9219  
Th      Jun 1-Jul 6      Activity Number: 9220  
Th      Jul 20-Aug 24      Activity Number: 9221



P/R

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Questions? (248) 796-4620

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# Senior (50+) Programs

## Moderate Yoga

Yoga for all abilities! This is a class for beginners through veteran yoga students. We use basic Hatha Yoga techniques. Class begins in a chair and ends class on your mat. Bring your yoga mat and non-slip socks.

**Afternoon Classes** Ages: 18 and up  
8 weeks Resident: \$80 NR: \$90  
12:15-1:15 pm P/R Bldg  
M Apr 3-May 22 Activity Number: 9044  
10 weeks Resident: \$100 NR: \$110  
12:15-1:15 pm P/R Bldg  
M Jun 12-Aug 21\* Activity Number: 9046  
*\*No class Jun 19*

**Evening Classes** Ages: 18 and up  
9 weeks Resident: \$90 NR: \$100  
6:30-7:30 pm P/R Bldg  
W Apr 5-May 31 Activity Number: 9049  
10 weeks Resident: \$100 NR: \$110  
6:30-7:30 pm P/R Bldg  
W Jun 14-Aug 16 Activity Number: 9052

## Nordic Pole Exercise Class

Instructor: K. Walton  
Participants will walk with hiking poles while performing a variety of exercises like lunges, squats and twists. The poles add resistance to the workout, which can help strengthen the upper body and improve balance and stability. Participants must bring their own poles.

Ages: 18 and up  
7 weeks Resident: \$35 NR: \$42  
11:00 am-12:00 pm P/R - Room 115  
F Apr 14-May 26 Activity Number: 9273  
6 weeks Resident: \$30 NR: \$36  
11:00 am-12:00 pm P/R - Room 115  
F Jun 9-Jul 14 Activity Number: 9274  
F Jul 21-Aug 25 Activity Number: 9275

## Tai Chi with Jeff Sotzen

Instructor: J. Sotzen  
Learn the slow, gentle movements of the Tai Chi form that has been practiced for hundreds of years to nourish and strengthen the whole body, mind and spirit.

**Beginning** Ages: 16 and up  
**NEW DAY!! NEW LOCATION!!**  
6 weeks Resident: \$25 NR: \$35  
**Senior: Resident: \$22.50 NR: \$31.50**  
6:00-7:00 pm P/R - Lower Level Dance Studio  
M Apr 10-May 15 Activity Number: 9214  
M May 22-Jul 10\* Activity Number: 9215  
*\*No class May 29 & Jun 19*

6 weeks Resident: \$25 NR: \$35  
**Senior: Resident: \$22.50 NR: \$31.50**  
9:30-10:30 am BWRC - Multipurpose Rm  
Th Apr 13-May 18 Activity Number: 9207  
Th May 25-Jun 29 Activity Number: 9210

## Tai Chi Form

Ages: 16 and up  
This class is a continuing Tai Chi class for those who know and understand the basics. Focus is on the Tai Chi Form. Instructor approval needed to take class.

6 weeks Resident: \$25 NR: \$35  
**Senior: Resident: \$22.50 NR: \$31.50**  
10:45-11:45 am BWRC - Multipurpose Rm  
Th Apr 13-May 18 Activity Number: 9211  
Th May 25-Jun 29 Activity Number: 9213

**BWRC** Beech Woods Recreation Center  
22200 Beech Road  
(South of Nine Mile Rd)

**P/R** Parks & Recreation Building  
26000 Evergreen Road

# Senior (50+) Programs

## Senior Sports Open Play

at Beech Woods Recreation Center

Drop-in fees are \$2/Resident: \$3/NR payable at the office.

### Pickleball

Tuesdays 10 am - 12 pm

April 25 - May 30

### Indoor Tennis

Thursdays, Fridays

10 am - 12 pm

April 27 - May 5

### Bounce Volleyball

Mondays, Wednesdays 10 am - 12 pm

April 24 - May 22

## Drop in at the Parks & Recreation Building

Drop-in fees are \$2/Resident: \$3/NR (unless otherwise noted) payable at the door.

### Bingo

Tu, 10 - 11:30 am Apr 4 - Aug 29

### Bridge

W, 12:30 - 3:30 pm Apr 5 - Aug 30

### Mahjong

W, 12:30 - 3:30 pm Apr 5 - Aug 30

### Bid Whist

Tu, 12 - 3:30 pm Apr 4 - Aug 29

Th, 12 - 3:30 pm May 4 - Aug 31

### Chair Exercise

M, 11 am - 12 pm Apr 3 - Jun 26

W, 11 am - 12 pm Apr 5 - Jun 28

Daily Fee \$5/R \$6/NR

BWRC

Beech Woods Recreation Center

22200 Beech Road  
(South of Nine Mile Rd)

P/R

Parks & Recreation Building

26000 Evergreen Road

Questions? (248) 796-4620

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# Senior (50+) Programs

## Special Interest

### AARP Smart Driver Course

The AARP Smart Driver Course is the nation's first refresher course specifically designed for drivers age 50 and older. In many states, drivers may benefit from a discount on their auto insurance premium upon completing the course. And you will learn something new along the way! Bring a bag lunch for a 30 minute lunch break.

Ages: 50 and up  
2 Days      Resident: \$30      NR: \$35  
10:00 am-2:00 pm      P/R Bldg  
Th, F    May 25-May 26    Activity Number: 9156



### Eat Smart/Live Strong

Instructor: MSU Extension Office  
*Eat Smart Live Strong* is designed to improve fruit and vegetable consumptions and physical activity among adults aged 55 and older. Food demonstrations and samples are also a part of this educational series. Participants are given nutrition education reinforcement items.

Ages: 50 and up  
4 weeks      Resident: \$20      NR: \$25  
10:00-11:00 am      P/R - Room 222  
M    May 1-May 22    Activity Number: 9088



### Cooking for One

Instructor: MSU Extension Office  
Cooking for one involves adjusting recipes to make smaller portions, using up leftovers, and being mindful of food waste. In this class you will learn how to plan meals ahead of time, shop for groceries in appropriate quantities, and quick and easy recipes that can be made with minimal effort.

Ages: 50 and up  
6 weeks      Resident: \$30      NR: \$35  
9:30-11:00 am      P/R - Room 222  
M    Jun 5-Jul 17\*      Activity Number: 9089  
\*No class Jun 19

### Mahjong

Join us as we learn to play Mahjong which is similar to Gin Rummy. Once you have learned to play, join us for weekly drop in games on Wednesdays.

Ages: 50 and up  
5 weeks      Resident: \$10      NR: \$15  
1:00-3:30 pm      P/R Bldg  
W    Jun 28-Jul 26      Activity Number: 9131

P/R

Parks & Recreation Building

26000 Evergreen Road

# Senior (50+) Programs

## Music History Series

Join us each month and travel back in time as we take a peek at the history of music. Music enthusiast Stu Johnson's presentation is sure to stir your curiosity and leave you wanting to learn more.

### A Travelogue in Jazz - The States

The premise of this program is to highlight various songs that have city names in the title. A short history of each city with songs such as *Chicago*, *Kalamazoo*, *It Happened in Monterey*, and *New York, New York*, playing over slides of the city's features.

Ages: 50 and up  
1 day            **Resident: \$5**            **NR: \$6.50**  
1:00-2:15 pm            P/R - Room 223  
F     Apr 28            Activity Number: 9236

### Music of the War Years

This presentation highlights those songs that are closely associated with the war, like *I'll Be Seeing You*, *It's Been a Long, Long Time*, and *Sentimental Journey*. We'll look at stars like the Andrews Sisters, Margaret Whiting, and Peggy Lee, and end with a Salute to the Armed Forces, and *God Bless America* with Kate Smith.

Ages: 50 and up  
1 Day            **Resident: \$5**            **NR: \$6.50**  
1:00-2:15 pm            P/R - Room 223  
F     May 26            Activity Number: 9237

### Swingin' Sounds of Cole Porter

Learn about the life of Cole Porter through an introduction to some of his songs. View slides as songs are being played. Songs will include: *Night and Day*, *Begin the Beguine*, *All of You*, and *Anything Goes*.

Ages: 50 and up  
1 Day            **Resident: \$5**            **NR: \$6.50**  
1:00-2:15 pm            P/R - Room 223  
F     Jun 23            Activity Number: 9238

### Dixieland: The Forgotten Root of Jazz

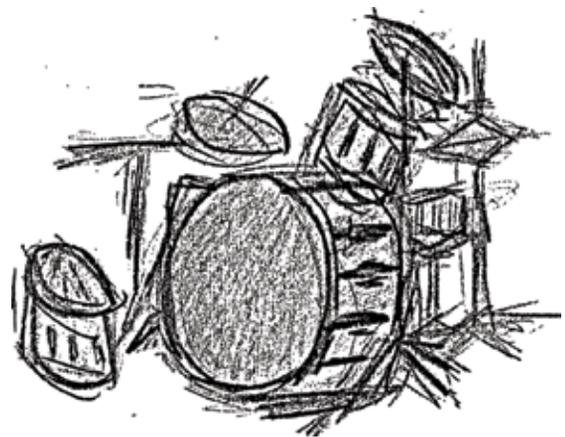
This presentation tells the history of Jazz in the form of Dixieland music from its start in 1917 through Dixieland's demise in the 1950's. There is an extensive backstory, homage to New Orleans, slides, and music by selected performers.

Ages: 50 and up  
1 Day            **Resident: \$5**            **NR: \$6.50**  
1:00-2:15 pm            P/R - Room 223  
F     Jul 28            Activity Number: 9239

### Music and Dance of the Harlem Renaissance

After the first World War, a mass migration took place as African-Americans fled North to escape the harsh realities they faced in the south. Many settled in New York's Harlem district where they flourished in the Arts, that included music and dance. This presentation explores the development of music and dance of the era that lives on today. This is a joint presentation with Sharon O'Brien.

Ages: 50 and up  
1 Day            **Resident: \$5**            **NR: \$6.50**  
1:00-2:15 pm            P/R - Room 223  
F     Aug 25            Activity Number: 9240



P/R

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26000 Evergreen Road

Questions? (248) 796-4620

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# Senior (50+) Programs

## May Brunch

Join us for a casual morning with quiche, baked goods, fruit, coffee and tea. Following the brunch will be an optional light exercise class. Dress comfortably.

Ages: 50 and up  
1 Day            Resident: \$20            NR: \$25  
11:00 am-12:30 pm            P/R - Room 115  
Th    May 18            Activity Number: 9058



## Ice Cream Social

Come and try your luck with at our outdoor games and wander through the beautiful community gardens. A light lunch will be followed by ice cream with lots of toppings!

Ages: 50 and up  
1 Days            Resident: \$20  
NR: \$25  
12:00-1:30 pm            MT Farm  
Th    Jul 20            Activity Number: 9060



# An Evening of Elegance

## Dinner, Dancing and Laughter

For the Mature Crowd - 50+ After 5 Attire

**Saturday, May 20**

**6 - 9 pm**

**Southfield Pavilion**

**Tickets: \$35/Resident \$45/Non-resident**  
**Cash Bar**

Contact Senior Services at (248) 796-4650, for registration details.

P/R

Parks & Recreation Building

26000 Evergreen Road

# Picture your next meeting or small event outside on the Beech Woods Patio



Enclosed area with  
6 round tables  
with umbrellas



75 - 100 people  
\$250 per 4 hour block



Available  
Monday-Sunday  
9 am - 9 pm

**Call (248) 796-4674 for more details  
or to reserve your event.**

## Picnic Shelter Reservations

- Reservations are on a first-come, first-served basis and must be made by a Southfield resident or Business Leisure Card holder.
  - Payment in full is required at time of booking.
  - There are no refunds on shelter permits.
  - There are no tents allowed on park property.

Please call (248) 796-4620 to check available dates remaining for the 2023 season.



# Get Out and Get Walking!

Outdoor restrooms and water access remain closed through May 2 at Beech Woods Park, Civic Center Park (near the Miracle Field), Inglenook Park, Pebble Creek Park and the Mary Thompson House and Farm

Park Name	Location	Services
Bauervic Woods Park	9 Mile Road, W of Evergreen	Playlot Trails Picnic Area
Bedford Woods Park	Webster, W of Pierce	Playlot Walking Path Softball/Little League field Soccer Field
Beech Woods Park	22200 Beech Road	50-tee, lighted driving range Tennis courts Playlot Picnic Shelter
Burgh Historical Park	NE corner of Civic Center Drive & Berg Rd	Flower Gardens Historic Site
Carpenter Lake Nature Preserve	10 Mile Road, E of Inkster	Interpretive nature trails Lake fishing access
Civic Center Park	26000 Evergreen Road	Sand Volleyball Soccer field Tennis courts (lighted) Racket/Handball courts (lighted) Ballfields (1 lighted) Restrooms Playlot 2 Picnic Shelters Nature trails
Freeway Park	Eastbound Lincoln, W of Greenfield Road	Playlot Walking Paths
Inglenook Park	12 Mile Road between Lahser & Evergreen	4 Softball fields Accessible play lot Restrooms 1 Kilometer long fitness trail
Miller Park	Webster, W of Southfield Road	Playlot Ballfield Walking Path Pickleball and basketball courts
Lahser Woods Park	Lahser, N of 11 Mile Road	Picnic Area (no shelter)
Lincoln Woods	Enter through Freeway Park	Nature Trails Wetlands
Mary Thompson House & Farm	Evergreen Road, S of Civic Center	Southfield Community Gardens Historic Site
Pebble Creek Park	American Drive, W of Franklin	Playlot Picnic Shelter Soccer field Restrooms Walking/fitness trail
Seminole Park	Seminole St., north of Shiawassee	Playlot
Simms Park	Wiltshire, S of 12 Mile, E of Southfield Rd	Playlot Ballfield Tennis and basketball courts Small shelter Walking Path
Stratford Woods Commons	Pierce, S of 10 Mile Rd.	Play Area Picnic Area (no shelter)
Valley Woods Nature Preserve	Civic Center Drive, E of Telegraph	Nature Trail Fishing

*Please Note: Special Use permits are required for any large groups, tents, inflatable play structures and amplified music at parks not provided by Southfield Parks & Recreation.*



### Walk-In

Cash, money orders and VISA, American Express, Master Card or Discover are accepted.

**Parks & Recreation Information Desk Window -**  
inside Southfield Pavilion  
Monday-Friday 9 am-5 pm

**Beech Woods Recreation Center**  
Monday-Friday 9 am-5 pm

### Phone-In

**Parks & Recreation Information Desk**  
**(248) 796-4620**  
Monday-Friday 9 am-5 pm

**Beech Woods Recreation Center**  
**(248) 796-4670**  
Monday-Friday 9 am-5 pm

### Online

Set up your account today at  
[apm.activecommunities.com/SouthfieldParks](http://apm.activecommunities.com/SouthfieldParks)

Please use the [Registration Form](#) on the following page for Mail or Fax registrations. Payment in full must accompany the form.

### Mail

Registration  
Southfield Parks & Recreation Dept.  
26000 Evergreen Road, P.O. Box 2055  
Southfield, MI 48037-2055

**Fax** (248) 796-4605

### Payment Options

- YOU MUST REGISTER PRIOR TO THE START OF THE PROGRAM. Instructors are not equipped to take registrations.
- Cash, money orders and VISA, American Express, Master Card or Discover are accepted. We do not accept personal checks as payment for any class, program, special event, membership or room/site rental.
- Course fees are payable in full at the time of registration.
- Registration form must include a signed Liability Waiver. Parents/guardians must sign for their children; adults must sign for themselves.
- Proof of residency, or a Business Leisure Card, must be presented when registering to avoid paying the NR Fee.

### Refund Policy

- A full refund/transfer is given if your class or activity is canceled by Southfield Parks & Recreation, or if we cannot register you because the program is full.
- Refund requests must be made in person, with your original receipt.
- No refunds after the second meeting of the class.
- Requests for refunds received BEFORE the class/activity begins are subject to a \$5 Service Fee. Refund requests received AFTER the class/activity has begun are subject to a \$5 Service Fee PLUS cost of classes already held (the date on which you make your request determines the amount of your refund).
- Please allow four (4) weeks for refunds.
- If you miss any portion of a class or event due to vacation, schedule conflict or other non-emergency situation, you are ineligible to receive a pro-rated refund.

# Summer 2023 Program Registration Form

This form is not valid for athletic league or camp program registrations.

Family Last Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone (Home) \_\_\_\_\_ Cell \_\_\_\_\_

Emergency Contact (Name & Phone) \_\_\_\_\_

E-Mail Address \_\_\_\_\_ Birth date \_\_\_\_\_

Participant Name	Birth date (mm/dd/yr)	Gender	Activity Name	Activity #	Time	Fee

<b>Total</b>	
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**Payment Method:**

Credit Card    Visa, Master Card, Discover, American Express

# \_\_\_\_\_ Exp. Date \_\_\_\_\_

CSC/CVV # \_\_\_\_\_ (3-digit code on the back of Visa, MC or Discover cards, 4-digit code on front of AmEx)

Card holder Signature \_\_\_\_\_

**Southfield Parks & Recreation does not accept personal checks as payment for any class, program, special event, membership or room/site rental.**

*By registering for Parks & Recreation classes and programs, the registrant realizes and understands the inherent risks involved in the programs and appreciates the nature of the risks. The applicant holds the City of Southfield, and the Parks & Recreation Department harmless for any damages caused by participation in these programs. Participants registering for activities of a strenuous nature are encouraged to seek a physician's approval.*

Signature \_\_\_\_\_ Date \_\_\_\_\_

Southfield Parks & Recreation Department  
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Southfield, MI 48076

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