

The background of the entire page is a photograph of a woman and a young girl in a field of pumpkins. The woman, in the foreground, is smiling broadly and holding a large orange pumpkin. She is wearing a black top and a pink sequined vest. The girl, behind her, is also smiling and wearing a black and white patterned dress. The field is filled with many pumpkins of various sizes, and there are trees in the background. The overall scene is bright and festive, capturing a moment of joy during a fall activity.

**SOUTHFIELD
PARKS &
RECREATION**

Fall 2022

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Parks & Recreation Building

26000 Evergreen Road (248) 796-4620
M-F 9:00 am-5:00 pm

Senior Services (former Adult Recreation Center 50+)
26000 Evergreen Road (248) 796-4650
M-Th..... 9:00 am-4:00 pm
F 9:00 am-2:00 pm

Arts & Activities Building

26000 Evergreen Road (248) 796-4620

Beech Woods Recreation Center

22200 Beech Road..... (248) 796-4670
Office Hours Sept 1 - Dec 22
M-F..... 9:00 am-6:00 pm
Sa 9:00 am-2:00 pm
Su..... Closed

Beech Woods Wellness Center..... (248) 796-4676
Sept-Dec

M-F..... 9:00 am-6:00 pm
Sa 10:00 am-2:00 pm
Su..... Closed

Beech Woods Driving Range

Closes Mon., Oct. 31, 2022
22202 Beech Road..... (248) 796-4655
M-F..... 9:00 am-8:00 pm
Sa & Su..... 9:00 am-7:00 pm

Burgh Historical Park

Northeast corner of Civic Center Drive & Berg Road
26060 Berg Road..... (248) 796-4644

Evergreen Hills Golf Course

26000 Evergreen Road (248) 796-4666

Park Services

26000 Evergreen Road (248) 796-4630
M-F 7:30 am-3:30 pm

Southfield Sports Arena

26000 Evergreen Road (248) 796-4640

Southfield Pavilion

26000 Evergreen Road (248) 796-4620

Vollbrecht Planetarium

19100 Filmore Road..... (248) 796-4630
Use the Planetarium entrance at the east end of
Adler Elementary School.

On occasion, Parks & Recreation staff will take pictures of individuals using our parks and facilities or participating in our special events, programs or classes. Please be aware that these photos are for Parks & Recreation Department use only and may be used in future promotional pieces such as social media posts or printed materials such as flyers or activity brochures.



On June 8 and 9, employees from Eaton Corporation spent the workday at Seminole Park as part of their Annual Days of Caring program.

Volunteers spent 2 days at Seminole Park clearing brush, spreading wood chips in the playlot area, painting and staining the fence and giving the benches and playground equipment a quick touch up.



Athletics for Kids

Basketball Skills & Drills

Instructor: T. Marshall

Our instructors will teach the skills needed to be a better athlete, both on and off the court. Your child will learn the fundamentals and strategies of the game while developing the basic skills that are needed to play in a league format.

Ages: 7 - 11

5 weeks Resident: \$50 NR: \$65
6:00-6:50 pm BWRC - BBall Court 3
M Sep 26-Oct 24 Activity Number: 8656
M Nov 14-Dec 12 Activity Number: 8657

Youth Basketball Clinic

Instructor: G. Teasley

In this clinic your child will learn the strategies of the game while developing the basic skills that are needed to play in a league format. This clinic will be taught by an advanced instructor with competitive basketball experience.

Ages: 7 - 10

6 weeks Resident: \$50 NR: \$65
10:00-10:50 am BWRC - BBall Court 1
Sa Sep 10-Oct 15 Activity Number: 8703
Sa Oct 22-Dec 3 Activity Number: 8702

Grasshopper Basketball

Instructor: G. Hawthorne

Each class will consist of teaching through stations, lectures, drills, and even live play! The skills we will focus on during this program will include passing, shooting, defense and dribbling. In this 6 week program we aim to have your kid come out with a smile and a love for the game of basketball.

Ages: 4 - 6

6 weeks Resident: \$50 NR: \$65
9:00-9:50 am BWRC - BBall Court 1
Sa Sep 10-Oct 15 Activity Number: 8664
Sa Oct 22-Dec 3 Activity Number: 8663

Youth Open Gym

- All participants must register for the 2022/23 season upon their first visit; Participants must be accompanied by a parent or guardian at registration.
- Anyone age 9-13 must be signed in by a parent or guardian EVERY VISIT
- Open Gym is limited to 45 participants each day.
- Parents/adults are not allowed on the courts during Youth Open Gym
- There is a \$1 fee to replace a lost Open Gym Membership Card.

**No Open Gym Oct 10, Nov 8 & Nov 24*

Ages: 9 - 13

1 Day Resident: \$3 N/R: \$5
3:30-5:30 pm BWRC - BBall Courts 1-3
Tu, Th Sep 6-Dec 13

Ages: 14 - 18 **Must bring valid student ID. Current High School students only**

1 Day Resident: \$3 N/R: \$5
3:30-5:30 pm BWRC - BBall Courts 1-3
M, W Sep 8-Dec 15

BWRC

Beech Woods Recreation Center

22200 Beech Road
(South of Nine Mile Rd)

Baseball First Skills & Drills

Instructor: C. Bell

In Skills & Drills kids learn the fundamentals of baseball including hitting, fielding, and throwing. Clinic is run by Corey Bell the head coach of the Southfield Youth baseball program.

Ages: 7 - 13

6 weeks **Resident: \$75** **NR: \$85**
4:30-5:30 pm Inglenook - Diamond 1
S Sep 11-Oct 16 Activity Number: 8765

Flag Football Skills Training

Instructor: M. Greatness

This training will teach the skills needed to be a better athlete. We will incorporate fundamentals, teamwork, leadership and accountability. Self improvement and goal setting activities will also be integrated. Participants will be provided with team T-shirts/jerseys and team gifts at the end.

Ages: 8 - 14

6 weeks **Resident: \$75** **NR: \$90**
4:30-6:00 pm CC Park - Flag Football
Tu,Th Sep 6-Oct 11 Activity Number: 8764

Program Scholarships

If your child wishes to attend an activity, but you don't have the funds available, call Southfield Youth Assistance at (248) 746-7658. The volunteers at Southfield Youth Assistance raise money to provide scholarships for young people who are in need of an enriching recreational experience.

Youth Soccer Clinic

Instructor: P. Lamarre

This clinic will consist of drills working on technical work, dribbling, passing, shooting and fitness for kids of all skill levels. Each session will have different topics of focus. The kids in each session will be split off into smaller groups to work on their drills to help practice social distancing.

Ages: 4 - 14

5 weeks **Resident: \$55** **NR: \$65**
1:00-2:00 pm Bedford Woods Park
Sa Sep 10-Oct 8 Activity Number: 8705



Bedford

Bedford Woods Park

End of Lathrup Drive, north of
Twelve Mile (east of Southfield Rd)

CC Park

Civic Center Park
Flag Football Field

26000 Evergreen Road
near AAB & sand volleyball court

Inglenook

Inglenook Park

12 Mile Road,
between Evergreen & Lahser roads



Payment Options:

- All transactions must be done via credit card unless paying in full
- Monthly*: Pay in 10 equal installments – If you select the monthly payment plan, the first month's installment will be due at the time of registration. Subsequent payments will be processed on the 1st of each month, from September 1 – June 1, 2023.
- Year: Pay for the full season upfront (1 time payment)

	Monthly Installments (10 Payments)	Year in Full (1 Payment)
Southfield resident - weekly 45-minute class	\$42/month	\$420
Non-resident - weekly 45-minute class	\$52/month (Non-resident)	\$520 (Non-resident)

**At the time of registration, the first month's installment will be due. This is non-refundable. Installment payments are withdrawn on the 1st of the month and will be automatically billed to the credit card on file. When the 1st of the month falls on a weekend or bank holiday, payment is withdrawn the prior business day. Any declined payments not resolved within 5 days of first attempt to withdraw will incur a \$15 late fee.*

Registration & Tuition Policies:

- Tuition rates are based on an entire season of dance (September – June).
- There is no tuition proration, refunds, or credits for any classes missed during the year.
- If you enroll mid-season, your tuition will be based on when you begin dancing with us.
- Tuition is not based on the number of classes in a month or on attendance.
- Holidays and closures are already calculated into your 10 payments.
- All classes are scheduled more than 30 weeks for the year to accommodate for any weather closings, emergencies, and class cancellations for any reason. Make-ups for classes will only be scheduled if the year falls below 30 weeks.
- In the event of going virtual (due to city, state or government policy) there will be no refunds to tuition payments during the season. You will have the option to discontinue before the next month begins.

Cancellation Policy

Tuition will continue to be charged monthly (on the 1st of each month) until Southfield Parks and Recreation has received a written request of cancellation (must be submitted in writing to sjenkins1@cityofsouthfield.com at least 15 business days prior to being charged). You can cancel at any time throughout the season. If it is 15 business days prior to the first of the month, you will not be charged for the next month.

For more information please call Samantha Jenkins (248) 796-4667 or impulsedancestudio@yahoo.com

Taps & Tutus

Foster a love of movement with this fun energetic class! Introductory level class explores rhythm, song, body awareness, coordination skills, imagination and creative expression. Lesson plan considers students' attention span and keeps them happily engaged while learning to translate music into movement. Children must be potty trained and able to be independent from their parent in class.

Dress Code: black leotard, pink tights, pink ballet shoes, black Mary-Jane tap shoes

Ages: 3 - 5

37 weeks **Resident: \$42/month or \$420**
NR: \$52/month or \$520

10:30-11:15 am AAB - Studio A
Sa Sep 17-Jun 17 Activity Number: 8706

Mini Ballet

Introduction of classical ballet technique and terminology. Based on a combination of the French, Vaganova and Cecchetti methods as students progress.

Dress Code: black leotard; pink tights; pink ballet slippers; hair secured in a bun (no tutus/skirts)

Ages: 3 - 5

39 weeks **Resident: \$42/month or \$420**
NR: \$52/month or \$520

5:30-6:15 pm AAB - Studio A
Th Sep 15-Jun 15 Activity Number: 8712

37 weeks **Resident: \$42/month or \$420**
NR: \$52/month or \$520

11:30 am-12:15 pm AAB - Studio B
Sa Sep 17-Jun 17 Activity Number: 8708

Mini Hip Hop

Introduction to the vocabulary, style and self-expression of hip-hop movement. This high energy class is taught to students with a passion to move!

Dress Code: comfortable, loose-fitting clothing that will allow ease of movement; dance shoes/sneakers (no street shoes, midriff shirts or jeans)

Ages: 5 - 7

37 weeks **Resident: \$42/month or \$420h**
NR: \$52/month or \$520

11:30 am-12:15 pm AAB - Studio A
Sa Sep 17-Jun 17 Activity Number: 8707

Mini/Jr Hip Hop

Introduction to the vocabulary, style and self-expression of hip-hop movement. This high energy class is taught to students with a passion to move!

Dress Code: comfortable, loose-fitting clothing that will allow ease of movement; dance shoes/sneakers (no street shoes, midriff shirts or jeans)

Ages: 5 - 10

39 weeks **Resident: \$42/month or \$420**
NR: \$52/month or \$520

6:30-7:15 pm AAB - Studio A
Th Sep 15-Jun 15 Activity Number: 8713



AAB

Arts & Activities Building

26000 Evergreen Road
(Near the tennis courts)

Jr Ballet/Jazz Combo

This class combines techniques of classical ballet and jazz dance with current forms of popular music. Emphasizing balance, isolations, flexibility, coordination, timing, strength and creative expression. Dancers alternate between the two styles during the program, and will work on a performance piece.

Ballet Dress Code (Sept-Dec): black leotard; pink tights; pink ballet slippers; hair secured in a bun (no tutus/skirts)

Jazz Dress Code (Jan-June): any color leotard; black jazz pants/shorts; black tights; black jazz shoes; hair in bun/ponytail

Ages: 6 - 10

35 weeks **Resident: \$42/month or \$420**
NR: \$52/month or \$520

12:30-1:15 pm AAB - Studio A
Sa Sep 17-Jun 17 Activity Number: 8709

Jr/Teen Hip Hop

Introduction to the vocabulary, style and self-expression of hip-hop movement. This high energy class is taught to students with a passion to move!

Dress Code: comfortable, loose-fitting clothing that will allow ease of movement; dance shoes/sneakers (no street shoes, midriff shirts or jeans)

Ages: 8 - 14

35 weeks **Resident: \$42/month or \$420**
NR: \$52/month or \$520

1:30-2:15 pm AAB -Studio A
Sa Sep 17-Jun 17 Activity Number: 8711



Register Online

Jr/Teen Jazz & Tap Combo

Emphasizes balance, isolations, flexibility, coordination, timing, strength and creative expression.

Dress Code: any color leotard; black jazz pants/shorts; black tights; black jazz shoes needed Sept-Dec, tap shoes needed Jan-June; hair in bun/ponytail

Ages: 8 - 14

37 weeks **Resident: \$42/month or \$420**
NR: \$52/month or \$520

12:30-1:15 pm AAB - Studio B
Sa Sep 17-Jun 17 Activity Number: 8710



AAB Arts & Activities Building 26000 Evergreen Road (Near the tennis courts)

BOO BASH

for ages 2-12 years old

Ghoulish Games

Creepy Crafts

Entertainment

Trick or Treating

Admission

\$5/Southfield resident;

\$10/Non-resident

One adult must be present per family,
everyone must have a ticket

SATURDAY,

OCTOBER 29

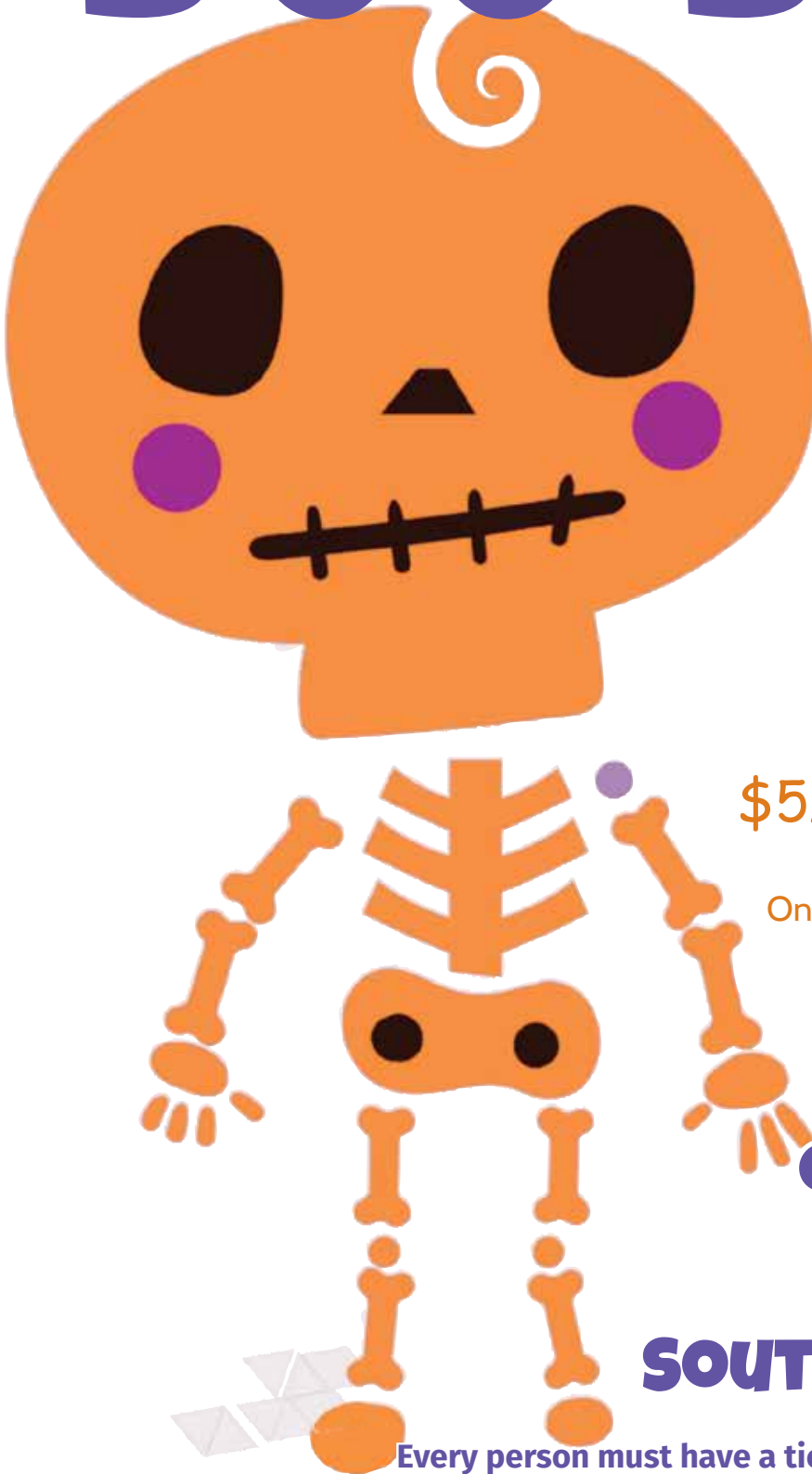
1-4 PM

SOUTHFIELD PAVILION

Every person must have a ticket to enter.

Register in person, at the Parks & Recreation Information Desk, 26000 Evergreen Road.

Or register online at <https://bit.ly/38C4Ygj>.





Quick Start Tennis Lessons

Instructor: R. Hughes

This program is designed to teach young children the game of tennis. They will be taught how to use their racquet's, and judging the flight and direction of the ball. Fun activities and games will be played using low compression and foam balls. Please bring your own racquet.

Ages: 4 -6

5 weeks **Resident: \$55** **NR: \$70**
 9:00-9:50 am CC Park - Courts 3 & 4
 Sa Sep 10-Oct 8 Activity Number: 8696

Ages: 7 - 10

5 weeks **Resident: \$55** **NR: \$70**
 10:00-10:50 am CC Park - Courts 3 & 4
 Sa Sep 10-Oct 8 Activity Number: 8698

Intermediate Tennis Lessons

Instructor: R. Hall Jr.

Designed for those who have played before, but are looking to improve their game. Instruction of drills for control consistency, strategies and game play. Introduction of lob, overhead and half-volleys. Continued work on serve, forehand and backhand. Competitive drills and games will be played.

Ages: 13 and up

5 weeks **Resident: \$55** **NR: \$70**
Senior: Resident: \$49.50 NR: \$63
 7:00-7:50 pm CC Park - Courts 3 & 4
 M Sep 12-Oct 10 Activity Number: 8694

Beginner Tennis Lessons

For those who have never played, or have just started playing the game. Discussion of rules and the basic fundamentals; grip, footwork, forehand, backhand, serve, volley and scoring.

Instructor: R. Hughes

Ages: 8 - 12

5 weeks **Resident: \$55** **NR: \$70**
 6:00-6:50 pm CC Park - Courts 3 & 4
 Tu Sep 6-Oct 4 Activity Number: 8700

6:00-6:50 pm CC Park - Courts 3 & 4
 Th Sep 8-Oct 6 Activity Number: 8701

Ages: 18 and up

5 weeks **Resident: \$55** **NR: \$70**
Senior: Resident: \$49.50 NR: \$63
 7:00-7:50 pm CC Park - Courts 3 & 4
 Tu Sep 6-Oct 4 Activity Number: 8691

Instructor: R. Hall Jr.

Ages: 12 - 17

5 weeks **Resident: \$55** **NR: \$70**
 6:00-6:50 pm CC Park - Courts 3 & 4
 W Sep 7-Oct 5 Activity Number: 8699

Ages: 18 and up

5 weeks **Resident: \$55** **NR: \$70**
Senior: Resident: \$49.50 NR: \$63
 6:00-6:50 pm CC Park - Courts 3 & 4
 M Sep 12-Oct 10 Activity Number: 8692

7:00-7:50 pm CC Park - Courts 3 & 4
 W Sep 7-Oct 5 Activity Number: 8693

Beginner Family Tennis Lessons

Instructor: R. Hughes

Parent and child(ren) must each register for this class.

Ages: 7 and up

5 weeks **Resident: \$55** **NR: \$70**
Senior: Resident: \$49.50 NR: \$63
 7:00-7:50 pm CC Park - Courts 3 & 4
 Th Sep 8-Oct 6 Activity Number: 8695

CC Park

Civic Center Park - Tennis Courts

26000 Evergreen Road
 (north end of complex)



Indoor Tennis Lessons

Indoor Quick Start Tennis Lessons

Instructor: R. Hughes

This program is designed to teach young children the game of tennis. They will be taught how to use their racquet's, and judging the flight and direction of the ball. Fun activities and games will be played using low compression and foam balls. Please bring your own racquet.

Ages: 4 - 6

5 weeks **Resident: \$55** **NR: \$70**
 11:30 am-12:20 pm BWRC- BBall Court 3
 Sa Oct 22-Nov 19 Activity Number: 8670

Indoor Beginner Tennis Lessons

Instructor: R. Hughes

For those who have never played, or have just started playing the game. Discussion of rules and the basic fundamentals; grip, footwork, forehand, backhand, serve, volley and scoring.

Ages: 8 and up

5 weeks **Resident: \$55** **NR: \$70**
 6:00-6:50 pm BWRC- BBall Court 3
 Th Oct 20-Nov 17 Activity Number: 8674

Ages: 7 - 10

5 weeks **Resident: \$55** **NR: \$70**
 12:30-1:20 pm BWRC- BBall Court 3
 Sa Oct 22-Nov 19 Activity Number: 8671

Ages: 11 - 17

5 weeks **Resident: \$44** **NR: \$59**
 1:30-2:20 pm BWRC - BBall Court 3
 Sa Oct 22-Nov 19 Activity Number: 8667

Indoor Beginner Family Tennis Lessons

Instructor: R. Hughes

Parent and child(ren) must each register for this class.

Ages: 7 and up

5 weeks **Resident: \$55** **NR: \$70**
Senior: **Resident: \$49.50** **NR: \$63**
 7:00-7:50 pm BWRC- BBall Court 3
 Th Oct 20-Nov 17 Activity Number: 8673



BWRC

Beech Woods Recreation Center

**22200 Beech Road
 (South of Nine Mile Rd)**

Karate

Instructor: Master Bray

These concepts will be covered in this class as age permits: basic technique movements, basic drills, stances, respect, class etiquette, mottoes, concentration, endurance and balance.

L'il Tots

Ages: 4 - 5

6 weeks Resident: \$30 NR: \$40
9:30-10:00 am BWRC - Multipurpose Rm
Sa Sep 24-Oct 29 Activity Number: 8685
Sa Nov 5-Dec 17* Activity Number: 8686

**No class Nov 26*

Young Tots

Ages: 5 - 6

6 weeks Resident: \$30 NR: \$40
10:15-10:45 am BWRC - Multipurpose Rm
Sa Sep 24-Oct 29 Activity Number: 8687
Sa Nov 5-Dec 17* Activity Number: 8688

**No class Nov 26*

Beginner Karate

This class is for white belts AND anyone who has never participated in a martial arts class. These concepts will be covered in this class: basic technique movements, basic drills, stances, respect, class etiquette, mottoes, concentration, endurance and balance. Techniques will be combined into patterns (Forms/Hyung/Kata). More practice drills will be learned. Exercises and stretches will be introduced and practiced. Technique focus will be practiced via board breaking. Advancement to colored belt is provided.

Instructor: Grand Master Mundy

Ages: 7 and up

5 weeks Resident: \$30 NR: \$40
Senior: Resident: \$27 NR: \$36
6:00-7:00 pm BWRC - Multipurpose Rm
Tu Sep 27-Oct 25 Activity Number: 8675
Tu Nov 15-Dec 13 Activity Number: 8677

5 weeks Resident: \$30 NR: \$40
Senior: Resident: \$27 NR: \$36
6:00-7:00 pm BWRC - Multipurpose Rm
Th Sep 29-Oct 27 Activity Number: 8680

6 weeks Resident: \$30 NR: \$40
Senior: Resident: \$27 NR: \$36
6:00-7:00 pm BWRC - Multipurpose Rm
Th Nov 3-Dec 15 Activity Number: 8678

**No class Nov 24*

Instructor: Master Bray

Ages: 7 and up

6 weeks Resident: \$30 NR: \$40
Senior: Resident: \$27 NR: \$36
11:00 am-12:00 pm BWRC - Multipurpose Rm
Sa Sep 24-Oct 29 Activity Number: 8676
Sa Nov 5-Dec 17* Activity Number: 8679

**No class Nov 26*



BWRC

Beech Woods Recreation Center

22200 Beech Road
(South of Nine Mile Rd)

Looking for a workout on non-class days? Check out the Beech Woods Wellness Center



The Wellness Center features cardio and strength training equipment to help supplement your weekly fitness class.

FALL Work-out Plan \$15 per month Sept 1–Dec 22
M-F 9 am - 6 pm Sa 10 am -2 pm Su Closed
Call (248) 796-4676 for more details.

Intermediate Karate

Instructor: Master Bray

This class is for colored belts from any style of martial arts classes. Concepts, forms, techniques, and drills will be enhanced and increased from the beginner class. Self-defense skills will be practiced more rigorously. Sparring will be added to class drills (per Covid-19 guidelines). Advancement up to Black Belt level is provided.

Ages: 7 and up

6 weeks	Resident: \$30	NR: \$40
Senior:	Resident: \$27	NR: \$36
12:15-1:15 pm	BWRC - Multipurpose Rm	
Sa Sep 24-Oct 29	Activity Number: 8681	
Sa Nov 5-Dec 17*	Activity Number: 8682	

**No class Nov 26*

Intermediate/Advanced Karate

Instructor: Grand Master Mundy

This class is for colored belts from any style of martial arts classes. Concepts, forms, techniques, and drills will be enhanced and increased from the beginner class. Self-defense skills will be practiced more rigorously. Sparring will be added to class drills (per Covid-19 guidelines). Advancement up to black belt level is provided.

Ages: 7 and up

5 weeks	Resident: \$50	NR: \$65
Senior:	Resident: \$45	NR: \$58.50
7:15-8:45 pm	BWRC - Multipurpose Rm	
Tu,Th Sep 27-Oct 27	Activity Number: 8683	

6 weeks	Resident: \$50	NR: \$65
Senior:	Resident: \$45	NR: \$58.50
7:15-8:45 pm	BWRC- Multipurpose Rm	
Tu,Th Nov 3-Dec 15	Activity Number: 8684	

**No class Nov 8 & Nov 24*

BWRC

Beech Woods Recreation Center

**22200 Beech Road
(South of Nine Mile Rd)**

Simms Park Renovation



May 10
Walking Path cut
and graded

May 17
Courts removed



May 25
Courts paved

June 1
13 new trees



June 22
Fencing installed

June 25
Courts sealed

Miller Park Renovation

April 29
Walking Path cut
and graded



May 17
Courts removed
Path paved



June 3
Courts paved



July 25
Fencing installed



July 1
Bleachers
replaced

July 3
Courts sealed

Thank You to Our Spring/Summer Special Event Sponsors

**FAMILY FUN &
BIKE SAFETY NIGHT
MAY 4, 2022**



and
the
**Summer
Wine
Down**



**SAFE
K:DS**
OAKLAND
COUNTY



Vollbrecht Planetarium Fall Series

Instructor: C. Jones

Join us under the stars!! The Vollbrecht Planetarium projects the 7,000 night sky stars (along with the planets, Sun, Moon and Milky Way) that are visible to the unaided eye onto its 30 foot star dome. Each show is designed for novice star gazers as well as advanced amateur astronomers and offers a lecture, star show, a Q&A period, handouts and door prizes.

Pre-registration is required for all planetarium shows.

Full Fall Series

5 weeks Resident: \$30 N/R: \$40
W Sep 7-Nov 16 Activity Number: 8767

Our 13 Planet Solar System - Part 1

We'll explore the planets: Mercury, Venus, Earth, Mars and dwarf planet, Ceres. We'll tour the night's sky.

1 hour Resident: \$5 NR: \$6.50
7:00-8:00 pm Vollbrecht Planetarium
W Sep 7 Activity Number: 8768

Our 13 Planet Solar System - Part 2

Gas Giants & Kuiper Belt Objects. We'll visit Jupiter, Saturn, Uranus, Neptune and dwarf planets: Pluto, Haumea, Makemake, and Eris, in the Kuiper Belt.

1 hour Resident: \$5 NR: \$6.50
7:00-8:00 pm Vollbrecht Planetarium
W Sep 21 Activity Number: 8769

Telescopes and Binoculars

What's the right scope for you? We'll discuss cost, how to set up and use them. We'll point out on our dome the objects that can be seen with a small telescope or binoculars. A lab demo on how a telescope works will be given.

1 hour Resident: \$5 NR: \$6.50
7:00-8:00 pm Vollbrecht Planetarium
W Oct 5 Activity Number: 8770

Exploring our Milky Way Galaxy

Exploring our Milky Way Galaxy. It's Black Hole, Nebulae and Star Clusters. We'll look at colorful nebulae, open and globular clusters. We'll simulate flying into the Orion Nebula's solar system forming regions.

1 hour Resident: \$5 NR: \$6.50
7:00-8:00 pm Vollbrecht Planetarium
W Oct 19 Activity Number: 8773

The Rest of the Story - Part 1

Andromeda Galaxy, Our Sister. The Hubble Space Telescope has produced a high-resolution view of this galaxy. We'll also look at other galaxies in our universe.

1 hour Resident: \$5 NR: \$6.50
7:00-8:00 pm Vollbrecht Planetarium
W Nov 2 Activity Number: 8771

The Rest of the Story - Part 2

From Quarks to the Edge of the Universe. Based on the powers of 10 we'll explore the Cosmos from Quarks to the Edge of the Universe. What is Dark Energy and Dark Matter?

1 hour Resident: \$5 NR: \$6.50
7:00-8:00 pm Vollbrecht Planetarium
W Nov 16 Activity Number: 8772

Participants are asked to use the Planetarium entrance at the east end of Adler Elementary School.

Vollbrecht Planetarium

19100 Filmore Road
(inside Adler Elem. School)

Come work at the "coolest" place!



Facility Assistant I

*Be the face of the Arena!
(Customer service, office duties
and more)*

Facility Assistant II

*Want to drive the Zamboni?
(Who doesn't?!) Training available*



Scan to apply

Both positions require some evenings & weekends –
Up to 40 hours per week (Seasonally)

Adult Programs



Athletics/Sports

Adult Open Gym

- All participants must register for the 2022/23 season upon their first visit; current, state-issued picture ID required to participate.
- Open Gym is limited to the first 40 participants to check in each day.
- There is a \$1 fee to replace a lost Open Gym Membership Card.

Ages: 18 and up

**No Open Gym Nov 8 & Nov 24*

1 Day Resident: \$4 N/R: \$6
 12:30-2:30 pm BWRC - Courts 1 & 2
 Tu, Th Sep 6-Dec 13

Beech Woods Wellness Center

The Beech Woods Wellness Center is a complete workout facility providing programs designed not only to get you active now, but to keep you active for many years to come.

****Check-out the Fall hours!!****

M-F 9:00 am-6:00 pm
 Sa 10:00 am-2:00 pm
 Su Closed

FALL Work-out PLAN

\$15 per month Sept 1 – Dec 22

Arts/Entertainment

Ceramics

Instructor: K. Robichaud

Create decorative clay forms through hand-building projects using slab and coil techniques. Learn several decorative techniques and develop an understanding of the firing process. The wheel will be available and there will be some outdoor sawdust and raku firing.



Ages: 16 and up

\$50 Material Fee paid directly to instructor.

10 weeks Resident: \$165 NR: \$185
 Senior: Resident: \$148.50 NR: \$166.50
 7:00-10:00 pm BHP - Art Room
 W Sep 14-Nov 16 Activity Number: 8635

BHP

Burgh Historical Park

26060 Berg Road

P/R

Parks & Recreation Building

26000 Evergreen Road

Dance/Music

Popular Hustles

Instructor: K. Johnson

This is a dance class that features popular line dances without a partner.

Ages: 18 and up

5 weeks **Resident: \$30 NR: \$40**

Senior: Resident: \$27 NR: \$36

6:30-7:30 pm P/R - Lower Level Dance Studio

Tu Sep 6-Oct 4 Activity Number: 8640

Tu Oct 18-Nov 15 Activity Number: 8641

Tu Nov 29-Dec 27 Activity Number: 8642

6:30-7:30 pm P/R - Lower Level Dance Studio

W Sep 7-Oct 5 Activity Number: 8643

W Oct 19-Nov 16 Activity Number: 8644

W Nov 30-Dec 28 Activity Number: 8645

7:30-8:30 pm P/R - Lower Level Dance Studio

W Sep 7-Oct 5 Activity Number: 8647

W Oct 19-Nov 16 Activity Number: 8648

W Nov 30-Dec 28 Activity Number: 8646



Motown Style Ballroom Dance

Instructor: D. Lott

Due to COVID-19 protocols a dance partner is required.

This unique and popular style of ballroom dance stems from the Baby Boomer generation and is done in some of the most popular Afro-American night spots. It is a combination of the Social and the Cha-Cha. Face mask required for people who are not vaccinated.

Part 1

Ages: 18 and up

6 weeks **Resident: \$45 NR: \$55**

Senior: Resident: \$40.50 NR: \$49.50

1:00-2:00 pm P/R - Lower Level Dance Studio

Sa Sep 10-Oct 22 Activity Number: 8804

Sa Oct 29-Dec 10* Activity Number: 8807

**No class Nov 26*

Part 2

Ages: 18 and up

5 weeks **Resident: \$46 NR: \$56**

Senior: Resident: \$41.40 NR: \$50.40

2:00-3:00 pm P/R - Lower Level Dance Studio

Sa Sep 10-Oct 15 Activity Number: 8805

Sa Oct 29-Dec 3* Activity Number: 8808

**No class Nov 26*

Part 3

Ages: 18 and up

5 weeks **Resident: \$48 NR: \$58**

Senior: Resident: \$43.20 NR: \$52.20

3:00-4:00 pm P/R - Lower Level Dance Studio

Sa Sep 10-Oct 15 Activity Number: 8806

Sa Oct 29-Dec 3* Activity Number: 8809

**No class Nov 26*

P/R

Parks & Recreation Building

26000 Evergreen Road

Fitness

Fat-2-Lean - Teaches Zumba

Instructor: P. Latimer

Come join a class where there's always a party! You don't have to know how to dance, just move and groove your body to the beat of Latin, Hip Hop and Reggae music. It's easy! It's a lot of fun. It's the best thing going to help get into shape.

Ages: 18 and up

5 weeks Resident: \$52.50 NR: \$62.50

Senior: Resident: \$47.25 NR: \$56.25

6:00-6:45 pm P/R - Room 115

M Sep 12-Oct 24* Activity Number: 8631

**No class Oct 3 & Oct 10*

6:00-6:45 pm P/R - Room 115

Th Nov 10-Dec 15* Activity Number: 8634

**No class Nov 24*

6 weeks Resident: \$63 NR: \$73

Senior: Resident: \$56.70 NR: \$65.70

6:00-6:45 pm P/R - Room 115

Th Sep 15-Oct 27 Activity Number: 8632

6:00-6:45 pm P/R - Room 115

M Nov 7-Dec 12 Activity Number: 8633

Stretch and Tone with a Touch of Pilates

Instructor: C. Baugh

In this class you will learn proper form when weight training. You will strengthen and stretch each muscle group in the body from head to toe.

Pilates helps to increase strength in the abdominal muscles and back, as well as improve posture and balance. Please bring your own mat and a towel.

Ages: 16 and up

6 weeks Resident: \$45 NR: \$55

Senior: Resident: \$40.50 NR: \$49.50

5:15-6:00 pm BWRC - Multipurpose Rm

W Sep 14-Oct 19 Activity Number: 8752

W Nov 2-Dec 14 Activity Number: 8753

Yoga for the Back

Instructor: C. Baugh

Yoga for the Back is a contemporary approach to classic yoga, targeting strength training and stretching of the back and abdomen. Poses are introduced step-by-step, in a seated or lying down position and emphasize the quality of movement, proper breathing, flexibility and deep relaxation. Bringing your own mat and towel is highly recommended.

Ages: 16 and up

6 weeks Resident: \$60 NR: \$75

Senior: Resident: \$54 NR: \$67.50

4:00-5:00 pm BWRC - Multipurpose Rm

W Sep 14-Oct 19 Activity Number: 8750

W Nov 2-Dec 14 Activity Number: 8751



BWRC

Beech Woods Recreation Center

22200 Beech Road (South of Nine Mile Rd)

P/R

Parks & Recreation Building

26000 Evergreen Road



Hypertufa Workshop

Instructor: E. Blondin

The term “hypertufa” refers to a type of artificial stone. Made of peat, perlite and cement, these durable containers can withstand the winters and light enough to move around. They are perfect for alpine and fairy gardens. Included: Hypertufa forming mix, assorted size molds.

Ages: 18 and up

2 hours Resident: \$55 NR: \$65
 Senior: Resident: \$49.50 NR: \$58.50
 6:00-8:00 pm MT Farm
 Tu Sep 13 Activity Number: 8511

A Garden Revolution

Instructor: E. Blondin

The Americas meant new plants and “A New World Order”. This talk explores food and farming techniques of native cultures and the collision of the new and the old world ultimately ‘liberated’ the Old World’s gardens and lay the foundation for the modern American garden aesthetic.

Ages: 18 and up

2 hours Resident: \$10 NR: \$15
 Senior: Resident: \$9 NR: \$13.50
 6:00-8:00 pm MT Farm
 Tu Oct 4 Activity Number: 8730

Witches: From Wonderful to Wicked

Instructor: E. Blondin

Explore the Western world’s original herbal healers. From ancient Sumeria to the stereotypical Witch/ Healer, we will learn how these figures drove economics, religion, health care and 21st century pop culture.

Ages: 18 and up

2 hours Resident: \$10 NR: \$15
 Senior: Resident: \$9 NR: \$13.50
 6:00-8:00 pm P/R - Room 221
 Tu Nov 1 Activity Number: 8731



Special Interest

Future Vision

Instructor: Daron Powers

Participants will learn advanced stress reduction techniques using the book *Future Vision 6-Steps to Harness Your Power & Achieve Goals in the New Normal* as a guide.

You will need to have *Future Vision: Action Planning Guide* \$12.95 from Amazon or \$14 purchased in class. Optional, but encouraged, *Future Vision: 6-Steps to Harness Your Power & Achieve Goals in the New Normal* \$14.99 from Amazon or \$16 purchased in class.

Ages: 18 and up

4 weeks Resident: \$97 NR: \$107
 Senior: Resident: \$87.30 NR: \$96.30
 7:00-8:30 pm P/R - Room 221
 Th Sep 8-Sep 29 Activity Number: 8649

P/R

Parks & Recreation Building

26000 Evergreen Road

MT Farm

Mary Thompson Farm

25630 Evergreen Road

We are Hiring!

Transportation of Southfield Seniors (TOSS) Drivers & Dispatchers



Age 21 and up
Drivers Must Have a Valid Chauffeur License
19 hours per week

**Call the Senior Services office at
(248) 796-4654 for details.**



Popular walking paths at Southfield parks.

Get out and enjoy your Southfield parks.



Bauervic Woods Park

South side of Nine Mile Rd, west of Evergreen Road
Natural path



Civic Center Park

26000 Evergreen Road
Paved and natural paths



Bedford Woods Park

Lathrup Drive, north of Twelve Mile Road,
east of Southfield Road
Natural path



Freeway Park

South side of Lincoln Drive, west of Greenfield Road
Paved Path



Carpenter Lake Nature Preserve

South side of Ten Mile Rd, just east of Inkster Road
Majority natural but some paved paths



Inglenook Park

South side of Twelve Mile Rd
between Lahser and Evergreen roads
Natural Path

A WALK IN THE PARKS



Meet at the park entrance at 9 am.

Sept 1 & Dec 8
Inglenook Park

Sept 8, Oct 20 & Dec 15
Beech Woods Park

Sept 15, Oct 27 & Dec 22
Civic Center Park Nature Trail

Sept 22 & Nov 3
Carpenter Lake Nature Preserve

Sept 29 & Nov 10
Freeway Park/Lincoln Woods

Oct 6 & Nov 17
Berberian Woods Nature Preserve

Oct 13 & Dec 1
Bauervic Woods Park



Full Moon Hikes

A full moon is visible in a dark sky, partially obscured by the silhouettes of trees. A bird is in flight to the right of the moon. The overall scene is dark and atmospheric, with a warm glow from the moon.

Tue, November 8 5 pm

Civic Center Park Nature Trail

Wed, December 7 4:45 pm

Beech Woods Park

Dress for the weather and bring a flashlight, lantern or head lamp along with hiking poles or a walking stick with you if you have them.

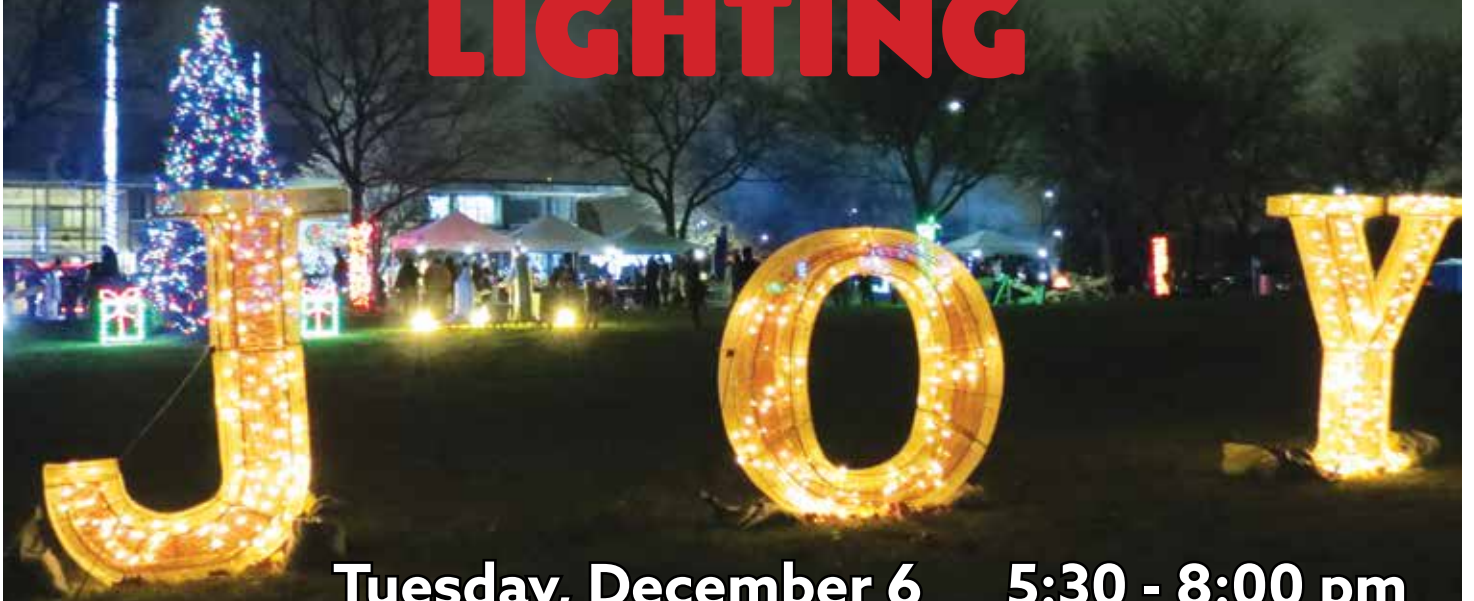
Community Garden Buzzing with Activity

The Southfield Community Garden at the Mary Thompson Farm is home to beehives. Royal Bee Honey installed the two hives in July. There is seating nearby for people to relax and observe from a safe distance.



Watch our Facebook page and website for updates on educational bee programs coming soon.

SOUTHFIELD TREE LIGHTING



Tuesday, December 6 5:30 - 8:00 pm
Southfield Municipal Campus front lawn

Soulful Santa Celebration

**Saturday,
December 10**



Details Coming Soon!

Watch our Facebook and website pages for updates.

Evergreen Hills Golf Course

26000 Evergreen Road (248) 796-4666

Open for play, weather permitting, 8 am - Dusk, Monday-Friday
and 7 am - Dusk on weekends.



2022 Golf Fees

Proof of residency is required for Resident rates.

Rates listed are for 9 holes.

M-F

Resident: \$12	N/R: \$13	<i>Open - 3 pm</i>
Resident: \$15	N/R: \$16	<i>3 pm - Close</i>

Sa, Su & Holidays

Resident: \$16	N/R: \$17	<i>Open - 12 pm</i>
Resident: \$14	N/R: \$15	<i>12 - 4 pm</i>
Resident: \$13	N/R: \$14	<i>4 pm - Close</i>

Senior (55+) and Youth** (17 & under): **Save \$1**

M-F before 3 pm, Sa and Su after 12 pm. Except holidays.

***Only \$3 for 9 holes with Youth on Course membership.*

Putting Clinic - Golf

Instructor: T. Ryan

Spend your lunch hour working on your putting game in this 50-minute clinic! PGA teaching Pro Terri Ryan will show you tips and tricks on the practice putting green at the Evergreen Hills Golf Course. Class size will be limited to 6 people per session to allow for proper social distancing.

Ages: 16 and up

1 hour	Resident: \$15	NR: \$15
12:00-12:50 pm	Evergreen Hills GC	
F Sep 16	Activity Number: 8689	

Rentals

Fees are per-person for 9 holes of play.

Power Cart \$10/rider

Senior Cart \$9/rider *M-F before 3 pm, Sa & Su after 12 pm*

Pull Carts \$3

Save time, book your tee times online!

Go to

www.cityofsouthfield.com/departments/parks-recreation/golf
and click the **Book Your Tee Time** button.

Tee Time With Terri (Golf Pro)

Instructor: T. Ryan

This class is designed for the player that knows the basics, but wants to become a better player. Learn tips and tricks from PGA teaching pro Terri Ryan. Each of the 5 weekly sessions will cover a different aspect of the game; warm-up, mental preparation, playing the course, how to improve your score, tracking and analysis of your results. Instruction will include playing some holes on the course with cart.

Ages: 18 and up

5 weeks	Resident: \$75	NR: \$90
Senior:	Resident: \$67.50	NR: \$81
6:30-7:50 pm	Evergreen Hills GC	
T Sep 13-Oct 11	Activity Number: 869	



Beech Woods Driving Range

Open through October 31 (weather permitting)

22202 Beech Road (248) 796-4655
 Monday-Friday 9 am-8 pm Weekends 8 am-8 pm

2022 Bucket Fees

Last small bucket of balls sold 30 minutes before closing.

Bucket Size	Small	Medium	Large
Resident & Senior	\$6	\$8	\$10
NR	\$8	\$10	\$12

Call (248) 796-4655 for times as weather can affect hours of operation.

Golf Lessons

Instructor: T. Ryan

Come out and learn the game of golf from PGA teaching pro Terri Ryan. Each of the 4 sessions will cover a different aspect of the game. Register at the Parks & Recreation Information Desk or at the Beech Woods Recreation Center, **not the driving range.**

Level 1

Ages: 16 and up

Session 1: Grip, stance, half-swing

Session 2: Irons and full swing

Session 3: Short game; chipping/pitching

Session 4: Putting

Level 2

Ages: 16 and up

Session 1: Review and work on full swing

Session 2: Hybrids and fairway woods

Session 3: Driver

Session 4: Short game

The price of range balls (\$6/bucket) is not included.

2 weeks	Resident: \$50	NR: \$65
Senior:	Resident: \$45	NR: \$58.50
12:00-12:50 pm	BW Driving Range	
M,W Sep 12-Sep 21	Activity Number: 8659	

7:00-7:50 pm	BW Driving Range	
M,W Sep 12-Sep 21	Activity Number: 8658	

6:30-7:20 pm	BW Driving Range	
W-Th Sep 28-Oct 6	Activity Number: 8660	

The price of range balls (\$6/bucket) is not included.

2 weeks	Resident: \$50	NR: \$65
Senior:	Resident: \$45	NR: \$58.50
7:00-7:50 pm	BW Driving Range	
Tu,Th Sep 13-Sep 22	Activity Number: 8661	

12:00-12:50 pm	BW Driving Range	
M,W Sep 26-Oct 5	Activity Number: 8662	

Adult Golf Camp

Instructor: T. Ryan

Are you ready to work on your game? This 3-day camp taught by PGA teaching pro Terri Ryan will help you become a better player in no time!

Day 1: Swing analysis and work with irons, hybrids and woods

Day 2: Short game; putting, chipping, pitching, bunker shots and course management.

Day 3: 9-hole scramble at Evergreen Hills Golf Course along with tips and instruction.

Ages: 19 and up

3 days Resident: \$150 NR: \$170

Senior: Resident: \$135 NR: \$153

F-Su Sep 9-Sep 11 Activity Number: 8655

F 5:00-7:00 pm BW Driving Range

Sa 8:00 am - 12:00 pm BW Driving Range

Su 8:00 - 11:00 am Evergreen Hills GC

Youth Beginner Golf Clinic

Instructor: T. Ryan

This one-hour clinic will introduce your child to the game of golf in a fun environment. PGA teaching pro Terri Ryan will teach students how to hold and swing a club, as well as the rules and etiquette of the game. Please bring a 7 iron or similar club if you have one.

Ages: 6 - 17

1 hour Resident: \$15 NR: \$20

11:00 am-12:00 pm BW Driving Range

Sa Sep 24 Activity Number: 8704

Golf Association of Michigan

The *Golf Association of Michigan* is the governing body for amateur golf in the state. Members that join through Evergreen Hills Golf Course will receive \$1 off all regular rates and \$1 off/bucket of balls at the Beech Woods Driving Range in addition to all the other GAM benefits.

Go to www.GAM.org for more information or to join.

Be sure to use Evergreen Hills Golf Course in Southfield when joining!



Adult Membership Ages: 19 years and up \$39



Youth on Course (Junior GAM Membership)

All members play a round for only \$3 per 9 holes! There are 100 courses in Michigan that participate.

Ages: 6 - 18 years \$15/calendar year

GAM Foundation

The GAM Foundation supports access to affordable golf for youth — an investment in the future of the game. Our simple goal is to help more kids play more golf for \$5 or less through *Youth on Course*. We are making golf more affordable and accessible at a local level — an effort which requires help from generous individuals like you.

If you are able, please consider donating to the GAM Foundation, visit www.GAM.org/Foundation for details.

BW Driving Range

Beech Woods Driving Range

22202 Beech Road (enter at Pro Shop)

Evergreen Hills GC

Evergreen Hills Golf Course

26000 Evergreen Road
(South entrance near Police Station)



**SAVE
THE
DATE**

***Picnic shelter
reservations begin
Wednesday, March 1
for summer 2023.***



**Watch our Facebook page and
website for updates.**

Senior Programs



Dance/Music

Hustles for Seniors

Instructor: K. Johnson

Seniors will learn basic hustle steps and help create their own hustles to popular Motown music. No partner required. Program sizes have been limited to help with physical distancing.

Ages: 50 and up

5 weeks	Resident: \$30	NR: \$40
12:00-1:00 pm	P/R - Lower Level Dance Studio	
Th	Sep 8-Oct 6	Activity Number: 8637
Th	Oct 20-Nov 17	Activity Number: 8638
Th	Dec 1-Dec 29	Activity Number: 8639

Fitness

Chair Exercise

Instructor: K. Walton

Exercise in a caring and safe environment. Class is for all levels of fitness. We use bands, hand weights and balls to work your body. Please bring fitness bands, hand weights and water to class.

Ages: 50 and up

7 weeks	Resident: \$35	NR: \$45
11:00 am-12:00 pm	P/R - Room 115	
M	Sep 12-Oct 31*	Activity Number: 8718
M	Nov 7-Dec 19	Activity Number: 8720

**No class Oct 10*

8 weeks	Resident: \$40	NR: \$50
11:00 am-12:00 pm	P/R - Room 115	
W	Sep 7-Oct 26	Activity Number: 8719
W	Nov 9-Dec 21	Activity Number: 8721



Register Online

P/R

Parks & Recreation Building

26000 Evergreen Road

Moderate Yoga

Instructor: L. Lerman

Yoga for all abilities! This is a class for beginners through veteran yoga students. We use basic Hatha Yoga techniques. We begin class in a chair and end class on your mat. Bring your yoga mat and non-slip socks.

Ages: 18 and up

3 weeks Resident: \$30 NR: \$40

12:15-1:15 pm P/R - Room 115

M Sep 12-Sep 26 Activity Number: 8714

M Dec 5-Dec 19 Activity Number: 8717

4 weeks Resident: \$40 NR: \$50

12:15-1:15 pm P/R - Room 115

M Oct 3-Oct 31* Activity Number: 8715

M Nov 7-Nov 28 Activity Number: 8716

**No class Oct 10*

Beginning Tai Chi with Jeff Sotzen

Instructor: J. Sotzen

Learn the slow, gentle movements of the tai chi form that has been practiced for hundreds of years to nourish and strengthen the whole body, mind and spirit.

Ages: 16 and up

6 weeks Resident: \$25 NR: \$35

Senior: Resident: \$22.50 NR: \$31.50

9:30-10:30 am BWRC - Multipurpose Rm

Th Sep 15-Oct 20 Activity Number: 8746

Th Nov 3-Dec 15* Activity Number: 8747

**No class Nov 24*

Tai Chi Form with Jeff Sotzen

Instructor: J. Sotzen

This class is a continuing tai chi class for those who know and understand the basics. Focus is on the tai chi form. Instructor approval needed to take class.

Ages: 16 and up

6 weeks Resident: \$25 NR: \$35

Senior: Resident: \$22.50 NR: \$31.50

10:45-11:45 am BWRC - Multipurpose Rm

Th Sep 15-Oct 20 Activity Number: 8748

Th Nov 3-Dec 15* Activity Number: 8749

**No class Nov 24*



BWRC

Beech Woods Recreation Center

22200 Beech Road
(South of Nine Mile Rd)

P/R

Parks & Recreation Building

26000 Evergreen Road

Senior Sport Drop-In

Drop-in programs allow you to pay for only the days you attend. Please check in and pay at the Beech Woods Recreation Center front desk to receive your wristband for the day.

Per Day Resident: \$2 NR: \$3
10 Visits Resident: \$20 NR: \$30
10:00 am-12:00 pm BWRC - Court D

Pickleball

Matches are set up each week among participants. Rackets and balls available to use on-site.

Tu Sep 13-Oct 11
Tu Oct 18-Nov 15
Tu Nov 22-Dec 20

Senior Indoor Tennis

All levels of play are welcome. Partners and play are determined each day.

Th-F Oct 14-Dec 16*
**No class Nov 11 & Nov 24*

Senior Bounce Volleyball

The game is played by standard volleyball rules except that the ball can bounce before you hit it. Pre-registration is required. All are welcome!

Open Practice

There are no Wednesday practices, Nov 3 through March due to league play.

M,W Sep 12-Oct 24*
M,W Oct 31-Dec 8
**No class Oct 10*

Senior Bounce Volleyball League

Includes 14 weeks of league play and t-shirt.

14 weeks Resident: \$30 NR: \$40
4 person Team W Nov 2 - Mar 1 10:00 am
6 person Team W Nov 2 - Mar 1 11:00 am



Fall Fest

Tuesday, October 18
5:30 - 7 pm
Mary Thompson Farm

*Featuring fall favorites like
soup or chili, cider and donuts plus
live entertainment*

\$15/Resident \$20/NR

Call Senior Services at (248) 796-4650 to register today!

BWRC

Beech Woods Recreation Center

22200 Beech Road
(South of Nine Mile Rd)

Thank You to Our Spring/ Summer Senior Services Program Sponsors

Thank you!



Humana



kw HOME
KELLERWILLIAMS.



Senior Drop-In Programs

Call the Senior Services office at (248) 796-4650 for more information on any of the programs listed below. Drop-in fees are payable at the door.

Bingo

Cash payout is determined day of play. Coffee will be provided but please bring your own snacks.

1½ hours **\$2/Resident** **\$3/NR** +\$0.25/card
Tu Sep 6-Dec 19 10:00-11:30 am P/R - Rm 223

Bid Whist

Bid Whist is a partnership trick-taking variant of the classic card game whist. As indicated by the name, bid whist adds a bidding element to the game that is not present in classic whist.

3½ hours **\$2/Resident** **\$3/NR**
Tu Sep 6-Dec 19 12:00-3:30 pm P/R - Marcotte

Bridge Club

Don't have a partner? Not a problem, we've got you covered! We welcome any and all bridge players to join us, no matter your level of play.

3 hours **\$2/Resident** **\$3/NR**
W Sep 7-Dec 21 12:30-3:30 pm P/R - Marcotte

Mahjong

Join us as we play Mahjong, a tile-based game similar to Gin Rummy that is usually played in groups of four.

2 hours **\$2/Resident** **\$3/NR**
W Sep 7-Dec 21 12:30-3:30 pm P/R - Rm 223



Learn to Play Mahjong Class

Join us as we learn to play Mahjong which is similar to Gin Rummy. Once you have learned to play, join us for weekly drop in games on Wednesdays.

5 weeks **Resident: \$10** **NR: \$15**
12:30-2:30 pm P/R - Rm 223
W Sep 7-Oct 5 Activity Number: 8790

P/R

Parks & Recreation Building

26000 Evergreen Road

Thanksgiving Luncheon

Thursday, November 17
12 - 1:30 pm

Southfield Parks & Recreation Building,
Room 115

Admission: \$20/Resident
\$25/NR

Includes lunch and Family Feud



You must register in advance for all Senior Luncheons.

Holiday Luncheon

Thursday, December 15
12 - 1:30 pm

Southfield Parks & Recreation
Building, Room 115

Admission:
\$20/Resident \$25/NR

Includes lunch and Bingo



Southfield Celebrates Black History Month

February 2023



Remember
Educate
Celebrate

Look for details on social media and online at www.cityofsouthfield.com



Winter Fest returns in 2023!!

Come chill out with us!



Southfield Pavilion & Sports Arena, 26000 Evergreen Road

 [SouthfieldParksandRecreation](https://www.facebook.com/SouthfieldParksandRecreation)

 [southfieldparksrecreation](https://www.instagram.com/southfieldparksrecreation)

Commission on Senior Adults (COSA)

The Commission on Senior Adults (COSA) was created to present recommendations and information to the Mayor and City Council regarding the needs, concerns and problems of senior adults living in Southfield. COSA works closely with City departments and local agencies which serve the senior adult community. COSA also monitors state and federal legislation and serves as an educational link to services and resources designed to support our senior community. COSA is now meeting in-person and we welcome YOU to attend our meetings, held on the 3rd Thursday of each month at 4:00 pm.

COSA is always looking for new members! If you are interested, contact Rhonda Terry of the Southfield Human Services Department at (248) 796-4540.

Special Forces

Adaptive Recreation Group

Southfield Special Forces is an activity group for individuals 16 years and older with a developmental disability. They offer programs, activities and trips throughout the week.

You can keep up to date on Special Forces activities by joining our e-list or our monthly mailing list. Please call (248) 796-4604 to be added to one or both of our mailing lists. You may also e-mail us at hgraves@cityofsouthfield.com

Southfield Historical Society

The Southfield Historical Society takes pride in preserving the past for the future generations. Founded in 1965, the volunteers at the Southfield Historical Society operate two museums; the Town Hall located at the Burgh Historical Park and the Mary Thompson House and Farm on Evergreen Road, just south of the Municipal Complex. If you are interested in membership check out one of their monthly meetings on the 1st Wednesday of the month (except July and August) at 4:00 pm. Find more information on-line at [Facebook@HistoricSouthfield](https://www.facebook.com/HistoricSouthfield) or www.southfieldhistoricalsociety.wordpress.com.

Local Sports Leagues

These organizations are independent of the Southfield Parks & Recreation Department.

Baseball & Tee Ball

Miracle League..... (248) 506-4604
www.michiganmiracle.org (Mentally & Physically Challenged)

Youth Soccer

South Oakland County Soccer(248) 496-8597
www.socsfc.com U3 - U19 teams

Youth Tackle Football & Cheerleading

Southfield Lathrup Falcons (248) 457-8031
www.southfieldfalcons.org Ages 5 - 14 years old



Community Groups

Southfield Area Chamber of Commerce
..... (248) 557-6661
www.southfieldchamber.com

Historical Society..... (248) 219-6963
www.southfieldhistoricalsociety.wordpress.com

Southfield Michigan Works..... (248) 796-4580

Southfield Parks & Garden Club.....(248) 356-2281
www.southfieldparksandgarden.org

Southfield Youth Assistance (248) 746-7658
www.southfieldya.org

Helpful Numbers

SMART Connector (866) 962-5515

TOSS (Transportation of Southfield Seniors).....(248) 796-4658

Oakland County Parks(888)OCPARKS
www.oakgov.com/parks

The 'field Zone.....(248) 206-4225
www.miclubs.org



Southfield Parks

Southfield parks are open year round for residents to enjoy. Keep up those healthy habits you established throughout the summer. Pull on your boots, put on a warm coat and see your favorite parks in a whole new way.

Parks are open from dawn to dusk and there are no park entrance fees. Park Rules are posted at each park entrance. For more information on individual parks, please call the Parks Services division at (248) 796-4630.

Seasonal Park Closures

Outdoor restrooms and water access will close for the season on November 1 at:

- Beech Woods Park
- Civic Center Park (near the Miracle Field)
- Inglenook Park
- Pebble Creek Park
- Mary Thompson House and Farm

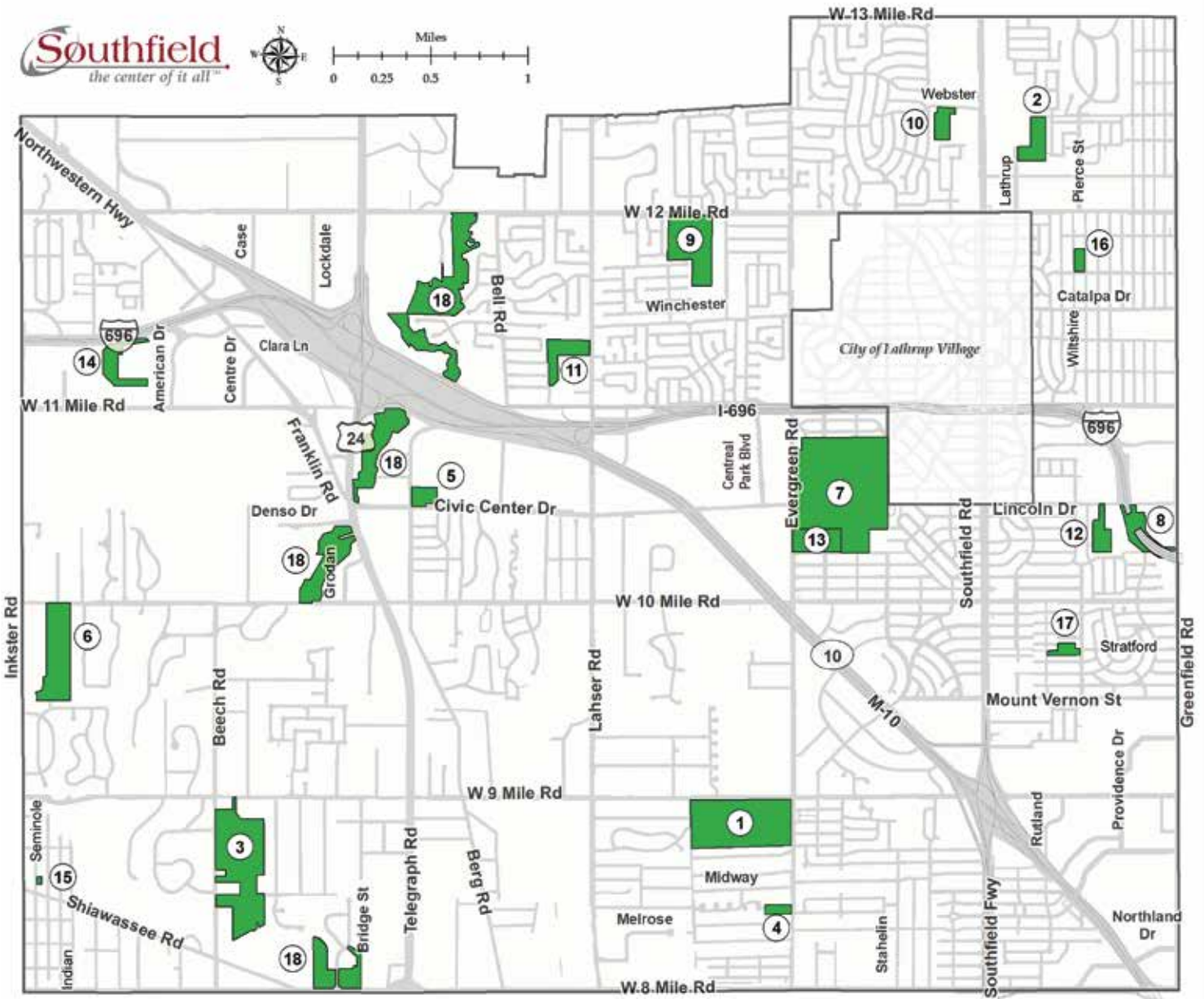
Porta potties will be placed at Inglenook and Civic Center parks through the month of November, weather permitting.

The parking lot gates to the following parks will also close on November 1:

- Pebble Creek Park, access road off American Dr.
- Bedford Woods Park, Lathrup Blvd. entrance
- Freeway Park, Lincoln Dr. entrance



Please Note: Special Use permits are required for any large groups, tents, inflatable play structures and amplified music at parks not provided by Southfield Parks & Recreation.



Park Rules

- Parks open from dawn to dusk.
- Alcoholic beverages are prohibited.
- All pets must be leashed and controlled.
- Golf is prohibited in park areas.
- No motorized vehicles are permitted beyond the parking lot.
- Please place litter in receptacles provided.
- No loitering.
- Group use by permit only.
- Pet droppings must be collected and removed by pet owner.
- Remote or radio-controlled aircraft prohibited.
- Feeding of wildlife prohibited.
- Fire in grills only.
- Fireworks prohibited.
- Dumping of household trash prohibited.
- Playing loud music will not be permitted.
- Tents not authorized by Southfield Parks and Recreation prohibited.

Park Name	Location	Services
1. Bauervic Woods Park	9 Mile Road, W of Evergreen	Playlot Trails Picnic Area
2. Bedford Woods Park	Webster, W of Pierce	Playlot Walking Path Softball/Little League field Soccer Field
3. Beech Woods Park	22200 Beech Road	50-tee, lighted driving range Tennis courts Playlot Picnic Shelter
4. Brace Park	Evergreen Road, S of 9 Mile	Neighborhood Ballfields
5. Burgh Historical Park	NE corner of Civic Center Drive & Berg Rd	Flower Gardens Historic Site
6. Carpenter Lake Nature Preserve	10 Mile Road, E of Inkster	Interpretive nature trails Lake fishing access
7. Civic Center Park	26000 Evergreen Road	Sand Volleyball Soccer field Tennis courts (lighted) Racket/Handball courts (lighted) Ballfields (1 lighted) Restrooms Playlot 2 Picnic Shelters Nature trails
8. Freeway Park	Eastbound Lincoln, W of Greenfield Road	Playlot Walking Paths
9. Inglenook Park	12 Mile Road between Lahser & Evergreen	4 Softball fields Accessible play lot Restrooms 1 Kilometer long fitness trail
10. Miller Park	Webster, W of Southfield Road	Playlot Ballfield Tennis and basketball court
11. Lahser Woods Park	Lahser, N of 11 Mile Road	Picnic Area (no shelter)
12. Lincoln Woods	Enter through Freeway Park	Nature Trails Wetlands
13. Mary Thompson House & Farm	Evergreen Road, S of Civic Center	Southfield Community Gardens Historic Site
14. Pebble Creek Park	American Drive, W of Franklin	Playlot Picnic Shelter Soccer field Restrooms Walking/fitness trail
15. Seminole Park	Seminole St., north of Shiawassee	Playlot
16. Simms Park	Wiltshire, S of 12 Mile, E of Southfield Rd	Playlot Ballfield Tennis courts Small picnic shelter
17. Stratford Woods Commons	Pierce, S of 10 Mile Rd.	Play Area Picnic Area (no shelter)
18. Valley Woods Nature Preserve	Civic Center Drive, E of Telegraph	Nature Trail Fishing

Outdoor restrooms and water access will close on November 1 at Beech Woods Park , Civic Center Park (near the Miracle Field), Inglenook Park, Pebble Creek Park and the Mary Thompson House and Farm



Registration

Walk-In

Cash, money orders and VISA, American Express, Master Card or Discover are accepted.

Parks & Recreation Information Desk Window -
inside Southfield Pavilion
Monday-Friday 9 am-5 pm

Beech Woods Recreation Center
Monday-Friday 9 am-6 pm

Phone-In

Parks & Recreation Information Desk
(248) 796-4620
Monday-Friday 9 am-5 pm

Beech Woods Recreation Center
(248) 796-4670
Monday-Friday 9 am-6 pm

Online

Set up your account today at
apm.activecommunities.com/SouthfieldParks

Please use the **Registration Form on the following page for Mail or Fax registrations. Payment in full must accompany the form.**

Mail

Registration
Southfield Parks & Recreation Dept.
26000 Evergreen Road, P.O. Box 2055
Southfield, MI 48037-2055

Fax (248) 796-4605

Payment Options

- YOU MUST REGISTER PRIOR TO THE START OF THE PROGRAM. Instructors are not equipped to take registrations.
- Cash, money orders and VISA, American Express, Master Card or Discover are accepted. We no longer accept personal checks as payment for any class, program, special event, membership or room/site rental.
- Course fees are payable in full at the time of registration.
- Registration form must include a signed Liability Waiver. Parents/guardians must sign for their children; adults must sign for themselves.
- Proof of residency, or a Business Leisure Card, must be presented when registering to avoid paying the NR Fee.

Refund Policy

- A full refund/transfer is given if your class or activity is canceled by Southfield Parks & Recreation, or if we cannot register you because the program is full.
- Refund requests must be made in person, with your original receipt.
- No refunds after the second meeting of the class.
- Requests for refunds received BEFORE the class/activity begins are subject to a \$5 Service Fee. Refund requests received AFTER the class/activity has begun are subject to a \$5 Service Fee PLUS cost of classes already held (the date on which you make your request determines the amount of your refund).
- Please allow four (4) weeks for refunds.
- If you miss any portion of a class or event due to vacation, schedule conflict or other non-emergency situation, you are ineligible to receive a pro-rated refund.

Fall 2022 Program Registration Form

This form is not valid for athletic league or camp program registrations.

Family Last Name _____

Address _____

City _____ Zip _____

Phone (Home) _____ Cell _____

Emergency Contact (Name & Phone) _____

E-Mail Address _____ Birth date _____

Participant Name	Birth date (mm/dd/yr)	Gender	Activity Name	Activity #	Time	Fee

Total	
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Payment Method:

Credit Card Visa, Master Card, Discover, American Express

_____ Exp. Date _____

CSC/CVV # _____ (3-digit code on the back of Visa, MC or Discover cards, 4-digit code on front of AmEx)

Card holder Signature _____

Southfield Parks & Recreation no longer accepts personal checks as payment for any class, program, special event, membership or room/site rental.

By registering for Parks & Recreation classes and programs, the registrant realizes and understands the inherent risks involved in the programs and appreciates the nature of the risks. The applicant holds the City of Southfield, and the Parks & Recreation Department harmless for any damages caused by participation in these programs. Participants registering for activities of a strenuous nature are encouraged to seek a physician's approval.

Signature _____ Date _____

Southfield Parks & Recreation Department
26000 Evergreen Road
Southfield, MI 48076

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City Council

Linnie Taylor, *Council President*

Michael "Ari" Mandelbaum, *Pro Tem*

Nancy L.M. Banks

Daniel Brightwell

Lloyd Crews

Myron Frasier

Jason Hoskins

Sherikia L. Hawkins, *City Clerk*

Irv M. Lowenberg, *Treasurer*

Frederick E. Zorn, *CEcD City Administrator*

Parks & Recreation Board

Jeannine D. Reese, *Chairperson*

Rosemerry Allen

Brandon Gray

Kathleen A. McNelis

Adam Wolf

Timothy Forrest, *Student Representative*

Parks & Recreation Department

Terry Fields, *Director*



BOO BASH

for ages 2-12 years old



SATURDAY, OCTOBER 29
1-4 PM
SOUTHFIELD PAVILION