

SOUTHFIELD

PARKS & RECREATION

Fall 2021 Activities Guide

Southfield
Center of it all™



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On occasion, Parks & Recreation staff will take pictures of individuals using our parks and facilities or participating in our special events, programs or classes. Please be aware that these photos are for Parks & Recreation Department use only and may be used in future promotional pieces such as social media posts or printed materials such as flyers or activity brochures.

Parks & Recreation Building

26000 Evergreen Road (248) 796-4620
M-F 9:00 am-5:00 pm

Senior Services (former Adult Recreation Center 50+)
26000 Evergreen Road (248) 796-4650
M-Th 9:00 am-4:00 pm
F 9:00 am-2:00 pm

Arts & Activities Building

26000 Evergreen Road (248) 796-4620

Beech Woods Recreation Center

22200 Beech Road (248) 796-4670
M-F 9:00 am-5:00 pm
Sa & Su Closed

Beech Woods Wellness Center (248) 796-4676
September-December
M-F..... 9:00 am-5:00 pm

Beech Woods Driving Range

Open through October 31, 2021 (weather permitting)
22202 Beech Road..... (248) 796-4655
M-F..... 9:00 am-8:00 pm
Sa & Su..... 8:00 am-8:00 pm

Burgh Historical Park

Northeast corner of Civic Center Drive & Berg Road
26060 Berg Road (248) 796-4644

Evergreen Hills Golf Course

Open through November, 2021 (weather permitting)
26000 Evergreen Road (248) 796-4666

Park Services

26000 Evergreen Road (248) 796-4630
M-F 7:30 am-3:30 pm

Southfield Sports Arena Ice Rink

26000 Evergreen Road (248) 796-4640
M-F 8:30 am-8:00 pm
Sa & Su 9:00 am-7:00 pm

Southfield Pavilion

26000 Evergreen Road (248) 796-4620

On the Cover:

Tennis lessons for all ages at the
Civic Center Park tennis courts.
See page 10 for more details on fall sessions.

Hello Friends...

Here we are in the month of August! Hopefully you have been able to step out and enjoy the summer season.

Your team here in the Parks & Recreation Department have seen so many faces at our concerts on the front lawn, spending time in our parks, bringing your young folks to day camp and perhaps enjoying the Southfield pool. It is our privilege to plan, organize and provide recreation experiences that enhance your quality of life in our city everyday.

As you know, your comfort and safety has been our priority as we move forward in this time of change and healing. Moving through the pages of this magazine, please know we have worked hard at offering classes, programs, events and services that allow us to meet you where you are...whether that's recreating outdoors for a walk in the park, enjoying a healthy and active class with friends, golfing 9 holes at Evergreen Hills Golf Course, practicing your swing at the driving range at Beech Woods Park, or sharing an experience as a family at one of our special events.

Our transportation program continues to provide safe services for our seniors to doctor's appointments as well as shopping needs here in our city. Our drivers take special care to ensure comfort and safety, whether it is a short trip to the store or a lunch or dinner with one of our Senior Services offerings.

With the changing of the seasons comes new recreation opportunities for all of our residents. Fall is a beautiful time of year to be outdoors. Our parks are waiting for you. Classes and programs both outdoors and inside are designed for your safety, enrichment and fun.

Our wish for all of you is to join us as we all take healthy steps forward in enjoying our parks, facilities and programs - and please know...we are here for you!

Terry Fields
Parks & Recreation Director



Fun for Kids

Athletics/Sports

Baseball First - Skills & Drills

Instructor: C. Bell

In this clinic kids will learn the fundamentals of baseball including hitting, fielding and throwing. This clinic will be run by Corey Bell the Head Coach of the Southfield Youth Baseball Program and The Michigan Blue Knights Travel Baseball Program.

Ages: 7 - 10

5 weeks **Resident: \$75** **NR: \$85**
3:15-4:15 pm Inglenook - Diamond 2
Su Sep 12-Oct 10 Activity Number: 7761

Ages: 11 - 13

5 weeks **Resident: \$75** **NR: \$85**
4:30-5:30 pm Inglenook - Diamond 2
Su Sep 12-Oct 10 Activity Number: 7762

Basketball - Skills & Drills

Instructor: T. Marshall

This clinic will teach the skills needed to be a better athlete, both on and off the court. Your child will learn the fundamentals and strategies of the game while developing the basic skills that are needed to play in a league format.

Ages: 7 - 11

5 weeks **Resident: \$50** **NR: \$65**
6:00-6:50 pm BWRC - BBall Court 3

No class Nov 1

M Sep 13-Oct 11 Activity Number: 7967
M Oct 18-Nov 22 Activity Number: 7968

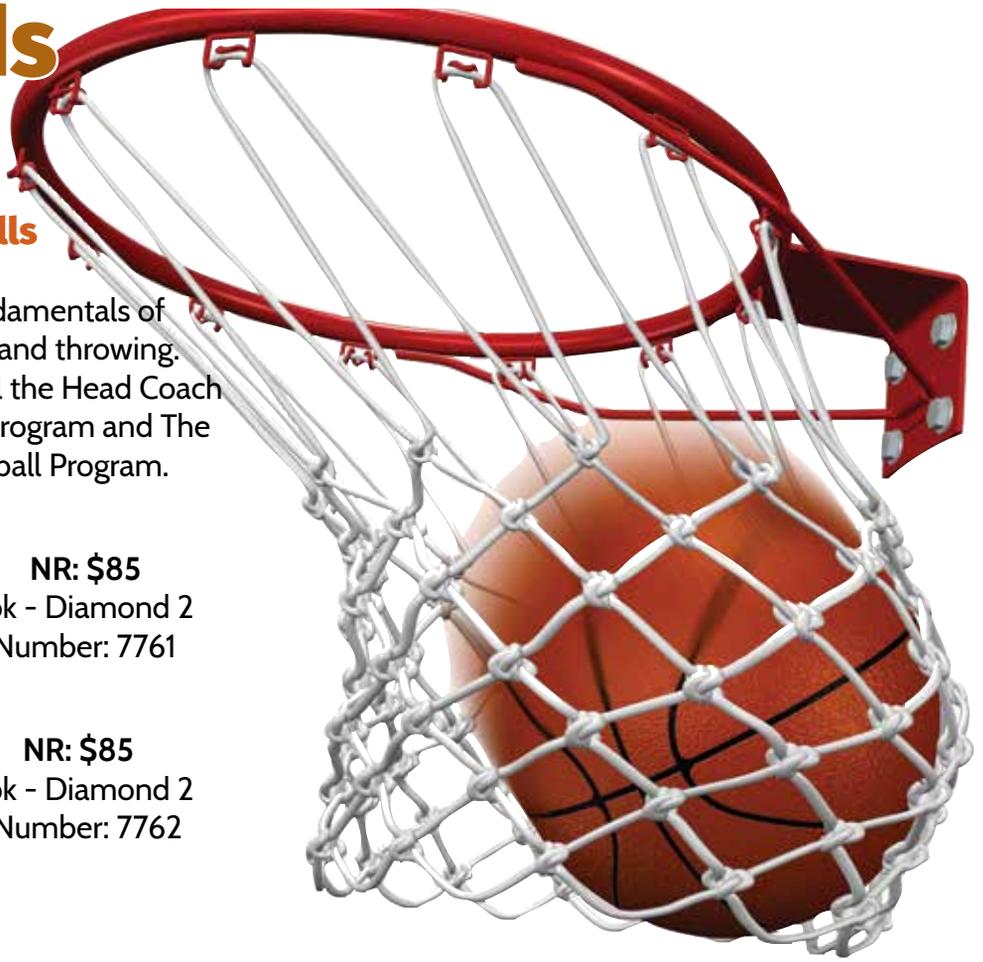
Grasshopper Basketball

Instructor: G. Hawthorne

We are determined to provide the best possible learning experience for your children. Each day will consist of teaching through stations, lectures, drills, and even live play! The skills we will focus on during this program will include passing, shooting, defense and dribbling. In this 6 week program we aim to have your kid come out with a smile and a love for the game of basketball.

Ages: 4 - 6

6 weeks **Resident: \$50** **NR: \$65**
9:00-9:50 am BWRC - BBall Court 3
Sa Sep 11-Oct 16 Activity Number: 7899
Sa Oct 23-Dec 4 Activity Number: 7898



Inglenook Park

South side of Twelve Mile Rd between
Evergreen and Lahser roads

BWRC

Beech Woods Recreation Center

22200 Beech Road
(South of Nine Mile Rd)

Fun for Kids

Youth Basketball Clinic

Instructor: G. Teasley

In this clinic your child will learn the strategies of the game while developing the basic skills that are needed to play in a league format. This clinic will be taught by an advanced instructor with competitive basketball experience.

Ages: 7 - 10

6 weeks

Resident: \$50

NR: \$65

10:00-10:50 am

BWRC - BBall Court 3

Sa Sep 11-Oct 16

Activity Number: 7901

Sa Oct 23-Dec 4

Activity Number: 7900

Youth Open Gym

Parents must register or update their child's information for 2021 before they can participate in Open Gym. There is a \$1 fee to replace a lost Open Gym Membership Card.

Parents/adults are NOT allowed on the court. Limited to 20 kids per court.

Ages: 9 - 17

Resident: \$3/day

N/R: \$5/day

3:15-5:30 pm

BWRC - BBall Courts 1-3

M-F Sep 7-Dec 17

Youth Soccer Clinic

Instructor: P. Lamarre

This clinic will consist of drills working on technical work, dribbling, passing, shooting and fitness for kids of all skill levels. Each session will have different topics of focus. The kids in each session will be split off into smaller groups to work on their drills to help practice social distancing.

Ages: 4 - 14

5 weeks

Resident: \$55

NR: \$65

1:00-2:00 pm

Bedford Woods Park

Sa Sep 11-Oct 9

Activity Number: 7760



Bedford Woods Park

End of Lathrup Drive, north of
Twelve Mile (east of Southfield Rd)

BWRC

Beech Woods Recreation Center

22200 Beech Road
(South of Nine Mile Rd)

Questions? (248) 796-4620

www.Facebook.com/SouthfieldParksandRecreation

Fun for Kids



Dance/Music

Taps & Tutus

Instructor: R. McMorris

Foster a love of movement with this fun energetic class! This introductory level class explores rhythm, song, body awareness, coordination skills, imagination and creative expression. Lesson plans will consider students' attention span and keeps them happily engaged while learning to translate music into movement. Children must be potty trained and able to be independent from their parent in class.

Ages: 3 -5

6 weeks **Resident: \$68*** **NR: \$83***

10:30-11:15 am AAB - Dance Room

Sa Sep 11-Oct 16 Activity Number: 7885

7 weeks **Resident: \$79*** **NR: \$94***

10:30-11:15 am AAB - Dance Room

Sa Oct 23-Dec 11 Activity Number: 7928

Mini Ballet

Instructor: R. McMorris

Introduction of classical ballet technique and terminology. Class includes barre exercises, center work and across the floor combinations. Based on a combination of the French, Vaganova and Cecchetti methods. As students progress, each level of the curriculum becomes more complex and intricate.

Dress Code: black leotard, pink tights, pink ballet slippers, hair secured in a bun (no tutus/skirts; Adult skirts ok)

Ages: 3 - 5

6 weeks **Resident: \$68*** **NR: \$83***

5:30-6:15 pm AAB - Dance Room

Th Sep 16-Oct 21 Activity Number: 7823

7 weeks **Resident: \$79*** **NR: \$94***

5:30-6:15 pm AAB - Dance Room

Th Oct 28-Dec 16 Activity Number: 7931

AAB

Arts & Activities Building

26000 Evergreen Road
(Near the tennis courts)

Fun for Kids

New Payment Option

Pay for both session 1 & 2 of your child's' dance classes in the same transaction and receive 10% off session 2!

Mini Hip Hop

Instructor: R. McMorris

Introduction to the vocabulary, style and self-expression of hip-hop movement. This high energy class is taught to students with a passion to move!

Dress Code: comfortable, loose-fitting clothing that will allow ease of movement; dance shoes/sneakers (no street shoes or jeans)

Ages: 5 - 7

6 weeks **Resident: \$68*** **NR: \$83***
11:30 am-12:15 pm AAB - Dance Room
Sa Sep 11-Oct 16 Activity Number: 7888

7 weeks **Resident: \$79*** **NR: \$94***
11:30 am-12:15 pm AAB - Dance Room
Sa Oct 23-Dec 18 Activity Number: 7932

Mini/JR Hip Hop

Instructor: R. McMorris

Introduction to the vocabulary, style and self-expression of hip-hop movement. This high energy class is taught to students with a passion to move!

Dress Code: Comfortable, loose-fitting clothing that will allow ease of movement, dance shoes/sneakers (no street shoes or jeans)

Ages: 5 - 10

6 weeks **Resident: \$68*** **NR: \$83***
Activity Number:
6:30-7:15 pm AAB - Dance Room
Th Sep 16-Oct 21 Activity Number: 7884

6 weeks **Resident: \$79*** **NR: \$94***
6:30-7:15 pm AAB - Dance Room
Th Oct 28-Dec 16 Activity Number: 7930

JR Ballet/Jazz Combo

Instructor: R. McMorris

This combo class introduces classical ballet technique and terminology combined with tap that emphasizes the flow of rhythm and beats in music and their own bodies.

Dress Code: black leotard, pink tights, pink ballet shoes, black tap shoes, hair in bun

Ages: 6 - 10

6 weeks **Resident: \$68*** **NR: \$83***
1:30-2:15 pm AAB - Dance Room
Sa Sep 11-Oct 16 Activity Number: 7892

7 weeks **Resident: \$79*** **NR: \$94***
1:30-2:15 pm AAB- Dance Room
Sa Oct 23-Dec 11 Activity Number: 7929



IMPULSE
DANCE ACADEMY

AAB

Arts & Activities Building

26000 Evergreen Road
(Near the tennis courts)

Questions? (248) 796-4620

www.Facebook.com/SouthfieldParksandRecreation

Fun for Kids

JR Teen Hip Hop

Instructor: R. McMorris

Introduction to the vocabulary, style and self-expression of hip-hop movement. This high energy class is taught to students with a passion to move!

Dress Code: comfortable, loose-fitting clothing that will allow ease of movement, dance shoes/sneakers (no street shoes or jeans)

Ages: 8 - 14

6 weeks **Resident: \$68*** **NR: \$83***
12:30-1:15 pm AAB - Dance Room
Sa Sep 11-Oct 16 Activity Number: 7892

7 weeks **Resident: \$79*** **NR: \$94***
12:30-1:15 pm AAB - Dance Room
Sa Oct 23-Dec 11 Activity Number: 7929

JR Teen Jazz

Instructor: R. McMorris

Combines technique of classical ballet and modern dance with current forms of popular dance. Emphasizes balance, isolations, flexibility, coordination, timing, strength and creative expression. Each level of jazz is a continuation of the previous level and increases in difficulty.

Dress Code: any color leotard, black jazz pants/shorts, black tights, black jazz shoes, hair in bun/ponytail

Ages: 8 - 14

6 weeks **Resident: \$79*** **NR: \$94***
7:30-8:15 pm AAB - Dance Room
Th Sep 16-Oct 21 Activity Number: 8027
Th Oct 28-Dec 16 Activity Number: 8028

HOLIDAY SHOWCASE PERFORMANCE OPPORTUNITIES!

More details to come!!



AAB

Arts & Activities Building

26000 Evergreen Road
(Near the tennis courts)

Halloween Fun

Boo AT THE Burgh

Fri, October 22

5:30-6:00 pm

6:15-6:45 pm

7:00-7:30 pm

7:45-8:15 pm

\$5/Resident \$10/NR

One adult must be present per family,
everyone must have a ticket.

Sat, October 23

3:30-4:00 pm

4:15-4:45 pm

5:00 - 5:30 pm

6:30-7:00 pm

7:15-7:45 pm

8:00-8:30 pm

Burgh Historical Park, 26060 Berg Road

BOOK & BOO

OCTOBER 31

1-1:30 PM

1:45-2:15 PM

2:30-3 PM

3:15-3:45 PM

4-4:30 PM

Halloween FUN for ages 2-10

\$5/RESIDENT (NR: \$10)

One adult must be present per family,
everyone must have a ticket.

BEDFORD WOODS PARK,

Webster Ave, west of Pierce St.

All Ages - Tennis



Quick Start Tennis Lessons

Instructor: R. Hughes

This program is designed to teach young children the game of tennis. They will be taught how to use their racquets and judge the flight and direction of the ball. Fun activities and games will be played using low compression and foam balls.

Please bring your own racquet.

Outdoor Lessons

Ages: 4 - 6

5 weeks Resident: \$55 NR: \$70
9:00-9:50 am CC Park - Courts 3 & 4
Sa Sep 11-Oct 9 Activity Number: 7974

Ages: 7 - 10

5 weeks Resident: \$55 NR: \$70
10:00-10:50 am CC Park - Courts 3 & 4
Sa Sep 11-Oct 9 Activity Number: 7975

Indoor Lessons

Ages: 4 - 6

5 weeks Resident: \$55 NR: \$70
10:00-10:50 am BWRC - Court 3
Sa Oct 23-Nov 20 Activity Number: 7978

Ages: 7 - 10

5 weeks Resident: \$55 NR: \$70
9:00-9:50 am BWRC - Court 3
Sa Oct 23-Nov 20 Activity Number: 7979

Family Beginner Tennis Lessons

Instructor: R. Hughes

This class is designed for parents and children who want to take a beginner tennis lesson at the same time and location. Parent and child(ren) must each register for this class.

Outdoor Lessons

Ages: 7 and up
5 weeks Resident: \$55 NR: \$70
Senior: Resident: \$49.50 NR: \$63
7:00-7:50 pm CC Park - Courts 3 & 4
W Sep 8-Oct 6 Activity Number: 7969

Indoor Lessons

Ages: 7 and up
5 weeks Resident: \$55 NR: \$70
Senior: Resident: \$49.50 NR: \$63
7:00-7:50 pm BWRC - Court 3
W Oct 20-Nov 17 Activity Number: 7977

CC Park	Civic Center Park - Tennis Courts	26000 Evergreen Road (north end of complex)
BWRC	Beech Woods Recreation Center	22200 Beech Road (South of Nine Mile Rd)

All Ages - Tennis

Beginner Tennis Lessons

For those who have never played or have just started playing the game. Discussion of rules and the basic fundamentals; grip, footwork, forehand, backhand, serve, volley and scoring.

Outdoor Lessons

5 weeks Resident: \$55 NR: \$70
 Senior: Resident: \$49.50 NR: \$63
 Ages: 8 - 12 Instructor: R. Hughes
 6:00-6:50 pm CC Park - Courts 3 & 4
 T Sep 7-Oct 5 Activity Number: 7956

Ages: 8 - 12 Instructor: R. Hall Jr.
 6:00-6:50 pm CC Park - Courts 3 & 4
 Th Sep 9-Oct 7 Activity Number: 7972

Ages: 12 - 17 Instructor: R. Hughes
 6:00-6:50 pm CC Park - Courts 3 & 4
 W Sep 8-Oct 6 Activity Number: 7976

Ages: 18 and up Instructor: R. Hughes
 7:00-7:50 pm CC Park - Courts 3 & 4
 T Sep 7-Oct 5 Activity Number: 7955

Ages: 18 and up Instructor: R. Hall Jr.
 7:00-7:50 pm CC Park - Courts 3 & 4
 Th Sep 9-Oct 7 Activity Number: 7973

6:00-6:50 pm CC Park - Courts 3 & 4
 M Sep 13-Oct 11 Activity Number: 7970

Adult/Teen Intermediate Tennis Lessons

Instructor: R. Hall Jr.

Designed for those who have played before, but are looking to improve their game. Instruction of drills for control consistency, strategies and game play. Introduction of lob, overhead and half-volleys. Continued work on serve, forehand and backhand. Competitive drills and games will be played.

Ages: 13 and up
 5 weeks Resident: \$55 NR: \$70
 Senior: Resident: \$49.50 NR: \$63
 7:00-7:50 pm CC Park - Courts 3 & 4
 M Sep 13-Oct 11 Activity Number: 7971

Indoor Lessons

5 weeks Resident: \$55 NR: \$70
 Senior: Resident: \$49.50 NR: \$63
 Ages: 8 and up Instructor: R. Hall Jr.
 No class: Nov 1
 7:15-8:00 pm BWRC - Court 3
 M Oct 25-Nov 29 Activity Number: 7902

Ages: 8 - 12 Instructor: R. Hughes
 6:00-6:50 pm BWRC - Court 3
 W Oct 20-Nov 10 Activity Number: 7957



CC Park	Civic Center Park - Tennis Courts	26000 Evergreen Road (north end of complex)
BWRC	Beech Woods Recreation Center	22200 Beech Road (South of Nine Mile Rd)

Recreation on the Move



Join us for *Recreation on the Move* - INDOORS!

Come by Room 115 of the Parks & Recreation Building and we will have a fun, free craft project available for children ages 5-12.

Families can choose to take the project home or stay to complete it. Parents must accompany children, and must stay if child decides to work on the project on-site.

Limited to the first 25 children to participate.
A very special thank you to Denso for their generous donation to fund this program.

Tuesdays 4 - 6 pm
P/R Building - Room 115

September 7 - USA!!

September 14 - Super Heroes

September 21 - Space

September 28 - Native Americans

Seasonal Theme Dates
Tuesdays 4 - 6 pm

November 23

December 21

Fresh Air Fitness

SOUTH OAKLAND COUNTY SOCCER



We provide the BEST and most affordable recreational soccer program in the area!

We offer programs and clinics ranging from:

- Junior Mini-Kickers (U3) - Led by professionally licensed coaches
- Mini-Kickers (U4) - Led by professionally licensed coaches
- U5/U6 - In-house program, game day training & games led by professional staff
- U7-U19 - Volunteer run practices and game season

Other benefits include:

- Discounted Detroit City FC Women's and Men's professional team tickets
- FREE Professionally led Goalkeeper training
- FREE Professionally led Technical Nights + Detroit City FC Professional player visits
- FREE Professionally led Coaches educational clinics + curriculum
- FREE GK training U7-U19
- FREE Coaches manual

Join the clear pathway to success from recreational soccer to the DCFC South Oakland travel program and beyond!

SOCSEFC.COM

All Ages - Karate

Youth

Karate - Lil' Tots

Instructor: Leon Bray

These concepts will be covered in this class as age permits: basic technique movements, basic drills, stances, respect, class etiquette, mottos, concentration, endurance and balance.

Ages: 4 - 5

6 weeks **Resident: \$30** **NR: \$40**
9:30-10:00 am BWRC - Multipurpose Rm
Sa Sep 25-Oct 30 Activity Number: 7874
Sa Nov 6-Dec 18 Activity Number: 7943

Karate - Young Tots

Instructor: Leon Bray

These concepts will be covered in this class as age permits: basic technique movements, basic drills, stances, respect, class etiquette, mottos, concentration, endurance and balance.

Ages: 5 - 6

6 weeks **Resident: \$30** **NR: \$40**
10:15-10:45 am BWRC - Multipurpose Rm
Sa Sep 25-Oct 30 Activity Number: 7875
Sa Nov 6-Dec 18 Activity Number: 7944

All Ages

Karate - Beginner

Instructor: Patt Mundy

This class is for white belts AND anyone who has never participated in a martial arts class. Concepts covered in this class include: basic technique movements, basic drills, stances, respect, class etiquette, mottos, concentration, endurance and balance. Techniques will be combined into patterns (Forms/Hyung/Kata). Exercises, drills and stretches will be introduced and practiced. Technique focus will be practiced via board breaking. Advancement to colored belt is provided.

Ages: 7 and up

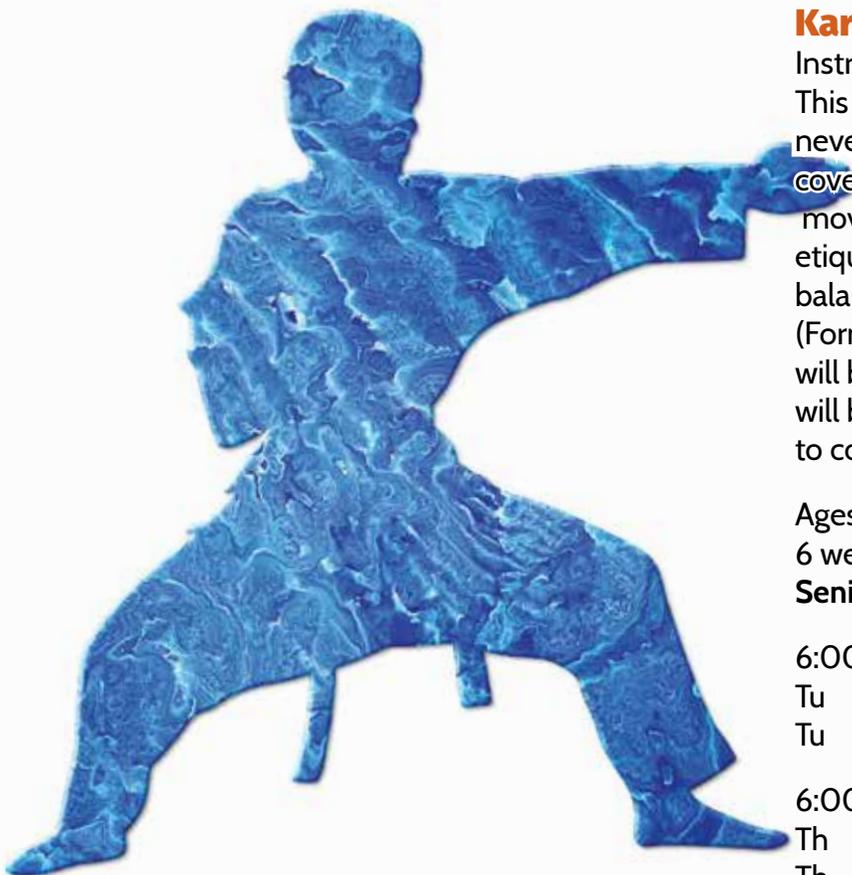
6 weeks **Resident: \$30** **NR: \$40**
Senior: **Resident: \$27** **NR: \$36**

6:00-7:00 pm BWRC - Multipurpose Rm
Tu Sep 21-Oct 26 Activity Number: 7878
Tu Nov 2-Dec 14 Activity Number: 7937

6:00-7:00 pm BWRC - Multipurpose Rm
Th Nov 4-Dec 16 Activity Number: 7940
Th Sep 23-Oct 28 Activity Number: 8038

Instructor: Leon Bray

11:00 am-12:00 pm BWRC - Multipurpose Rm
Sa Sep 25-Oct 30 Activity Number: 7905
Sa Nov 6-Dec 18 Activity Number: 7945



BWRC

Beech Woods Recreation Center

22200 Beech Road
(South of Nine Mile Rd)

All Ages - Karate



Karate - Intermediate

Instructor: Leon Bray

This class is for colored belts from any style of martial arts classes. Concepts, forms, techniques and drills will be enhanced and increased from the Beginner class. Self-defense skills will be practiced more rigorously. Sparring will be added to class drills. Advancement up to Black Belt level is provided.

Ages: 7 and up

6 weeks **Resident: \$30** **NR: \$40**
12:15-1:15 pm BWRC - Multipurpose Rm
Sa Sep 25-Oct 30 Activity Number: 7908
Sa Nov 6-Dec 18 Activity Number: 7946

Karate - Intermediate + Advanced

Instructor: Master Patt Mundy

This class is for experienced color belts and Black Belts from any style of martial arts classes and students whose next promotion is to Black Belt (with Master Instructor's permission). Concepts, forms, techniques and drills will be enhanced and increased from the Intermediate class. Self-defense skills will be practiced more rigorously. Enhanced sparring will be added to class drills. Advancement through Master Black Belt level is provided.

Ages: 7 and up

6 weeks **Resident: \$50** **NR: \$65**
Senior: **Resident: \$45** **NR: \$60**
7:15-8:45 pm BWRC - Multipurpose Rm
Tu, Th Sep 21-Oct 26 Activity Number: 8039
Tu, Th Nov 4-Dec 21 Activity Number: 8040

BWRC

Beech Woods Recreation Center

**22200 Beech Road
(South of Nine Mile Rd)**

Questions? (248) 796-4620

www.Facebook.com/SouthfieldParksandRecreation

Sports Arena Ice

Southfield Sports Arena Ice Rink

26000 Evergreen Road (248) 796-4640

The Southfield Sports Arena will be closed on: Christmas Eve, Christmas Day, New Year's Eve, New Year's Day and Easter.

Open Skate

Anyone 2 years old and above wishing to receive the Resident Rate must show a Southfield Resident Leisure Card, Southfield driver's license or Business Leisure Card.

Skate Rental available on a first come, first serve basis for \$2.50/person.

Weekday Lunch Skate

\$4/person

M-F Sep 7-Dec 29 11:00 am-12:00 pm

Weekend Open Skate

\$4/Resident \$5/NR

Sa Sep 11-Dec 18 1:00 - 2:30 pm

Su Sep 12-Dec 26 1:00 - 2:30 pm

Su Sep 12-Dec 26 5:30 - 7:00 pm

Sticks & Pucks

All Sticks & Pucks participants must be 18 years or older and must bring and wear a helmet. A Participation Waiver must be signed at the office before participation.

\$7.50/person

M-F Sep 7-Dec 29 12:00-1:00 pm

Learn to Skate

Our Learn to Skate lessons will be back in January! Details will be in our Winter Activities Guide mailed to residents in December.

Follow the Southfield Parks & Recreation Facebook page for up-to-date information on all classes and events held at the Southfield Sports Arena.

Schedules may vary due to tournaments, please call (248) 796-4640 to verify times.



SSA - Ice Rink

Southfield Sports Arena

26000 Evergreen Road

Beech Woods Wellness Center

Beech Woods Wellness Center



Yearly Membership Fees

For details on membership, call (248) 796-4676 or the Beech Woods Recreation Center at (248) 796-4670.

Adult (16-49 yrs)	\$160
Senior (ages 50+ yrs)	\$144
Student (ages 16-24 yrs)	\$144
Family (2 parents + up to 3 students)	\$300

NRs of Southfield pay an additional \$20 per year.

We are a personalized fitness facility where everyone feels like family.

The fitness faithful, as well as workout novices enjoy our comfortable atmosphere and friendly service.



A Beech Woods Wellness Center Membership includes:

- Equipment orientation
- Use of all equipment:
 - Treadmill
 - Elliptical
 - Stair climber
 - 12 Circuit Training Machines
 - Upright Stationary Bike
 - Recumbent Bike
 - Concept 2 Rowing Machine
 - Dumbbells

Beech Woods Wellness Center

Located inside the Beech Woods Recreation Center
22200 Beech Road, Southfield, MI 48033
(248) 796-4676

Staying Fit in All Seasons

The changing seasons in Michigan can make it tough to stay active. Below are some indoor and outdoor options for the Southfield community to help keep you active and fit.



If you are looking for a nice warm (or cool) place to get your steps in each day, come walk a few laps around the Southfield Pavilion with the Southfield Pavilion Walkers. The group began at Northland Mall and has happily made the Pavilion their new home. Walking is available inside the Southfield Pavilion Monday - Friday from 8 am until 4:30 pm (unless otherwise posted).



Dress in layers and head out for a hike at a park and watch the seasons change at your Southfield parks.

There are paved walking trails at Civic Center and Freeway parks. Inglenook, Carpenter Lake Nature Preserve, Bedford Woods and Bauervic Woods parks feature wide, compacted trails.



Lace up some skates and glide along the ice during our weekday Lunch Skates from 11 am-12 pm or weekend Open Skates at the Southfield Sports Arena.

Benefits of ice skating include better balance, improved joint flexibility, builds leg muscles, provides a cardio workout and stress relief among others. Check out page 16 for details.

Staying Fit in All Seasons

Popular walking paths at Southfield parks.
Get out and enjoy your Southfield parks.



Bauervic Woods Park

South side of Nine Mile Rd, west of Evergreen Road
Natural path



Civic Center Park

26000 Evergreen Road
Paved and natural paths



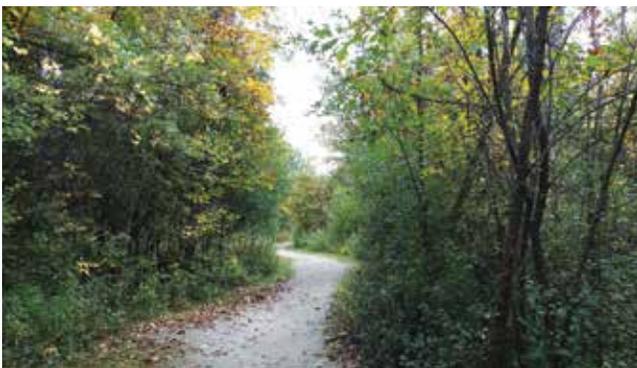
Bedford Woods Park

Lathrup Drive, north of Twelve Mile Road,
east of Southfield Road
Natural path



Freeway Park

South side of Lincoln Drive, west of Greenfield Road
Paved Path



Carpenter Lake Nature Preserve

South side of Ten Mile Rd, just east of Inkster Road
Majority natural but some paved paths



Inglenuok Park

South side of Twelve Mile Rd
between Lahser and Evergreen roads
Natural Path

Golf

Evergreen Hills Golf Course

26000 Evergreen Road (248) 796-4666

8:00 am - Dusk, Monday-Friday

Dawn - Dusk, Saturday & Sunday

(time varies as sunrise becomes later)

Open for play (weather permitting)



Rentals

Fees are per-person for 9 holes of play.

Power Cart \$10/rider

Senior Cart \$9/rider*

Pull Carts \$3

*M-F before 3 pm, Sa & Su after 12 pm

2021 Golf Fees

Proof of residency is required for Resident rates.

Rates listed are for 9 holes.

M-F	Resident: \$14	N/R: \$15
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Sa & Su	Resident: \$15	N/R: \$16
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Holidays	Resident: \$15	N/R: \$16
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Senior (55+) and Youth** (17 & under):

M-F	Resident: \$11	N/R: \$12
-----	----------------	-----------

Sa & Su	Resident: \$12	N/R: \$13
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M-F before 3 pm, Sa, Su and holidays after 12 pm.

**Only \$3 with Youth on Course membership.

Save time, book your tee time online!

www.cityofsouthfield.com/departments/parks-recreation/golf

Beech Woods Driving Range

Improve your skills by visiting the 50-tee range located at Beech Woods Pro Shop (22202 Beech Road, south of Nine Mile Road).

Open daily, weather permitting, through October 31. Last bucket of balls sold 30 minutes before closing. Call (248) 796-4655 for times as weather can affect hours of operation.

M-F
9:00 am-8:00 pm
Sa & Su
8:00 am-8:00 pm

Small Bucket
\$6
Medium Bucket
\$8
Large Bucket
\$10



Adult Golf Camp

Instructor: T. Ryan

Need to work on your game? This 3-day camp, taught by PGA Teaching Pro Terri Ryan, will make you a better player in no time!

Day 1: Swing analysis and work with irons, hybrids and woods

Day 2: Short game; putting, chipping, pitching, bunker shots and course management.

Day 3: 9-hole scramble at Evergreen Hills Golf Course along with tips and instruction.

Ages: 19 and up
3 days **Resident: \$150** **NR: \$170**
Senior: Resident: \$135 **NR: \$153**
F, Sa, Su Sep 10-Sep 12 Activity Number: 7933
F 5:00-7:00 pm BW Driving Range
Sa 8:00 am - 12:00 pm BW Driving Range
Su 8:00 - 11:00 am Evergreen Hills GC

Putting Clinic

Instructor: T. Ryan

Spend your lunch hour working on your putting game in this 50-minute clinic! PGA Teaching Pro Terri Ryan will show you tips and tricks on the practice putting green at the Evergreen Hills Golf Course

Ages: 16 and up
1 hour **Resident: \$15** **NR: \$15**
12:00-12:50 pm Evergreen Hills GC
F Sep 17 Activity Number: 7936

Tee Time With Terri (Golf Pro)

Instructor: T. Ryan

This class is designed for the player that knows the basics, but wants to become a better player. Each of the 5 weekly sessions will cover a different aspect of the game: warm-up, mental preparation, playing the course, how to improve your score, tracking and analysis of your results. Instruction will include playing some holes on the course with cart.

Ages: 18 and up
5 weeks **Resident: \$75** **NR: \$90**
Senior: Resident: \$67.50 **NR: \$81**
6:30-8:00 pm Evergreen Hills GC
Tu Sep 14-Oct 12 Activity Number: 7950

Youth Beginner Golf Clinic

Instructor: T. Ryan

This one-hour clinic will introduce your child to the game of golf in a fun environment. PGA Teaching Pro Terri Ryan will teach students how to hold and swing a club, as well as the rules and etiquette of the game. Please bring a 7-iron or similar club if you have one.

Ages: 6 - 17
1 hour **Resident: \$15** **NR: \$20**
11:00 am-12:00 pm BW Driving Range
Sa Sep 18 Activity Number: 7964

BW Driving Range	Beech Woods Driving Range	22202 Beech Road (enter at Pro Shop)
Evergreen Hills GC	Evergreen Hills Golf Course	26000 Evergreen Road (South entrance near Police Station)

Golf

Golf Lessons

Instructor: T. Ryan

Come out and learn the game of golf from PGA Teaching Pro Terri Ryan. Each of the 4 sessions will cover a different aspect of the game. Register at the Parks & Recreation Information Desk or at the Beech Woods Recreation Center, **not the driving range.**

Level 1 Ages: 16 and up
Session 1: Grip, stance, half swing
Session 2: Irons and full swing
Session 3: Short game; chipping/pitching
Session 4: Putting

The price of range balls (\$6/bucket) is not included in registration fee.

Ages: 16 and up
2 weeks Resident: \$50 NR: \$65
Senior: Resident: \$45 NR: \$58.50
12:00-12:50 pm BW Driving Range
M,W Sep 13-Sep 22 Activity Number: 7963

7:00-7:50 pm BW Driving Range
M,W Sep 13-Sep 22 Activity Number: 7934

6:30-7:20 pm BW Driving Range
W-Th Sep 29-Oct 7 Activity Number: 7966

Level 2 Ages: 16 and up
Session 1: Review and work on full swing
Session 2: Hybrids and fairway woods
Session 3: Driver
Session 4: Short game

The price of range balls (\$6/bucket) is not included in registration fee.

Ages: 16 and up
2 weeks Resident: \$50 NR: \$65
Senior: Resident: \$45 NR: \$58.50
5:00-5:50 pm BW Driving Range
T,Th Sep 14-Sep 23 Activity Number: 7935

12:00-12:50 pm BW Driving Range
M,W Sep 27-Oct 6 Activity Number: 7965



BW Driving Range

Beech Woods Driving Range

22202 Beech Road (enter at Pro Shop)



Golf Association of Michigan Memberships

The *Golf Association of Michigan* is the governing body for amateur golf in the state. Benefits of membership include GAM/USGA Handicap Index, discounts at 200+ Michigan courses, GAM events and tournaments plus more. Members that join through Evergreen Hills Golf Course will receive \$1 off all regular rates and \$1 off/bucket of balls at the Beech Woods Driving Range in addition to all the other GAM benefits.



Go to www.GAM.org for more information or to join. Be sure to use Evergreen Hills Golf Course in Southfield when joining!

Adult Membership Ages: 19 and up \$39

Youth on Course (Junior GAM Membership)

All members play a round for only \$5! There are 100 courses in Michigan that participate. Ages: 6 - 18 years \$15/calendar year



GAM Foundation

The GAM Foundation supports access to affordable golf for youth — an investment in the future of the game. Our simple goal is to help more kids play more golf for \$5 or less through *Youth on Course*. We are making golf more affordable and accessible at a local level — an effort which requires help from generous individuals like you.

If you are able, please consider donating to the GAM Foundation, visit www.GAM.org/Foundation for details.



Adult Programs

Arts/Entertainment

Ceramics

Instructor: K. Robichaud

Create decorative clay forms through hand-building projects using slab and coil techniques. Learn several decorative techniques and develop an understanding of the firing process. The wheel will be available and there will be some outdoor sawdust and raku firing.

Ages: 16 and up

10 weeks **Resident: \$150** **NR: \$170**

Senior: Resident: \$135 NR: \$153

7:00-10:00 pm BHP - Art Room

W Sep 15-Nov 17 Activity Number: 7809

Athletics/Sports

Adult Open Gym

Participants must register/or update their information for 2021 (current, state-issued picture ID required) to participate.

Adult Open Gym is limited to the first 40 participants.

Ages: 18 and up

Resident: \$4

N/R: \$6

12:30-2:30 pm

BWRC - Courts 1-3

M-F Sep 7-Dec 17

Dance/Music

Popular Hustles

Instructor: K. Johnson

This is a dance class that features popular line dances without a partner.

Ages: 18 and up

5 weeks **Resident: \$30** **NR: \$40**

Senior: Resident: \$27 NR: \$36

No class Nov 9 & Nov 23

6:30-7:30 pm P/R - Lower Level Dance Room

Tu Sep 14-Oct 12 Activity Number: 7793

Tu Oct 19-Nov 30 Activity Number: 7796

5 weeks **Resident: \$30** **NR: \$40**

Senior: Resident: \$27 NR: \$36

No class Nov 10 & Nov 24

6:30-7:30 pm P/R - Lower Level Dance Room

W Sep 8-Oct 6 Activity Number: 7794

W Oct 20-Dec 1 Activity Number: 7795



BHP

Burgh Historical Park

26060 Berg Road
(NE corner of Civic Center Dr & Berg Rd)

BWRC

Beech Woods Recreation Center

22200 Beech Road
(South of Nine Mile Rd)

Adult Programs



Motown Style Ballroom Dance

Instructor: D. Lott

This unique and popular style of ballroom dance stems from the Baby Boomer generation and is done in some of the most popular Afro-American night spots. It is a combination of the Social and the Cha-Cha.

Ages: 18 and up

Part 1

5 weeks Resident: \$45 NR: \$55
Senior Resident: \$40.50 NR: \$49.50

No class Oct 11

6:30-7:30 pm P/R - Lower Level Dance Room
M Sep 13-Oct 18 Activity Number: 7805

7 weeks Resident: \$45 NR: \$55
Senior Resident: \$40.50 NR: \$49.50

No class Nov 22

6:30-7:30 pm P/R - Lower Level Dance Room
M Oct 25-Dec 6 Activity Number: 7806

6 weeks Resident: \$45 NR: \$55
Senior Resident: \$40.50 NR: \$49.50

No class Nov 27

1:00-2:00 pm P/R - Lower Level Dance Room
Sa Sep 11-Oct 16 Activity Number: 7799
Sa Oct 30-Dec 11 Activity Number: 7800

Part 2

5 weeks Resident: \$46 NR: \$56
Senior: Resident: \$41.40 NR: \$50.40

No class Oct 11

7:30-8:30 pm P/R - Lower Level Dance Room
M Sep 13-Oct 18 Activity Number: 7807

7 weeks Resident: \$46 NR: \$56
Senior: Resident: \$41.40 NR: \$50.40

7:30-8:30 pm P/R - Lower Level Dance Room
M Oct 25-Dec 6 Activity Number: 7808

5 weeks Resident: \$46 NR: \$56
Senior: Resident: \$41.40 NR: \$50.40

No class Nov 27

2:15-3:15 pm P/R - Lower Level Dance Room
Sa Sep 11-Oct 9 Activity Number: 7801
Sa Oct 30-Dec 4 Activity Number: 7802

Part 3

5 weeks Resident: \$48 NR: \$58
Senior: Resident: \$43.20 NR: \$52.20

No class Nov 27

3:30-4:30 pm P/R - Lower Level Dance Room
Sa Sep 11-Oct 9 Activity Number: 7803
Sa Oct 30-Dec 4 Activity Number: 7804

P/R Parks & Recreation Building
26000 Evergreen Road

Adult Programs

Fitness

Fat-2-Lean - Teaches Zumba

Instructor: P. Latimer

Come join a class where there's always a party! You don't have to know how to dance, just move and groove your body to the beat of Latin, Hip Hop and Reggae music. It's easy! It's a lot of fun. It's the best thing going to help get into shape.

Ages: 18 and up

Monday Classes

5 weeks Resident: \$52.50 NR: \$62.50

Senior: Resident: \$47.25 NR: \$56.25

No class: Oct 11, Nov 1

6:00-6:45 pm P/R - Room 115
M Oct 4-Nov 15 Activity Number: 7814

7:00-7:45 pm P/R - Room 115
M Oct 4-Nov 15 Activity Number: 7987

4 weeks Resident: \$42 NR: \$52
Senior: Resident: \$37.80 NR: \$46.80

No class: Nov 25

6:00-6:45 pm P/R - Room 115
M Nov 22-Dec 13 Activity Number: 7988

7:00-7:45 pm P/R - Room 115
M Nov 22-Dec 13 Activity Number: 7815

Tuesday Classes

5 weeks Resident: \$52.50 NR: \$62.50

Senior: Resident: \$47.25 NR: \$56.25

No class: Nov 2

10:00-10:45 am P/R - Room 115
Tu Oct 5-Nov 9 Activity Number: 7985

Tu Nov 16-Dec 14 Activity Number: 7986



Thursday Classes

5 weeks Resident: \$52.50 NR: \$62.50

Senior: Resident: \$47.25 NR: \$56.25

No class: Oct 11, Nov 1

6:00-6:45 pm P/R - Room 115
Th Oct 7-Nov 4 Activity Number: 7953

7:00-7:45 pm P/R - Room 115
Th Oct 7-Nov 4 Activity Number: 7981

4 weeks Resident: \$42 NR: \$52
Senior: Resident: \$37.80 NR: \$46.80

6:00-6:45 pm P/R - Room 115
Th Nov 18-Dec 16 Activity Number: 7954

7:00-7:45 pm P/R - Room 115
Th Nov 18-Dec 16 Activity Number: 7982

P/R

Parks & Recreation Building

26000 Evergreen Road

Adult Programs

Stretch and Tone with a Touch of Pilates

Instructor: C. Baugh

In this class you will learn proper form when weight training. You will strengthen and stretch each muscle group in the body from head to toe. Pilates helps to increase strength in the abdominal muscles and back, as well as improve posture and balance.

Please bring your own mat and towel.

Ages: 16 and up

6 weeks	Resident: \$45	NR: \$55
Senior:	Resident: \$40.50	NR: \$49.50
5:15-6:00 pm	BWRC - Multipurpose Room	
W Sep 15-Oct 20	Activity Number: 7816	
W Nov 3-Dec 15	Activity Number: 8023	

Yoga for the Back

Instructor: C. Baugh

Yoga for the Back is a contemporary approach to classic yoga, targeting strength training and stretching of the back and abdomen. Poses are introduced step-by-step, in a seated or lying down position and emphasize the quality of movement, proper breathing, flexibility and deep relaxation.

Please bring your own mat and a towel.

Ages: 16 and up

6 weeks	Resident: \$60	NR: \$75
Senior:	Resident: \$54	NR: \$67.50
4:00-5:00 pm	BWRC - Multipurpose Room	
W Sep 15-Oct 20	Activity Number: 7817	
W Nov 3-Dec 15	Activity Number: 8024	

**Looking for a workout on non-class days?
Check out the Beech Woods Wellness Center**



**The Wellness Center
features cardio and
strength training
equipment to help
supplement your
weekly fitness class.**

See page 17 for membership details.

BWRC

Beech Woods Recreation Center

22200 Beech Road
(South of Nine Mile Rd)

Adult Programs

Special Interest

Spanish I

Instructor: M. Thompson

This is beginner Spanish, based on learning basic grammar in an oral and written context. Using games and other fun activities every week, lessons will be fun and enjoyable.

\$12 manual fee in addition to registration fee to be paid to the instructor.

Ages: 18 and up

7 weeks **Resident: \$84** **NR: \$94**

12:00-1:00 pm P/R - Marcotte Room

Th Sep 2-Oct 14 Activity Number: 7385

Th Oct 21-Dec 16 Activity Number: 7728

Spanish II

Instructor: M. Thompson

Spanish II is for those who have completed the Spanish I course. Further study of the language through fun and enjoyable lessons and activities.

Ages: 18 and up

7 weeks **Resident: \$84** **NR: \$94**

1:30-2:30 pm P/R - Marcotte Room

Th Sep 2-Oct 14 Activity Number: 7388

Th Oct 21-Dec 16 Activity Number: 7729



P/R

Parks & Recreation Building

26000 Evergreen Road

(Best way to enter the Marcotte Room is through parking garage)

Save the Date - Holiday Fun

SOUTHFIELD TREE LIGHTING

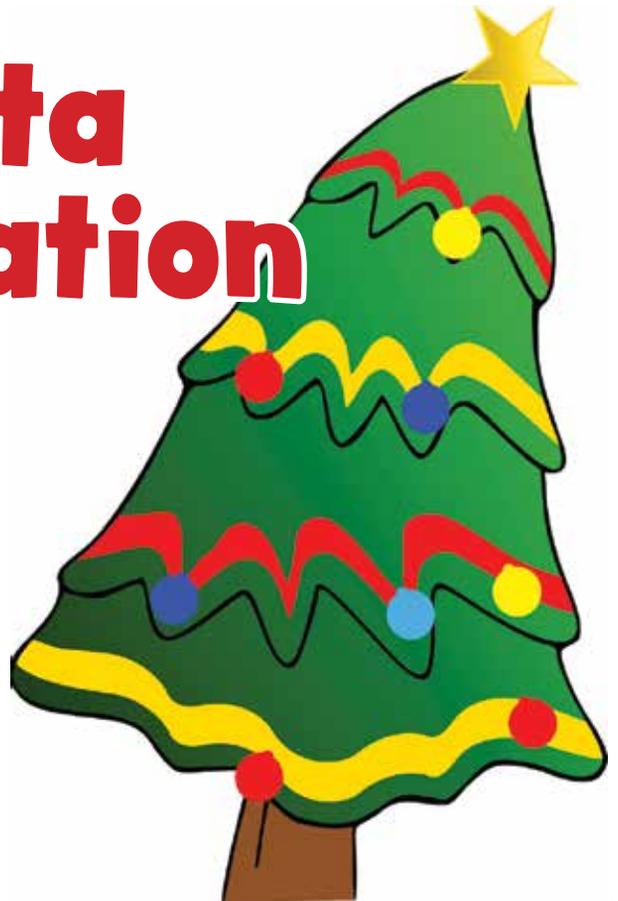
Friday, December 3 6:00 - 9:00 pm
Southfield Municipal Complex

Soulful Santa Celebration



Saturday,
December 11

Details Coming Soon!
**Watch our Facebook and
website pages for updates.**



Fresh Air Fun for Seniors

Fall Fest

With
all your fall
favorites like
cider, donuts and
apples plus
entertainment

**Wednesday,
October 20
1-3pm**

Mary Thompson Farm

\$10/Resident \$15/NR

PICNIC IN THE PARK

**Thursday,
September 16
12-2pm**

**Featuring a boxed lunch
from Panera Bread
plus we will be playing
Family Feud.**

Civic Center Park Shelter #1

\$15/Resident \$20/NR

Fresh Air Fun for Seniors

A WALK IN THE PARKS

- Sept 9 *Inglenook Park*
- Sept 16 *Carpenter Lake Nature Preserve*
- Sept 23 *Bedford Woods Park*
- Sept 30 *Freeway Park*
- Oct 7 *Berberian Woods Nature Preserve*
- Oct 14 *Bauervic Woods Park*
- Oct 21 *Civic Center Park*
- Oct 28 *Carpenter Lake Nature Preserve*

**Come join us as we exercise in our Southfield parks together.
Meet at the entrance to the park at 9 am**

- Nov 4 *Beech Woods Park*
- Nov 18 *Inglenook Park*
- Dec 2 *Carpenter Lake Nature Preserve*
- Dec 9 *Bauervic Woods Park*
- Dec 16 *Berberian Woods Nature Preserve*

There is no charge to participate and no need to register.

Senior (50+) Programs



Tai Chi Form with Jeff Sotzen

Instructor: J. Sotzen

This class is a continuing tai chi class for those who know and understand the basics of tai chi. Focus is on the tai chi form.

Ages: 16 and up

6 weeks Resident: \$25 NR: \$35

Senior: Resident: \$22.50 NR: \$31.50

10:45-11:45 am BWRC - Multipurpose Room

Th Sep 16-Oct 21 Activity Number: 7818

Th Nov 4-Dec 16 Activity Number: 8025

Athletics/Sports

Pickleball Open Play

Matches are set up each week among students. Pre-registration is required. Equipment is available in the front office to check out.

Ages: 50 and up

5 weeks Resident: \$10 NR: \$15

9:00-11:00 am BWRC - Court D

Tu Sep 14-Oct 12 Activity Number: 7821

Tu Oct 19-Nov 16 Activity Number: 7886

Tu Nov 23-Dec 21 Activity Number: 7887

Senior Bounce Volleyball

The game is played by standard volleyball rules except that the ball can bounce before you hit it. Pre-registration is required. All are welcome!

Ages: 50 and up

Open Practice

There are no Wednesday practices, Nov 3 through Mar 2 due to league play.

6 weeks Resident: \$20 NR: \$30

10:00 am-12:00 pm BWRC - Court A

M,W Sep 8-Oct 13 Activity Number: 7820

M,W Oct 18-Dec 6 Activity Number: 7889

Senior Bounce Volleyball League

Includes 14 weeks of league play and t-shirt.

14 weeks Resident: \$30 NR: \$40

4 person Team W Nov 3 - Mar 2 10:00 am

6 person Team W Nov 3 - Mar 2 11:00 am

Senior Indoor Tennis

All levels of play are welcome and partners and play are determined each day. Pre-registration is required.

Ages: 50 and up

8 weeks Resident: \$30 NR: \$45

9:00 am-12:00 pm BWRC - Court D

Th-F Oct 21-Dec 17 Activity Number: 7822

BWRC

Beech Woods Recreation Center

22200 Beech Road
(South of Nine Mile Rd)

Senior (50+) Programs

Senior Drop-In Programs

Call the Senior Services office at (248) 796-4650 for more information on any of the programs listed below.

Drop-in fees are payable at the door.



Mahjong

Join us as we play Mahjong, a tile-based game similar to Gin Rummy that is usually played in groups of four.

\$2/Resident \$3/NR

1:00-3:00 pm P/R - Marcotte Room
Wed Sep 15-Dec 22

Bingo

Cash payout is determined day of play. We will be playing with disposable cards. Coffee will be provided but please bring your own snacks (no communal food sharing). Our Bingo program is staffed by volunteers and is intended for fun.

\$2/Resident \$3/NR +\$0.25/card
10:00-11:30 am P/R - Marcotte Room
Tue Sep 14-Dec 21* **No meeting Nov 2*

Chair Exercise

Looking for an alternative to the normal fitness class? Move to the music and get a full body sit down workout that is good for your heart and other muscle groups. We suggest you bring your own hand weights (1- 3 lbs.), water and a towel with you to class.

\$2/Resident \$3/NR

11:00 am-12:00 pm P/R - Room 115
Mon Sep 13-Dec 20 **No class Oct 11*

\$2/Resident \$3/NR

11:00 am-12:00 pm P/R - Room 115
Wed Sep 15-Dec 22

P/R

Parks & Recreation Building

26000 Evergreen Road

(Best way to enter the Marcotte Room is through parking garage)

Senior (50+) Programs



Thanksgiving Luncheon

**Wednesday, November 17
12 - 2 pm**

Southfield Parks & Recreation Building, Room 115

Admission \$15/person

Includes lunch (Honey Baked Ham boxed lunch, water/coffee) and Scattagories.



Holiday Luncheon

**Wednesday, December 15
12 - 2 pm**

Southfield Parks & Recreation Building, Room 115

Admission \$15/person

Includes lunch (Honey Baked Ham boxed lunch, water/coffee) Bingo and more!

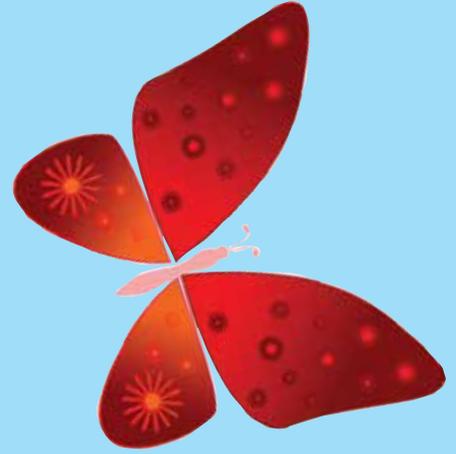
Questions? (248) 796-4620

www.Facebook.com/SouthfieldParksandRecreation

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Looking Ahead

Daddy-Daughter Dance



RETURNING
JANUARY 2022

Southfield Celebrates Black History Month



Remember

Educate

Celebrate

February 2022

Look for details at our Facebook page and online at www.cityofsouthfield.com

Looking Ahead

***Bring the family to Winter Fest 2022
and chill out with us!***



Admission is FREE

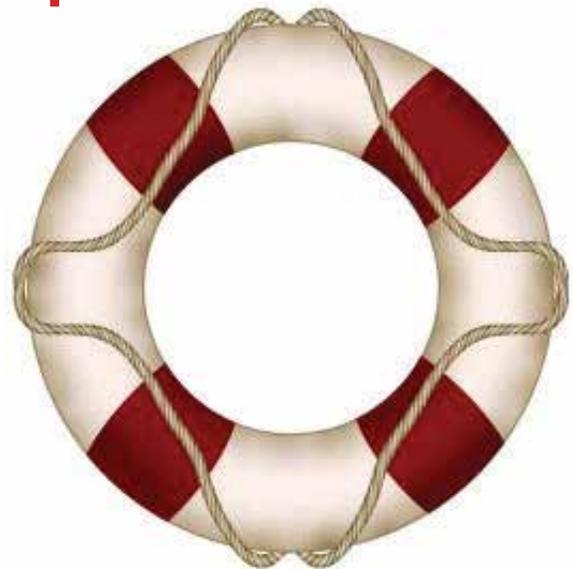
Sunday, February 27 2 - 4:30 pm

Southfield Pavilion & Sports Arena, 26000 Evergreen Road

**Thank you for making it another successful
year at the Southfield Sports Arena Pool!**

We are already planning for 2022 and will be looking for more lifeguards.

If you are going to be 16 or older by next June and want a fun summer job, come join our team!



We will be hosting a Lifeguard Certification Class in the spring and all updates will be on our Facebook page and website.

Parks

Southfield parks are open year round for residents to enjoy. Keep up those healthy habits you established throughout the summer. Pull on your boots, put on a warm coat and see your favorite parks in a whole new way.

Parks are open from dawn to dusk and there are no park entrance fees. Park Rules are posted at each park entrance. For more information on individual parks, please call the Parks Services division at (248) 796-4630.



Seasonal Park Closures

Outdoor restrooms and water access will close for the season on November 1 at:

- Beech Woods Park
- Civic Center Park (near the Miracle Field)
- Inglenook Park
- Pebble Creek Park
- Mary Thompson House and Farm

The parking lot gates to the following parks will also close on November 1:

- Pebble Creek Park, access road off American Dr.
- Bedford Woods Park, Lathrup Blvd. entrance
- Freeway Park, Lincoln Dr. entrance

Please Note: Written permission of the Southfield Parks & Recreation Department, via Special Use permit and associated fees, is required for large groups, tents, inflatable play structures and loud music at parks.

Picnic Shelters



Beech Woods Park **\$150**
Maximum occupancy 65 people (12 tables)



Civic Center Park #1 **\$200**
Maximum occupancy 100 people (15 tables)

Our picnic shelters are fantastic locations for:
Graduation Parties Family Reunions
Birthday Parties Company and Church Picnics



Pebble Creek Park **\$275**
Maximum occupancy 150 people (18 tables)



Civic Center Park #2 **\$100**
Maximum occupancy 50 people (10 tables)

- Reservations are on a first-come, first-served basis and must be made by a Southfield resident or Business Leisure Card holder.
- Payment in full is required at time of booking. We do not accept personal checks as payment for any class, program, special event or rental.
- There are no refunds on shelter permits.

Please watch our facebook page and website for updates on when shelter reservations will begin for summer 2022.

Join In

Commission on Senior Adults (COSA)

The Commission on Senior Adults (COSA) was created to present recommendations and information to the Mayor and City Council regarding the needs, concerns and problems of senior adults living in Southfield. COSA works closely with City departments and local agencies which serve the senior adult community. COSA also monitors state and federal legislation and serves as an educational link to services and resources designed to support our senior community. They meet on the 3rd Thursday of each month at 4:00 pm.

COSA is always looking for new members! If you would like to attend a meeting virtually, contact Rhonda Terry of the Southfield Human Services Department at (248) 796-4540 for an email invitation to the next meeting.

The Photographic Guild

The Photographic Guild is one of the oldest and largest camera clubs in the country. They are an informal group of friendly metro Detroit photography enthusiasts who meet weekly to teach, learn and grow. Their membership includes all ages, skill levels and areas of interest.

For more information about the Photo Guild visit their web site at www.thephotoguild.org.

Special Forces Adaptive Recreation Group

Southfield Special Forces is an activity group for individuals 16 years and older with a developmental disability.



Please e-mail us at hgraves@cityofsouthfield.com or call (248) 796-4602 for more information or to be added to our mailing list.



Southfield Historical Society

The Southfield Historical Society takes pride in preserving the past for the future generations. Founded in 1965, the volunteers at the Southfield Historical Society operate two museums; the Town Hall located at the Burgh Historical Park and the Mary Thompson House and Farm on Evergreen Road, just south of the Municipal Complex. If you are interested in membership check out one of their monthly meetings on the 1st Wednesday of the month (except July and August) at 4:00 pm. Find more information on-line at [Facebook@HistoricSouthfield](https://www.facebook.com/HistoricSouthfield) or www.southfieldhistoricalsociety.wordpress.com.

Resources

Detroit Zoo Discount Tickets

Did you know that one of the many perks of being a Southfield resident is that you can buy discount tickets to the Detroit Zoo on line? Southfield Parks & Recreation Department is pleased to be a part of the Detroit Zoo Tickets & More Discount On line Program through mParks. Residents can even purchase an annual family membership, food voucher or pay for parking on line as well.

Go to <https://tickets.detroitzoo.org>
Once there enter our exclusive Ticket Store
User Name: **Southfield parks and recreation**
Tickets are available on line year round.

We hope you and your family enjoy the Detroit Zoo this season! If you have any questions concerning the Detroit Zoo ticket program please call us at (248) 796-4620.



Local Sports Leagues

These organizations are independent of the Southfield Parks & Recreation Department.

Baseball & Tee Ball

Miracle League..... (248) 506-4604
www.michiganmiracle.org (Mentally & Physically Challenged)

Youth Soccer

South Oakland County Soccer(248) 496-8597
www.socsf.com U3 - U19 teams

Youth Tackle Football & Cheerleading

Southfield Lathrup Falcons(248) 457-8031
www.southfieldfalcons.org Ages 5 - 14 years old

Community Groups

Southfield Area Chamber of Commerce
..... (248) 557-6661
www.southfieldchamber.com

Historical Society..... (248) 219-6963
www.southfieldhistoricalsociety.wordpress.com

Southfield Michigan Works..... (248) 796-4580

Southfield Parks & Garden Club..... (248) 356-2281
www.southfieldparksandgarden.org

Southfield Youth Assistance (248) 746-7658
www.southfieldya.org

Helpful Numbers

SMART Connector (866) 962-5515

TOSS (Transportation of Southfield Seniors).....(248) 796-4658

Oakland County Parks(888)OCPARKS
www.oakgov.com/parks

The 'field Zone.....(248) 206-4225
www.miclubs.org

Registration

Walk-In (via Southfield Pavilion)

Parks & Recreation Information Desk
Monday-Friday 9 am-5 pm

Cash, money orders and VISA, American Express, Master Card or Discover are accepted for walk-in registration.



Phone-In

Parks & Recreation Information Desk

(248) 796-4620

Monday-Friday 9 am-5 pm

Beech Woods Recreation Center

(248) 796-4670

Monday-Friday 9 am-5 pm

Online

Set up your account today at

apm.activecommunities.com/SouthfieldParks

Please use the Registration Form on the following page for Mail or Fax registrations. Payment in full must accompany the form.

Mail

Registration

Southfield Parks & Recreation Dept.

26000 Evergreen Road, P.O. Box 2055

Southfield, MI 48037-2055

Fax (248) 796-4605

Payment Options

- YOU MUST REGISTER PRIOR TO THE START OF THE PROGRAM. Instructors are not equipped to take registrations.
- Cash, money orders and VISA, American Express, Master Card or Discover are accepted for walk-in registration.
- We no longer accept personal checks as payment for any class, program, special event, membership or room/site rental.
- Course fees are payable in full at the time of registration.
- Registration form must include a signed Liability Waiver. Parents/guardians must sign for their children; adults must sign for themselves.
- Proof of residency, or a Business Leisure Card, must be presented when registering to avoid paying the NR Fee.

Refund Policy

- A full refund/transfer is given if your class or activity is canceled by Southfield Parks & Recreation, or if we cannot register you because the program is full.
- Refund requests must be made in person, with your original receipt.
- No refunds will be granted after the second meeting of the class.
- Requests for refunds received BEFORE the class/activity begins are subject to a \$5 Service Fee. Refund requests received AFTER the class/activity has begun are subject to a \$5 Service Fee PLUS cost of classes already held (the date on which you make your request determines the amount of your refund).
- Please allow four (4) weeks for refunds.
- If you miss any portion of a class or event due to vacation, schedule conflict or other non-emergency situation, you are ineligible to receive a pro-rated refund.

Registration

Program Registration Form

This form is not valid for athletic league or camp program registrations.

Family Last Name _____

Address _____

City _____ Zip _____

Phone (Home) _____ Cell _____

Emergency Contact (Name & Phone) _____

E-Mail Address _____ Birth date _____

Participant Name	Birth date (mm/dd/yr)	Gender	Activity Name	Activity #	Time	Fee
		M F				
		M F				
		M F				
Total						

Payment Method:

Credit Card Visa, Master Card, Discover, American Express

_____ Exp. Date _____

CSC/CVV # _____ (3-digit code on the back of Visa, MC or Discover cards, 4-digit code on front of AmEx)

Card holder Signature _____

Southfield Parks & Recreation no longer accepts personal checks as payment for any class, program, special event, membership or room/site rental.

By registering for Parks & Recreation classes and programs, the registrant realizes and understands the inherent risks involved in the programs and appreciates the nature of the risks. The applicant holds the City of Southfield, and the Parks & Recreation Department harmless for any damages caused by participation in these programs. Participants registering for activities of a strenuous nature are encouraged to seek a physician's approval.

Signature _____ Date _____

Southfield Parks & Recreation Department
26000 Evergreen Road
Southfield, MI 48076

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Jason Hoskins

Sherikia L. Hawkins, *City Clerk*

Irv M. Lowenberg, *Treasurer*

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Jeannine D. Reese, *Chairperson*

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Parks & Recreation Department

Terry Fields, *Director*

