

The Southfield Scribe

Senior Services At A Glance

Thank you to the residents of Southfield that utilize the services we provide. Here are some statistics from the past year with Senior Services.

Getting Places

On an annual basis we provide 7,441 TOSS (Transportation of Southfield Seniors) rides. We provide these rides through TOSS and charter buses on day trips. TOSS employs 2 dispatchers and 8 drivers who all work on a part time basis.

Staying in Shape

Over 90 people per week participate in our drop-in Chair Exercise class offered on Monday and Friday mornings at the Parks & Recreation Building. That's 12,137 people per year! Our Yoga class had over 350 participants.

Learning

Thirty-five speakers have come to share their expertise with 586 Southfield seniors at our 50+ Speaker Series programs. Speakers range from medical and financial professionals to service providers.

Traveling with Friends

Southfield seniors love to travel and we love traveling with them! Senior Services offered 852 day trips throughout 2019. From monthly shopping or Dining Out trips to adventures in Saugatuck, Mackinac and Mt. Pleasant we went all over the state with you!

Having Fun

Our twice-a-month Bingo program, staffed by volunteers, saw over 750 players join in the game in 2019! Newcomer Mahjong has grown to over 14 players per week in the short amount of time it has been offered.

Making a Difference

The Southfield AARP, Chapter #3483 meets monthly from March to November at the Parks & Recreation Building. Their meetings, averaging at least 28 people per month, are both informative and fun.

If there is a new program you would like to see happen contact us, we are always open for new and exciting programs.

AARP Tax Aide Returns



AARP will once again be assisting senior residents with their taxes this season at the Parks & Recreation Building. Online appointment registration begins December 15, 2019.

Full details on page 6.

Southfield Celebrates Black History Month



Remember
Educate
Celebrate

Southfield Parks & Recreation Department presents *Southfield Celebrates Black History Month* throughout February 2020. Programs include a presentation by *Black History 101 Mobile Museum* and a night with *The Secret Society of Twisted Storytellers*.

Check out page 7 for more details.

Do you like to get out and have fun? Come join us on a day trip (or two!).

Flyers with further details regarding all day trips and other Senior Services events are available at our offices, inside the Parks & Recreation Building at 26000 Evergreen Road. Please call us at 248-796-4650 for more details.



Transportation - Pick Up/Return

All trips depart from the Southfield Parks & Recreation Building unless otherwise noted. A bus may be requested to pick up off-site if there are five or more passengers. Due to the overwhelming demand for off site pick ups we are requesting that anybody who wishes to be picked up must be signed up for the trip two weeks prior to when the trip will be leaving. If you sign up for the trip with less than two weeks until the trip, you must board the bus at the Southfield Parks & Recreation Building.



Travel & ID Policy

Receipt must be shown on the day of the trip as proof of purchase. Please note that while on the trip you must follow the group leader's guidelines.

Please be sure to bring your picture ID with you on all trips. Accepted forms of picture ID include government-issued photo identification card, or a driver's license. Please read trip descriptions closely to verify what you need to bring along on the trip.



Cancellations

The City of Southfield cannot be held responsible for cancellations due to the vendor or circumstances beyond our control. On all *Shop Till You Drop*, *Lunch Outs* and *Dining Outs*, there are no refunds and no transfers!



Payments

We accept cash or credit cards (Visa, Master Card, Discover, American Express) for payment.

We ask that individuals traveling with us on any day trips or participating in our other programs, please refrain from the use of perfumes or colognes. Some of our seniors have respiratory problems and allergies to certain smells. Your consideration is appreciated.

Monthly Excursions



Shop Till You Drop

Enjoy a leisurely morning shopping and exploring a different mall each month. Lunch and shopping are on your own.

January 6 Twelve Oaks Mall - Novi
February 3 Oakland Mall - Troy
March 2 Laurel Park Place - Livonia

9:30 am - 2:30 pm \$5 per person

Senior Lunch Out

Please remember food and tip, are on your own. (Tipping should be about 20%.)

January 8 **Toast** *Serving innovative and classic breakfast and lunch items from omelets and Eggs Benedict to sandwiches and salads.*

February 5 **The Cheesecake Factory** *Apparently they have other foods like salads, sandwiches and soups besides wonderful desserts. However, if you want to eat cake for lunch we won't tell a soul.*

March 4 **Benihana** *Watch as personal chefs slice and dice, preparing a meal that will dazzle your eyes as well your taste buds.*

11:30 am - 2:30 pm \$5 per person



Senior Dining Out

Please remember food and tip, are on your own. (Tipping should be about 20%.)

January 21 **Fishbones** *You can go all in and order Crawfish Etouffee, Gumbo or Jambalaya or keep it more local and order a salad, steak or chicken. They even have sushi and seafood.*

February 18 **Red Lobster** *Seafood, salad and those yummy biscuits make this a great night out.*

March 17 **Cracker Barrel Old Country Store** *Home-style cooking in a Down South setting.*

4:00 - 8:30 pm \$5 per person



The bus leaves from the Parks & Recreation Building at 26000 Evergreen Road for all monthly excursions. Please call us at 248-796-4650 for more details on any of the above trips.

The Charles H. Wright Museum of African American History

As part of Black History Month, please join us for a guided tour of the *And Still We Rise* exhibit at *The Charles H. Wright Museum of African American History*. This 22,000-square foot exhibition begins in Africa, crosses the Atlantic Ocean, travels the Underground Railroad and moves along with the Civil Rights Movement and beyond. There will be time to explore the many other exhibits currently on display at the museum including *Detroit Performs*, *Inspiring Minds* and *Stories in Stained Glass*. All exhibitions are free with museum admission.



Please note, no food is provided on this trip.

Thursday, February 27 12:00 - 4:00 pm

Southfield Resident Rate: \$5 per person Non-resident Rate: \$5

Dance Theatre of Harlem and Traffic Jam & Snug



We are traveling to the *Detroit Opera House* to watch the world renown *Dance Theatre of Harlem* celebrate its golden anniversary. Founded in 1968 by Arthur Mitchell, this 17-member, multi-ethnic company uses the language of ballet to celebrate African-American culture and bring new life to the art form. We have general admission seating for this special dress rehearsal. After the performance, we will enjoy lunch at *Traffic Jam & Snug* where you can choose from *Pot Roast*, *Londontown Fish & Chips*, *Vegetarian Spinach Lasagna* or *Topsy Turvy Chicken Pot Pie*. All meals include house salad, fresh baked bread, dessert and coffee, tea or pop. Space is limited so sign up early.

Friday, March 13 9:00 am - 3:30 pm

Southfield Resident Rate: \$65 per person Non-resident Rate: \$75

Winter Special Monthly Casino Trips

Let's try something new for 2020!

Once a month from January through March we will head out to an area casino for some gaming fun. All we are charging is \$5. That's it. No frills but all the thrills when you win!

Please note, there are no casino comp packages for these Winter Special Casino Trips.



Wednesday, January 15

MotorCity Casino

Beat the winter blues and maybe hit the jackpot

Wednesday, February 12

Greektown Casino

Fall in love with Greektown Casino

Wednesday, March 25

MGM Grand Detroit

Let the March winds blow some cool cash your way

Wednesdays 9:30 am - 3:00 pm

Southfield Resident Rate: \$5 per person Non-resident Rate: \$5

There are no Comps for these Winter Special Casino Trips.

The Grand Experience at Mackinac Island's Grand Hotel

Trip includes lodging at the Grand Hotel, full breakfast each morning, five course dinner each night, horse-drawn carriage tour of island, daily games, activities and more! This trip is limited to the first 50 seniors who register. Hurry, this is an extremely popular trip and the \$200 deposit must be paid by June 1 with remaining balances due by September 1.

Registration begins January 2, 2020.



Monday, October 26 - Thursday, October 29 \$200 Deposit due by June 1

Southfield Resident Rate: \$740/person Double Occupancy \$960/person Single Occupancy

AARP Tax Aide Returns

AARP will once again be assisting senior residents with their taxes this season at the Parks & Recreation Building.

This program's goal is to offer complimentary tax preparation help to anyone regardless of age, but emphasis for those over 50 years of age, who cannot afford to have professional assistance in preparing and processing their taxes. Volunteers work each day to assist Southfield residents during the 11 week program. These volunteers are trained and IRS certified each year.



Sessions will be scheduled on Monday, Tuesday, Wednesday and Thursday from February 3 through April 13. Appointments take place in the Marcotte Room of the Parks & Recreation Building. Underground parking is available providing easy access to the Marcotte Room.

Hourly appointments are available from 9:30 am until the last appointments at 1:30 pm. Once again, you can register for an appointment on-line at <http://southfield.taxaide.online> beginning December 15. You can also register by calling the Adult Recreation Center 50+ at (248) 796-4650.

Census Assistance

MI
CENSUS
2020

DID YOU KNOW THE NEXT CENSUS WILL TAKE PLACE IN 2020?
Be counted in Michigan!

▶ Important senior services depend on your participation. Billions of federal dollars are allocated to states based on an accurate Census count. ◀

For the first time, every household will have the option to respond online or by phone. If you need help completing your Census form, check with your local senior center. Many of them will offer assistance in March and April 2020. For more information, call **248-262-9216** or go to www.aaa1b.org/census-2020.



Volunteers will be on hand to help you fill out your census on-line. Please bring the letter the Census mailed to your household with you.

Tuesdays March 17, March 24, March 31, April 7, April 14 10:00 am - 12:00 pm
Thursdays March 19, March 26, April 2, April 9, April 16 12:00 - 2:00 pm
3rd level of the Southfield Public Library, 26300 Evergreen Road

Southfield Celebrates Black History Month



Remember

Educate

Celebrate

Kick Off Event

February 1

4 - 9 pm in the Southfield Pavilion Free Admission

Black History 101 Mobile Museum on site with presentation from its founder Khalid el-Hakim along with a lecture by *Rock & Roll Hall of Fame* inductee Professor Griff of *Public Enemy*. Music with DJ DeezyD and Black-owned Business Marketplace

Morning Movies for Seniors

February 6, 20 and 27

Begin at 10:15 am in the Meeting Room of the Southfield Public Library Free Admission

Movies for seniors 50 years and older in partnership with the Southfield Public Library.

Movie Night

February 7

7 - 9 pm in Room 115 of the Parks & Recreation Building Free Admission

Featuring the 2016 documentary *13th* by director Ava DuVernay. Scholars, activists and politicians analyze the criminalization of African Americans and the U.S. prison boom.

Conversation and Cocktails

February 15

7 - 10 pm in the Southfield Pavilion Tickets are \$10 per person

This event will feature an R&B concert, spoken word artist, food and dessert vendors and a cash bar.

Between the Lines Coloring Cafe

featuring Naturally Illustrated

February 22

1 - 4 pm at the Beech Woods Recreation Center Free Admission

Coloring with Sherrie Savage, illustrator and graphic designer, who enjoys sharing her natural hair journey through her drawings to encourage other women and young girls to celebrate their natural tresses.

The Secret Society of Twisted Storytellers February 28

6 - 9 pm in the Southfield Pavilion Tickets are \$10 per person

Featuring *Reparations*, hosted by Satori Shakoor with performances by musical acts along with storytellers. Be sure to browse the Storytellers Marketplace before the show or during intermission. There will also be a cash bar and food available for purchase.

Call (248) 796-4620 for more information.

News from the Commission on Senior Adults-

Karen Schrock, Chairperson

First, some very good news! The City of Southfield's plan for being more Age-Friendly was accepted under the criteria established by AARP and the World Health Organization! We are renewed as a member of the AARP Network of Age-Friendly Communities. Our certification is valid until September 2022, which gives us three years to work on implementing the plan we submitted. A special thanks to all the community and City of Southfield stakeholders who contributed to reaching this benchmark in becoming an Age-Friendly Community.

In addition to this accomplishment, Southfield was highlighted at the statewide conference on October 7 which was convened to address Michigan becoming an Age-Friendly state. Governor Gretchen Whitmer was present and declared that Michigan will become an Age-Friendly state. In addition, Southfield's Mayor Siver was part of a mayor's panel discussing their roles in supporting Age-Friendly initiatives in their cities. State Representative Kyra Bolden was part of a legislative panel focusing on why they supported Age-Friendly Michigan. I had the privilege of serving on a panel with other cities that had developed plans to become Age-Friendly. To say that Southfield had an impressive presence at the statewide conference is an understatement.



As we have discussed for the past several years, our work has focused on gathering intelligence from the community on the needs and assets in Southfield in order to develop our plan. The eight domains have been identified in our communications. We talked about *Communication* and *Transportation* in the last two Scribe articles. With this edition we highlight the importance of the *Social Participation* domain. A recent AARP publication puts it well by stating:

“Regardless of a person’s age, loneliness is often as debilitating a health condition as having a chronic illness or disease. Sadness and isolation can be combated by having opportunities to socialize and the availability of accessible, affordable and fun social activities.”

While conducting the *Community Needs Assessment* for development of the plan, we received input suggesting that many Southfield residents are unaware of the resources available in our city. In addition, a significant number do not interact with friends, family or neighbors on a regular basis. Based upon that feedback, from surveys, community conversations and items from listening posts, the goal is “To provide more opportunities and places for seniors to socialize.” Our plan attempts to address ways to resolve these issues. The initial objectives are to: 1) Improve communication about current and future offerings; and 2) Establish a reporting mechanism to provide input, feedback and evaluation regarding programming. There are five specific actions in the plan to achieve these goals and objectives. I must state that Southfield has a vital Parks and Recreation Department led by Terry Fields and a Senior Services division within it led by Nicole Messina. I have personally participated in many of the activities, including *Walks in the Parks*, *Movies at the Library*, *Black History Month* activities, etc. Our job is to make sure that every senior adult in Southfield knows about these programs and has access to them. We invite your feedback. Winter is here but don't let that stop you from being involved!

Senior Programs

Flyers with details on the programs listed below can be found at the Senior Services office and on line at www.cityofsouthfield.com or you can call Senior Services at (248) 796-4650.

50+ Speaker Series

Join us at the 50+ Speaker Series to learn more on a wide range of subjects that are important as we age. Subjects like Estate Planning, health issues and scams to long term care options and more are discussed. These programs aren't just for seniors. Caregivers, adult children and others can benefit also from the information shared.

Free 8:30-9:30 am Wednesday P&R Building



Bingo

We like playing Bingo. We REALLY like winning. We like laughing even when we are on a bad streak. If this sounds like you, come join us for Bingo twice a month. Cash payout is determined day of play. Bring something to drink and a snack, coffee available for purchase. Our Bingo program is staffed by volunteers and is intended for fun. \$0.25/card 10 - 11:30 am 2nd & 4th Tuesday of the month P&R Building



Morning Movies for Seniors

What's more fun than movies with your friends? When they are free and include free popcorn and water! Join us for our monthly movie program in partnership with the Southfield Public Library. Due to license restrictions we can't list the titles but you can find them at www.southfieldlibrary.org or you can call (248) 796-4650 and we'll let you know. Free 10 am-12 pm 2nd Thursday of the month Southfield Public Library Meeting Room



Drop-In Mahjong

For those who already know how to play but are looking for game to join in on. Come check us out on Thursdays at the Parks & Recreation Building. \$1/day 1 - 3 pm Thursday P&R Building

Upcoming Classes - *Come Learn with us!*

New Skills

Spanish for Beginners

Instructor: M. Thompson

Beginner Spanish is based on learning basic grammar in an oral and written context. Using games and other fun activities every week, lessons will be fun and enjoyable.

There is a \$12 book fee in addition to registration fee.

Resident: \$72

N/R: \$82

12:00-1:00 pm P&R Bldg. - Room 115

Tue. Jan 7-Feb 11 Activity Number: 6528

Tue. Feb 25-Mar 31 Activity Number: 6529

1-Day Computer Essentials Course for Older Adults

Instructor: M Wilson

Four topics offered. Take one or sign up for all 4.

"An Everything" Computer Help Workshop

Resident: \$17

N/R: \$17

10:00-11:20 am P&R Bldg.

Tue. Feb 18

"Should I Click on That" - Home Computer Safety & Security

Resident: \$17

N/R: \$17

11:30 am-12:20 pm P&R Bldg.

Tue. Feb 18

Using Browsers - Getting the most out of Google and searching the web.

Resident: \$17

N/R: \$17

12:30-1:30 pm P&R Bldg.

Tue. Feb 18

All about E-mail, Transferring Cell Phone Pictures to Computer, Visiting "Senior Friendly" Websites

Resident: \$17

N/R: \$17

1:40-2:30 pm P&R Bldg.

Tue. Feb 18

Healthy Living

Eat Smart, Live Strong

Instructor: MSU Extension

Enjoy fun and lively activities with other older adults. Talk about easy ways to make smart food choices and exercise more. Learn how you can eat smart and live strong!!

Resident: Free

N/R: Free

11:00 am-12:00 pm

P&R Bldg. - Room 112

Mon. Jan 6-Feb 24

Activity Number: 6518

Diabetes PATH

(Personal Action Toward Health)

Instructor: Ascension Health

Diabetes PATH (Personal Action Toward Health) is a 6 week workshop that provides strategies and tools that can be used by people to help them manage their diabetes. This program is open to family members and caregivers. Registration is required.

To register, visit healthcare.ascension.org/event. For more information call (248) 849-5752.

Resident: Free

N/R: Free

10:00 am-12:30 pm

P&R Bldg.

Tue. Jan 7-Feb 11

Diabetes Prevention Program (DPP)

Instructor: Ascension Health

The Diabetes Prevention Program (DPP) is a lifestyle change program for people who have Prediabetes or are at risk for Type 2 diabetes. The program begins with 16 weekly sessions, followed by 2 months of meeting twice a month and ending up with 6 monthly support sessions.

To register, visit healthcare.ascension.org/event. For more information, call (248) 849-5752.

Resident: Free

N/R: Free

10:00-11:00 am

P&R Bldg.

Thur. Jan 9-Dec 10

Upcoming Classes - *Come Learn with us!*

National Kidney Foundation Diabetes Prevention Program

The Diabetes Prevention Program (DPP) is part of the CDC's *National Diabetes Prevention Program*. It helps people at risk learn how to make lifestyle changes and stick to them. As part of a small, supportive group, you'll learn how to eat healthier, lose weight, and incorporate more physical activity into your life. A trained coach will guide the group in how to make better choices over the course of 16 one-hour weekly sessions. After that, you'll meet monthly, for one full year of the program. This program is covered by various funders and insurers.

This is an Informational Session. Program will begin Feb 24.

Registration is through the National Kidney Foundation.

Resident: Free **N/R: Free**

11:00 am-12:00 pm BW Multipurpose Room

Mon. Feb 10

Senior Activities

Parks & Recreation Building, 26000 Evergreen Road

Beech Woods Recreation Center, 22200 Beech Road

Burgh Historical Park, northeast corner of Civic Center Drive and Berg Road

Monday

Half-a-Buck Coffee Time	8:30 - 10 am
Powersit Chair Exercise	10 - 11 am
Sport Drop-In - <i>Bounce Volleyball Practice</i>	10 am - 12 pm
Moderate Yoga	11:30 am - 12:30 pm
Photo Guild Meeting - <i>1st, 2nd & 3rd Mon. of month</i>	7:30 pm

Wednesday

Half-a-Buck Coffee Time	8:30 - 10 am
Sport Drop-In - <i>Indoor Tennis</i>	9 am - 12 pm
<i>Bounce Volleyball Practice</i>	10 am - 12 pm
Bid Whist	2 - 6 pm
Domino Players Group	11 am - 2:30 pm
Bridge Players Group	11:30 am - 2:30 pm
Yoga for the Back	4 - 5 pm

Friday

Half-a-Buck Coffee Time	8:30 - 10 am
Powersit Chair Exercise	10 - 11 am
Sport Drop-In - <i>Indoor Tennis</i>	9 am - 12 pm
<i>Bounce Volleyball Practice</i>	10 am - 12 pm

Tuesday

Sport Drop-In - <i>Pickleball</i>	9 am - 12 pm
Women on Weights	4:30 - 5:30 pm
Ban-Joes of MI - <i>Practice</i>	7 - 9 pm

Thursday

Sport Drop-In - <i>Indoor Tennis</i>	9 am - 12 pm
Beginning Tai Chi	9:30 - 10:30 am
Tai Chi Form	10:30 - 11:30 am
Hustle for Seniors	12 - 1 pm
AARP Monthly Meeting - <i>2nd Thur. of month</i>	1 - 3 pm
Drop-In Mahjong	1 - 3 pm
Women on Weights	4:30 - 5:30 pm
Zumba Gold + Toning	6 - 7 pm
Barre Toning	7 - 8 pm

TOSS - Transportation of Southfield Seniors

Transportation of Southfield Seniors (TOSS), provides transportation to and from medical facilities and offices within the geographical area bounded by Fourteen Mile on the North, Eight Mile on the South, Coolidge on the east and Middlebelt on the west. TOSS travels to Providence and Beaumont facilities on a regular basis.

Appointments to and from addresses within the city limits may be made any time within a month before the appointment.

Buses are equipped with lifts to provide for wheelchair users. Riders who require wheelchairs or walkers are asked to be accompanied by a companion to assist the rider on and off the vehicle at point of pick up and destination. For personal safety all wheelchairs must be equipped with an attached seat belt and foot rests. For information and arrangements please call TOSS at 248-796-4658.

This service is funded and operated by the joint efforts of the City of Southfield, SMART funds, Beaumont Health and Ascension SE Michigan Mission Fund.

Beaumont



Beech Woods Wellness Center

Yearly Membership Fees

For details on membership, call (248) 796-4676 or the Beech Woods Recreation Center at (248) 796-4670.

Adult (16-49 yrs)	\$160
Senior (ages 50+ yrs)	\$144
Student (ages 16-24 yrs)	\$144
Family (2 parents + up to 3 students)	\$300

Non-residents of Southfield pay an additional \$20 per year.

We are a personalized fitness facility where everyone feels like family.

Membership includes:

- Equipment orientation
- Use of all equipment:
 - Treadmill
 - Elliptical
 - Stair climber
 - 12 Circuit Training Machines
 - Upright Stationary Bike
 - Recumbent Bike
 - Concept 2 Rowing Machine
 - Dumbbells
- Indoor lap walking (Mon-Fri, 7 - 9 am) in Beech Woods Recreation Center gym.



Located inside the Beech Woods Recreation Center
22200 Beech Road, Southfield, MI 48033
(248) 796-4676

Southfield Human Services

For more information on any of the programs listed below, please contact the Southfield Human Services Department at (248) 796-4540.

The Emergency Food Assistance Program (TEFAP)

This program will take place on Wed., March 11 from 9:00 - 11:00 am at the 1854 Church at the Burgh Historical Park, 26080 Berg Road. This program, open to any Oakland County resident, allows participants to pick up two bags of food. Please contact Human Services for program eligibility.



Focus Hope

Focus Hope provides individuals 60 years of age and older with one box of non-perishable food. Boxes are distributed on the 3rd Friday of each month (January 17, February 21 and March 20). Please call Southfield Human Services for income eligibility details.

Department of Health and Human Services'

Mobile Social Worker

The Mobile Social Worker will be available to help residents: apply for food, Medicaid, cash and emergency assistance, as well as answer case questions and refer to other agencies. Please call Southfield Human Services Department for details.

Lakeshore Legal Aid

Lakeshore Legal Aid offers residents a chance to speak with an attorney free of charge on the 1st Friday of each month (January 3, February 7 and March 6) from 9:00 - 10:00 am at the Southfield Human Services offices (located inside City Hall at 26000 Evergreen Road).



Michigan Prescription Discount Cards

Michigan Prescription Card is a free statewide prescription assistance program available to Michigan residents. There are no restrictions or eligibility requirements—anyone can use the card regardless of age, income, or preexisting conditions. Please contact the Human Services Department to pick up your card.



THE CHORE PROGRAM



The Chore Program is for all Southfield homeowners who are senior citizens, 62 or older, living alone, OR Certified handicapped living alone and whose annual income meets Federal guidelines: for a family of ONE the income must be \$26,750 or less and for a family of TWO the income must be \$30,550 or less.

Chore services include yard work (lawn care, shrub and tree trimming and leaf pick-up), snow removal, window and gutter cleaning, minor plumbing, minor furnace repair, minor electrical repair, minor painting and carpentry. Each qualified homeowner is allowed \$500 per year for the labor involved, while the client is responsible for material used. By helping with home and yard maintenance, the Chore Program enables homeowners to stay in their homes.

Any questions please call Denise Glinz, Chore Coordinator, at (248) 796-4180.

Southfield Senior Services
26000 Evergreen Road
Southfield, MI 48076

PRESORTED STANDARD
US POSTAGE PAID
SOUTHFIELD, MI
PERMIT NO. 30

City Officials

Kenson J. Siver, *Mayor*



City Council

Lloyd Crews, *Council President*

Tawnya Morris, *Pro Tem*

Nancy L.M. Banks Daniel Brightwell

Jason Hoskins Michael "Ari" Mandelbaum

Linnie Taylor

Sherikia L. Hawkins, *City Clerk*

Irv M. Lowenberg, *Treasurer*

Frederick E. Zorn, CEC *City Administrator*

Parks & Recreation Board

Rosemerry D. Allen, *Chairperson*

Brandon B. Gray Kathleen A. McNelis

Jeannine D. Reese Adam Wolf

Amani Johnson, *Student Representative*

Parks & Recreation Department

Terry Fields, *Director*

Senior Services

Nicole Messina, *Division Coordinator*

Claudia Brewer, *Recreation Programmer*

Cathy Fresia, *Recreation Programmer*

Clerical Staff

- Sandra Krist • Betty Simmons
- Nicholas Tubbs • Ruth Williams
- Daphne Fenster

The Senior Services office is located within the Parks & Recreation Building at 26000 Evergreen Road.

Snowbirds:
BE COUNTED IN MICHIGAN!

For more information, go to
www.aaa1b.org/census-2020
or call 248-262-9216

If you spend six months or more in Michigan, make sure you are counted as a resident of Michigan in the Census.

- Help Michigan to secure its share of federal dollars.
- New in 2020 - Responses collected online and via phone.
- Every home will receive a Unique ID code mailed from the U.S. Census Bureau. You need this code to complete your census (online/by phone).



Community Foundation
FOR SOUTHEAST MICHIGAN

United States®
Census
2020

The Southfield Scribe can be mailed to your residence or you can pick up a copy at the Senior Services office. If you would like to receive the *Scribe* by mail, please call us at (248) 796-4650.

Monday, through Thursday 8:30 am-4:00 pm

Friday 8:30 am-2:00 pm



Individuals with special needs who plan to attend any of the included programs should contact Senior Services at 248-796-4650 if auxiliary aids or services are needed. Reasonable advanced notice is required.