

**Southfield**  
the center of it all™

**PR**  
Parks & Recreation



## Spring/Summer 2019 Activities Guide

Featuring:

**Summer Day Camps**

**Summer Concert Series**

**Southfield Sports Arena Pool**

**Golf**

**Recreation on the Move**

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*On occasion, Parks & Recreation staff will take pictures of individuals using our parks and facilities or participating in our special events, programs or classes. Please be aware that these photos are for Parks & Recreation Department use only and may be used in future promotional pieces such as social media posts or printed materials such as flyers or activity brochures.*



Hello Residents and Friends:

One of my favorite opportunities as director of our Parks & Recreation team is to provide you and your family with fresh, new and exciting activities, programs and events for everyone to enjoy. We invite you to open this magazine and explore the wonderful choices, and we hope that you are as excited about them as we are. In addition, we are working hard to ensure that our parks and facilities are clean and safe and provide you with experiences that encourage you to come back time and again.

Our summer magazine is filled with many of your favorite programs and events that you have come to count on, along with some new recreation programs we hope will peak your interest. Please take a look at what is new at the Sports Arena Pool and yes, we have expanded our Summer in the City concert series on the Municipal Complex front lawn. We've also added some great new camp offerings for our young folks that you don't want to miss!

Warmer weather invites us all to get outside and "play" and enjoy our parks, facilities and golf courses. We have a development in our Golf operations. Due to water management issues at the Beech Woods Golf Course, we have had to suspend play there for the 2019 season. The irrigation system at the course is simply not operational. Suspending play for the season provides us an opportunity to take a comprehensive look at the existing system and infrastructure and develop a plan to move forward.

Please be assured, "we are not giving up on golf." Providing our golfers a quality experience is our goal. We are investing in new golf balls and hitting mats at the Beech Woods Driving Range. Evergreen Hills Golf Course will be open in early April, ready for golfers and to be the home of our leagues for the 2019 season. We will be hosting lessons, clinics and camps for all ages. We have upgraded our Golf Now software system to provide a better experience for our customers. We are investing in membership with the Golf Association of Michigan which provides excellent benefits which we are happily passing on to our residents who can now join at a discounted rate.

Finally, my wish to you is to enjoy the season. Whether you are taking a walk in the park, trying something new or gathering at a concert, please spend time with us. Relax, recharge and enjoy!

Moving forward together,  
Terry Fields  
Southfield Parks & Recreation Director

# Program Locations



## Parks & Recreation Facilities



### Parks & Recreation Building - P/R

26000 Evergreen Road (248) 796-4620  
Monday-Friday 8:00 am-7:00 pm  
Saturday 9:00 am-2:00 pm



### Beech Woods Recreation Center - BW

22200 Beech Road (248) 796-4670  
Apr 15- Jun 14 M-F 9:00 am-7:00 pm  
Jun 17- Aug 30 M-F 8:00 am-7:00 pm  
Apr 15-Aug 30 Sa 9:00 am-2:00 pm



### Arts & Activities Building - AAB

26000 Evergreen Road  
(248) 796-4620



### Southfield Adult Recreation Center 50+

26000 Evergreen Road (248) 796-4650  
Monday-Thursday 8:30 am-4:00 pm  
Friday 8:30 am-2:00 pm



### Southfield Pavilion

26000 Evergreen Road (248) 796-4620  
Monday-Friday 8:00 am-7:00 pm  
Saturday 9:00 am-2:00 pm



### Southfield Sports Arena & Pool

26000 Evergreen Road (248) 796-4640  
Monday-Sunday 10:00 am-10:00 pm  
Beginning Jun 3 9:00 am - 7:00 pm





# Program Locations

## Parks & Other Locations



**Bauervic Woods Park**  
South side of Nine Mile Rd,  
west of Evergreen Road



**Evergreen Hills  
Golf Course**  
22202 Beech Road  
(248) 796-4655



**Bedford Woods Park**  
Lathrup Drive,  
north of Twelve Mile Road,  
east of Southfield Road



**Freeway Park**  
South side of Lincoln Drive,  
west of Greenfield Road



**Beech Woods  
Driving Range**  
22202 Beech Road  
(248) 796-4655



**Inglenook Park**  
South side of Twelve Mile Rd  
between Lahser and  
Evergreen roads



**Burgh Historical Park  
Art Center & Gazebo**  
Northeast corner of  
Civic Center Dr and Berg Rd



**Simms Park**  
Wiltshire,  
south of Twelve Mile Road,  
east of Southfield Road



**Carpenter Lake  
Nature Preserve**  
South side of Ten Mile Rd,  
just east of Inkster Road



**Vollbrecht  
Planetarium**  
adjacent to Adler  
Elementary School  
19100 Filmore



**Civic Center Park**  
26000 Evergreen Road



## Summer Camp General Information

### Registration

Summer Camp registration for Southfield residents begins Monday, April 22.

Non-residents can begin registering on Monday, April 29.

Registration for most camps takes place at the Southfield Parks & Recreation Information Desk, 26000 Evergreen Road, Monday through Friday from 8 am-7 pm and Saturday from 9 am-2 pm.

Registration for *Camp Kaleidoscope* will take place at the Beech Woods Recreation Center only. Beech Woods Recreation Center is located at 22200 Beech Road (south of Nine Mile Road). Please see page 4 for hours of operation.

Registration must be done in person. Online registration is not available for any camp program. Parents or Guardians are asked to please be prepared with the following items at registration:

- Child's Birth Certificate
- Medical and insurance information such as physician address and phone number, health insurance company and Group Number, listing of child's current medications, list of all child's allergies, date of last Tetanus Shot and two (2) Emergency Contact names and phone numbers.
- Signatures on all camp forms must be of parent or guardian and must be witnessed by Southfield Parks & Recreation staff.
- Payment for all camp fees must be made at time of registration by cash or credit card (Visa, American Express, Master Card or Discover) only.

### Latchkey

Available for Camps Tadpole, Evergreen, Wildwood, Kaleidoscope and Southfield Basketball Camp.

*Child must be pre-registered at least 24 hours in advance for Latchkey. No drop-in Latchkey registration accepted.*

### Morning Latchkey Session

Latchkey takes place in same location as camp. For the safety of all participants we ask that parents come to the latchkey desk to sign their child in each day. Doors open at 7:30 am.

M-F 7:30 am - 9:00 am \$5/day

### Afternoon Latchkey Session

Latchkey takes place in same location as camp. For the safety of all participants we ask that parents come to the latchkey desk to sign out their child in person. \*Children must be picked up by 6:00 pm or a monetary penalty will be assessed. Note: Children enrolled in the afternoon session of latchkey should bring an additional snack and drink.

M-F 4:30 - 6:00 pm \$5/day

Refunds are only given for latchkey if a corresponding camp refund is approved. Refunds are not given for unused, prepaid services.

*\*LATE POLICY: For latchkey services rendered after 6:00 pm an additional fee of \$5 for the first ten minutes and \$2 for each additional five minutes will be charged. If your child is not pre-registered for afternoon latchkey, these fees will be applied beginning at 4:30 pm. All fees, including the late fee must be paid in cash directly to the Latchkey Coordinator on the day of service.*



## Camps Tadpole, Wildwood, Evergreen and Kaleidoscope

Camps Tadpole, Wildwood, Evergreen and Kaleidoscope offer nine, 1-week sessions. Sessions are filled on a first-come, first-served basis. Your child will be given a calendar with more camp details the first day of each session. Every day your child will need to bring a swimsuit, water-shoes, a towel, lunch, snack and two drinks. *\*No camp Thursday, July 4.*

### 2019 Camp Sessions

		Early Reg. Deadline		Early Reg. Deadline			
M-F	Jun 17-Jun 21	F	Jun 14	M-F	Jul 22-Jul 26	F	Jul 19
M-F	Jun 24-Jun 28	F	Jun 21	M-F	Jul 29-Aug 2	F	Jul 26
M-W, F	Jul 1-Jul 3, Jul 5	F	Jun 28	M-F	Aug 5-Aug 9	F	Aug 2
M-F	Jul 8-Jul 12	F	Jul 5	M-F	Aug 12-Aug 16	F	Aug 9
M-F	Jul 15-Jul 19	F	Jul 12				

### Camp Tadpole

Specially designed for little ones, this camp features arts & crafts, story time, games, songs, afternoon swim time in the kiddie pool, outdoor playtime and fun field trips. A half-day option is offered for this camp for those still transitioning into full day activities.

Ages: 5 - 6 years old as of Jun 17 (recommended that child has completed Kindergarten. Child must be toilet trained.)

**Resident: \$125      N/R: \$145**  
**Early Reg: Resident: \$115      N/R: \$135**  
 9:00 am-4:30 pm      P/R - Room 115

**½-day Session: Resident: \$62.50      N/R: \$72.50**  
 9:00 am-12:30 pm or 1:00-4:30 pm

### Camp Evergreen

Camp Evergreen lets boys and girls spend their summer with their friends playing camp games, special events and arts & crafts. Each weekly session brings a new theme and field trip destination. Afternoons are spent at the Southfield Sports Arena outdoor pool (weather permitting).

Ages: 9 - 13 years old  
**Resident: \$125      N/R: \$145**  
**Early Reg: Resident: \$115      N/R: \$135**  
 9:00 am-4:30 pm      Sports Arena

### Camp Wildwood

Camp Wildwood offers kids a summer of fun making friends outdoors at the Civic Center Park. Small groups will spend their days playing organized games, doing arts & crafts and playing sports. Each week features a new theme such as Camp Olympics as well as a field trip. Afternoons are spent at the Southfield Sports Arena outdoor pool (weather permitting).

Ages: 7 - 8 years old  
**Resident: \$125      N/R: \$145**  
**Early Reg: Resident: \$115      N/R: \$135**  
 9:00 am-4:30 pm      Sports Arena

### Camp Kaleidoscope

Camp Kaleidoscope kids spend the summer making new friends while they do arts & crafts and play games and sports. Campers enjoy weekly field trips to an area attraction like a wave pool or beach along with at least one trip to the Southfield Sports Arena pool.

**Registration for this camp taken at the Beech Woods Recreation Center only.**

Ages: 5 - 13 years old  
**Resident: \$125      N/R: \$145**  
**Early Reg: Resident: \$115      N/R: \$135**  
 9:00 am-4:30 pm      BW Recreation Center

# Youth



## Junior Golf Camp

If you have a child with serious goals of being the next McIlroy, Woods or Speith then we have the summer camp for them! Junior Golf Camp focuses on fun as the kids learn everything from club names and golf etiquette, to how to make contact with the ball. Lunch can be purchased for the week at check in on the first day of camp for \$20. No latchkey available for this camp.



Ages: 7 - 15 years old

**Resident: \$230      N/R: \$250**

9:00 am-3:30 pm	BW Driving Range
M-F Jun 24-Jun 28	Activity Number: 5855
M-F Jul 8-Jul 12	Activity Number: 5856
M-F Aug 5-Aug 9	Activity Number: 5853
M-F Aug 19-Aug 23	Activity Number: 5854

## Loves' Summer Indoor Volleyball Camps

Instructor: S. Finest TNL  
Learn drills, show your skills and have thrills! Coach Alisha Love and staff will combine having fun with learning how to pass, serve, spike and set. Competitions will be held on the last day.

Ages: 10 - 18 years old

**Resident: \$120      N/R: \$140**

9:00 am-12:00 pm	BW Court D
M-F Jul 8-Jul 12	Activity Number: 5871
M-F Jul 22-Jul 26	Activity Number: 5872
M-F Aug 12-Aug 16	Activity Number: 5873

## Southfield Basketball Camps

Instructor: C. League, LLC  
The Southfield Basketball Camps are designed to improve a player's basketball skills at any level of skill and experience! Campers at every session will develop all of their basketball skills - shooting, passing, dribbling, rebounding and defense. Over the course of the camp week, your self-confidence will grow along with your skills and overall appreciation of the game. Coach McKalpain is a former Wayne State basketball player, who played with NBA Stars; George Gervin, John Long and others. Please wear basketball attire, gym shoes and bring a healthy lunch and plenty of water. Latchkey is available through Aug 16, refer to page 6 for details.

Ages: 7 - 16 years old

**Resident: \$125      N/R: \$145**

9:00 am-4:30 pm	BW BBall Court 2
M-F Jun 17-Jun 21	Activity Number: 5880
M-F Jun 24-Jun 28	Activity Number: 5881
M-F Jul 8-Jul 12	Activity Number: 5883
M-F Jul 15-Jul 19	Activity Number: 5875
M-F Jul 22-Jul 26	Activity Number: 5876
M-F Jul 29-Aug 2	Activity Number: 5882
M-F Aug 5-Aug 9	Activity Number: 5877
M-F Aug 12-Aug 16	Activity Number: 5884

*Sorry no latchkey available for these sessions.*

M-F Aug 19-Aug 23	Activity Number: 5878
M-F Aug 26-Aug 30	Activity Number: 5879

## Camp Scholarships

If your child wishes to attend camp, but funds are limited, please call Southfield Youth Assistance at (248) 746-7658. The volunteers at Southfield Youth Assistance raise money to provide scholarships for young people who are in need of an enriching summer experience.

Please note: Southfield Youth Assistance is the only form of scholarship that we accept for our Summer Camp programs.





## Camp Oak-Ventures

Oakland County Parks' Camp Oak-Ventures consists of county park tours and spending time in the great outdoors! Campers will make waves at our water parks, stroll trails on guided nature hikes, learn about the stars in our Star Lab, participate in archery, rock wall climbing and soar through the air with a free standing zip-line! Trained summer camp staff and OCPRC bus drivers will pick up participants and transport to and from the county parks each day. Campers are required to bring a lunch, 2 snacks, refillable water bottle, sunscreen, socks, tennis shoes, bathing suit and towel to camp each day. Camp registration includes t-shirt, all park entries and tickets throughout the week of camp. No latchkey service available for this camp.



Ages: 6 -12 years old

**Resident: \$140**      **N/R: \$160**

8:00 am-4:35 pm      Oakland County Parks  
 M-F Jul 22-Jul 26      Activity Number: 6089  
 M-F Aug 12-Aug 16      Activity Number: 6090

## Abakadoodle Art Camp - Beginner Paws, Claws, Hooves

It's a jungle out there and in here as you make your favorite animals come to life using paints, collage, sculpture and more, while learning about animal habits and habitats. There will be cool artwork, games, stories, activities, animal talk and music. Whether it's a growl or a meow, it will be FUN! Campers should bring a snack and a water bottle.

Ages: 6 - 7 years old

**Resident: \$195**      **N/R: \$215**

9:00 am-12:00 pm      AAB  
 M-F Jul 15-Jul 19      Activity Number: 6099

## Abakadoodle Art Camp - Advanced Paws, Claws, Hooves

Calling all animal lovers! Bring your imagination and we will provide a ROAAAAARing camp experience! If you LOVE animals and nature, and want to make awesome art projects while making new friends too, then this is the camp for you. Welcome to the jungle of wildlife art! Campers should bring a snack and a water bottle.

Ages: 8 - 11 years old

**Resident: \$195**      **N/R: \$215**

12:30-3:30 pm      AAB  
 M-F Jul 15-Jul 19      Activity Number: 6100



## Mad Science - NASA Camp

Mad Science has teamed up with NASA in a quest for exploration! We'll take a voyage of discovery into the atmosphere and beyond as we explore planets, moons and other space phenomena in our solar system. Kids will love to build their own Mad Science rocket, and participate in a real NASA style rocket launch. Mad Science is the ONLY organization licensed by NASA to use these activities for summer camps and school programs.

Ages: 5 - 12 years old

**Resident: \$185**      **N/R: \$205**

8:00 am-12:00 pm      AAB  
 M-F Jul 29-Aug 2      Activity Number: 6097





## Mad Science

### Secret Agent Lab Camp

The following camp description is TOP SECRET: From decoding messages to metal detectors and night vision, campers have the opportunity to check out spy tech equipment and take home lots of gadgets like spy glasses! Step into the shoes of a detective as you uncover the science involved in evidence gathering and analysis! Figure out the science of forensics in a hands-on look at crime scenes! Become a super spy and learn clever ways of performing tasks as we take on a hands-on investigation of the science that spies use!

Ages: 5 - 12 years old

**Resident: \$185**      **N/R: \$205**

8:00 am-12:00 pm      AAB

M-F Jul 8-Jul 12      Activity Number: 6096



## Mad Science

### Underground Explorers Camp

Learn about archaeology and the techniques scientists use to excavate long lost cities! They discover ancient civilizations and the tools and artifacts used in everyday life! They also study bone fragments, pottery shards, amber deposits, and fossils to understand what they can tell us about history! Each class includes a make and take home project, like a fossil reproduction, an amber time capsule, and coins from around the world!

Ages: 6 - 12 years old

**Resident: \$209**      **N/R: \$229**

8:00 am-12:00 pm      AAB

M-F Aug 12-Aug 16      Activity Number: 6098

## Athletics/Sports

### Volley Tots

Instructor: S. Finest TNL

This program offers an early introduction to volleyball to develop an appreciation of this ultimate team sport. Children will develop hand and eye coordination along with their motor skills as they work through drills and fun games. We will use a much lighter ball and balloons for drills and games. Parents are welcome to join in on the fun!

Ages: 3 - 6 years old

**Resident: \$15**      **N/R: \$25**

12:00-12:30 pm      BW Court D

T-W,F Aug 13-Aug 16      Activity Number: 5919

### Grasshopper Basketball

Instructor: G. Hawthorne

Each day will consist of teaching through stations, lectures, drills and even live play! The skills we will focus on during this program include passing, shooting, defense and dribbling. In this 6 week program we aim to have your kid leave with a smile and a love for the game of basketball.

Ages: 4 - 6 years old

**Resident: \$45**      **N/R: \$60**

9:00-9:50 am      BW BBall Court 3

Sa Jul 13-Aug 10      Activity Number: 5852





## Tennis Lessons - Quick Start

Instructor: P. Woods

This program is designed to teach young children the game of tennis. They will be taught how to use their racquets and how to judge the flight and direction of the ball while playing on a smaller court. Fun activities and games will be played using low compression and foam balls.

**Ages: 4 - 6 years old**

<b>Resident: \$55</b>	<b>N/R: \$70</b>
9:00-9:50 am	CC Park - Courts 3 & 4
Sa May 11-Jun 15	Activity Number: 5903
Sa Jun 22-Jul 27	Activity Number: 5900
Sa Aug 3-Sep 7	Activity Number: 5901

**Ages: 7 - 10 years old**

<b>Resident: \$55</b>	<b>N/R: \$70</b>
10:00-10:50 am	CC Park - Courts 3 & 4
Sa May 11-Jun 15	Activity Number: 5907
Sa Jun 22-Jul 27	Activity Number: 5904
Sa Aug 3-Sep 7	Activity Number: 5905

## Youth Basketball Clinic

Instructor: G. Hawthorne

During this clinic, we will teach your child the skills they need to be a better athlete both on and off the court. Taught by an advanced instructor with competitive basketball experience, this 6-week clinic offers your child an excellent way to learn the strategies of the game while further developing their basic skills.

**Ages: 7 - 10 years old**

<b>Resident: \$45</b>	<b>N/R: \$60</b>
10:00-10:50 am	BW BBall Court 3
Sa Jul 13-Aug 10	Activity Number: 5920

## Spring/Summer Youth Open Gym

Parents must register their child before they can participate in Open Gym. There is a \$1 fee to replace a lost Open Gym Membership Card. *Parents/adults are NOT allowed on the court. Limited to 20 kids per court.*

<b>Spring Open Gym</b>	Ages: 9 - 17 years old
<b>Resident: \$3/day</b>	<b>N/R: \$5/day</b>
3:30-6:00 pm	BW BBall Courts 1-3
M-F	Apr 15 - May 31

<b>Summer Open Gym</b>	Ages: 9 - 17 years old
3:30-6:00 pm	BW BBall Court 1
4:30-6:00 pm	BW BBall Court 3
M-F	Jun 3 - Aug 30



## Fitness

### Karate - Li'l Tot

Instructor: S. Pinkney

Did you know Karate helps teach children to attentively listen, follow directions and work as a team? This is an introductory class specifically designed to teach children important life skills like discipline, self-control, focus, memory, fitness, balance, coordination and teamwork along with the fundamentals of karate.

**Ages: 4 - 6 years old**

<b>Resident: \$40</b>	<b>N/R: \$50</b>
10:00-10:45 am	BW Multipurpose Rm
Sa May 4-Jun 22	Activity Number: 5958
Sa Jun 29-Aug 24	Activity Number: 5959



## Dance/Music

### Tiny Dancers

Instructor: J. Clayton-Reid

You are never too young to dance! This class is geared toward our tiny dancers as it focuses on skills such as counting, musicality, following directions, basic dance positions, skipping, galloping and creative movement dances for their enjoyment.

Ages: 2 ½ - 3 years old

<b>Resident: \$35</b>	<b>N/R: \$45</b>
4:15-4:45 pm	AAB - Dance Room
M Jun 17-Jul 15	Activity Number: 6082
M Jul 22-Aug 19	Activity Number: 6083



### Ballet

Instructor: J. Clayton-Reid

Ballet students will learn basic warm up, positions (1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>), proper technique and form as they progress through steps in the center floor and traveling. Dress code for all Ballet classes consists of Capezio "Ballet Pink" tights and ballet shoes with a black leotard and short black chiffon skirt. All long hair is to be put up, preferably in a bun.

<b>Pre-Ballet</b>	Ages: 3 - 6 years old
<b>Resident: \$42.50</b>	<b>N/R: \$52.50</b>
5:45-6:30 pm	AAB - Dance Room
M Jun 17-Jul 15	Activity Number: 6033
M Jul 22-Aug 19	Activity Number: 6034

<b>Ballet</b>	Ages: 7 - 13 years old
<b>Resident: \$42.50</b>	<b>N/R: \$52.50</b>
7:15-8:00 pm	AAB - Dance Room
M Jun 17-Jul 15	Activity Number: 6036
M Jul 22-Aug 19	Activity Number: 6037

### Jazz/Hip Hop

Instructor: J. Clayton-Reid

Basic jazz warm-up exercises, stretches, traveling steps and basic combinations set to today's music. Dress code consists of a leotard (any color), black tights, black slip-on jazz shoes (no tie), and all long hair in a ponytail. No jewelry is to be worn in class.

Ages: 7 - 13 years old	
<b>Resident: \$42.50</b>	<b>N/R: \$52.50</b>
6:30-7:15 pm	AAB - Dance Room
M Jun 17-Jul 15	Activity Number: 6031
M Jul 22-Aug 19	Activity Number: 6035

### Tap

Instructor: S. St. Mary

Introduce your child to the world of dance! Children will learn skips, hops and simple tap combinations. Dress code for this class consists of black tap shoes, a leotard and tights (any color). Please call Miss Shirley at (248) 661-6640 for questions and more information.

Tap classes do not meet on the following days:  
Jul 6, Jul 20 & Aug 31

<b>Pre-School</b>	Ages: 2 - 4 years old
<b>Resident: \$42.50</b>	<b>N/R: \$52.50</b>
9:45-10:30 am	P/R - Lower Level Dance Room
Sa Jun 15-Jul 27	Activity Number: 6084
Sa Aug 3-Sep 7	Activity Number: 6091

<b>Beginner</b>	Ages: 5 - 11 years old
<b>Resident: \$42.50</b>	<b>N/R: \$52.50</b>
10:30-11:15 am	P/R - Lower Level Dance Room
Sa Jun 15-Jul 27	Activity Number: 6085
Sa Aug 3-Sep 7	Activity Number: 6087

<b>Intermediate</b>	Ages: 6 years and up
<b>Resident: \$42.50</b>	<b>N/R: \$52.50</b>
11:15 am-12:00 pm	P/R - Lower Level Dance Rm
Sa Jun 15-Jul 27	Activity Number: 6086
Sa Aug 3-Sep 7	Activity Number: 6088



# Rec. on the Move

## Recreation



We're back for another summer of fun!!!!

## Move

### Tuesday Mornings 10 am - 12 pm

June 18	Bauervic Woods Park
June 25	Inglenook Park
July 2	Bedford Woods Park
July 9	Bauervic Woods Park
July 16	Inglenook Park
July 23	Bedford Woods Park
July 30	Bauervic Woods Park
August 6	Inglenook Park
August 13	Bauervic Woods Park
August 20	Inglenook Park

### Thursday Evenings 5 - 7 pm

June 20	Inglenook Park
June 27	Bauervic Woods Park
July 11	Inglenook Park
July 18	Simms Park
July 25	Bauervic Woods Park
August 1	Inglenook Park
August 8	Simms Park
August 15	Bauervic Woods Park
August 22	Inglenook Park

### Tuesday Evenings 5 - 7 pm

June 18	Beech Woods Park
June 25	Miller Park
July 2	Freeway Park
July 9	Burgh Historical Park*
July 16	Burgh Historical Park*
July 23	Burgh Historical Park*
July 30	Burgh Historical Park*
August 6	Burgh Historical Park*
August 13	Burgh Historical Park*
August 20	Burgh Historical Park*

\*In conjunction with Gazebo Concert Series

Plus 4 special Friday evenings on the Municipal Complex Front Lawn for the Summer in the City outdoor concerts!!

June 21, June 28, July 5 and July 12  
see page 25 for more details on Summer in the City

This program is suitable for kids  
ages 5 - 13 years old.

Recreation on the Move brings activities, games and fun to your neighborhood parks. Supervision is provided for all activities, and everyone can come and go as they please.

There is no admission fee and no need to register.

Questions? (248) 796-4620 [www.Facebook.com/SouthfieldParksandRecreation](http://www.Facebook.com/SouthfieldParksandRecreation)



## Athletics/Sports

### Beginner Tennis Lessons

Get a grip (pun intended) on the basics. These classes are for those who have never played, or have just started playing the game. Discussion of rules and the basic fundamentals; grip, footwork, forehand, backhand, serve, volley and scoring will be covered.

**Ages: 8 - 12 years old** Instructor: R. Hall Jr.  
**Resident: \$55 N/R: \$70**  
 6:00-6:50 pm CC Park - Courts 3 & 4  
 Th Jun 13-Jul 18 Activity Number: 5914  
 Th Jul 25-Aug 22 Activity Number: 5915

**Ages: 8 - 12 years old** Instructor: P. Woods  
**Resident: \$55 N/R: \$70**  
 6:00-6:50 pm CC Park - Courts 3 & 4  
 W May 8-Jun 5 Activity Number: 5917  
 W Jun 12-Jul 10 Activity Number: 5916  
 W Jul 17-Aug 14 Activity Number: 5918

**Ages: 13 - 17 years old** Instructor: P. Woods  
**Resident: \$55 N/R: \$70**  
 6:00-6:50 pm CC Park - Courts 3 & 4  
 T May 7-Jun 4 Activity Number: 5910  
 T Jun 11-Jul 9 Activity Number: 5908  
 T Jul 16-Aug 13 Activity Number: 5909

**Ages: 18 years and up** Instructor: P. Woods  
**Resident: \$55 N/R: \$70**  
**Senior: Resident: \$49.50 N/R: \$63**  
 7:00-7:50 pm CC Park - Courts 3 & 4  
 T May 7-Jun 4 Activity Number: 5888  
 T Jun 11-Jul 9 Activity Number: 5886  
 T Jul 16-Aug 13 Activity Number: 5887

**Ages: 18 years and up** Instructor: R. Hall Jr.  
**Resident: \$55 N/R: \$70**  
**Senior: Resident: \$49.50 N/R: \$63**  
**6:00-6:50 pm CC Park - Courts 3 & 4**  
 M May 6-Jun 10 Activity Number: 5890  
 M Jun 17-Jul 15 Activity Number: 5889

**7:00-7:50 pm CC Park - Courts 3 & 4**  
 Th May 9-Jun 6 Activity Number: 5892  
 Th Jun 13-Jul 18 Activity Number: 5891



### Intermediate Tennis Lessons

You got the basics down, now you are ready to take your game up a notch. Instructors will introduce the lob, overhead shots and half-volleys and help you continue to improve your serve, forehand and backhand. Competitive drills and games will be played to demonstrate consistency and game strategies.

**Ages: 13 years and up** Instructor: R. Hall Jr.  
**Resident: \$55 N/R: \$70**  
**Senior: Resident: \$49.50 N/R: \$63**  
 7:00-7:50 pm CC Park - Courts 3 & 4  
 M Jun 17-Jul 15 Activity Number: 5896  
 M Jul 22-Aug 19 Activity Number: 5897

**Ages: 18 years and up** Instructor: P. Woods  
**Resident: \$55 N/R: \$70**  
**Senior: Resident: \$49.50 N/R: \$63**  
 8:00-8:50 pm CC Park - Courts 3 & 4  
 T May 7-Jun 4 Activity Number: 5894  
 T Jun 11-Jul 9 Activity Number: 5895  
 T Jul 16-Aug 13 Activity Number: 5893



## Family Tennis Lessons

Instructor: P. Woods

This class is designed for parents and children who want to take a beginner tennis lesson at the same time and location. Parent and child(ren) must each register for this class.

Ages: 7 years and up

Resident: \$55 N/R: \$70

Senior: Resident: \$49.50 N/R: \$63

7:00-7:50 pm CC Park - Courts 3 & 4

W Jun 12-Jul 10 Activity Number: 5899

W Jul 24-Aug 21 Activity Number: 5898

## Teen Big Hitter

Instructor: P. Woods

This class is designed for high school and middle school teens that want to take their game to the next level. Various serves and ground strokes will be taught.

Ages: 12 - 19 years old

Resident: \$110 N/R: \$130

6:00-8:00 pm CC Parks - Courts 3 & 4

F Jun 7-Jul 12 Activity Number: 5913

F Jul 19-Aug 16 Activity Number: 5911



## Fitness

### Karate - Beginner

Instructor: S. Pinkney

Traditional Tang Soo Do Karate training emphasizing self-defense techniques, discipline, self control, focus, memory, physical fitness and teamwork. This class teaches prevention first and not aggressiveness. Ranking program is available - Beginner through Master Black Belt levels.

Master Patt Mundy, 7<sup>th</sup> Degree Black Belt Supervisor.

**Beginner** Ages: 7 years and up

Resident: \$40 N/R: \$50

Senior: Resident: \$36 N/R: \$45

11:00 am-12:30 pm BW Multipurpose Rm

Sa May 4-Jun 22 Activity Number: 5954

Sa Jun 29-Aug 24 Activity Number: 5955

**Intermediate** Ages: 7 years and up

Resident: \$40 N/R: \$50

Senior: Resident: \$36 N/R: \$45

12:15-1:45 pm BW Multipurpose Rm

Sa May 4-Jun 22 Activity Number: 5956

Sa Jun 29-Aug 24 Activity Number: 5957





## Karate Tang Soo Do

Instructor: M. Mundy

A class the whole family can take together! These classes will introduce students of all ages to karate techniques, self defense/safety strategies, stretches and exercises. Ranking program available - Beginner through Black Belt. Grand Master Michael Olivero, President.

### Beginner

Ages: 7 years and up

Resident: \$40

N/R: \$50

Senior: Resident: \$36

N/R: \$45

6:00-7:30 pm

BW Gym Activity Area

T, Th May 7-Jun 20

Activity Number: 5962

T, Th Jun 25-Aug 29

Activity Number: 5963

### Intermediate

Ages: 7 years and up

Resident: \$40

N/R: \$50

Senior: Resident: \$36

N/R: \$45

6:30-8:00 pm

BW Gym Activity Area

T, Th May 7-Jun 20

Activity Number: 5964

T, Th Jun 25-Aug 29

Activity Number: 5965

### Advanced

Ages: 7 years and up

Resident: \$40

N/R: \$50

Senior: Resident: \$36

N/R: \$45

7:00-9:00 pm

BW Gym Activity Area

T, Th May 7-Jun 20

Activity Number: 5960

T, Th Jun 25-Aug 29

Activity Number: 5961

## Jewelry Jubilee

Instructor: KISS Earrings

What's a Jewelry Jubilee you ask? It blends a ladies' favorite things together: jewelry, music and time with friends. Each participant will create their own unique earrings (2 pair) and bracelets (2 each) out of glass and acrylic beads as they enjoy juice, coffee and snacks.

*Check out page 26 for details on the Adult version of this class.*

Ages: 8 - 88 years

Resident: \$42

N/R: \$52

10:00 am-12:00 pm

P/R - Room 111

Sa Jun 15

Activity Number: 6122

**16**

Questions? (248) 796-4620

## Adaptive Recreation

### Motor City Wheelz Wheelchair Basketball Team - Open Practice

Ages: High School age and younger

Learn the basics of basketball, shooting and ball-handling. The Motor City Wheelz will practice at Beech Woods Recreation Center during the summer months and invite anyone, 18 or younger, or attending High School, with a lower physical challenge to join in. For more information please contact Claudia at (248) 796-4673.

Ages: 18 years and younger

6:30-8:30 pm

BW BBall Courts

W

Jun 26, Jul 10, July 24, Aug 7, Aug 21



### Special Forces Adaptive Recreation Group

Southfield Special Forces offers programs, activities and trips for individuals with disabilities. Join in the fun at our bowling league at Hartfield Lanes in Berkley, or at one of our craft nights, dances, game nights, field trips or other fun activities. Programs that take place at Parks and Recreation are for individuals 16 years and older with a developmental disability. Our trips are open to individuals 18 years and older with a developmental disability. Please call (248) 796-4608 for more information or to be added to our monthly mailing list.

See page 33 for information on the Easterseals Miracle League of Michigan baseball leagues and volunteer opportunities.

[www.cityofsouthfield.com](http://www.cityofsouthfield.com)





## Special Interest

### Planetarium Spring Series

Instructor: C. Jones

Join us under the stars!! The Vollbrecht Planetarium projects the 7,000 night sky stars (along with the planets, Sun, Moon and Milky Way) that are visible to the unaided eye onto its 30 foot star dome. Planetarium shows are designed for novice star gazers as well as advanced amateur astronomers. Each show is unique, offering an interactive lecture, visual presentation, star show, handouts and a door prize. For further information on public and private shows, call the Planetarium at 248-746-4300 ext 8880 or check them out on line at [www.VollbrechtPlanetarium.com](http://www.VollbrechtPlanetarium.com).

Participants are asked to use the Planetarium entrance at the east end of Adler Elementary School.

#### Spring Series Fee:

**Resident: \$30**      **N/R: \$40**  
7:00-8:30 pm      Vollbrecht Planetarium  
- Inside Adler Elementary School  
W      May 8-Jun 26      Activity Number: 5932

*Pre-registration is required for all planetarium presentations.*



### Our 13 Planet Solar System in a Nutshell

**Resident: \$5**      **N/R: \$6**  
7:00-8:30 pm      Vollbrecht Planetarium  
W      May 8      Activity Number: 5933

### Earth in the Goldilocks Zone

**Resident: \$5**      **N/R: \$6**  
7:00-8:30 pm      Vollbrecht Planetarium  
W      May 15      Activity Number: 5934

### Our Sun, Moon Relationship

**Resident: \$5**      **N/R: \$6**  
7:00-8:30 pm      Vollbrecht Planetarium  
W      May 22      Activity Number: 5935

### Telescopes and Binoculars

**Resident: \$5**      **N/R: \$6**  
7:00-8:30 pm      Vollbrecht Planetarium  
W      May 29      Activity Number: 5936

### Exploring our Milky Way Galaxy

**Resident: \$5**      **N/R: \$6**  
7:00-8:30 pm      Vollbrecht Planetarium  
W      Jun 5      Activity Number: 5937

### Sky Tellers: Myths, Magic and Mysteries of the Universe

**Resident: \$5**      **N/R: \$6**  
7:00-8:30 pm      Vollbrecht Planetarium  
W      Jun 12      Activity Number: 5938

### The Rest of the Story (1): Andromeda Galaxy, Our Sister Galaxy

**Resident: \$5**      **N/R: \$6**  
7:00-8:30 pm      Vollbrecht Planetarium  
W      Jun 19      Activity Number: 5939

### The Rest of the Story (2): From Quarks to the Edge of the Universe

**Resident: \$5**      **N/R: \$6**  
7:00-8:30 pm      Vollbrecht Planetarium  
W      Jun 26      Activity Number: 5940

# Sports Arena Pool



**Join us on Saturday,  
June 15 for the return of  
The Big Splash!  
Opening Day Celebration  
from 12:30 - 6 pm**

## Open Swim Hours

Please call the Southfield Sports Arena office at (248) 796-4640 for more information on any programs below.

### Open Swim

M, T, W, F, Sa	12:30 - 6:00 pm
Th	12:30 - 5:00 pm
Su	12:30 - 3:30 pm

### Lap Swim

M-F	9:15 - 11:00 am
-----	-----------------

**Women's Only Swim** Th 6:00 - 7:00 pm

**Men's Only Swim** Th 7:15 - 8:15 pm

**Private Pool Rentals\*** Su 4:30 - 7:30 pm

\*see page 21 for details



## Open Swim Admission Rates

Every person on the lower pool deck needs to wear an admission band at all times.

	Resident*	Non-Resident
Child	\$4	\$5
Adult (18+)	\$5	\$6
<b>Kiddie Pool</b>		
Child	\$3	
Adult (accompanying child only)		Free

## 2019 Season Swim Passes

Swim Passes are available to Southfield residents or current Business Leisure Card holders. Each pass entitles holders to swim all summer at a discounted rate. Maximum of 5 people per Family Swim Pass.

*Replacement cost of lost pass is \$5 per card.*

### Family Swim Pass

**Resident: \$150      N/R: \$200**

### Individual Swim Pass

**Resident: \$50      N/R: \$70**

\*A Resident is considered anyone who lives in the City of Southfield – you MUST prove your residence to receive the Resident Rate. Driver's License, State of Michigan ID or Southfield Resident Leisure Cards will be accepted.





# Sports Arena Pool



## Water Exercise

The benefits are endless with this easy on your joints exercise class! This program is limited to 50 students per day. Participants must sign in the day of class on a first-come, first-served basis at the Sports Arena office. Registration begins 1 hour prior to the start of class. Each participant must be wearing a wristband to attend that day's class. Fees are subject to change.

Ages: 40 years and up

**\$0/Resident**

**\$0/Non-Resident**

**11:00 am-12:00 pm**

**Sports Arena Pool**

M, W Jun 17-Aug 21

**6:30-7:30 pm**

**Sports Arena Pool**

M, W Jun 17-Aug 21

**11:00 am-12:00 pm**

**Sports Arena Pool**

Sa Jun 22-Aug 24

## Swim Lessons - Parent-Tot

Introduce your child to the pool with you right there with them. Make learning to swim a fun activity you do together.

Children gain confidence in the water as they learn basic water skills.

Ages: 3 - 5 years old

**Resident: \$42**

**N/R: \$54**

**11:00-11:30 am**

**Sports Arena Pool**

Sa Jun 29-Aug 10

Activity Number: 6062

**7:15-7:45 pm**

**Sports Arena Pool**

M-W Jun 24-Jul 3

Activity Number: 6058

M-W Jul 15-Jul 24

Activity Number: 6059

M-W Jul 29-Aug 7

Activity Number: 6060

M-W Aug 12-Aug 21

Activity Number: 6061



## General Pool Information

- Pool is closed if it is too cold, below 70 degrees, or if hazardous conditions exist (lightning, thunder, rain, etc.).
- Children under the age of 13 years must be accompanied by a paid, responsible adult over the age of 18.
- Parents/guardians must actively watch smaller, inexperienced children in the water.
- Swimmers must pass a swim test and receive a special wristband to use the water slide, diving board or climbing wall.
- All patrons on the lower deck must wear a paid admission band.
- All swimmers must wear a bathing suit. No athletic shorts, t-shirts or underwear.
- No street shoes on the pool deck except by authorized personnel.
- Health Department requires swim diapers ONLY (no cloth diapers or disposables).
- Only Coast Guard-approved life jackets or floaties. Only a limited number of inflatable (small) beach balls allowed.
- No running, horse play or fighting allowed.

Questions? (248) 796-4620

[www.Facebook.com/SouthfieldParksandRecreation](http://www.Facebook.com/SouthfieldParksandRecreation)

# Sports Arena Pool



## Swim Lessons

Swimming is a great exercise and can also be a calming and relaxing family activity. Help your child to become confident and comfortable in the water so that they stay safe. Our learn to swim classes allow flexibility in scheduling by offering 4 available times during the day. Just pick a time that is convenient, no need to worry about which level they need to be at. When you arrive on the first day, students will be evaluated by the staff and placed with the appropriate instructor for their level of swim ability. Each time slot is limited to 30 students maximum to allow instructors the ability to work with students easily and effectively.



**Ages: 3 - 5 years old**

**Resident: \$42**

**N/R: \$54**

### 10:00-10:30 am

Sa Jun 29-Aug 10

### Sports Arena Pool

Activity Number: 6056

M-W Jun 24-Jul 3

Activity Number: 6040

M-W Jul 15-Jul 24

Activity Number: 6044

M-W Jul 29-Aug 7

Activity Number: 6048

M-W Aug 12-Aug 21

Activity Number: 6052

### 11:00-11:30 am

Sa Jun 29-Aug 10

### Sports Arena Pool

Activity Number: 6057

M-W Jun 24-Jul 3

Activity Number: 6041

M-W Jul 15-Jul 24

Activity Number: 6045

M-W Jul 29-Aug 7

Activity Number: 6049

M-W Aug 12-Aug 21

Activity Number: 6053

### 6:15-6:45 pm

M-W Jun 24-Jul 3

### Sports Arena Pool

Activity Number: 6042

M-W Jul 15-Jul 24

Activity Number: 6046

M-W Jul 29-Aug 7

Activity Number: 6050

M-W Aug 12-Aug 21

Activity Number: 6054

### 7:15-7:45 pm

M-W Jun 24-Jul 3

### Sports Arena Pool

Activity Number: 6043

M-W Jul 15-Jul 24

Activity Number: 6047

M-W Jul 29-Aug 7

Activity Number: 6051

M-W Aug 12-Aug 21

Activity Number: 6055

### Ages: 6 years and up

**Resident: \$48**

**N/R: \$58**

### 10:00-10:40 am

Sa Jun 29-Aug 10

### Sports Arena Pool

Activity Number: 6079

M-W Jun 24-Jul 3

Activity Number: 6063

M-W Jul 15-Jul 24

Activity Number: 6067

M-W Jul 29-Aug 7

Activity Number: 6071

M-W Aug 12-Aug 21

Activity Number: 6075

### 11:00-11:40 am

Sa Jun 29-Aug 10

### Sports Arena Pool

Activity Number: 6080

M-W Jun 24-Jul 3

Activity Number: 6064

M-W Jul 15-Jul 24

Activity Number: 6068

M-W Jul 29-Aug 7

Activity Number: 6072

M-W Aug 12-Aug 21

Activity Number: 6076

### 6:15-6:55 pm

M-W Jun 24-Jul 3

### Sports Arena Pool

Activity Number: 6065

M-W Jul 15-Jul 24

Activity Number: 6069

M-W Jul 29-Aug 7

Activity Number: 6073

M-W Aug 12-Aug 21

Activity Number: 6077

### 7:15-7:55 pm

M-W Jun 24-Jul 3

### Sports Arena Pool

Activity Number: 6066

M-W Jul 15-Jul 24

Activity Number: 6070

M-W Jul 29-Aug 7

Activity Number: 6074

M-W Aug 12-Aug 21

Activity Number: 6078



# Sports Arena Pool

## Pool Party Packages

Are you looking to have a memorable party this summer? The Sports Arena pool offers two types of swim party options. Please call (248) 796-4640 for more information or to make your reservation.

### Open Swim Party

Want to have a small party during our Open Swim hours? This option is limited to a maximum of 40 people. An area with up to 4 picnic tables and 1 food table will be reserved for your party. Party area must be cleaned ½-hour before the end of Open Swim.

Party Fee      \$20

Discounted Party Admission Fees:

Resident: \$3/person      N/R: \$4/person

Admission fees apply to all persons entering the pool deck (swimmer or non-swimmer).

Groups must reserve and pay \$20 Party Fee at least one week in advance. Individual admissions for your guests may be paid the day of your party but must be purchased in one transaction in order to receive the discounted rate.

### **Please note: Open Swim Policy -**

Every child age 13 years or younger must be supervised by a paid adult on the pool deck.

### Private Pool Rentals

Private pool rentals are available for groups of up to 150 people who will have exclusive use of the pool and patio. There are 12 picnic style tables on the pool patio for your use and two to four, 6-foot tables available for food set up. These parties are available Sundays from 4:30-7:30 pm and must be reserved and paid for at least 2 weeks in advance.

1-99 people      \$200/hour

100-150 people      \$250/hour

Rental time includes your set up and clean up.

*In case of inclement weather, indoor space is available for up to 150 people.*



# Special Events



35<sup>th</sup> annual

## FISHING DERBY

Saturday, May 4 8:00 am - 12:00 pm



Join us for a relaxing morning of fishing on the lake. Open to all ages, this is a great introduction to fishing for the whole family. No one needs a Fishing License to participate and you can come and go as you please.

### Carpenter Lake Nature Preserve

Ten Mile Road, east of Inkster

---

## Tennis Free For All

GRIP SERVE VOLLEY  
BACKHAND FOOTWORK

Saturday, May 4  
10 - 11:30 am

If you have no idea what we are referring to then you need to join us at the Tennis Free For All and try out the game for free!



Civic Center Park  
tennis courts



# Special Events

## Senior Vendor Fair

Representatives will be on hand from city departments, home health care services, insurance providers, senior housing facilities and more!



**Free Admission**

**Tuesday, May 21 10 am- 12 pm**

**Southfield Pavilion, 26000 Evergreen**

Call the Southfield Adult Recreation Center 50+ (248) 796-4650 for more information.

### Come Out and Play

Southfield Parks and Recreation  
26000 Evergreen Road, Southfield, MI 48076



Wednesday, June 19, 2019 3-7 p.m.

### FREE EVENT



**Water Inflatables**  
*(bring a swimsuit or change of clothes)*

**Retro Games**

**Climbing Tower**  
*(shoes required)*

**Non-water inflatables**  
*(socks required)*

**Popcorn Treat**  
*(one per person, while supplies last)*

**Zip Line**  
*Children must be at least 45 pounds and 42 inches tall. Waiver form is provided and must be signed by parent or guardian. Participants must wear closed-toe shoes.*

**OAKLAND COUNTY PARKS**  
*Great Parks for Great People*  
OaklandCountyParks.com



Be on the lookout for programs celebrating **July is Parks & Recreation Month**

Questions? (248) 796-4620

[www.Facebook.com/SouthfieldParksandRecreation](http://www.Facebook.com/SouthfieldParksandRecreation)

# Special Events



## FAMILY FUN & SAFETY NIGHT

Wednesday, June 26  
5:00-9:00\* pm



Southfield Municipal Complex Front Lawn, 26000 Evergreen Road

*\*Movie Under the Stars*

*Jumanji: Welcome to the Jungle*

(rated PG-13) Starts at 7:30 pm  
Bring your chairs



Live Music • Kids Activities • Giveaways • Movies Under The Stars!



**FREE!**

**Park it**  
Family Fun Nights

**Monday, July 15 • Burgh Historical Park**

26080 Berg Road, Southfield • Corner of Berg Road and Civic Center

**Event Starts: 6:00pm**

**Live Music: 6:30pm Momford & Sons**

**Movie: 8:20pm Incredibles 2**

Community Sponsors

**metro**  
by T-Mobile

**FARM BUREAU**  
**INSURANCE**  
*Michigan's Insurance Company*

[parkit4fun.com](http://parkit4fun.com)







# Summer Concerts



## Gazebo Concerts at the Burgh

Bring your lawn chairs, a picnic dinner and join us for an evening of great music in a beautiful setting. Admission is free and so is parking!

- Tue, July 9      *Serieux***
- Tue, July 16   *Straight Ahead***
- Tue, July 23    *Angela Davis***
- Tue, July 30    *Paddlebots***
- Tue, Aug 6      *Alise King***

**Tue, August 13**  
***313 Live Experience***

**Tue, August 20**  
***Groove Council***

**7 - 8:30 pm**

**Burgh Historical Park,**

northeast corner of Civic Center Drive and Berg Road

*New this year!!*



will be there with games and fun for the kids!

- Fri, June 21      *L'USA***
- Fri, June 28      *Phase V***
- Fri, July 5        *Sun Messengers***
- Fri, July 12      *The Rhythm Kings***

Food trucks on site beginning at 6 pm



Don't forget your lawn chairs or blankets!



will be there with games and fun for the kids!

**7 - 9 pm**

**Southfield Municipal Complex  
Front Lawn**



**Thur, June 13**



**Thur, July 11**



**Thur, August 8**



**Thur, September 12**

*Musical lineup will be announced soon on  
Facebook @southfieldcitycentre*

**11:30 am - 2 pm**



Food trucks • Live Bands • And More!

Located at Civic Center Drive and Central Park Boulevard.

Open and free to the public.

*All musical acts listed are subject to change.*

Questions? (248) 796-4620

[www.Facebook.com/SouthfieldParksandRecreation](http://www.Facebook.com/SouthfieldParksandRecreation)

# Adult



## Dance/Music/Art

### Adult Beginner Ballet

Instructor: J. Clayton-Reid

A great class to tone, strengthen and stretch your body! Students will learn the basic barre exercises, positions and steps. Dress code consists of pink tights and ballet shoes with a black leotard and short black chiffon skirt and all long hair up.

Ages: 16 years and up

**Resident: \$50**      **N/R: \$60**

**Senior: Resident: \$45**      **N/R: \$54**

4:45-5:45 pm      AAB - Dance Room

M      Jun 17-Jul 15      Activity Number: 6038

M      Jul 22-Aug 19      Activity Number: 6039

### Ceramics

Instructor: Kathryn Robichaud

Create decorative clay forms through hand-building projects using slab and coil techniques. Learn several decorative techniques and develop an understanding of the firing process.

*\$40 Materials Fee payable to instructor in class.*

Ages 16 years and up

**Resident: \$150**      **N/R: \$170**

**Senior: Resident: \$135**      **N/R: \$153**

7:00-10:00 pm      Burgh Park - Art Center

W      May 1-Jul 10      Activity Number: 6092

### Jewelry Jubilee

Instructor: KISS Earrings

Who's ready for a Girl's Night Out? Join us for a Jewelry Jubilee and make beautiful unique jewelry for yourself or for a gift while you enjoy time with your friends. We will supply the wine, cheese and crackers. *Check out page 16 for details on the kid-friendly version of this class.*

Ages: 21 years and up

**Resident: \$42**      **N/R: \$52**

F      May 31      Activity Number: 6123

F      Aug 16      Activity Number: 6124

**26**

**Questions? (248) 796-4620**

## Athletics/Sports

### Adult Sand Volleyball - Co-Rec

Games are played on Monday nights and are self-officiated. Teams are made up evenly of males and females (or more females). Team fee includes a 10-match (played as doubleheaders) regular season, court time and playoffs with awards. Top 4 teams qualify for playoffs. Matches will be a best of 3 game format.

*Registration for this program taken at the Beech Woods Recreation Center only.*

**Spring/Summer League** Ages: 18 years and up

**Team Fee: \$150**

6:30-9:00 pm      CC Park - Sand Vball Courts

M      May 6-Aug 5      Activity Number: 5835

### Fall League

Ages: 18 years and up

**Team Fee: \$150**

6:15-8:00 pm      CC Park - Sand Vball Court 3

M      Aug 12-Sep 30      Activity Number: 5836



### Adult Softball - Fall League

Weeknight games will mostly be doubleheaders with some single games. Team fee includes 10-game season, balls and awards. Umpires paid \$15/game. Call 248-796-4670 or email [criley@cityofsouthfield.com](mailto:criley@cityofsouthfield.com) for more information.

*Registration for this program taken at the Beech Woods Recreation Center only.*

Ages: 18 years and up

**Team Fee: \$450**

6:20-8:20 pm      Inglebrook & CC Parks

M      Aug 19-Oct 7      Activity Number: 5837

[www.cityofsouthfield.com](http://www.cityofsouthfield.com)



## Adult Open Gym

Participants must pre-register (current, state-issued picture ID required) to participate. *Adult Open Gym is limited to 20 participants per court.*

**Spring Open Gym**    Ages: 18 years and up  
**Resident: \$4**                      **N/R: \$6**  
12:30-3:00 pm                      BW BBall Courts 1-3  
M-F    Apr 15 - May 31

**Summer Open Gym**    Ages: 18 years and up  
**Resident: \$4**                      **N/R: \$6**  
12:30-3:00 pm                      BW BBall Court 1  
W, F    Jun 3 - Aug 30

## Fitness

### Barre Toning

Instructor: Fitness RX

Are you ready to trim, tighten and tone your entire body? Would you like to add a little definition to your glutes and legs? Then this workout is for you! By using small, controlled movements, isometric holds and high repetition, you can develop a strong, long and lean physique in record time. The barre workout is also great for toning your upper body and core. Please bring a mat and light hand weights to class.

Ages: 18 years and up  
**Resident: \$89**                      **N/R: \$104**  
**Senior: Resident: \$80.10**    **N/R: \$93.60**  
7:00-8:00 pm                      P/R - Room 223  
Th    May 2-Jun 20                      Activity Number: 5971  
Th    Jul 11-Aug 29                      Activity Number: 5972



## Enhance Fitness

*Presented by the National Kidney Foundation of Michigan and the City of Southfield*

Enhance Fitness is an evidence-based exercise program geared toward older adults (all adults welcome) at all levels of fitness to become more active, energized and empowered to sustain independent lives. Enhance Fitness focuses on stretching, flexibility, balance, low impact aerobics and strength training exercises—everything health professionals say we need to maintain health and function as we grow older.  
Lead by a certified fitness instructor.

Please check in at the front desk at Beech Woods Recreation Center before each class.

**Resident: Free**                      **N/R: \$1/day**  
9:00-10:00 am                      BW Gym Activity Area  
M, Tu, Th                      Apr 29-May 30

**Resident: Free**                      **N/R: \$1/day**  
6:00-7:00 pm                      BW Multipurpose Room  
Tu, Th                      Apr 30-Aug 29

## WOW - Women On Weights

Instructor: Fitness RX

This class is designed to help women transform their bodies through the latest innovations in strength training. The goals of WOW are to help women improve posture, strength, lean mass (muscle), lose body fat and make the biggest transformation their body has ever seen! Please bring a set of light hand weights and a mat to class.

Ages: 18 years and up  
**Resident: \$89**                      **N/R: \$104**  
**Senior: Resident: \$80.10**    **N/R: \$95.10**  
4:30-5:30 pm                      P/R - Room 115  
T    May 7-Jun 25                      Activity Number: 5973  
T    Jul 9-Aug 27                      Activity Number: 5974

# Adult



## Fat-2-Lean - Aerobics w/Palette

Instructor: P. Latimer

The original dance aerobic program offering a blend of cardio, muscle toning and floor exercises. There's 30 minutes of cardio work and 30 minutes devoted to toning abdominals, abductors/adductors and gluteus. Please bring your own hand weights (3-5 lbs.), a towel/mat and water to first class.

Ages: 18 years and up

**Resident: \$63      N/R: \$73**

**Senior: Resident: \$56.70      N/R: \$65.70**

6:30-7:30 pm      P/R - Room 115

T      Apr 30-Jun 4      Activity Number: 5728

**Resident: \$52.50      N/R: \$62.50**

**Senior: Resident: \$47.25      N/R: \$56.25**

6:30-7:30 pm      P/R - Room 115

T      Jun 18-Jul 16      Activity Number: 5729

T      Jul 30-Aug 27      Activity Number: 5736

## Fat-2-Lean - Step Aerobics

Instructor: P. Latimer

This workout is designed to give you an outstanding cardio challenge then move onto muscle toning for your abs, glutes and legs. Step aerobics provide an extra boost by incorporating the action of stepping onto a platform which helps intensifies your workout. Please bring a floor mat and water with you to class.

Ages: 18 years and up

**Resident: \$63      N/R: \$73**

**Senior: Resident: \$56.70      N/R: \$65.70**

6:30-7:30 pm      P/R - Room 115

W      May 1-Jun 5      Activity Number: 5730

**Resident: \$52.50      N/R: \$62.50**

**Senior: Resident: \$47.25      N/R: \$56.25**

6:30-7:30 pm      P/R - Room 115

W      Jun 19-Jul 17      Activity Number: 5731

W      Jul 31-Aug 28      Activity Number: 5738

**28**

Questions? (248) 796-4620



## Fat-2-Lean - Teaches Zumba

Instructor: P. Latimer

Come join a class where there's always a party! You don't have to know how to dance, just move and groove your body to the beat of Latin, Hip Hop and Reggae music. It's easy! It's a lot of fun. It's the only class I know that you don't feel as if you have actually been working out. It's the best thing going to help get into shape.

Ages: 18 years and up

**Resident: \$63      N/R: \$73**

**Senior: Resident: \$56.70      N/R: \$65.70**

6:30-7:30 pm      P/R - Room 115

M      Apr 29-Jun 10      Activity Number: 5733

6:30-7:30 pm      P/R - Room 115

Th      May 2-Jun 6      Activity Number: 5740

**Resident: \$52.50      N/R: \$62.50**

**Senior: Resident: \$47.25      N/R: \$56.25**

6:30-7:30 pm      P/R - Room 115

M      Jun 17-Jul 15      Activity Number: 5734

M      Jul 29-Aug 26      Activity Number: 5735

6:30-7:30 pm      P/R - Room 115

Th      Jun 20-Jul 25      Activity Number: 5741

Th      Aug 1-Aug 29      Activity Number: 5742

[www.cityofsouthfield.com](http://www.cityofsouthfield.com)



## Stretch and Tone with a Touch of Pilates

Instructor: C. Baugh  
Strengthen and stretch each muscle group in your body from head to toe. Learn proper form when weight training to get the most out of your workouts. Pilates helps to increase strength in the abdominal muscles and back, as well as improve posture and balance. If you are a Wellness Center member, this program is included in your one-year membership.

Ages: 16 years and up  
Resident: \$45      N/R: \$60  
Senior: Resident: \$40.50      N/R: \$54  
5:00-6:00 pm      BW Multipurpose Room  
W      May 1-Jun 5      Activity Number: 5926  
W      Jun 12-Jul 17      Activity Number: 5927  
W      Jul 24-Aug 28      Activity Number: 5928

## Yoga for the Back

Instructor: C. Baugh  
A contemporary approach to classic yoga, targeting strength training and stretching of the back and abdomen. Poses are introduced step-by-step, in a seated or lying down position and emphasize the quality of movement, proper breathing, flexibility and deep relaxation.

Ages: 16 years and up  
Resident: \$60      N/R: \$75  
Senior: Resident: \$54      N/R: \$67.50  
4:00-5:00 pm      BW Multipurpose Room  
W      May 1-Jun 5      Activity Number: 5929  
W      Jun 12-Jul 17      Activity Number: 5930  
W      Jul 24-Aug 28      Activity Number: 5931

*Musical lineup will be announced soon on Facebook @SouthfieldParksandRecreation*



# Saturday, July 20 1 - 9 pm

*This free day-long event will feature great music, local artist displays and local food vendors.*

**Southfield Municipal Complex  
front lawn,  
26000 Evergreen Road**



Brought to you by the cities of Southfield, Oak Park and Oakland County Parks and Recreation

Questions? (248) 796-4620      [www.Facebook.com/SouthfieldParksandRecreation](http://www.Facebook.com/SouthfieldParksandRecreation) **29**



## Evergreen Hills Golf Course

26000 Evergreen Road (248) 796-4666

Open for Play:

Mon-Fri.	7:00 AM-Dusk
Sat-Sun	7:00 AM-Dusk



Located adjacent to the Southfield Municipal Complex, the Evergreen Hills Golf Course is a 2,904 yard, par 34 course with beautifully landscaped greens.

## Golf Association of Michigan Memberships

The *Golf Association of Michigan* is the governing body for amateur golf in the state. Benefits of membership include GAM/USGA Handicap Index, discounts at 200+ Michigan courses, GAM events and tournaments plus more. Members that join through Evergreen Hills Golf Course will receive \$1 off all regular rates and \$1 off/bucket of balls at the Beech Woods Driving Range in addition to all the other GAM benefits.

Go to [www.gam.org](http://www.gam.org) for more information or to join. Be sure to use Evergreen Hills Golf Course in Southfield when joining!

**Adult Membership** Ages: 18 years and up \$39

### Youth on Course (Junior GAM Membership)

All members play a round for only \$5! There are 100 courses in Michigan that participate.

Ages: 6 - 18 years \$5

## 2019 Golf Fees

Proof of residency (Business Leisure Card, Driver's License, etc.) is required to receive Resident rates.

Rates listed are for 9 holes.

M-F	Resident: \$13	N/R: \$15
	Senior*: Resident: \$8	N/R: \$10

Sa & Su	Resident: \$14	N/R: \$16
	Senior*: Resident: \$8	N/R: \$10

Holidays	Resident: \$14	N/R: \$16
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Youth\*\* (Ages: 17 years and under)

M-Su	Resident: \$10	N/R: \$12
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*\*Senior Rate for ages 55 and older.*

*Monday-Friday, must be off the tee by 3 pm, Saturday and Sunday after 12 pm. Except holidays.*

*\*\*\$5 with Youth on Course membership through Golf Association of Michigan.*

## Rentals

Fees are per-person for 9 holes of play.

Power Carts	\$8
Power Carts Senior Rate	\$6
Handicap Power Cart	\$6
Pull Carts	\$2.50



## Beech Woods Driving Range

Range Rates are in effect May 1–October 31.

Bucket Size	Small	Medium	Large
Regular	\$5	\$8	\$10
Senior & Youth	\$4	\$7	\$9



# Golf Lessons

## Golf Lessons

Instructor: T. Ryan, PGA Pro

Whether you are good at golf or you need a little help, our golf lessons can improve your game. Please register at the Parks & Recreation Information Desk or at the Beech Woods Recreation Center, **not the golf course.**

The price of range balls (\$6 per bucket) is not included in the registration fee.

Resident: \$50      N/R: \$65

Senior: Resident: \$45      N/R: \$58.50

**Beginner**      Ages: 16 years and up  
Introduction to the game from how to address the ball and how to hold the club to aiming, swinging and putting.

**11:00-11:50 am**  
M      May 6-Jun 10  
M      Jun 17-Jul 15  
M      Jul 22-Aug 19

**BW Driving Range**  
Activity Number: 6106  
Activity Number: 5841  
Activity Number: 5846

**7:00-7:50 pm**  
T      May 7-Jun 4  
T      Jun 11-Jul 9  
T      Jul 16-Aug 13

**BW Driving Range**  
Activity Number: 5844  
Activity Number: 6111  
Activity Number: 5847

**6:00-6:50 pm**  
W      May 1-May 29  
W      Jun 5-Jul 3  
W      Jul 10-Aug 7

**BW Driving Range**  
Activity Number: 6108  
Activity Number: 5842  
Activity Number: 5845

**7:00-7:50 pm**  
Th      May 2-May 30  
Th      Jun 6-Jul 11

**BW Driving Range**  
Activity Number: 6110  
Activity Number: 5843

**Intermediate**      Ages: 16 years and up  
You have the basics down but now you need a little help perfecting them. This program covers a fundamentals review, chipping and pitching along with full swing concentration.

**11:00-11:50 am**  
T      May 7-Jun 4  
T      Jun 11-Jul 16

**BW Driving Range**  
Activity Number: 6107  
Activity Number: 5849

**7:00-7:50 pm**  
W      May 1-May 29  
W      Jun 5-Jul 3  
W      Jul 10-Aug 7

**BW Driving Range**  
Activity Number: 6113  
Activity Number: 6112  
Activity Number: 5850

**6:00-6:50 pm**  
Th      May 2-May 30  
Th      Jun 6-Jul 11

**BW Driving Range**  
Activity Number: 5848  
Activity Number: 5851



# Golf Clinics



## Youth Beginner Golf Clinic

This clinic will introduce your child to the game of golf in a fun environment. They will be taught how to hold and swing a club, as well as the rules and etiquette of the game.



Ages: 5 - 17 years old

Resident: \$40

N/R: \$50

12:00-1:00 pm

BW Driving Range

Sa May 11-Jun 8

Activity Number: 6114

## Adult Golf Camp

Are you ready to work on your game before the season gets away from you again? This "camp" offers classes on Friday evening (5:00-7:30 pm) and Saturday morning (9:00-11:00 am) and the chance to put what you have learned to the test with a round at Evergreen Hills on Sunday (8:30-11:00 am). For more details please contact the Beech Woods Driving Range at (248) 796-4655.

Ages: 50 years and up

Resident: \$120

N/R: \$140

Times Vary by Day

BW Driving Range

F-Su May 17-May 19

## Senior Golf League (Ages 50+)

Join our Senior Golf League to have fun while playing golf with friends and others who enjoy the game. Foursomes and singles welcome.

The *Senior Golf League Informational Meeting* will take place on Tuesday, April 30 at Beech Woods Recreation Center at 10:00 am. For more information please call Claudia at (248) 796-4673.

Ages: 50 years and up

Resident: \$125

N/R: \$170

7:10-10:30 am

T May 14-Aug 20

Activity Number: 5671

## Tips with the Pro

Come out to Beech Woods Driving Range and have the chance to get some FREE advice from Terri Ryan our PGA teaching pro. Terri will take a look at your swing and give you any pointers she thinks may help your game.

Free

10:00-11:00 am

BW Driving Range

Sa

May 4-May 25



## Free Lunchtime Clinics

Spend your lunch hour doing something you like! Bring your lunch to the Evergreen Golf Course and spend time learning tips and tricks to improve your game from Terri Ryan our PGA teaching pro. Join in the enter-to-win contest for a chance at some fun prizes!

Free

12:00-1:00 pm

Evergreen Hills GC

W

Jun 5-Jun 26







# Get Involved

## The Miracle League of Michigan

*“Every Child Deserves The Chance to Play Baseball”*  
The City of Southfield is home to Michigan’s FIRST baseball field for children with any physical or cognitive disability, offering the true Major League experience. *Easterseals Miracle League of Michigan* teams play on a custom-designed, synthetic turf field that accommodates wheelchairs and other assistive devices while helping to prevent injuries.

### Original Non-Competitive League – Ages 4 and up

Every player fields/hits and gets on base every inning and there are no outs. “Able-bodied” Buddies or family members are partnered with each player to assist and protect them during games.

### Competitive League - Ages 10 and up

This Competitive League is for players who have the ability to make plays and hit the ball WITHOUT assistance. If a player has not played in this league before, they must be evaluated in person for safety reasons.

### Volunteer to be a Buddy

One of the most important parts of the *Easterseals Miracle League* is the “buddy” system – pairing each player with an able bodied friend to assist them on and off the field during the game. Individuals must be 12 years or older to be a “buddy”. Go to [www.michiganmiracle.org/volunteer](http://www.michiganmiracle.org/volunteer) for more information.

## Commission on Senior Adults (COSA)

The Commission on Senior Adults (COSA) is always looking for new members! They meet on the 3<sup>rd</sup> Thursday of each month at 4:00 pm in the Parks & Recreation Building. They are currently working on the process of receiving designation by the World Health Organization and AARP as an Age-Friendly Community. If you would like to be a part of this work or join COSA, please contact Rhonda Terry in the Human Services Department at (248) 796-4542 for all the details.

## The Photo Guild

The Photo Guild are an informal group of friendly metro Detroit photography enthusiasts who meet weekly to teach, learn and grow. They are one of the oldest camera clubs in the United States dating back to the early 1930s. Their membership includes all ages, skill levels and areas of interest.

Examples of their work are on display in the Parks & Recreation Building lobby. Check it out the next time you are in to register for a class or attend an event. Stop by one of their weekly meetings in the 1854 Church at the Burgh Historical Park on Monday evenings beginning at 7:00 pm to learn more about the group. For more information about the Photo Guild visit their web site at [www.thephotoguild.org](http://www.thephotoguild.org).



## Southfield Historical Society

The Southfield Historical Society takes pride in preserving the past for the future generations. Founded in 1965, the volunteers at the Historical Society operate two museums; the Town Hall located at the Burgh Historical Park and the Mary Thompson House and Farm on Evergreen Road, just south of the Municipal Complex.

You can check out the Town Hall Museum exhibits during all Gazebo Concerts throughout July and August. Admission is free and donations are welcome to help support Historical Society projects. If you are interested in membership check out one of their monthly meetings on the 1<sup>st</sup> Wednesday of the month (except July and August) at 4:00 pm in the Mary Thompson House. You can find more information on-line at [www.southfieldhistoricalsociety.wordpress.com](http://www.southfieldhistoricalsociety.wordpress.com) or on Facebook@HistoricSouthfield.

# Senior (50+)



## Fitness

### Tai Chi with Jeff Sotzen

Instructor: J. Sotzen

Learn the slow, gentle movements of the Tai Chi form that has been practiced for hundreds of years to nourish and strengthen the whole body, mind and spirit.

**Beginning** Ages: 16 years and up

**Resident: \$23 N/R: \$33**

**Senior: Resident: \$20.70 N/R: \$29.70**

9:30-10:30 am BW Multipurpose Rm

Th May 2-Jun 6 Activity Number: 5921

Th Jun 27-Aug 8 Activity Number: 5922

**Tai Chi Form** Ages: 16 years and up

This class is a continuing Tai Chi class for those who know and understand the basics. Focus is on the Tai Chi Forms.

**Resident: \$23 N/Resident: \$33**

**Senior: Resident: \$20.70 N/R: \$29.70**

10:30-11:30 am BW Multipurpose Rm

Th May 2-Jun 6 Activity Number: 5923

Th Jun 27-Aug 8 Activity Number: 5924

### Moderate Yoga

Instructor: C. Bond

Release STRESS!!! Come and unwind with a moderate yoga class. We use basic Hatha Yoga techniques. Bring your mat, we begin class in a chair and end class on your mat.

Ages: 50 years and up

**Resident: \$55 N/R: \$65**

11:30 am-12:30 pm P/R - Room 115

M Jun 3-Jul 8 Activity Number: 5967

M Jul 15-Aug 19 Activity Number: 5968

### Zumba Gold Plus Toning

Instructor: Fitness RX

Dance your way to vibrant health. Put on your aerobic shoes, bring a bottle of water and join us! Zumba Gold is the beginner's level of aerobic dance which breaks down the intricate step work of Zumba Basic. It's perfect for anyone just starting out in Zumba fitness!! Stretches will be performed at the end of class.

Ages: 45 years and up

**Resident: \$89 N/R: \$104**

**Senior: Resident: \$80.10 N/R: \$93.60**

6:00-7:00 pm P/R - Lower Level Dance Room

Th May 2-Jun 20 Activity Number: 5969

Th Jul 11-Aug 29 Activity Number: 5970



## Spring Tea

**\$10 per person**

**Tuesday, May 7 12 - 2 pm**

**Burgh Historical Park Church**

Put on your best spring hat and join us for tea sandwiches, cakes and tea. Ed Blondin from Hortulus Gardens will present *Tea: Steeped in History*.



**Must be registered in advance.**

Call (248-796-4650) or come into the Adult Recreation Center 50+ (26000 Evergreen Road, inside the Parks & Recreation Building) to register.

**Questions? (248) 796-4620**

**[www.cityofsouthfield.com](http://www.cityofsouthfield.com)**





# Senior (50+)

## Come Play with Us

Flyers with details on the programs listed below can be found at the Adult Recreation Center 50+ and on line at [www.cityofsouthfield.com](http://www.cityofsouthfield.com). Or you can call the Southfield Adult Recreation Center 50+ at (248) 796-4650 for more information.

## Learn to Play Mahjong

Want to learn something new? Join us as we learn to play Mahjong, a tile-based game similar to Gin Rummy that is usually played in groups of four.

**\$10/5 weeks**

1:00-3:00 pm P/R Bldg  
Th May 2-May 30

## Bingo

We like playing Bingo. We REALLY like winning. If this sounds like you, come join us for Bingo twice a month. Cash payout is determined day of play. Bring something to drink and a snack, coffee available for purchase. Our Bingo program is staffed by volunteers and is intended for fun.

**\$0.25/card**

10:00-11:30 am P/R Bldg.  
2<sup>nd</sup> & 4<sup>th</sup> Tuesday of the month



## 50+ Drop-In Game Days

Who's ready to play? We'll supply the board games, cards and other fun activities all you have to do is show up ready to play. It's like all the fun of indoor recess without having to go to math class after.

**\$0.50/day**

12:00-2:00 pm P/R Bldg.  
F April 26, May 24, June 28 & July 26

## Senior Gardens at the Mary Thompson Farm

The Southfield Senior Garden program is available to Southfield residents who are 50 years of age or older. Along with the benefits of fresh vegetables and produce, the garden is intended to be a place of outdoor enjoyment, socialization, fun, tranquility and exercise.



Anyone interested in applying for a garden plot (\$45 annual fee) must fill out a Garden Plot Application and submit it to the Adult Recreation Center 50+. The City of Southfield provides the land, water, facility and administrative support of the Senior Gardens. Please call the Adult Recreation Center 50+ at (248) 796-4650 to see if there are still plots available this summer.

## Walk in the Parks

Spring is here! It's time to get out and explore our great Southfield parks with a weekly morning stroll with friends. We begin each walk with a series of stretches led by a physical therapist from Surgeon's Choice Medical Center to help get everyone ready and warmed up for the walk.

- May 7 *Burgh Historical Park/Southfield Cemetery*
- May 14 *Southfield Reformed Presbyterian Church/Mary Thompson House & Farm*
- May 21 *Art Walk/Civic Center Park*
- May 28 *Red Pole Park*

Participants must register by calling the Adult Recreation Center 50+ at (248) 796-4650 by 4:00 pm the Monday prior to each walk.

# Resources



## Detroit Zoo Discount Tickets

Did you know that one of the many perks of being a Southfield resident is that you can buy discount tickets to the Detroit Zoo on line? Southfield Parks & Recreation Department is pleased to be a part of the Detroit Zoo Tickets & More Discount On line Program through mParks. Residents can even purchase an annual family membership, food voucher or pay for parking on line as well.

Go to <https://tickets.detroitzoo.org>  
Once there enter our exclusive Ticket Store  
User Name: **Southfield parks and recreation**  
Tickets are available on line year round.

We hope you and your family enjoy the Detroit Zoo this season! If you have any questions concerning the Detroit Zoo ticket program please call us at (248) 796-4620.

## Cedar Point Discount Tickets

Southfield residents looking to head to Cedar Point this summer for some amusement park fun can buy discounted admission tickets and other packages on-line! We are pleased to offer this option thanks to membership with mParks-Michigan Recreation and Park Association.

This program offers great savings! Plus you can also purchase parking, Fast Lane, meal packages and more!

1. Go to [www.cedarpoint.com/affiliate](http://www.cedarpoint.com/affiliate)
2. Sign in as follows:  
User Name: SOUTHFIELDPR  
Password: spr  
*\*User Name must be all caps. Password must be all lower case.*
3. Select tickets and “add to cart”
4. Check out and pay! Yes. It is that easy!

# Beech Woods Wellness Center



## Membership includes:

- Equipment orientation
- Use of all equipment:
  - Treadmill
  - Elliptical
  - Stair climber
  - 12 Circuit Training Machines
  - Upright Stationary Bike
  - Recumbent Bike
  - Concept 2 Rowing Machine
  - Dumbbells
- Indoor lap walking in Beech Woods Recreation Center gym (Mon-Fri, 7 - 9 am).
- Free Stretch & Tone class, with one-year membership

For details on membership, stop by the Beech Woods Wellness Center or call (248) 796-4676 or (248) 796-4670.



# Resources

## Facility Rentals

P&R facilities can be rented for business meetings, private functions and recreational opportunities. For more information about fees, lease arrangements and facility capacities, please call the appropriate number below.

### Small Group Arrangements/Reservations

Burgh Historical Park Gazebo & Church..... (248) 796-4644



*Outdoor weddings or parties for up to 200 people.  
Indoor small parties for up to 72 people.*

### Large & Small Group Arrangements

Parks & Recreation Building..... (248) 796-4620  
Southfield Pavilion (Indoor)..... (248) 796-4620

### Picnic Shelter Rentals..... (248) 796-4620



*Civic Center Park Shelter 1  
100 people max.  
Civic Center Parks Shelter 2  
50 people max.  
Beech Woods Park Shelter  
65 People max.  
Pebble Creek Park Shelter 150  
people max.*

### Athletic Fields & Courts..... (248) 796-4670 *(Soccer, Baseball, Sand Volleyball & Tennis)*

### Beech Woods Recreation Center ..... (248) 796-4670 *(Indoor Basketball, Volleyball)*



### Southfield Sports Arena ..... (248) 796-4640 *See page 21 for details on renting the outdoor pool.*

## Community Groups

- Southfield Area Chamber of Commerce. (248) 557-6661  
[www.southfieldchamber.com](http://www.southfieldchamber.com)
- Historical Society..... (248) 219-6963  
[www.southfieldhistoricalsociety.wordpress.com](http://www.southfieldhistoricalsociety.wordpress.com)
- Southfield Michigan Works..... (248) 796-4580
- Southfield Parks & Garden Club..... (248) 356-2281  
[www.southfieldparksandgarden.org](http://www.southfieldparksandgarden.org)
- Southfield Youth Assistance ..... (248) 746-7658  
[www.southfielddya.org](http://www.southfielddya.org)

## Helpful Numbers

- SMART Connector ..... (866) 962-5515
- TOSS (Transportation of Southfield Seniors) (248) 796-4658
- Oakland County Parks ..... (888) OCPARKS  
[www.oakgov.com/parks](http://www.oakgov.com/parks)
- The 'field Zone..... (248) 206-4225  
[www.boysandgirlsclubs.us](http://www.boysandgirlsclubs.us)

## Local Sports Leagues

*These organizations are independent of the Parks & Recreation Department.*

### Baseball & Tee Ball

Southfield Youth Baseball ..... SouthfieldBSA@gmail.com  
[www.sybleague.org](http://www.sybleague.org) Ages 5 - 12 years old

Miracle League..... (248) 506-4604  
[www.michiganmiracle.org](http://www.michiganmiracle.org) (Mentally & Physically Challenged)  
See page 33 for ages and divisions

### Youth Soccer

South Oakland County Soccer ..... (248) 496-8597  
[www.socsfc.com](http://www.socsfc.com) U5 - U19 teams  
Spring Soccer Registration..... Jan 1-Mar 1  
Fall Soccer Registration..... Jun 15-Aug 1

### Youth Tackle Football & Cheerleading

Southfield Lathrup Falcons ..... (248) 457-8031  
[www.southfieldfalcons.org](http://www.southfieldfalcons.org) Ages 5 - 14 years old

# Registration Information



## 4 Ways to Register

### Walk-In

#### Parks & Recreation Information Desk

26000 Evergreen Road  
Monday-Friday 8 am-7 pm  
Saturday 9 am-2 pm

#### Beech Woods Recreation Center

22200 Beech Road  
Apr 15- Jun 14 Monday-Friday 9 am-7 pm  
Jun 17- Aug 30 Monday-Friday 8 am-7 pm  
Apr 15-Aug 30 Saturday 9 am-2 pm

*\*No Mail or Fax registrations accepted for athletic leagues or camp programs.*

Please use the Registration Form on the following page, or a reasonable copy. Payment in full must accompany the form.

**Fax** (248) 796-4605

### Mail

Registration  
Southfield Parks & Recreation Dept.  
26000 Evergreen Road, P.O. Box 2055  
Southfield, MI 48037-2055

## Refund Policy

- A full refund/transfer is given if your class or activity is canceled by Southfield Parks & Recreation, or if we cannot register you because the program is full.
- Refund requests must be made in person, with your original receipt, at the place of registration.
- No refunds will be granted after the second meeting of the class.
- No refunds will be given after the activity has taken place.
- Requests for refunds received BEFORE the class/activity begins are subject to a \$5 Service Fee. Refund requests received AFTER the class/activity has begun are subject to a \$5 Service Fee PLUS cost of classes already held (the date on which you make your request determines the amount of your refund).
- Please allow four (4) weeks for refunds on cash transactions to be processed or 3 to 5 days for credit card transaction refunds.
- If you miss any portion of a class or event due to vacation, schedule conflict or other non-emergency situation, you are ineligible to receive a pro-rated refund.

### Online

To get started, one adult member of the family must request a private on line account. It's easy, just follow these step-by-step instructions.

1. Go to [www.apm.activecommunities.com/SouthfieldParks](http://www.apm.activecommunities.com/SouthfieldParks)
2. Request a new on line account
3. Enter your account information, including your email address.
4. Select a private Login Name and Password
5. Type a Question and Answer that you will remember (keep this information private).
6. Hit the "Submit" button

Your request can take up to 24 hours to process. Once your on line account is active, you can add family members, view your account details, register for classes, view facility spaces available for rent, renew or purchase memberships or passes, print receipts, receive email updates and much more!

## Effective January 1, 2019

Southfield Parks & Recreation no longer accepts personal checks as payment for any class, program, special event, membership or room/site rental.

## Payment Options

- YOU MUST REGISTER PRIOR TO THE START OF THE PROGRAM. Instructors are not equipped to take registrations.
- Cash, money orders and VISA, American Express, Master Card or Discover are accepted for walk-in registration.\*
- Effective January 1, 2019 we no longer accept personal checks as payment for any class, program, special event, membership or room/site rental.
- Course fees are payable in full at the time of registration.
- Registration form must include a signed Liability Waiver. Parents/guardians must sign for their children; adults must sign for themselves.
- Proof of residency, or a Business Leisure Card, must be presented when registering to avoid paying the Non-Resident Fee.



# Registration

## Program Registration Form

This form is not valid for athletic league or camp program registrations.

Family Last Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

Emergency Contact (Name & Phone) \_\_\_\_\_

E-Mail Address \_\_\_\_\_ Birth date \_\_\_\_\_

Participant Name	Birth date (mm/dd/yr)	Gender	Activity Name	Activity #	Time	Fee
		M F				
		M F				
		M F				

Total	
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**Effective January 1, 2019**

**Southfield Parks & Recreation no longer accepts personal checks as payment for any class, program, special event, membership or room/site rental.**

### Payment Method:

Credit Card      Visa, Master Card, Discover, American Express

# \_\_\_\_\_ Exp. Date \_\_\_\_\_

CSC/CVV # \_\_\_\_\_ (3-digit code on the back of Visa, MC or Discover cards, 4-digit code on front of AmEx)

Card holder Signature \_\_\_\_\_

*By registering for Parks & Recreation classes and programs, the registrant realizes and understands the inherent risks involved in the programs and appreciates the nature of the risks. The applicant holds the City of Southfield, and the Parks & Recreation Department harmless for any damages caused by participation in these programs. Participants registering for activities of a strenuous nature are encouraged to seek a physician's approval.*

Signature \_\_\_\_\_ Date \_\_\_\_\_

Southfield Parks & Recreation Department  
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Southfield, MI 48076

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Daniel Brightwell

Donald F. Fracassi

Myron Frasier

Michael "Ari" Mandelbaum

Tawnya Morris

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Irv M. Lowenberg, *Treasurer*

Frederick E. Zorn, *CEcD City Administrator*

**Parks & Recreation Board**

Rosemerry D. Allen, *Chairperson*

Ronald D. Roberts, *Vice Chairperson*

Brandon B. Gray

Kathleen A. McNelis

Jeannine D. Reese

Amani Johnson, *Student Representative*

**Parks & Recreation Department**

Terry Fields, *Director*



**Summer  
means  
Music  
IS  
Everywhere**



**GAZEBO CONCERTS**

See pages 25 and 29 for details about our summer concert events.