

MEETINGS

Open meetings are held on the 3rd Thursday of every month from 4:00 to 6:00 p.m. at the Parks & Recreation Building, Room 112 located at 26000 Evergreen Rd.



MEMBERSHIP

We are a group of people who care about the senior adults in our community. Our membership represents diverse professional, civic and social backgrounds.



GET INVOLVED WITH COSA

COSA is always looking for new members to bring fresh ideas to our deliberations. Please consider sharing your unique talents and life experiences to enhance the well being of seniors in our community.

There are several ways to work with COSA:

1. Apply for membership on COSA by completing the Boards and Commissions Application found on the city website.
2. Join one of the work groups addressing the Age-Friendly Community Designation Process.
3. Attend periodic Town Hall meetings or Community Conversations sponsored by COSA.
4. Attend one of COSA's monthly meetings and provide input during the public input portion of the agenda.

For more information, please contact us:

Commission on Senior Adults (COSA)

Attn: Rhonda Terry

C/O Human Services

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Southfield, MI 48076

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Commission On Senior Adults (COSA)



Southfield.
the center of it all™

PURPOSE

MISSION:

COSA shall support interests and assist in the resolution of senior concerns and serve as a general liaison between Southfield seniors, the community at large and the municipality of the City of Southfield.

OBJECTIVES:

- ◆ The Commission on Senior Adults (COSA) presents recommendations and information to the Mayor and City Council based on its investigation and study of the needs of senior adults living in Southfield.
- ◆ COSA develops a master plan for human services for seniors.
- ◆ COSA works cooperatively with City Departments, Boards and Commissions as well as other organizations serving senior adults in Southfield.

VISION:

To improve the lives of Southfield's senior adults.

WHAT COSA DOES



With over 40% of the city's population 50 years of age or older, COSA strives to make Southfield more livable for seniors.

COSA PROJECTS AND ACTIVITIES

- ⇒ AARP "Age Friendly Community"
- ⇒ Advocacy for senior concerns
- ⇒ Cable 15 Senior Programming
- ⇒ Senior issue forums
- ⇒ Liaison between seniors and City Council
- ⇒ Senior Appreciation Celebration
- ⇒ Speakers Bureau
- ⇒ Senior Housing & Transportation Issues

DESIGNATION AS AN "AGE FRIENDLY COMMUNITY"

Since 2016, COSA has led the process to have Southfield designated as an AARP "Age Friendly Community."

COSA's goal is to make Southfield more welcoming to current and future senior residents by addressing issues in eight areas to enhance livability:

- Outdoor Spaces & Buildings
- Transportation
- Housing
- Social Participation
- Respect & Social Inclusion
- Civic Participation & Employment
- Communication & Information
- Community & Health Services

